



THE INSTITUTE FOR
ADVANCED BREAST RECONSTRUCTION

Medication Information

PRIOR TO SURGERY:

Please review and follow the medication information below. This list of medications is put together according to the hospital guidelines and has been reviewed by Dr. Srinivasa.

ALL PATIENTS

- If you are taking **IBUPROFEN** - Please stop **1 week prior to surgery**.
- If you are taking **OZEMPIC** - Please stop taking **2 weeks prior to surgery**.
- Additional medications to **stop taking 2 weeks prior to surgery** are: **TRULICITY, BYDUREON BCISE, BYETTA, VICTOZA, SAXENDA, ADLYXIN, & RYBELSUS.**

In addition:

FLAP PATIENTS

- If you are taking **TAMOXIFEN** or **LETROZOLE** - Please stop taking **2 weeks prior to surgery**.

IMPLANT PATIENTS

- You will be prescribed **MUPIROCIN OINTMENT**. You are to apply the ointment (using a q-tip) inside your nostrils **twice a day for 3 days prior to surgery**.
Why? - This is because a lot of us have MRSA. Applying this ointment helps minimize that and decrease risk of infection.

AFTER SURGERY:

INPATIENT PROCEDURES

- Your medication is prescribed by your doctor at the time of your discharge from the hospital.

OUTPATIENT PROCEDURES

- Your medication will be called into your pharmacy prior to your surgery.

IMPLANT & FAT GRAFTING PATIENTS

- You will also be prescribed antibiotics. **Please start the first dose after dinner.**

PAIN MEDICATION

Pain medication will be sent in electronically by Dr. Srinivasa as they are controlled. Please review the information provided below:

- Use the prescribed narcotic pain medication as directed on the bottle.
 - If the pain is not severe, you should take plain Tylenol or Motrin instead *(if not contraindicated by other medical conditions)*.
- If you were prescribed Norco (Hydrocodone-Acetaminophen) or Percocet (Oxycodone Acetaminophen), **make sure to monitor the total amount of Acetaminophen (Tylenol) within a 24 hour period.**
 - **DO NOT exceed a total of 4000 mg of Acetaminophen (Tylenol) in 24 hours,** this will cause damage to your liver health. **Each tablet of Norco and Percocet includes 325mg of Acetaminophen (Tylenol).**
- It is normal to feel slightly more pain and stiffness on the 2nd or 3rd day after surgery, but after this point, your pain should continue to improve each day.
- Taper off the narcotic pain medication as the pain decreases – typically starting on the 4th day after surgery
- If a muscle relaxant was prescribed, use this intermittently between pain medication doses to help with tightness and muscle spasm.

OTHER MEDICATIONS

- Stool Softener
 - If you experience constipation as a common side effect of taking narcotic pain medication, try over-the-counter stool softeners such as Colace, Miralax, or Dulcolax at your preferred local drugstore.

IMPORTANT INFORMATION:

Please call the office at (818) 336-1295 if you have any of the following symptoms:

- Fever higher than 101°F
- Sudden and rapid swelling at the surgical site
- Bleeding you believe to be excessive
- Persistent nausea/vomiting or inability to keep fluids down
- Pain not controlled by prescribed medications
- A foul odor or increasing redness/swelling/drainage at your incisions
- * IF after hours or on weekends, please call: (818) 927-0267

OFFICE HOURS & CONTACTS:

Business Hours: 8:00am-4:00pm (PT) Monday-Friday

- **Taylor** (Medical Assistant) - Email: iabrmedical@gmail.com
- **Mariah** (Surgery and Appointment Scheduling) - Email: iabrconciierge@gmail.com
- **Alicia** (Insurance/Payment Info) - Email: iabrclinical@gmail.com or
Direct Phone Number: **(818) 336-1159**.

PLEASE NOTE:

- Dr. Srinivasa is always available on her personal cell phone, but ***we request that all non-emergent issues be communicated with the office first.*** This includes questions about medication, garments, therapy, non-emergent surgical concerns, etc.
- After business hours and on weekends, feel free to send us an email or leave a voicemail. If it is urgent, Dr. Srinivasa checks her email after hours and on weekends. If she does not respond in a timely manner and it is after hours or on a weekend, please reach out to her on her cell phone. The google voice number on our voicemail can also connect you to her personal cell phone.