

american spa

Facial Plastic Surgeon Launches New Skincare Line



[Dr. Amir Karam](#), a facial plastic surgeon, launched The Karam Trifecta, a three-step skincare system. It is for all skin types and features 14 scientifically proven actives. Step 1 is Rise with a soothing foaming cleanser that gently dissolves dirt and impurities while organic aloe calms inflammation and helps bind moisture to the skin, and allantoin, apple amino acids, and broccoli seed oil hydrate, soften, and reduce irritation and redness. Step 2 is Quench, which helps protect skin and reduces the appearance of fine lines and wrinkles. It includes vitamin C to help even out skintone, green tea extract to deliver a mega dose of anti-inflammatory polyphenols, fireweed extract to calm skin and control oil, and zizyphus spina-hristi to help soften the look of lines and restore collagen. Step 3 is Illuminate, which uses 14 actives to help skin fight all the major signs of aging as patented lipid complex and hyaluronic acid drive hydrating moisture into the skin, retinol boosts collagen to reduce wrinkles and fine lines, vitamin C fades spots and discoloration to brighten and even out skintone, and niacinamide plus other anti-inflammatory ingredients support the skin barrier to seal in moisture.