

# april school holidays

## WELLNESS EXPERIENCES



### morning yoga\*

Daily 7.30am  
Wellness Centre Studio



### fire & ice workshop\*

Daily at 4pm and 5pm  
Additional weekend session 1pm  
Fire and Ice



### body clay ritual\*

Daily at 12pm# and 2pm  
Additional weekend session 3pm  
Clay Ridge



### family body clay ritual\*

Wednesday to Sunday at 12pm  
Clay Ridge



### hot springs yoga

Available daily 9.15am  
Amphitheatre Stage



### sauna infusion\*

Daily at 10:30am  
Fire and Ice



### cacao circle\*

Weekends at 12pm  
Tea House



### twilight yoga in the glasshouse†

Friday evenings at 5pm  
Food Bowl Glasshouse  
(Friday 4 April at 6pm)

## ARTS, CULTURE & ENTERTAINMENT



### bathe in cinema: Wes Anderson edition†

Thursday evenings from 7pm  
Amphitheatre Stage  
(Thursday 3 April at 7:30pm)



### sunday sessions†

Sunday afternoons from 2pm  
Amphitheatre Cafe



### silent sounds & movement†

Saturday 19 & Sunday 20 April  
3pm - 6:30pm  
Pink Fairies Glasshouse Dome



### SHOWCASE PERFORMANCE IKSRE & Rhys Newling†

Friday 4 April at 7:30pm  
Amphitheatre Stage



### ARTIST IN RESIDENCE Rosa Mar Tato Orega†

Friday 18 April at 6pm  
Amphitheatre Stage

## FAMILY-FRIENDLY & NATURE-BASED EXPERIENCES



### animal discovery hunt†~

Daily from 9 April to 21 April  
Little Explorers Pack available  
for purchase at Reception  
upon arrival



### sound dome

A space for multi-sensory experiences,  
located away from pools the space  
offers a powerful sense of calm and  
relaxation. Daily during daylight hours

\* Available to add to your bathing booking \$20. † Complimentary with your bathing.

#12pm workshop during school holidays, Wednesday to Sunday, is a family friendly workshop.

~ Available at reception or to add to your booking for \$19.95

For further information please contact our reservations team  
on 5950 8777 or email [info@peninsulahotsprings.com](mailto:info@peninsulahotsprings.com) | [peninsulahotsprings.com](https://peninsulahotsprings.com)



PENINSULA  
HOT SPRINGS