

YOUR SCHOOL SPORTS TOUR PACKING CHECKLIST

FOR
GROUP
LEADERS

- Passport
- EHIC card
- Your final trip pack, including the list of emergency contact numbers, boarding passes, visit vouchers and maps
- Your mobile phone or device with the Vamoos app downloaded
- List of all the passengers, preferably on school headed paper
- List of your group's medical conditions and allergies
- Any personal medication you'll need or could possibly need during the trip
- Some spending money
- Any tour awards/trophies you've prepared
- Any training equipment required (cones, whistles, balls – and an air pump to inflate balls)
- Match kit
- Training kit
- Boots/trainers
- Toiletries
 - Toothbrush
 - Toothpaste
 - Shampoo
 - Soap
 - Hairbrush
- Sun hat
- Sunglasses
- Waterproof jacket
- Waterproof sun lotion
- Insect repellent
- Refillable drinks bottle
- Backpack
- Notebook and pen
- Torch
- Comfy clothes that will allow you to take part in the activities on your itinerary
- Sensible shoes for walking (trainers, or walking boots if going out into the countryside)
- Jumper/hoodie/sweatshirt for the evening (even in 'hot' destinations it can get chilly in the evening)
- Underwear (including plenty of socks)
- Pyjamas
- Towel
- Swimwear
- Plastic bag/bin liner for dirty laundry
- Bin bag to keep the coach tidy
- Some emergency snacks and water

