

Out of Town Accommodations

Please find helpful information below for your upcoming stay.

For medical inquiries about your procedure:

Email us at PCC@drkaram.com or call/text [858-251-9901](tel:858-251-9901).

We require patients to stay in San Diego for 7 days after surgery.

The Practice:

Carmel Valley Facial Plastic Surgery
11943 El Camino Real, Suite 100
San Diego, CA 92130
Phone/Text: 858-251-9901
(Located between La Jolla (92037) and Del Mar (92014))

Location:

- **From Orange County:** Approximately 1 hour south from the OC airport (depending on traffic).
 - **From Downtown San Diego:** About 30 minutes to 1 hour north from the SD airport (depending on traffic).
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Transportation:

Reza (Private Chauffeur)

Phone: 858-736-4567

Website: mralimo.com

Email: mrtransportation@gmail.com

Recommended Accommodations:

Solana Beach Homes – Mandatory Stay 7 days. Please ask for Jake or Antonio for assistance. These homes do get booked fast with Dr. Karam's surgical patients. It's first come first serve.

HOTELS:

1. **Fairmont Grand Del Mar**

Distance: 3.6 miles from our office

Average Room Size: 400 sq ft

Amenities: Refrigerator, 24-hour in-room dining, restaurant on-site

Rating: 4.8 stars

Special Rate Code: NCOCVP (Prices may vary by season and hotel discretion)

2. **Residence Inn by Marriott - San Diego Del Mar**

Distance: 0.03 miles from our office

Average Room Size: 350 sq ft

Amenities: Refrigerator, complimentary breakfast, grocery shopping service available

Rating: 4.4 stars

Mention you are a patient of Carmel Valley Facial Plastic Surgery when calling: 858-481-8800

Post-Operative Care:

We require that someone over the age of 18 be with you for the first 24 hours following your procedure.

For an optimal post-operative experience, it is recommended to have a loved one or a nurse with you for the full week, though it is not mandatory.

If you do not have someone to care for you after surgery, please contact the following after-care nursing services directly to discuss your needs and schedule:

- **Kelly Greytok, RN**
Phone: 843-298-3834
Website: kellygreytok.com
 - **VIP Concierge Care – Melodee Rohlff, RN**
Phone: 650-465-4079
Website: vipconciergecare.com
 - **Diana Canty, RN**
Plastic Surgery Recovery Nurse
Website: dianacantyrn.com
Email: dianacantyrn1@gmail.com
Phone: 949-280-6726
 - **Luxury Recovery Services – Keshia, RN**
Phone: 901-308-9788
Website: luxrecoveryservices.com
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We hope this information is helpful for your stay! Please don't hesitate to reach out with any questions.