



immerse in nature  
groups & events



PENINSULA  
HOT SPRINGS



## group bookings & events



### corporate events & incentives

**Empower your team to thrive personally and professionally with a corporate wellness experience at Peninsula Hot Springs, nurturing mind, body, and spirit.**

Immersed in nature, the range of conferencing facilities will inspire creativity and out of the box thinking as your team go beyond the boardroom.

The purpose-built Wellness Centre offers a luxurious conference space equipped with the latest technology. For teams seeking a unique experience, our Moroccan Pavilion encourages creative innovation, making it ideal for break-out sessions and smaller group brainstorms. Blue-sky thinking is further inspired within our bespoke Glasshouses, nestled in our on-site food bowl, offering endless possibilities.

### retreats

**Peninsula Hot Springs is the perfect venue for a multi-day wellness immersion or a one day retreat.**

We curate bespoke retreat itineraries to suit your needs, including customised retreat sessions and unique outdoor activities lead by experienced facilitators. Drawing on a network of expert educators, guest speakers and holistic therapists, take your groups health and mental wellbeing to the next level and gift them the time and space to relax and rejuvenate in the heart of nature.

We can cater to groups of up to 40 people, with full-day and overnight accommodation options available, our groups team is dedicated to making your retreat rejuvenating and relaxing.

### private groups & events

**Bring together your tribe and create a bespoke experience for your next event.**

A shared experience at the Springs is the perfect way to celebrate a birthday, anniversary or other special occasion with all packages including bathing, your own private space, towel robe and locker hire and a range of dining options to choose from. You can even add a private wellness activity for your group experience.

We can cater to groups of up to 2,000 people, offering unique spaces throughout our coastal oasis. With 2-hour, half-day, and full-day options available, our groups team is dedicated to making your special day truly unforgettable.

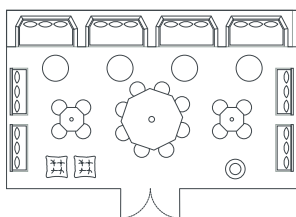
## our spaces



### moroccan pavilion

**A unique Moroccan inspired space nestled amongst the trees.**

Located in our Bath House, the Moroccan Pavilion is perfect for those looking to host an event in a Moroccan inspired unique all-weather space suited to smaller meetings, workshops, and retreats for up to 50 guests. Surrounded by lawns and seated spaces to allow for outdoor events connected to nature.



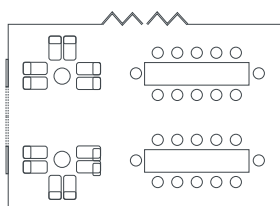
Seating – 30  
Standing – 50

2 hour bookings  
Half day bookings  
Full day bookings

### glasshouses and food bowl

**A light filled space overlooking our 3-acre kitchen garden.**

Located in our food bowl, the Glasshouses provide a unique and beautiful open space to host your next event. With immersive dining experiences elevating any occasion these are perfect for both intimate and larger groups. The food bowl has been designed to host large scale and open air events including musical performances and wellness workshops.



#### **Glasshouses**

Seating – 50  
Standing – 90

#### **Food Bowl**

Standing – 2000

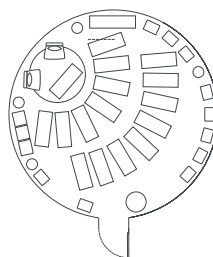
2 hour bookings  
Half day bookings  
Full day bookings

### sound dome

**Our Sound Dome is a premium wellness focused space for multi-sensory experiences.**

Surrounded by nature and located away from our pools the space offers a powerful sense of calm and relaxation.

Our Geodesic Sound and Sensory Dome can be activated for immersive workshops and events, meditation and movement classes, movie viewings, as well as arts, culture, and music performances.



