at peninsula hot springs we celebrate a 'SLOW' food philosophy (seasonal, local, organic, wholefoods)

## breakfast menu available until 11.00am

(refer to our selection from the display and counter)
almond milk chia pod, fresh berries, granola (vg, contains nuts)
egg and bacon bagel - with relish and cheese (contains dairy, egg, sulphites, sesame, gluten)
egg and spinach bagel $(v)$ - with relish and cheese (contains dairy, egg, sulphites, gluten)
breakfast pizza - tomato, mozzarella, bacon, free range eggs, chives
(contains dairy, egg, sulphites, gluten)
(available until 71.00 am )
snack menu (refer to our selection from the display and counter)
rainbow salad spinach wrap (contains sulphites, sesame, gluten, lupin)
pumpkin dahl spinach pocket, coconut yoghurt raita (contains soy, sulphites, sesame, gluten, lupin)
ciabatta, salami, tomato, swiss cheese, tomato relish (contains dairy, sulphites, sesame, gluten)
seasonal frittata, salad, tomato relish (contains egg, sulphites)
rice paper rolls (please check our display fridge)(contains seafood, shellfish, soy, sulphites, sesame, gluten)

## salads

please see our salad display or ask our friendly staff (contains dairy, egg, nuts, seafood, shellfish, soy, sulphites, sesame, gluten)
falafel bowl, shreddechiad raw vegetables, dip, warmed flat bread ( v , vegan on request, contains dairy, nuts, soy, sulphites, sesame, gluten)

## bath house grazing platter

including a selection of two cheeses, local olives, dips,
pita bread, lavosh crackers, local quince paste (v) (contains dairy, nuts, soy, sulphites, sesame, gluten)

## pies, sausage rolls

johnny ripe gourmet pies - chunky beef / chicken vegetable (contains dairy,
soy, sulphites, sesame, gluten)
johnny ripe sausage roll (dairy, egg, soy, sulphites, sesame, gluten)
byron bay gluten free pie (gf) - cooked to order (contains soy, sulphites, lupin)
yay vegan pies (vg (contains soy, sesame, gluten) ) - cooked to order
yay vegan sausage roll (vg)(contains nuts, soy, sesame, gluten) - cooked to order
pizza (gluten free base available)
our bases are locally made with spelt flour and sourdough culture
margherita pizza (v)(contains dairy, sulphites, gluten)
tomato, mozzarella, bocconcini, torn basil
vegan pizza (vg)(contains soy, sulphites, gluten) mushroom ketchup, wild mushroom, garlic confit, fresh thyme, parsley, local vegan feta
bbq chicken pizza (contains nuts, dairy, sulphites, gluten) tomato, bbq sauce, mozzarella, caramelised onion, pine nuts, rocket
salami pizza (contains dairy, sulphites, gluten) tomato, mozzarella, feta, olive, red onion, capsicum
(v) vegetarian ( vg ) vegan ( $\mathrm{vg}{ }^{* *}$ ) vegan on request please note a $10 \%$ surcharge applies on all public holidays
Peninsula Hot Springs endeavors to cater to dietary requirements. If you or any other guests attending this booking have any allergies or dietary requirements, you must advise of these at the time of ordering or collecting any food items. We cannot guarantee there will not be traces of allergens within our kitchens.

