



Make a
Noise
to prevent
Bullying



Walk away and tell someone

You don't need to listen to someone being horrible to you. Calmly walk away and tell a teacher or another adult with authority so that they can help to stop the bullying.



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Stand up for someone being bullied

Make it clear that bullying is unacceptable. If it's safe to do so, stand up for the victim so that the bullying stops immediately. If you don't feel safe, you should tell a teacher or another adult immediately so that they can stop it.



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Don't let someone suffer in silence

If you see someone else being bullied, let a teacher or another adult with authority know so that they can help.



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Talk about how bullying affects you

One of the best ways to prevent bullying for us all to have honest conversations with our friends, classmates and teachers about how bullying affects us. This could make people think about their own behaviour and help them know how to support us when we experience bullying.



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