



HOW TO TRAVEL MORE SUSTAINABLY ON YOUR SCHOOL TRIP

There's no escaping it. Travel can and does have a huge effect on the environment. (But what if it doesn't have to?) We've thought of a few things that your group can do to make your school trip more sustainable.

Think about how you get there

Choose coach travel over flying – it's better for the environment, less expensive for your students and easier for you! Plus, if you plan some entertainment for the journey it can even be one of the highlights of the trip.

Pack light

The more weight the coach or plane has to carry, the more fuel it will use and the higher its carbon emissions. So, try to pack as lightly as possible and remember, every kilo counts!

Think ahead

There are a couple of things you could pack to help you to reduce waste on your trip.

A reusable shopping bag is always very handy and can be carried in your day bag, or even your pocket. And a reusable water bottle is a must!

Think local

One of the joys of travelling abroad is sampling the local produce, right? Well, bonus! It has a much lower carbon footprint!

Treat your hotel like your home

Treat your hotel like it's your own home – only change the towels when they really need to be changed, and turn the TV, lights and air con off when you go out. Plus, leave the 'do not disturb' sign on the door so your room isn't cleaned unnecessarily.

Leave no trace or leave things better

We've all heard the advice that all you should leave behind you when you travel is your footprints. But what if you could leave the destination in a better state than when you arrived? If you have the spare time, why not lead your group in a litter pick or beach clean?

Never stray from the path

Leaving marked paths can damage protected or endangered plants and could also bring you too close to vulnerable wildlife. You should also be careful not to remove any plants and never feed wild animals.