



Schools Program COURSES

Enquire today

 aipt.edu.au  1300 959 540

 theAIPT  theAIPT

AUSTRALIAN INSTITUTE OF
PERSONAL TRAINERS
THE REAL EDUCATOR IN FITNESS



HELP MOTIVATE STUDENTS TO PURSUE THEIR

dream

As an educator, you face the daily challenge of balancing a pre-determined curriculum with individual learning styles, channelling the talents of each student into their interest areas and subjects. Australian Institute of Personal Trainers (AIPT) is passionate about helping young people embrace their potential, providing real life tools and resources they will need to succeed in an increasingly competitive employment market.

LEARNING PATHWAYS – WE WILL BE WITH YOU AND YOUR STUDENTS EVERY STEP OF THE WAY.

We pride ourselves on service and excellence, and have tailored our learning pathway options as well as our delivery resources to suit the needs of schools.

AIPT is Australia’s leading provider of practical fitness education. We cultivate relationships with real world employers in the fitness industry to ensure your students graduate with existing professional connections in areas relevant to their goals.

DELIVER VET COURSES ON YOUR TIMETABLE



AUSPICE & ONLINE COURSES

* Auspice available Australia-wide but only in non-government schools in Western Australia and South Australia



- SIS20115 Certificate II in Sport and Recreation
- SIS30115 Certificate III in Sport and Recreation
- SIS30321 Certificate III in Fitness



PUBLIC VET COURSES

A wide variety of public online courses are available to students and teachers, that can be completed within or outside school hours, assessed and managed by AIPT.

Why choose AIPT

- ✓ **Self marking quizzes**
Most of our quizzes are self marking to reduce Teacher load.
- ✓ **Dedicated national Schools Team**
Who provide support for school VET Coordinators, Teachers and Students.
- ✓ **Auspice courses**
\$249 per Student enrolment, plus an additional \$999 administration fee, that is charged per school, per year, and covers all courses.
- ✓ **1 or 2 year Auspice delivery options**
Auspice courses are delivered online and submitted through our Learning Management System. Deliver the course on your timetable.
- ✓ **Large range of online courses**
Online courses are delivered online and submitted through our Learning Management System. All assessments are marked in-house by our industry qualified assessors for online courses.

AUSPICE AND ONLINE OPTIONS AVAILABLE

Online programs enrolling all year round

Online and Auspice Delivery	Online	Auspice
SIS20115 Certificate II in Sport and Recreation	\$799	\$249
SIS30115 Certificate III in Sport and Recreation	\$799	\$249
SIS30321 Certificate III in Fitness	\$799	\$249
* Auspice available Australia-wide but only in non-government schools in Western Australia and South Australia		
Additional costs		
\$999 administration fee charged annually for all auspice courses.		

TAILOR MADE LEARNING MANAGEMENT SYSTEM FOR BOTH ONLINE AND AUSPICE PROGRAMS

My eCampus has been developed by AIPT to provide a single platform for both Teachers and Students to manage all their requirements.

- ✓ Arrange and manage Student cohorts by class and/or group
- ✓ Generate and print reports whenever they are required and as often as they are needed
- ✓ Track individual Student’s work and assessments
- ✓ Upload additional learning resources and customise their delivery
- ✓ Student and Teacher access, anywhere and anytime.

Find out more today,
contact a Schools Consultant
on 1300 959 540.

SIS20115

CERTIFICATE II IN

Sport and Recreation

This qualification allows individuals to develop basic functional knowledge and skills for work in customer contact positions in the sport or community recreation industry. These individuals are competent in a range of administrative activities and functions within a team and under supervision. They are involved in mainly routine and repetitive tasks using practical skills and basic sport and recreation industry knowledge.

They work in locations such as sport and recreation centres or facilities, and leisure and aquatic centres assisting with the conduct of recreation activities, and facility maintenance and operations.

Possible job titles include:

- Recreation Assistant
- Leisure Assistant
- Retail Assistant
- Community Activities Assistant

State requirements*

* **WA** and **NSW**, please check your state requirements for mandatory Work Placements for completion of the qualification

* For **VIC**, this qualification meets VCE requirements and recognition of up to four VCE VET units at Units 1 and 2 level.