Seating – 20  
Standing – 50

2 hour bookings  
Half day bookings  
Full day bookings

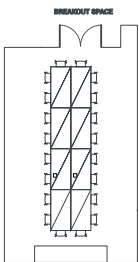
*\* Additional spaces to suit all needs and groups sizes are available through our specialist Groups team.*

## wellness centre



### boardroom

The Wellness Centre Boardroom is ideal for meetings and conference events and can be arranged to suit your seating requirements.

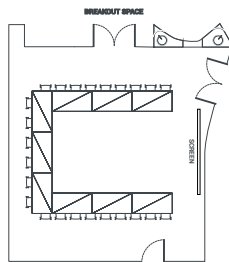


Seating - 15  
Standing - 30

2 hour bookings  
Half day bookings  
Full day bookings

### studio

The Studio space can be utilised for wellness activities including meditation, mat yoga and mat Pilates, or as an adjacent or alternate conference room.

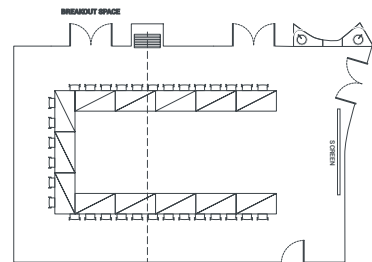


Seating - 100  
Standing - 120

2 hour bookings  
Half day bookings  
Full day bookings

### boardroom & studio

A movable wall separates the Boardroom and Studio areas. When removed, an open and light-filled venue is revealed with the capacity for up to 150 guests.



Seating - 140  
Standing - 180

2 hour bookings  
Half day bookings  
Full day bookings

*\* Additional spaces to suit all needs and groups sizes are available through our specialist Groups team.*

## group & event packages



### signature serenity

**\$120 per person**

Guests: minimum 8

Inclusions:

- Revitalise bathing
- Towel, robe and locker included
- Sustain dining package
- Bliss balls, platter of mixed bagels and ciabatta rolls, salad of the day, seasonal fruit platter and dried nuts
- Orange juice, Tulsi Tea and water

### wellness & nourish

**\$140 per person**

Guests: minimum 8

Inclusions:

- Revitalise bathing
- Choice of 45-minute guided Wellness experience
- Towel, robe and locker included
- Exclusive Sustain dining package
- Bliss balls, platter of mixed bagels and ciabatta rolls, salad of the day, seasonal fruit platter and dried nuts
- Orange juice, tulsi tea and water

