



KATHRYN HEMMING

Kathryn studied Economic and Social History and trained as a teacher in the UK. Following a successful 25-year career as a teacher and school leader, she continues to enjoy learning, teaching, and elevating others through coaching.

Kathryn is passionate about reading, music and travel and coaches internationally, though is based in Singapore.

TESTIMONIALS

"Kathryn's empathetic and calm facilitation helped me to have open and often challenging conversations that were needed in order to fully explore my concerns and conflicts and support me in finding resolutions."

- TEAM LEADER, EDUCATION

"Thanks to Kathryn's coaching, I feel more confident and prepared than ever before. I know that I will continue to rely on the skills and insights she shared with me for years to come, and I am truly grateful for the impact she had on my personal and professional growth in a very short space of time"

- TEAM LEADER, EDUCATION

"Kathryn's ability to ask the right questions at the right time helped me to uncover new perspectives and her follow up to our conversations has helped me to keep momentum towards my goals."

- HEAD OF DEPARTMENT, ONLINE MEDIA

QUALIFICATIONS & ASSOCIATIONS

Associate Certified Coach (ACC), ICF ▪ Accredited Coach, Level 3, IECL ▪ National Professional Qualification for Headship (NPQH) LSE ▪ Professional Graduate Certificate in Education (PGCE) ▪ BA (Hons) Economic and Social History

COACHING EXPERIENCE

Kathryn offers coaching to individuals at all levels of leadership across a range of industries including education, manufacturing, and media. Kathryn's strength is in building empathetic and trusting relationships, creating a safe space where her clients can explore and be challenged. By examining narrative and perspective, Kathryn supports clients in creating positive change for themselves and their teams.

COACHING STYLE AND APPROACH

Building on her many years of leadership in the education sector, Kathryn works with clients to foster relationships and get the best out of their team. She listens actively and asks insightful questions which evoke awareness, revealing new perspectives and possibilities. Kathryn works with those who are seeking to build confidence, manage time and teams and build their leadership capabilities.

BUSINESS EXPERIENCE

Kathryn has over 25 years of experience in education as a teacher and school leader. She therefore understands the complexities of time management and team building and draws on her understanding of pedagogy to present and facilitate well. She has spent the last two years coaching and consulting across a range of industries, leading workshops on themes which include Team Building, Wellbeing, Developing Confidence and Managing Change.

AREAS OF EXPERTISE

- Developmental coaching for sustainable leadership development and improved leadership impact
- Transition coaching for leaders new to the organisation or role
- Coaching for enhancing performance and wellbeing
- Coaching as part of leadership development or cultural change program

PREVIOUS ENGAGEMENTS

- Head of Human Resources, Manufacturing - coached to find solutions with systems and relationships at work. Built confidence to have structured conversations which led to increased team performance.
- Executive Head Teacher, Education - coached through change to build new leadership structure, allowing capacity for growth, and leading to successful new appointments and transition to high performing team.
- General Manager, Wine Industry - coached to give clarity around personal and professional priorities resulting in alignment of values and confidence in making difficult life decisions.
- Entrepreneur, Human Resources - coached around themes of productivity, motivation, and mindset, giving clarity of purpose and the confidence to step out of comfort zone leading to new business opportunities.
- Analytics Leader, Finance Industry - coached around frustrations with lack of motivation at work and feelings of being trapped, giving new options and perspectives.