

# HOW TO REVISE

## Prioritise and plan



Work out what you need to revise and make a revision plan – remember to schedule plenty of breaks.

## Be prepared



Check you're clear on what the exam is testing and its format (this will help you plan your revision better).

## Do what works for you



Try a few revision techniques and stick with it when you find one that works (it might be different from what works for your friends).

## Teach someone else



A great way to check you know your stuff is to try teaching it to someone else.

## Look after yourself



Eat well. Hydrate. Exercise regularly. Sleep. It's basic, but this will keep your energy up and stress levels down.

## Stay positive



After all, this is your chance to show off how much you know.