

# LORDIEN KHOSH

Lordien is an experienced, accredited coach with a strong corporate background of 20+ years in leadership, professional development, and cultural transformation. She has worked across diverse industries and various levels of seniority from operational staff right through to C-suite executives.

Lordien is a passionate foodie, who enjoys entertaining and dining out with family and friends. She is a proud mother of two boys and owner of a miniature Dachshund dog, Chico. Spanish music and European holidays are also a high priority on her list.

## TESTIMONIALS

"Love the pace and vibe from Lordien throughout the day. Feel a lot more confident in coaching colleagues! Thank you!"

- MANAGER, TRANSPORT & INFRASTRUCTURE

"Lordien is an expert coach who enabled me to work through challenges and priorities, as well as gain clarity for longer term career planning. She created a safe environment for me to explore my core values and beliefs and help me realise my own potential whilst stretching me to take the required actions."

- IMPLEMENTATION MANAGER, TELECOMMUNICATIONS
- TELECOMMUNICATIONS

"Knowledgeable, relatable, honest, and great communicator. Knows how to engage to support growth and learning and enhance capability." TEAM LEAD, HEALTH SERVICES

#### QUALIFICATIONS & ASSOCIATIONS

Professional Certified Coach (PCC), ICF • Accredited Coach, Level Three, IECL • Certified Coach Supervisor, IECL • Diploma of Positive Psychology and Wellbeing, TLG • Certificate IV Training and Education, Box Hill Institute

#### DIAGNOSTICS

DiSC Behavioural & Leadership Profiling, Strengths Profiling • Genos Emotional Intelligence • NBI Thinking Preferences • DiSC Leadership • NBI Thinking Preferences

# IECL

### COACHING EXPERIENCE

Lordien's coaching includes one-to-one engagements with individual contributors, operational staff, new emerging and seasoned leaders, as well as C-suite executives. These engagements span the public, private, government and non-for-profit sectors. Lordien's coaching engagements are primarily focused on developing potential, improving communications, increasing emotional intelligence, leveraging strengths, and developing growth mindsets that create the way forward.

### COACHING STYLE AND APPROACH

Lordien creates a safe environment for exploration of core values, beliefs, and narratives, to see things from different perspectives. Additionally, building on attributes, strengths, and mindsets, to help counterparts be solid, self-aware leaders and does so with humility and respect. Her coaching style is described as refreshing and inspiring, with a very human touch.

#### BUSINESS EXPERIENCE

Lordien is a senior consultant, organisational coach and director working within the corporate sector for over 20 years. Her focus is on personal and professional development to lift performance and engagement. Lordien previously held the position of Change Manager, responsible for coaching business leads and managers to deliver on continuous improvement initiatives within the business (Lean Six Sigma methodology) across a financial institution.

#### AREAS OF EXPERTISE

- Self-awareness, emotional intelligence, and wellbeing
- Leadership development, strengthening relationships and enhancing performance
- Career advancement coaching
- Improving communications, and increasing influence
- Transition coaching for leaders new to organisation or role

#### PREVIOUS ENGAGEMENTS

- Head of Transformation coaching pre and during Covid-19. This C-suite executive has since moved on to secure a CEO position at another organisation.
- Leaders, Telecommunications part of a leadership development program. Coaching resulted in the teams developing leadership skills and creating a culture of empowerment.
- Managers, Banking part of the leadership and cultural change program. Coaching fostered new corporate culture and embedded learnings.
- Leaders, Banking part of the leadership and cultural change program that helped shift limiting mindsets and foster a new corporate culture of inspiring performance and increasing ownership.
- Head of Utilities, Banking leader wanting to build internal profile and forge stronger relationships. Coaching helped leader improve their personal brand and resulted in securing a promotion.
- Head of HR, Beverages challenged with managing work-life balance.
  Focussing on the narrative helped gain clarity on what was important and how to manage their choices.