



Alopecia Pre-Selphyl™ PRP Instructions

PPSD wants to provide you with the very best surgical care. You can help to minimize the risk of complications by carefully reading and following your pre-operative and post-operative instructions. Ask us to clarify any item about which you have questions:

- It is VERY important to stay well hydrated (i.e. water, gatorade) the week prior up to and including the day of procedure.
- Do Not Take ASPIRIN (Anacin, Bufferin, or Baby Aspirin) or IBUPROFEN (Advil, Motrin, or Nuprin), or NAPROXEN (Aleve) or other Non-Steroidal Anti-Inflammatory Drugs SAIDS) similar to these medications, for TEN(10) days before the procedure. These substances impair platelet function in the normal clotting process and thus promote bleeding and bruising. It is permissible to take acetaminophen (Tylenol or Anacin-3).
- Do Not Drink Alcohol for two days prior to procedure, this may cause excessive bleeding, decreased resistance to infection. Please avoid red wine for four (4) days before surgery in order to minimize bruising.
- Diet before Procedure: You should have a light meal before arriving at the office and avoid caffeine.
- Day of Procedure: For scalp injections arrive with a clean, dry scalp.