### elevate & unwind

**\$250 per person**

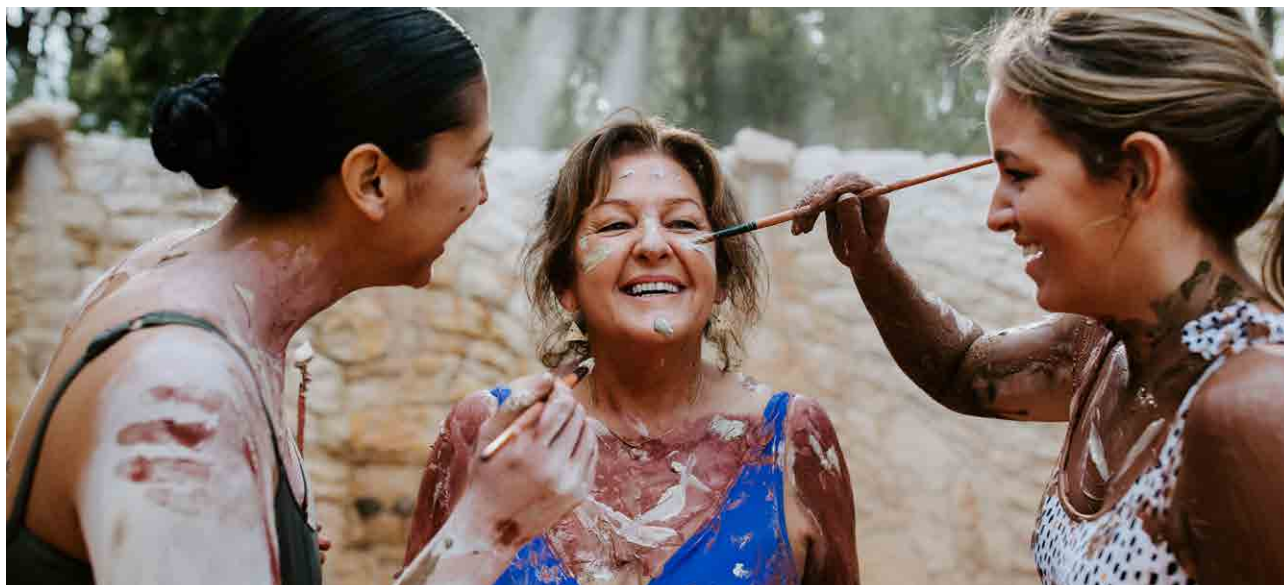
Guests: minimum 20

Inclusions:

- Reset bathing – adults-only access to premium Spa Dreaming Centre bathing area, as well as group bathhouse bathing area.
- Apothecary workshop – a 75-minute workshop led by our expert facilitator, where guests can craft their own teas, tinctures, tonics, salves, and scrubs using natural ingredients to take home.
- Replenish dining
  - selection of protein balls
  - selection of rice paper rolls (gf)
  - mixed grain salad with roasted pumpkin, dukkha crumbed avocado, pickled beets, toasted activated nuts and a spiced vinaigrette (gf, v)
  - Miso poached king salmon with soba noodle and wakame salad
  - Peninsula Hot Springs grown shredded raw vegetables with free range jerk spiced chicken and caramelised pineapple
  - fresh seasonal fruit platter
  - orange juice, tulsi tea and water

*\* Additional spaces to suit all needs and groups sizes are available through our specialist Groups team.*

## corporate events & incentive packages



### nurture

**\$130 per person**

Guests: minimum 8

**Inclusions:**

- Revitalise bathing
- Towel, robe and locker included
- All day tea, coffee and juice
- Morning and afternoon Tea
- Sustain dining package
- Bliss balls, platter of mixed bagels and ciabatta rolls, salad of the day, seasonal fruit platter and dried nuts
- Orange juice, tulsi tea and water
- Stationary to capture your event highlights

### inspire

**\$145 per person**

Guests: minimum 50

**Inclusions:**

- Revitalise bathing
- Choice of 45-minute guided wellness experience
- Towel, robe, locker included
- Canape menu
- Choice of 8 x canape selections (2 x vegetarian, 2 x meat, 2 x seafood)
- Stationary to capture your event highlights

### immersion

**\$175 per person**

Guests: minimum 20

**Inclusions:**

- Revitalise bathing
- Towel, robe and locker included
- All day tea, coffee and juice
- Morning and afternoon tea
- Replenish dining package
- Replenish dining
  - selection of protein balls
  - selection of rice paper rolls (gf)
  - mixed grain salad with roasted pumpkin, dukkha crumbed avocado, pickled beets, toasted activated nuts and a spiced vinaigrette (gf, v)
  - Miso poached king salmon with soba noodle and wakame salad
  - Peninsula Hot Springs grown shredded raw vegetables with free range jerk spiced chicken and caramelised pineapple
  - fresh seasonal fruit platter
  - orange juice, tulsi tea and water
- Stationary to capture your event highlights

## dining — event menu options



Enjoy a dining experience to nourish your appetite and replenish your body. Our menus incorporate seasonal produce harvested from our very own food bowl to boost immunity and overall wellbeing.

