



From left, top row: Dr. Glenn Forrester; Dr. Channing Chin; Dr. Michael Cudworth; Dr. Kulvir Nandra; Dr. Kartik Gohil; Dr. Shuja Shafqat
From left, bottom row: Dr. Harvey Rainville; Dr. Naveen Ballem; Dr. Vadim Gritsus

HONOR ROLL
YEARS
ON THE LIST

Dr. Ballem | 14
Dr. Rainville | 5
Dr. Gohil | 3

Naveen Ballem, MD, FACS, FASMBS | Kartik Gohil, MD, FACS, FASMBS Harvey Rainville, MD, FACS, FASMBS

“It’s very important to get to know your patients and their goals. If you connect with them, the entire process has a better outcome,” says Dr. Naveen Ballem, a bariatric surgeon along with his colleagues Dr. Kartik Gohil and Dr. Harvey Rainville.

As part of the New York Bariatric Group—one of the largest, single-specialty bariatric groups in the country—the doctors perform all types of weight loss procedures that are minimally invasive and tailored to fit the patient’s needs. “What sets us apart is that we offer an incredible number of resources—dietitians, psychologists, and board-certified, fellowship-trained surgeons—to support our patients through every step of care,” says Dr. Ballem.

The doctors define success as enabling patients to live their lives to the fullest. “Patients tell me how they would hide from being in family photos, or were embarrassed to get on an airplane because the seat belt didn’t

fit or get on an amusement park ride that had weight restrictions. Now they can do things they’ve never dreamed of before,” says Dr. Ballem.

HOSPITAL AFFILIATIONS: Clara Maass Medical Center, Belleville; Hunterdon Medical Center, Flemington; Hackensack University Medical Center; Mountainside Medical Center, Glen Ridge; CareWell Health Medical Center, East Orange. **MEDICAL TRAINING:**

Dr. Ballem: Columbia University’s Harlem Hospital Center (residency); Cleveland Clinic (fellowship); University of Alabama (fellowship). Dr. Rainville: Albert Einstein College of Medicine/Montefiore Hospital (residency); University of Texas Health Science Center at Houston (fellowship). Dr. Gohil: Michigan State University (residency); Stony Brook University Hospital (fellowship)

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