Study pathways:

- SIS30115 Certificate III in Sport and Recreation
- SIS40115 Certificate IV in Sport and Recreation
- SIS50115 Diploma of Sport and Recreation Management

	TAS	VIC	NT	SA	QLD	WA	NSW	
TOTAL NUMBER OF UNITS (8 CORE UNITS & 5 ELECTIVE UNITS)	13	13	13	13	13	13	13	
TOTAL NOMINAL HOURS	245	245	245	245	245	249	190	
WORK PLACEMENT HOURS REQUIRED						110*	35*	
MAX CREDITS AVAILABLE	TCE Credits	VCE Credits	NTCET Credits	SACE Credits	QCE Credits	WACE Credits	HSC Credits	
	27	*	35	35	4	4	3	
UNITS								
Code	Description	Hours						
BSBWOR202	Organise and complete daily work activities	20	20	20	20	20	15	15
HLTAID011**	Provide first aid	18	18	18	18	18	20	20
HLTWHS001	Participate in workplace health and safety	20	20	20	20	20	30	15
SISXCAI002	Assist with activity sessions	15	15	15	15	15	15	15
SISXCCS001	Provide quality service	25	25	25	25	25	25	20
SISXEMR001	Respond to emergency situations	18	18	18	18	18	15	10
SISXIND002	Maintain sport, fitness and recreation industry knowledge	30	30	30	30	30	20	15
SISXIND001	Work effectively in sport, fitness and recreation environments	25	25	25	25	25	40	15
SISXFAC001	Maintain equipment for activities	5	5	5	5	5	15	10
SISXFAC002	Maintain sport, fitness and recreation facilities	14	14	14	14	14	14	15
BSBSUS201	Participate in environmentally sustainable work practices	20	20	20	20	20	10	15
SISXCAI001	Provide equipment for activities	10	10	10	10	10	10	10
SISXCAI006	Facilitate Groups	25	25	25	25	25	20	15

Please note: this course is currently in a transition period (superseded due to Government-mandated updates), with our updated course due for release in the next few months. Rest assured, completion of this course version before 31 December 2024 will still provide you with a valid and quality outcome. If you have any questions, please do not hesitate to contact a Career Advisor on 1300 616 180.

**This course contains the core unit HLTAID011 Provide first aid which must be completed through an external RTO. AIPT has an agreement in place with Red Cross Australia (RTOID 3605) which allows students to receive training for this unit at a reduced price or you may source your own training provider. Please note that the cost of this external training is not included in any of your course fees. Upon completion, you will need to submit a copy of your first aid certificate for us to process a Credit Transfer against these units on your student record.

COURSE DURATION

12 months or 24 months

DELIVERY MODES

Australian Institute of Personal Trainers offers a variety of delivery options for this course, including:

- Full auspice

*Auspice available Australia-wide but only in non-government schools in Western Australia and South Australia

- Online

SIS30115

CERTIFICATE III IN

Sport and Recreation

This qualification reflects the multi-skilled role of individuals to work in operational and customer support positions in the sport or community recreation industry. These individuals are competent across a range of activities and functions requiring autonomous work within a range of situations and environments.

Possible job titles include: State requirements*

- Recreation Officer
- Sport and Recreation Attendant
- Activity Operation Officer
- Leisure Services Officer

* **NSW** Work placement is a mandatory HSC VET course requirement with 40 minimum hours assigned to this course. Non-completion of work placement means the student has not met the HSC VET course requirements and cannot count the HSC credit units for the course towards the award of their HSC. They would still be credentialled for the AQF VET qualification.

* For **VIC**, this qualification meets VCE requirements and recognition of up to three VCE VET units at Units 1 and 2 level, and a Units 3 and 4 sequence. Note: The Units 3 and 4 sequence of SIS30115 Certificate III in Sport and Recreation is not designed as a stand-alone study. Students are strongly advised against undertaking the Units 3 and 4 sequence without first completing Units 1 and 2 of either certificate II qualification.

