# MAKE YOUR NEXT SKI TRIP MORE SUSTAINABLE

## Bring a Collapsible Water Bottle

Easy to fill up and stashable (just chuck it in your backpack) – collapsible water bottles are one of the easiest ways to reduce plastic waste on the slopes.

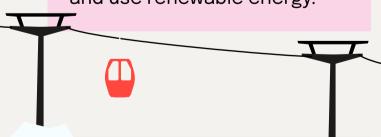
#### **Maximise Gear Life**

Got a rip or tear? Consider patching what you can. And donate your used gear to charity shops or second-hand shops to extend its life and reduce its carbon footprint.

Some companies (like Patagonia and The North Face) will recycle your gear for you through their respective 'Worn Wear' and 'The North Face Renewed' initiatives.

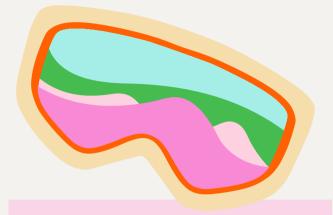
### Visit Sustainable/Green Resorts

Look for resorts that are actively trying to minimise their environmental impact and use renewable energy.



#### Turn Down the Thermostat

When you're back indoors, don't rely on the heating to keep you warm. Put on another layer if you're still feeling the cold.



# **Support Sustainable Brands**

Many outdoor brands produce clothing made from recycled materials. Look out for brands like Patagonia and The North Face, who actively work to decrease their carbon footprint.

#### **Buy Pre-Worn Gear**

Buying second-hand equipment is another sustainable solution. Get your gear through a peer-to-peer marketplace (like WhoSki) to save money and keep clothing out of landfill.

And, once you've grown out of the clothes, you can resell them.

#### **Recycle Your Rubbish**

Leaving behind your waste harms the environment and ruins other skiers' experience of the slopes. Always take your rubbish back with you and recycle what you can. Look for zero-waste and plastic-free snacks as well.



#### **Rent Your Gear**

If you're still growing it'll be way more sustainable (and probably cheaper) to rent your gear.

First-time skier? Renting will mean you can try out different styles before committing.

#### **Shop Local**

You can offset the carbon emissions from shipping by shopping locally at small ski shops (and you'll be boosting the local economy too).

#### **Travel by Coach**

Travelling by coach is almost always the most sustainable option. You'll travel directly to your location (if you fly, you'll also probably need a coach transfer) and reduce the amount of carbon emissions per passenger.



## **Choose Chemical-Free**Wax

Ski wax maximises speed and performance on the slopes, but many use harsh chemicals which seep into the snow and work their way into the waterways, damaging wildlife and vegetation. Look out for eco-friendly waxes that are free of toxins.