### breakfast (v)

**Available 7.30am – 10.30am**

Chia seed pods, seasonal fruit platter, muffin of the day, orange juice, Tulsi Tea

### morning or afternoon tea

**Available all day**

Muffin of the day, savoury scones  
OR protein balls seasonal fruit platter and Tulsi Tea

### sustain dining (v)

**Available 11am – 7pm**

Bliss balls, platter of mixed bagels and ciabatta rolls, salad of the day, seasonal fruit platter and dried nuts, orange juice, Tulsi Tea and water

### replenish dining

*(groups of 20 or more)*

**Available 11am – 7.30pm**

Selection of protein balls  
Selection of rice paper rolls (gf)  
Mixed grain salad with roasted pumpkin,

dukka crumbed avocado, pickled beets, toasted activated nuts and a spiced vinaigrette (gf, v)

Miso poached king salmon with soba noodle and wakame salad

Peninsula hot springs grown shredded raw vegetables with free range jerk spiced chicken and caramelised pineapple

Fresh seasonal fruit platter

Orange juice, Tulsi Tea and water

### Peninsula Hot Springs grazing board

**Available all day**

A selection of local cheese and olives, chefs' accompaniments, fresh fruit and nuts, lavosh and artisan bread (gf bread on request)

### local cheese platter (v)

**Available all day**

Selection of local cheeses, quince paste and lavosh

### vegan cheese platter (vg)

**Available all day**

Selection of local vegan cheeses, quince paste and lavosh

### fresh fruit platter (v)

**Available all day**

Selection of sliced fresh fruits

*Please ensure your items are requested 7 days prior to arrival.*

*Please note there may be some seasonal variations due to produce availability.*

*Our menus incorporate immune boosting ingredients. Gluten free bread available on request. Whilst we do our best to cater to dietary requirements, we cannot guarantee that there won't be traces of allergens within our kitchen.*

*(v) vegetarian (vg) vegan*



## dining — event menu options



### canape menu

*Groups of 20 + (1 of each per person)*

#### Option 1:

Select between your choice of:

- 2 x vegetarian canapes,
- 2 x meat canapes
- 2 x seafood canapes

#### Option 2:

Select between your choice of:

- 2 x vegetarian canapes,
- 3 x meat canapes and
- 3 x seafood canapes

#### Vegetarian/Vegan options

- garden beetroot tarts, local vegan curd (vg)
- vegetarian rice paper rolls tamari dressing (vg)
- wild mushroom and bocconcini arancini balls with black garlic aioli (vg)
- Red Hill goat's cheese and chive tarts
- corn and red onion and zucchini fritters with avocado salsa
- spinach and goats cheese pasties

#### Meat options

- seared grass feed eye fillet on crostini, capsicum emulsion
- spiced pork and chicken meats balls
- chicken satays with satay sauce
- pepper berry spiced kangaroo carpaccio
- lamb skewer with chimichurri
- sticky pork belly skewer with mango sambal

#### Seafood options

- cured salmon, spelt blini, pickled radish and Dill aioli
- smoked trout and caper rillettes with crostini
- tuna carpaccio bonito sauce
- natural oysters with apple vinaigrette
- prawn rice paper rolls
- Australian tiger prawn tails, finger lime and chilli sauce

### energy & vitality through food

**Naturopath and clinical nutritionist Freya Lawler is working alongside both our Food & Beverage and Wellness teams to set the theme and intentions for nutritional aspects in our menus as well as our wellness programs.**

Freya brings expertise in functional nutrition to the team and will be a key resource for workshops, education and food bowl events.

Qualified with a Bachelor of Naturopathy and Nutrition, Freya's specialty is treating the root cause of illness using a variety of safe and effective therapies, including herbal medicine, clinical nutrition, lifestyle counselling and physical medicine.

## accommodation – eco lodges



Eco Lodges at Peninsula Hot Springs offer a tranquil sanctuary where individuals, couples, and groups can connect with nature, rejuvenate, and experience restorative sleep.

Curate the ultimate corporate retreat or group event at our Eco Lodges at Peninsula Hot Springs.

