

ASSOCIATE

Michelle is passionate about helping executives and leaders to discover their strengths and talents so that they can achieve their individual, team, and organizational goals. Her current role means she can fulfil this passion both as a facilitator when she works with groups, and one-to-one when she coaches individuals.

Michelle's specialty is in executive and leadership coaching, designing, and delivering leadership programs, and team sessions. Her clients span both profit and not-for-profit sectors, and include financial services, renowned International Business Schools, FMCG and governments.

# TESTIMONIALS

"Michelle has been able to listen, understand my perspectives and challenge my mindset to inspire me to think differently to achieve my goals. Very fruitful coaching." - DIRECTOR, FMCG

"Insightful. I learned a lot about myself, and Michelle provided super guidance as I was navigating through some tough patches." - DIRECTOR, FMCG

"Michelle really helped me identify the shift I wanted to make as a leader and gave me the tools to do so."

- HEAD OF BUSINESS, BANKING & FINANCE

QUALIFICATIONS & ASSOCIATIONS Professional Certified Coach (PCC), ICF • Certified Professional Co-Active Coach (CPCC), Coaches Trainers Institute • Member of International Coaching Federation (ICF) • Accredited Coaching Supervisor, Coaching Supervision Academy (UK)

# ECL

# COACHING EXPERIENCE

With over 10 years of coaching experience, Michelle began coaching leaders in her role as an internal coach/program manager at ING (financial institution) and has continued to make an impression in the industry as an independent coach. Most of her clients are leaders from Global 500 companies, from diverse industries, backgrounds, and nationalities, based in Asia, Europe, and the US.

# COACHING STYLE AND APPROACH

Michelle is passionate about helping leaders to discover their strengths and talents so that they can achieve their individual, team, and organisational goals. Her experience of having worked and lived in both Europe and Asia helps Michelle appreciate many cultures. She can combine the perspectives of differing cultures, as well as be the "bridge" between east and west. Michelle's style is calm, challenging, intuitive, and she isn't afraid to ask thought-provoking questions.

### **BUSINESS EXPERIENCE**

Having worked in both the financial and hospitality industries, coupled with her multi-cultural background and broad understanding of the European and Asian cultures, Michelle has a unique insight and understanding that allows her to really grasp the issues and capabilities needed to be an international leader working on a global stage.

### AREAS OF EXPERTISE

- Developmental coaching to support leaders to be more effective and impactful
- Transition coaching to support leaders in transition, e.g., new role or organisation
- Coaching as part of leadership programs
- 360 debrief and coaching

# PREVIOUS ENGAGEMENTS

- Associate Director & Directors, Food transitional coaching to support the counterparts in the next step of their careers.
- Country Managers, Global Financial Services developmental coaching, part of values workshops for mid-senior leaders in the organization.
- VPs/Presidents, Global Luxury Company coaching as part of a leadership program.
- Head of Business Units, Asian Property Developer 360 debrief as part of leadership program.
- Country Heads, Global Insurance Company coaching as part of a leadership program.

# LANGUAGES

English 

Dutch