

# **POOJA BAGRI**

"Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure." -Marianne Williamson. This is the ethos that formed Pooja's purpose to make a difference in the lives of others and become the conduit of change that empowers and transforms. Her goal is to leave a legacy of leaders who are much more self-aware and lifelong learners. She has dedicated her life to the path of coaching and has extensive experience working with leaders across APAC in industries such as pharmaceuticals, healthcare, retail, F&B, education, NGOs and banking.

### **TESTIMONIALS**

"With intuitive and strategic skill, Pooja helped hone the leadership skill sets of the team through a powerful combination of inner and outer work. Her sessions are very engaging with a lot of cross functional reflections and learning. It had a profound impact on the team and we have signed up for another year of leadership development with her!

- NATIONAL HEAD - BANKING

"Pooja is an exceptional listener, and a compelling coach that really knows how to help you transcend your own boundaries. I gained so much clarity and find myself much more self-aware and agile and have found a shift in my entire approach!

- L&D DIRECTOR, APAC - MNC

QUALIFICATIONS & ASSOCIATIONS
Professional Certified Coach (PCC), ICF • Accredited
Organisational Coach, Level Three, IECL •
Certified OKR Practitioner • Success Principles Trainer

DIAGNOSTICS Workplace Big Five



### COACHING EXPERIENCE

With 18 years of experience as a business leader, Pooja began her coaching journey in early 2017 and brings in real time understanding of business contexts in her coaching style. Her expertise is in coaching Senior Leadership and C-Suite teams across government, banking, and manufacturing sectors. Pooja has helped coach organizations and teams in positive leadership development, effective communication, change management, talent development, DEI, corporate culture, OKRs and alignment of vision.

### COACHING STYLE AND APPROACH

Pooja embodies a dynamic coaching presence crafting the use of systems thinking, strengths approach, and relational coaching. With a keen intuitive sense, she enables transformative journeys using the power of the inner narrative, fostering self-awareness and exponential growth. Her coaching conversations are empowering, holistic, and inclusive and her approach is challenging, collaborative and creative. She builds a strong rapport and trust with clients to partner in their growth.

### **BUSINESS EXPERIENCE**

Pooja has worked in the agrochemical, pharmaceutical, renewable, tech and F&B industries for 18 years in the capacity of VP, President, and CEO. With her base in India and Singapore, she oversaw and worked closely with Germany, China, and APAC markets. She has extensive business experience and has helped businesses build strong teams with strong cultures adopting the principles of DEI in her leadership style. Through her own experiences, she helped build ethical leadership with strong succession teams and aligning the visions of the teams.

#### AREAS OF EXPERTISE

- Executive Coaching and Leadership Development
- Diversity, Equity & Inclusion (DEI); Building Communication and Culture
- Leadership Offsite: OKRs, Team Building and Intentional Synergies
- High Performance Coaching
- Mental Well Being for Individuals and Teams
- Emotional Intelligence Coaching Self Regulation, Self-Awareness,
   Resilience and Conflict Resolution

### PREVIOUS ENGAGEMENTS

- Leadership Conference, Chemicals building OKRs, clarifying the vision and goals for department heads, strengthening team dynamics, and enhancing well-being for C-Suite leaders.
- Leadership Development, NGO leadership coaching, developing stakeholder relationships, refining communication, and strategising branding possibilities.
- COO, Finance coaching for positive leadership development and fostering cohesive collaboration.
- Leadership Conference, Hospitality two-day offsite workshop to instil a
  coaching mindset among senior leaders, cultivate a high-performance
  culture for innovation and boost leaders' personal and professional
  growth.
- Head of L&D, Bank launching a coaching program for senior women leaders to empower them to assume more significant leadership roles through a blend of inner and outer work.
   CEO, Education - creating a youth well-being and leadership program.

## **LANGUAGES**

English (native) - Hindi (native) - Tamil (Conversational)