



Vbeam Laser Treatment

PPSD wants to provide you with the best possible result following your treatment. You can help to minimize the risk of complications by carefully reading and- following your post-treatment care instructions. Ask us to clarify any item about which you have questions.

Post-Treatment Care

- Do not rub, scratch, or pick at the treated area if bruising/red discoloration is present.
- Please call the office immediately if the area becomes tender, reddened or shows signs of infection.
- Avoid swimming, contact sports, and hot tubs while redness or irritation subsides.
- Avoid exposure to the sun. If sun exposure is expected, apply an SPF 40 or higher. Sunblock helps to prevent pigmentation changes until the lesion is healed.

General Skin Care

- Apply Aquaphor to treated areas twice a day as long as the bruising /red discoloration(purpura) is present or if there is no discoloration or scabbing, a moisturizer may be used daily. It is important to keep the area moist until healed.
- Showers are permitted, but gently pat the area dry. Do not rub with a towel or washcloth as the area is extremely delicate while the bruising /red discoloration(purpura) is present. If the legs are treated, avoid taking a bath during the first 48 hours. The intense heat may cause additional discomfort. Comfortable warm showers are recommended.
- Any discomfort you may have immediately following treatment can be relieved with acetaminophen (Tylenol).
- After the red discoloration disappears, hyperpigmentation (brown coloring) or hypopigmentation (white) may be present for up to 3-5 months. This is rare but if it occurs, use a broad-spectrum UVA/UVB sunblock SPF 40 or greater on the area until the normal color returns.