

# private pool

<b>main ridge local olives</b> (vg) <i>(contains gluten, sulphites, soy)</i> local artisan bread	20
<b>local cheese platter</b> (v) <i>(contains dairy, nuts, sulphites, sesame, gluten)</i> prom country and main ridge dairy cheeses, quince paste, lavosh	32
<b>fruit platter</b>	15
something sweet please see our display cabinet for sweet selection	

# beverages

juices	
<b>organic fresh orange juice</b>	8
<b>cold pressed greens</b> , green apple, celery, pear, silverbeet, lemon, ginger	10
smoothies	
blended with coconut water <i>(may contain dairy, sulphites)</i>	
<b>detox</b> blueberry, banana, dates, boysenberry	12
<b>reboot</b> mango, pineapple, banana, passionfruit, mint	12
<b>energise</b> strawberry, apple, pear, pineapple, dates	12
<b>blend</b> with soy, almond or oat milk	add \$1.5
<b>add</b> greek or coconut yoghurt	add \$1.5
bottled drinks <i>(may contain sulphites)</i>	
<b>coconut water</b>	8
<b>wallaby water</b> - still or sparkling	5
<b>tiro</b> - ginger beer	7
<b>remedy sodaly</b> – lemon lime bitters	5.5
<b>ordinary soda</b> – yuzu lemon, pear and cardamom, cola	6.5
<b>etch sparkling</b> - finger lime, lemon myrtle and rosemary - davidson plum, ribery and strawberry gum - bush apple and kakadu plum	8
cold drinks <i>(contains dairy)</i>	
<b>iced chocolate</b>	8.5
<b>iced latte</b>	6.5
<b>iced coffee</b>	8.5
hot drinks <i>(may contain dairy/gluten, sulphites)</i>	
<b>hot chocolate</b>	5
<b>house made golden latte/chai latte</b>	5
<b>organic india tulsi tea</b> original, green, masala chai, sweet rose	
<b>love tea certified organic</b> french earl grey, english breakfast, peppermint, lemongrass and ginger, chamomile	4
<b>espresso coffee by mornington peninsula roasters</b> – cappuccino, latte, flat white, long/short macchiato, piccolo, mocha, short/long black	5
<b>extras</b> (strong/organic full cream/ soy/ almond/ oat/ lactose free)	.75
- mug/large	1

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# beverages

sparkling, white wine, rose <i>(may contain traces of egg/fish/sulphites)</i>	g	b
<b>portsea sun spritz</b> limoncello	15	70
mornington peninsula		
<b>yellowbox prosecco</b>	14	66
south australia		
<b>nv foxeys hangout sparkling white</b>	15	70
mornington peninsula		
<b>nv montalto pennon hill sparkling rose</b>		79
red hill south vic	14	66
<b>2022 mosselini sauvignon blanc</b>		
mornington peninsula	15	70
<b>2024 quealy pinot gris</b>		
mornington peninsula	16	75
<b>2022 mr bond chardonnay</b>		115
mornington peninsula		110
<b>2020 moorooduc estate mcintyre chardonnay</b>		79
moorooduc vic		120
<b>2022 montalto chardonnay reserve</b>	15	70
mornington peninsula		48
<b>2023 montalto pennon hill chardonnay</b>	14	66
red hill south vic		
<b>2021 stonier reserve chardonnay</b>	15	70
merricks vic		
<b>2022 rahona valley 'kayes block' riesling</b>		
mornington peninsula		
<b>2020 paradigm hill riesling – 375ml</b>		
merricks vic		
<b>nv crittenden estate 'pinocchio' moscato</b>		
mornington peninsula		
<b>2021 the cups estate pinot rose</b>		
mornington peninsula		
dessert wine <i>(may contain traces of egg/fish/sulphites)</i>		
<b>2023 quealy east muscat rosa – 375ml</b>		64
balnarring vic		

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# supper

available 9.30pm – 2am

<b>main ridge local olives</b> (vg) <i>(contains gluten, sulphites, soy)</i>	20
local artisan bread	
<b>vegetarian salad of the day</b> (v) <i>(contains nuts, sulphites)</i>	16
pizza	
<b>free range chicken</b> <i>(contains dairy, nuts, sulphites, gluten)</i>	27
free range chicken, fire roasted capsicum, sugo, caramelised red onion, mozzarella	
<b>margherita</b> <i>(contains gluten, dairy, wheat, sulphites)</i>	25
tomato, mozzarella, bocconcini, torn basil	
something sweet	
please see our display cabinet for sweet selection	

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# spa dreaming dining room

lunch from 11.30am / dinner from 6pm

## starters

<b>main ridge mixed olives</b> (vg) <i>(contains gluten, sulphites, soy)</i>	20
artisan bread	
- <b>extra bread</b>	5
<b>sautéed fresh local calamari</b> <i>(contains gluten, fish, mollusc, sulphites, tree nuts)</i>	26
charred winter lettuce, romesco sauce and citrus vinaigrette	
<b>forestry mushroom pate</b> (vg) <i>(contains sulphites, gluten)</i>	22
local mushrooms, pickled oyster mushrooms, petit herbs and sour dough toasts	
<b>beef tataki</b> <i>(contains sesame, fish, crustation, soy, egg, sulphites)</i>	26
victorian seared eye fillet, house made ponzu, bonito, yuzu mayo, shallot, spring onion	

