



DiamondGlow & HydraFacial

Deep Serum Infusing Facial

Pre and Post Care Instructions

- Avoid direct sun exposure and tanning for at least **one week** before treatment.
- Discontinue retinol, tretinoin, glycolic acid, salicylic acid, and other exfoliating products **48 hours** prior.
- Do not undergo waxing, laser treatments, or aggressive exfoliation for at least **one week** before.
- Stay hydrated—drink plenty of water for optimal skin results.
- Inform your provider if you have active breakouts, open wounds, or a history of cold sores.

Post-care instructions

- Avoid direct sun exposure for at least **48 hours** and apply SPF 30+ daily.
- Do not use retinol, tretinoin, glycolic acid, salicylic acid, or other exfoliating products for 48 hours.
- Avoid cleanse for up to 6 hours.
- Keep skin hydrated with a gentle moisturizer.
- Avoid excessive sweating, saunas, or hot showers for **24 hours** to prevent irritation.

Maximize results: Illuminize or Chemical exfoliation, HA serum, booster. Ask your provider about how to optimize your treatment.