

DR. AMIR M. KARAM

CARMEL VALLEY FACIAL PLASTIC SURGERY
SAN DIEGO, CALIFORNIA

American Board of Otolaryngology / Head and Neck Surgery

American Board of Facial Plastic and Reconstructive Surgery

WHAT MAKES YOUR PRACTICE DISTINCTIVE?

Our expertise with fat transfer in facial rejuvenation is the additional element that consistently creates a refreshed, natural-looking outcome for our patients. Fat transfer is a difficult procedure to get right—that's why so few practices incorporate it. We have been doing facial fat transfer since 2005, and we now see six to eight cases a week from all over the country and abroad.

HOW DO YOU EDUCATE PATIENTS AND MANAGE EXPECTATIONS?

My consultation style is very straightforward. I only recommend procedures that give real results and meet the patient's goals. My first question is always "What bothers you about your appearance?" If a person has specific concerns, I speak to those alone. If they have more general concerns, then I will open the discussion and make suggestions about interventions to help them achieve their goals.

HOW DO YOU DEFINE A SUCCESSFUL RESULT?

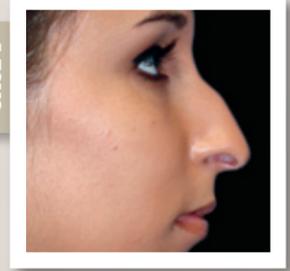
A successful result is undetectable and meets the patient's expectations. My clients are continually complimented on changes such as a new haircut because no one can tell they've had surgery.

LOOK YOUNGER AT ANY AGE

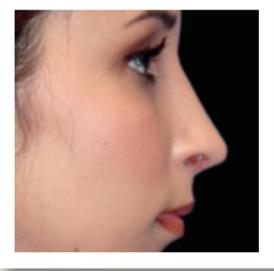
Dr. Karam's book, *About Face: 50 Secrets to Looking Younger At Any Age*, was written to help cut through the maze of advertising, marketing promises and hype, as well as guide readers to achieving a naturally younger-looking face. *About Face* is packed full of insider secrets and tips on amazing, but little-known procedures that can help "turn back the clock" and slow down the aging process. Find *About Face* on Amazon, iTunes and iPad.



BEFORE



AFTER

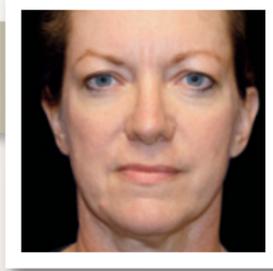


CASE 1

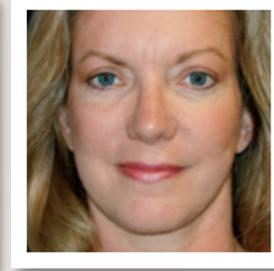
RHINOPLASTY REJUVENATION

Unhappy with the hump on the bridge of her nose and her drooping tip, this 23-year-old patient received open rhinoplasty to achieve a dramatic yet natural change.

BEFORE



AFTER



CASE 2

BEAUTIFUL REVEAL

This 50-year-old patient had a short-incision facelift, a necklift, a lateral browlift, an upper blepharoplasty, a fat transfer and a lower eyelid skin pinch for a rejuvenated look.

"SUCCESSFUL RESULTS ARE UNDETECTABLE"

ABOUT AMIR M. KARAM, MD

SERVICES

- Rhinoplasty (Nose Surgery)
- Facial Rejuvenation
- Facelift
- Necklift
- Mid-Facelift
- Fat Transfer
- Rejuvenation of the Eyes
- Browlift
- Otoplasty (Ear Reshaping)
- Male Facial Plastic Surgery
- Aesthetic Injectables
- Lip Augmentation
- Skin Peels

DR. AMIR M. KARAM IS A DOUBLE BOARD-CERTIFIED FACIAL PLASTIC AND RECONSTRUCTIVE SURGEON WHOSE BEAUTIFUL, INCONSPICUOUS OUTCOMES ROUTINELY GARNER PRAISE FROM PATIENTS AND PEERS. "I LOOK AT THREE COMPONENTS WHEN DEVISING A FACIAL REJUVENATION PLAN: SKIN, SAGGING AND VOLUME LOSS," SAYS THE DOCTOR.



WHAT DO YOU LIKE MOST ABOUT YOUR JOB?

It is hearing from happy patients and seeing how their perceptions and feelings about themselves have improved that makes this job rewarding.

WHAT DO YOU DO TO ESCAPE THE OFFICE?

I have four kids that keep me busy. I coach their sports activities and we love mountain getaways.

WHAT'S THE BEST ADVICE YOU'VE RECEIVED?

Treat every patient as if they were your closest and most loved family members.

MEDICAL DEGREE
University of California,
Irvine College of Medicine

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San Diego, California

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To learn more about the practice visit
drkaram.com