

Japan

PACKING CHECKLIST

FOR TEACHERS

ESSENTIALS

Passport

Insurance documents

Passport details for all passengers

Your final trip pack, including the list of emergency contact numbers

List of all the passengers (preferably on school headed paper)

List of your group's medical conditions and allergies

Mobile phone or device with the Vamoos app downloaded

Phone Charger

Plug adaptor (two pin flat)

Day bag/rucksack

PERSONAL

Wash kit (incl. lip balm and moisturiser)

Towel (if not provided by hotel)

Insect repellent

Medication, incl. for travel sickness (if applicable)

Water bottle

Sunglasses

Sunscreen

HANDY THINGS

Reusable laundry bag

Tissues

Wet wipes

Hand sanitiser

CLOTHING

Comfortable walking shoes

Walking socks

Warm coat

Waterproof jacket

Waterproof over-trousers

Trousers

Shorts (summer)

Fleece

Thermal underwear

T-shirts

Underwear and socks

Swimwear

Gloves

Scarf

Woolly hat

ANYTHING ELSE?

