

spa dreaming centre

## breakfast buffet *(until 10:00am)*

*at peninsula hot springs we celebrate a 'SLOW' food philosophy  
(seasonal, local, organic, wholefoods)*

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### **chilled section**

- almond milk chia pudding, coconut yoghurt, berries
- house made granola,
- fresh seasonal/local seasonal fruits
- organic and coconut yoghurts

### **bread station**

- tuerong farm country loaf
- levito sour dough/croissants
- levito fruit bread
- levito gluten free loaf
- muffin of the day
- local spreads and condiments
- butter/oil/nut butter

### **charcuterie section**

- smoked salmon
- serrano
- house pickles
- kimchi
- organic toasted seeds and nuts
- medjool dates
- prom country cheese selection
- honeycomb

### **beverage station**

- fresh orange juice and juice of the day
- smoothie of the day
- jersey milk/alternative milks
- your choice of tea or espresso coffee

v) vegetarian

(vg) vegan

(vg\*\*) vegan on request

please note a 10% surcharge applies on all public holidays

whilst we do our best to cater to dietary requirements, we cannot guarantee that there won't be traces of allergens within our kitchen.

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### hot section

- victorian bacon
- pbs grown/local confit tomatoes
- fried rice
- beef chipolata
- house made beans
- poached or king salmon in a southern sea greens wakame liquor
- mushroom forestry sauteed mushrooms

### local free-range eggs

- scrambled
- poached

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