

Japan

PACKING CHECKLIST

FOR STUDENTS

ESSENTIALS

Passport

Phone

Chargers

Plug adaptor (Two pin flat)

Day bag/rucksack

HANDY THINGS

Reusable laundry bag

Tissues

Wet wipes

Hand sanitiser

PERSONAL

Wash kit (incl. lip balm and moisturiser)

Towel (if not provided by hotel)

Insect repellent

Medication, incl. for travel sickness (if applicable)

Water bottle

Sunglasses

Sunscreen

CLOTHING

Comfortable walking shoes

Walking socks

Warm coat

Waterproof jacket

Waterproof over-trousers

Trousers

Shorts (summer)

Fleece

Thermal underwear

T-shirts

Underwear and socks

Swimwear

Gloves

Scarf

Woolly hat

ANYTHING ELSE?

