

BEST OF RANCH & COAST 2020

In a year that can only be described as unique, what makes businesses and organizations stand out to readers and *Ranch & Coast* editors in our 15th annual Best of Ranch & Coast poll is not simply their all-around excellence in their respective fields. We also acknowledge how these people and places in our community, both big and small, have responded to the ever-evolving landscape of doing business in a pandemic. And then there are the heroes who continue to help those who face a rapidly growing need for support. This year, these awards serve to both recognize excellence in business as well as character. Bravo to the best of the best! DEANNA MURPHY, ANDREA NAVERSEN, AND MIA PARK | PHOTO BY VINCENT KNAKAL



FASHION & BEAUTY

Facial Plastic Surgeon

Sirius K. Yoo, MD,
SKY Facial Plastic Surgery
858.381.4801,

skyfacialplasticsurgery.com

Amir Karam, MD,
Carmel Valley Facial Plastic Surgery
858.252.6826, drkaram.com

Plastic Surgeon

Dr. Paul E. Chasan, MD, FACS,
Ranch & Coast Plastic Surgery
858.450.1555, drchasan.com

Dr. Lori H. Saltz, MD,
La Jolla Cosmetic Surgery Centre
858.452.1981, ljcsc.com

Cosmetic Dentist

Purely Dental Encinitas
760.487.1390,

purelydentalencinitas.com

David Eshom, DDS
858.455.9151, eshomdds.com

Local Spa

The Spa, Rancho Valencia Resort & Spa
858.759.6490, ranchovalencia.com

Aviara Spa, Park Hyatt Aviara Resort
760.448.1234, parkhyattaviara.com

Hair Salon

Studio Savvy Salon
858.793.1581, studiosavvysalon.com

Crawford Glam
858.866.8170, crawfordglam.com

Beauty Salon

Headlines The Salon
760.436.1812, headlinesthesalon.com

Shop Good
858.209.2050, 619.501.5362
shop-good.co

Medical Spa

Alcheme Health
858.299.4990, alchemehealth.com

Laser Clinique
858.481.7701, laser-clinique.com



COURTESY PHOTO

Lesia Cartelli

Editors' Pick: Motivational Speaker

At the age of nine, Lesia Cartelli endured serious burn injuries in a natural gas explosion. In 2003, she founded Angel Faces, a national nonprofit that provides healing retreats and ongoing support to adolescent girls and young women with severe burn injuries and trauma. COVID-19 forced Cartelli to cancel her retreat this past June. "It was the first time in 17 years of my nonprofit! I was heartbroken, and so were those we serve," she says. But Cartelli pressed on, knowing that the adolescent girls and young women she serves still have scars, still struggle with self-love, rejection, the triggers of trauma, and lack of hope. "My team rallied and retooled. Each week we roll out a curriculum and facilitate discussions online and in Zooms, covering crucial topics with the girls," Cartelli says. "Pain is pain, no matter how it comes to us. But so is healing. Because when we heal and grow, we glow!" Cartelli's book, *Heart of Fire*, is available on Amazon. 760.846.6280, lesiacartelli.com M.P.