Available for bookings of 1 to 10 rooms, each room accommodates up to 2 adults and provides access to exclusive geothermal hot springs and private bathing. Designed to enhance rest and rejuvenation, the lodges feature immersive soundscapes, reduced blue light exposure, and sleep-enhancing amenities. Your group will enjoy self-guided wellness experiences, tailored sound and movement sessions, and menus crafted with rest-aiding ingredients—perfect for fostering relaxation, team bonding, and productivity.

Each of our eco lodges benefits from bespoke amenities and elements inspired by our environment, custom made furniture and fittings, private decks, ensuite bathrooms and king beds.

- 3 Eco Lodges with 10 rooms collectively
- Access to all of site bathing
- In room complementary sleep enhancing amenity pack
- Access to daily wellness experiences for glamping guests include movement classes, Hot Springs Yoga, Fire & Ice and Body Clay rituals.

- Breakfast buffet served in Spa Dreaming Centre dining room
- Room service menu and in-room amenity menu
- Bar fridge, coffee/tea-making, hair dryer, ironing facilities, in-room safe
- Private ensuite and walk-in robe
- King bed with luxury linen
- Check-in at 2pm, check-out at 10am
- Accommodation is available for guests 18 years and older, with a maximum of 2 guests per tent

## accommodation – glamping



Designed for pure relaxation, our premium glamping experience is nestled in natural surrounds with private decks, ensuite bathrooms, king beds and bespoke elements inspired by our environment.

Overnight Glamping is inclusive of all of site bathing across both our Bath House and the Spa Dreaming Centre, as well as a signature wellness experience. Guests can enjoy a breakfast buffet served in the Spa Dreaming Centre dining room.

Why not complete your retreat or conference event with an overnight stay in our premium glamping tents with full access to over 70 bathing and wellness experiences. After your event, conference or retreat, fully immerse yourself in the hot springs environment. Soak in our geothermal waters throughout the day and the night, enjoy a nourishing meal in one

of our onsite cafe and be restored by a spa 32 treatment or wellness activities. Snuggle under the doona in your home for the night whilst you listen to the sounds of nature as you drift off to sleep. Reawaken refreshed as nature comes alive around you, ensuring you catch sunrise from the iconic Hilltop pool. Designed for pure relaxation, each glamping tent is an experience beyond a place to sleep.

- 10 glamping tents catering for a maximum of 20 adult guests twin share
- Access to all of site bathing
- Access to daily wellness experiences for glamping guests include movement classes, Hot Springs Yoga, Fire & Ice and Body Clay Rituals.
- Breakfast served in Spa Dreaming Centre dining room
- Private ensuite and walk in robe
- King bed with luxury linen
- Check-in 2pm, check-out 10am

## further enhancements



### wellness workshops

Combine our healing waters with a selection of movement and mindfulness practices to create the ultimate wellness experience.

Wellness workshops include:

- Fire & Ice workshop
- Body Clay ritual
- Sauna infusion
- Sound healing
- Meditation and breathwork
- Apothecary workshop

### spa treatments

Surrender your body to complete relaxation with our signature spa treatments and balancing therapies honouring global traditions.

Cleanse, refresh, restore and balance your body through medium pressured relaxation massages, facials and body treatments in our Spa Dreaming Centre, a blissful sanctuary with an emphasis on tranquil spaces, designed for guests 16 years and older.

### entertainment

Enhance your next Peninsula Hot Springs group experience with a unique hour long musical performance. Simply select your desired musical genre and ensemble format from the list below. We will then provide you with a curated list of options from our catalogue of leading Melbourne and Mornington Peninsula based musicians.

You can select solo, duo or trio from the following genres:

- Classical
- Jazz
- Folk
- Singer songwriter
- World music
- R&B ambient
- Sound healing and meditational



**PENINSULA  
HOT SPRINGS**

140 Springs Lane, Fingal, Victoria, 3939  
03 5950 8712 | [groups@peninsulahotsprings.com](mailto:groups@peninsulahotsprings.com)

[www.peninsulahotsprings.com](http://www.peninsulahotsprings.com)