

Peninsula Hot Springs family friendly trail





family area

A family friendly area with a shallow pool, baby baths, cosy barrel baths, large lounges, and a refreshing cold pool.



reflexology walk

Take a barefoot adventure along the reflexology walk, where different stones tickle your toes with every step.



cave pool

Discover the hidden cave pool, a magical place to splash, play and relax together, with a shallow ledge perfect for the little ones.



lake trail

Wander the lake trail and spot ducks, listen for frogs, and watch for colourful birds along the way as you explore nature.



spiral galaxies watsu pool

Swirl around in this spiral-shaped aquatherapy pool that includes bubbling massage water jets.



amphitheatre café

Grab a tasty snack or lunch to go from the Amphitheatre café and enjoy it up at our Food Bowl play area.



pink fairies glasshouse

A quiet enclosed space perfect for rainy days or when kids need a calm break from all the fun.



food bowl play area

A 3 acre kitchen garden to explore, fresh produce to discover, bean bags, giant Jenga and space for kids to run and play.



sound dome

Step into the Sound Dome, a peaceful space with mindful music where families can rest, listen, and recharge together.



the beach gym

Have fun at the outdoor Beach Gym with stone weights, balance beams, and plenty of space for kids to climb and play.



hydrojet pool

Enjoy the bubbling massage water jets, a shallow play area, and tranquil views across the lakes spotting the wildlife.



southern terrace

Explore the indoor and outdoor foot baths, hand baths, a gentle falling water massage, and a refreshing cold pool.