## mains

<b>silken tofu poke bowl</b> (vg) <i>(contains soy, sesame, sulphites)</i>	40
nori wrapped silken tofu, wakame, edamame, avocado, black sesame crisp, sauteed & pickled local mushrooms, toasted sesame dressing, fresh ginger	
<b>otway ranges pork belly</b> <i>(contains sulphites)</i>	46
crispy skinned pork, beetroot puree, autumnal red vegetable slaw	
<b>fish of the day</b> <i>(contains fish, please ask your server for other allergens)</i>	m.p.
please ask our staff about our daily special	
<b>free range chicken breast</b> <i>(contains soy, sulphites, sesame, lupin)</i>	42
ras el hanout spiced free range chicken, roasted garlic and turmeric legume puree, warm house pickled eggplant, toasted puffed grains	
<b>victorian sous vide beef cheek</b> <i>(contains gluten, dairy, sulphites)</i>	46
szechuan & bush pepper spiced beef, parsnip-polenta puree, pangrattato, veal jus	
<b>peninsula hot springs shared assiette for two</b>	m.p.
<i>(for food allergens please ask your server)</i>	
chefs selection of three signature dishes	

## sides

hawkes farm steamed kipfler potatoes (v, vg**) <i>(contains dairy)</i>	10
autumnal red vegetable slaw (v, vg**) <i>(contains sulphites)</i>	
<i>parsnip and polenta puree</i> (v) <i>(contains dairy)</i>	
sauteed broccolini (v vg**) <i>(contains dairy)</i>	

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# dessert

## something sweet

<b>lemon tart</b> <i>(contains dairy, egg, sulphites, gluten)</i>	9
<b>carrot cake</b> <i>(contains nuts, dairy, egg, sulphites)</i>	9
<b>passionfruit pannacotta</b> <i>(contains dairy, egg, soy)</i>	15
<b>chocolate beetroot pudding</b> with cream <i>(contains nuts, dairy, egg)</i>	12.5
<b>johnny ripe apple pie</b> <i>(contains sulphites, gluten, dairy, egg)</i>	7.5
- add ice-cream or cream	2.5
<b>johnny ripe quince friand</b> <i>(dairy, sulphites, egg, tree nuts)</i>	10
<b>affogato</b> <i>(contains dairy)</i>	9
- add frangelico	6

## cheese platter

<b>local cheese platter</b> (v) <i>(contains dairy, nuts, sulphites, sesame, gluten)</i>	32
prom country and main ridge dairy cheeses, quince paste, lavosh	

## hot drinks *(may contain dairy, sulphites, gluten)*

<b>hot chocolate</b>	5
<b>golden latte</b>	5
<b>chai latte</b>	5
<b>organic india tulsi tea</b>	4
- original, green, masala chai, sweet rose, turmeric and ginger	
<b>love tea</b>	4
french earl grey, english breakfast, peppermint, lemongrass and ginger, chamomile	
<b>peninsula hot springs signature espresso</b> – cappuccino, latte, flat white, long/short macchiato, piccolo, mocha, short/long black	5
- strong, organic, soy, almond, oat, lactose free	.75
- mug/large	1

## dessert wine *(may contain traces of egg/fish/sulphites)*

<b>2023 quealey east muscat rosa – 375ml</b>	64
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# light meals

available between 3.30pm – 5.30pm

<b>main ridge local olives</b> (vg) <i>(contains gluten, sulphites, soy)</i> local artisan bread	20
<b>forestry mushroom pate</b> (vg) <i>(contains sulphites, gluten)</i> local mushrooms, pickled oyster mushrooms, petit herbs, sour dough toasts	28
<b>cheese platter</b> (v) <i>(contains dairy, nuts, sulphites, sesame, gluten)</i> prom country cheeses, quince paste and lavosh	32
<b>smoked salmon cream cheese and caper bagel</b> <i>(contains fish, dairy, sulphites, gluten, sesame)</i>	12
something sweet please see our display cabinet for sweet selection	

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# beverages

red wine <i>(may contain traces of egg/fish/sulphites)</i>	g	b
<b>2023 stumpy gully 'panorama' pinot noir</b> mornington peninsula	14	66
<b>2021 dexter pinot noir</b> tuerong vic		120
<b>2019 paradigm hill l'ami sage pinot noir – 375ml</b> merricks vic		84
<b>2018 oceans eight aylward pinot noir</b> shoreham vic		99
<b>2018 yabby lake block 1 pinot noir</b> tuerong vic		190
<b>2016 eldridge estate pinot noir mv6 clonal blend</b> red hill vic		98
<b>2016 montalto estate pinot noir</b> red hill south vic		160
<b>2023 montalto pennon hill pinot noir</b> red hill south vic		79
<b>2024 quealy tussie mussie pinot noir</b> merricks vic		88
<b>2018 moorooduc estate robinson pinot noir</b> shoreham vic		94
<b>2021 the red fox pinot noir</b> mornington peninsula		70
<b>2016 the cups estate pinot noir</b> mornington peninsula		85
<b>2022 crittenden 'pinocchio' sangiovese</b> mornington peninsula	14	66
<b>2022 crittenden los hermanos tempranillo</b> mornington peninsula	14	66
<b>2023 stumpy gully merlot</b> mornington peninsula	15	70
<b>2012 merricks thompsons lane cabernet sauvignon</b> mornington peninsula	15	70
<b>2019 trofeo estate amphora cabernet sauvignon</b> dromana vic		75
<b>nv mornington estate shiraz</b> mornington peninsula	15	70
<b>2022 gibson the dirtman shiraz</b> barossa valley sa		85
beer and cider <i>(may contain gluten/sulphites)</i>		
<b>prickly moses otway light</b>		8
<b>st andrews "the apprentice" mid-strength</b>		10
<b>devilbend stumpy lager</b>		10
<b>jetty road brewery pale ale</b>		10
<b>red hill brewery golden ale</b>		10
<b>two bays brewing ipa (gluten free)</b>		10
<b>mr little apple or pear cider</b>		11
<b>mornington peninsula brewery free pale ale</b>		6

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