

















Brochure BASE 2022-2023



New BASE Offer

We are very happy to present you the new Before and After School Enrichment program for school year 2022-2023. During the year we will add more activities. You are always welcome to suggest new activities or share your skills and passion by becoming an instructor for new activities. Just get in touch with Mariska. Enjoy reading!

BASE Coordinator: Mariska Völkers

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BASE Admin: Angela Connelly

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Stay updated

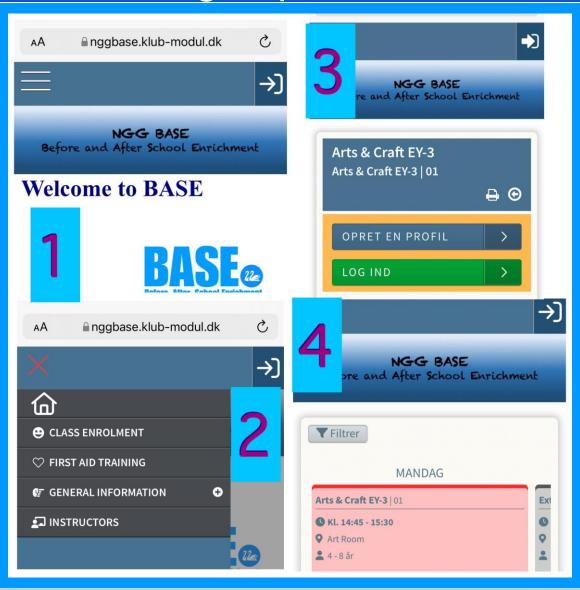
Check out our website www.nggbase.klub-modul.dk to sign up for an activity

Follow NIS BASE on Facebook

Receive BASE updates from your class parent representative



How to sign up for activities?



- 1) Sign up at <u>www.nggbase.klub-modul.dk</u>
- 2) Go to class enrolment to see all the offered activities
- Create ("opret") a profile for your child.
- 4) Select the activity of your choice and click on "tilmeld"

Your child is registered when payment is complete.

Check out "General information/Sign up instructions" for a translation.

OUR GREAT BASE INSTRUCTORS



NEW THIS YEAR! BASE SPACE

All students from year 6 /4. klasse and up are invited to use this new space. The space is connected to the NIS librarý opposite McDonald's.

A space for our teenagers where they can chill with their friends, make their homework and bridge the time between after school activities.

Opening hours:

Every school day between 13.45 and 15.45

Please note that opening hours heavily depend on the availability of volunteers. Parents are very welcome to volunteer. Do you have a spare hour? Please contact Mariska.



BASE SCHEDULE 2022-2023

Monday	Tuesday	Wednesday	Thursday	Friday
Arts & Crafts	Bollyfit Dance	Morning Yoga 08.15-09.00 Primary Music Room Fun & Games	Morning Yoga 08.00-08.45 Secondary Music Room LEGO STEM	Ukelele
14.45-15.30 Early Years-Y3 (Daniela) Art Room A6	14.45-15.45 Year 3-Year 6 (Sapna) Small Gym	Early Years-Year 3 (Daniela) 14.45-15.30 Small Gym	14.45-15.45 Early Years – Year 2 (Rachelle) A21 (year 8y room)	MP2 14.45-15.15 MP3 15.15-15.45 (Paulo) Music Room A2
BASE Band 14.45-15.30 Secondary (Søren) A4 Music Room	Yoga 14.45-15.30 Early Years-Y1 (Kirsten) EY room	Various Sports 14.45-15.45 Year 4-Year 6 (Josh) Big Gym	Yoga 14.45-15.45 Year 5-Year 6 (Kirsten) Music Room	Friday Football 14.45-15.45 EY-Y2 Rachelle Y3-Y4 Daniela Y5-Y6 James Y7-9 Pete 15.30-16.15 Y10-11 Pete Small Gym, Big Gym, Outdoor pitch
		Yoga 14.45-15.45 Year 2-Year 3-Year 4 (Kirsten) A4 Music Room		Music & Movement 14.45-15.30 Early Years-Year 2 (Sapna) Music Room A4



ARTS & CRAFTS

Day & time: Monday 14.45-15.30

Who: Early Years – Year 3

Location: Art Room

Instructor: Daniela Olafsson





At Arts & Crafts we explore different creative techniques like drawing, painting, weaving, making collages, etc.

We love to make art out of recycled materials.

BAND

Day & time: Monday 14.45-15.30

Who: Secondary students

Location: Music room

Instructor: Søren Jensen













At BASE Band we play different music styles. We perform several times a year, for example at the Spring concert, school assemblies and other celebrations (like the rooftop concert celebrating 25 years of NIS)

BOLLYFIT DANCE

Day & time: Tuesday 14.45-15.45

Who: Year 3 and up

Location: Small Gym

Instructor: Sapna Gagneja











Bollyfit Dance is a unique method which synthesizes authentic indian dance styles with a fun, intense workout that will leave you energized and rejuvenated inside and out!

YOGA

When and who:

Tuesday: 14.45-15.30: Early Years-Year 1

Wednesday: 08.15-09.00: Primary

14.45-15.45: Year 2-3-4

Thursday: 08.00-08.45: Secondary

14.45-15.45: Year 5-6

Location: Music Room A4

Instructor: Kirsten Hammer Foss





At Yoga we will be practicing breathing exercises, body balance, mindfulness and relaxation strategies. Every class is tailormade for each age group. Benefits of yoga are building attention and focus, improving relaxation and developing inner balance.

SPORT, FUN AND GAMES

Day & time: Wednesday 14.45-15.30

Who: Early Years –Year 3

Location: Small Gym

Instructor: Daniela Olafsson













At Sport, Fun and Games we play various sports and movement games we won't play during PE. Every week we explore new ways to move our bodies while having lots of fun with our friends.

