

FEEDING

3/13/2023

presents...

It WAS the summer
of...

GASPACHO



summer

2

Dear Friendly Cook,

If you are like me and find yourself in a _____ abundance of tomatoes
ADJ.

you could _____ use this featured recipe. Now, I know we all get
ADV.

wrapped up in our own _____ every now and then and we _____
PLURAL NOUN VERB

to take advantage of our _____ harvest of produce, but this method
ADJ.

shared by my friendly neighbor Annalee for gazpacho makes maximizing your
garden's bounty all too _____.

A personal favorite for _____ down gazpacho was serving it up
VERB - ING

like it was a bloody _____ - I'm talking full garnish like
BIBLICAL NAME

olive, cheese, _____, and maybe even a _____
FOOD ITEM FOOD ITEM BEVERAGE

on the side! Now that's how you feel as if you have been whisked away to

_____ for the summer!

A PLACE
All in all, a big batch of gazpacho got us through the hottest
TIMEUNIT (PL.)
of the summer. Often, we would be so _____ and _____ after a

long day _____ the garden, that a cool bowl of soup was just
ADJ. ADJ.
VERB(ING)

what the _____ ordered. Honestly, it's one of the quickest and
OCCUPATION

tastiest ways to put that _____ from your _____ into
SOUND INTERNAL ORGAN

your _____
PART OF THE BODY

I also recieved an introductory book on making zines in a bit of _____
NOUN

mail from _____'s own Andrew Wiggins. You remember Andrew from
GEOGRAPHIC LOCALE

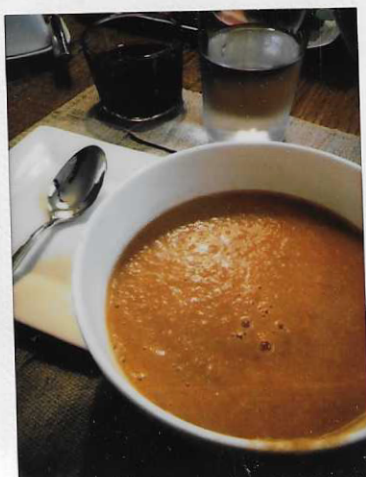
his days playing _____ forward for the _____
SIZE CITY ANIMALS

Well, apparently he has been keeping up with the zine, and I cannot _____
VERB

him enough for his kind _____ of support.
NOUN

Enjoy the contributions, remember to send your _____ to:
EMOTION

7 questions mostly about gazpacho



1 Where did you learn to make gazpacho? What are the essential elements and how do you make it?

I think I probably taught myself after googling a few recipes after eating it in Spain. I can't even remember the first time I had it, but I remember wanting to take a bath in it. "Gazpacho" is one of those things that some people have very strong opinions about and everyone's family has their own touch. I'm not much of a purist and I tend to make it based on what I have (but always an abundance of tomatoes). Reading just now, I learned that onion is a controversial ingredient! I tend to use a lot of cored tomatoes, green bell peppers, cucumbers, onion, garlic, Spanish sherry vinegar, salt, and a good olive oil. Day-old-bread is a common ingredient but alas I don't live in a culture where I tend to have fresh day-old-bread and I like to make it without so I can share it with my GF friends. I like to put all my ingredients in a massive bowl to meld together before I blend but I don't know if that's the traditional preparation. I also like to eat some of it before I blend it :)

HOT TIPS: 1) Bill's Imported Foods on Lake & Aldrich for the vinegar (and a fun grocery experience overall)
2) google 'gazpacho receta' instead of recipe and you should be able to find some more authentic recipes that even a non-Spanish speaker can read
3) ditch the spoon and just drink it from a glass, dip your toast in it!

2 How much of your recipe comes from your garden? Do you grow anything specifically for gazpacho?

Mainly my tomatoes are the only ingredient from my garden, although I did grow bell peppers, onions, and garlic this year, none of them are in the same abundance at the same time of the first big tomato burst (I am a pepper and onion novice) but other gardeners would definitely have these all at once!) Gazpacho is one of my main ways of making use of tomatoes so I think it's fair to say I grow them for that purpose! In adding bell pepper to the garden this year I also had gazpacho in mind.

3 Name the last song you sang in the car?

'Eso es bola' by Los Desiguales (fun fact I danced with a guy in Habana who turned out to be in this band!)

continued !..

4 What garden skill are you proud to have obtained this season?

So many things! Probably my first garlic harvest and utilizing a lot more cover crops and pollinator pal plants.

5 How did you get your cat?

Even knowing that tortoise shells are full of wacky, perma-tween tortitude, I saw Ray online and was entranced by her beauty. I had just moved to Chicago and planned to get a cat to keep me company. Took the train to the Anti-Cruelty Society and brought her home in a taxi!

6 What WNBA subpol are people not paying enough attention to?

My devastatingly serious crush on Sue Bird. I have liked her longer than Megan has! Not fair!

7 What are you looking forward to doing better in your garden next year?

I'm going to cover crop the crap out of it. This year I did some (mostly radishes) and laid straw, but next year I really want to drown out my weeds with cover crops. And get all those good other cover crop benefits. I'm trying to build my soil health for the long haul!

Interview conducted via text message Aug. 10-13

fan mail

21 JUL 21

Dear Feeding Friendzine,
Please enjoy this cute
little book.

Sincerely,

Andrew

"Friend of the Zine"

Wiggins

MAKE A ZINE

START YOUR OWN UNDERGROUND
PUBLISHING REVOLUTION

JOE BIEL