

HOW TO REVISE

Prioritise and plan



Work out what you need to revise and create a timetable - remember to schedule in plenty of breaks!

Make sure you know what to expect



Make sure you know what the exam is testing and what the format is - this will help you to plan your revision better!

Do what works for you



Try a few different revision techniques and do what works for you, not what works for your friends!

Teach someone else



Test your knowledge by teaching someone else - it will soon become clear which areas need more work!

Make sure you stay healthy



Eat healthily, exercise regularly and get a good night's sleep to keep energy and concentration levels up and stress levels down.

Stay positive



Exams are your opportunity to show how much you know, so remain calm and be positive!