VARIOUS SPORTS

Day & time: Wednesday 14.45-15.45

Who: Year 4 - 9 Location: Big Gym

Instructor: Josh Whitehead





LEGO STEM

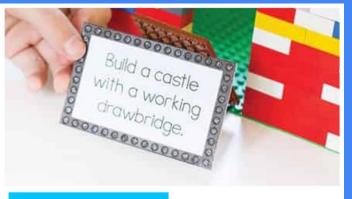
Day & time: Who:

Location: Instructor:

Thursday 14.45-15.45 Early Years – Year 2 Classroom Year 8Y Rachelle Henderby







LEGO STEM

Exploring cool Lego challenges with your friends from school

Every Thursday 14.45-15.45 with Rachelle

















In the land of LEGO we ofcourse offer a LEGO Class! In this class we will learn through play and will challenge the kids to build lego from the perspective of Science, Technology, Engineering and Mathematics.

UKELELE

Day: Friday

Time: 14.45-15.15 Year 3-4

15.15-15.45 Year 5-6

Location: Music Room A4

Instructor: Paulo Dias Duarte





Kids learn how to play the ukelele and experience that making music together is so much fun!

School will provide instruments.

MUSIC AND MOVEMENT

Day & time: Friday 14.45-15.30

Who: Early Years-Year 2

Location: Music Room

Instructor: Sapna Gagneja



Music & Movement

For kids who love music and can't stop moving!



Finish the week with some cool:

Dance moves - energetic music
moving fun with props - self expression

- circle dance - body balance



FRIDAY FOOTBALL

Day & time: 14.45-15.45 (EY-Year 9)

15.30-16.15 (Year 10-11)

Our most popular activity!



Friday Football

EY & Milepost 1 Rachelle (Small Gym)

Milepost 2 Daniela (Outdoor/Big Gym)

Milepost 3 James (Outdoor/Big Gym)

Secondary Y7-Y9 Pete (Outdoor pitch)

Secondary Y10-11 Pete (Outdoor pitch)



TERMS AND CONDITIONS



- Fees cover lessons for the period as stated.
- Payments can be done all at once or in 4 rates.
- Prices include instructor salary, materials, equipment and administration fee.
- Gebyr is administration fee which is paid once a year per child.
- The activities will be run only if there is sufficient enrolment. The courses with insufficient enrolment will be cancelled and the payment will be refunded.
- No refunds are possible after joining a class. In special cases refunds can be considered, please contact coordinator.
- Each child is offered one free trial lesson before signing up.
- REMEMBER INSURANCE: The child's participation in the activities is at the parent's own risk.
- Lessons missed because of the child's absence (due to illness, travelling or other reasons) will not be replaced or reimbursed.
- Lessons cancelled by the instructor or NGG BASE will be replaced or reimbursed.
- NGG BASE reserves the right to dismiss children who repeatedly disrupt the classes without reimbursing the fee.
- Please notify us if you do not wish for your child to be photographed. Otherwise, by booking your child for a class or workshop you are granting your permission for this use of photography. Photos will primarily be posted in the private Facebook Group NIS BASE.

ACKNOWLEDGEMENT



BASE is very grateful to the school in facilitating and supporting the BASE activities



A huge thank you to our always supportive BASE board members







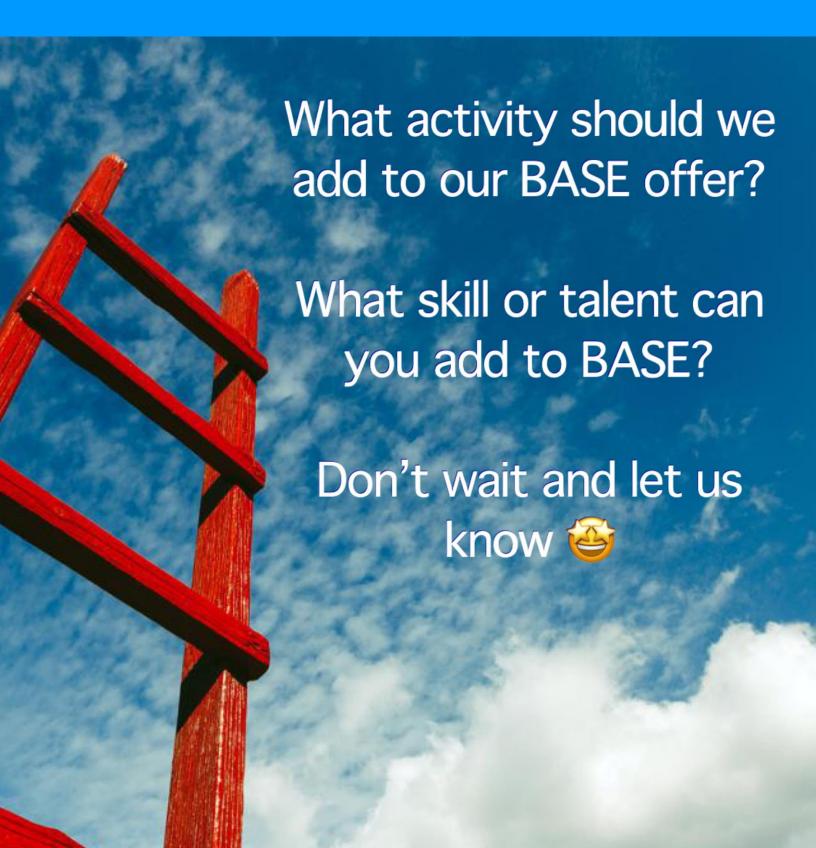








Become part of our ambitions at NGG Before and After School Enrichment



Before After School Enrichment