Study pathways:

- SIS40115 Certificate IV in Sport and Recreation
- SIS50115 Diploma of Sport and Recreation Management

	TAS	VIC	NT	SA	QLD	WA	NSW	
TOTAL NUMBER OF UNITS (9 CORE UNITS & 6 ELECTIVE UNITS)	15	15	15	15	15	15	15	
TOTAL NOMINAL HOURS	425	425	425	425	425	434	245	
WORK PLACEMENT HOURS REQUIRED							40*	
MAX CREDITS AVAILABLE	TCE Credits 45	VCE Credits *	NTCET Credits 55	SACE Credits 55	QCE Credits 7	WACE Credits 4	HSC Credits 4	
UNITS								
Code	Description	Hours						
BSBWHS303	Participate in WHS hazard identification, risk assessment and risk control	50	50	50	50	50	30	20
BSBWOR301	Organise personal work priorities and development	30	30	30	30	30	30	20
HLTAID011**	Provide first aid	18	18	18	18	18	20	20
HLTWHS001	Participate in workplace health and safety	20	20	20	20	20	30	15
CTWEB201	Use social media tools for collaboration and engagement	20	20	20	20	20	20	15
SISXCAI003	Conduct non-instructional sport, fitness or recreation sessions	20	20	20	20	20	60	20
SISXCAI004	Plan and conduct programs	35	35	35	35	35	30	20
SISXCCS001	Provide quality service	25	25	25	25	25	25	20
SISXEMR001	Respond to emergency situations	18	18	18	18	18	15	10
SISXCAI006	Facilitate Groups	25	25	25	25	25	20	0
SISXRES002	Educate user group	25	25	25	25	25	25	0
SISXMGTO01	Develop and maintain stakeholder relationships	20	20	20	20	20	30	15
SISXIND006	Conduct sport, fitness or recreation events	55	55	55	55	55	40	20
SISSSCO001	Conduct sport coaching with foundation level participants	50	50	50	50	50	45	
SISXFAC002	Maintain sport, fitness and recreation facilities	14	14	14	14	14	14	
SISXDIS001	Facilitate inclusion for people with a disability							20
SISSSCO005	Continuously improve coaching skills and knowledge							30

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SIS30321
CERTIFICATE III IN
Fitness

This qualification reflects the role of group and gym fitness instructors. These fitness instructors may plan and deliver group exercise sessions and develop gym-based programs for individuals where the level of personalised instruction and ongoing client monitoring is limited. They work in predictable environments under general supervision. When instructing groups or interacting with clients, they use discretion and judgment to solve routine issues within the parameters of clearly defined organisational policies and procedures.

Possible job titles include:

This qualification provides a pathway to work as a fitness instructor in settings such as fitness facilities, gyms, and leisure and community centres.

Study pathways:

- SIS40221 Certificate IV in Fitness

	TAS	VIC	NT	SA	QLD	WA	NSW
TOTAL NUMBER OF UNITS (11 CORE UNITS & 4 ELECTIVE UNITS)	15	15	15	15	15	15	15
TOTAL NOMINAL HOURS	562	562	562	562	562	572	305
WORK PLACEMENT HOURS REQUIRED*							
MAX CREDITS AVAILABLE	TCE Credits 58	VCE Credits 1-4,3,4	NTCET Credits -	SACE Credits -	QCE Credits 8	WACE Credits 4	HSC Credits 4
UNITS	NOTE: Nominal hours and school credits may change or be updated throughout the year and it is best to confirm with each individual schooling state regulations prior to enrolling students within the course.						
Code	Description	Hours					
SISFFIT032	Complete pre-exercise screening and service orientation	20	20	20	20	20	20
SISFFIT033	Complete client fitness assessments	30	30	30	30	25	15
SISFFIT052	Provide healthy eating information	55	55	55	55	50	20
SISFFIT035	Plan group exercise sessions	60	60	60	60	55	20
SISFFIT036	Instruct group exercise sessions	80	80	80	80	70	25
SISFFIT040	Develop and instruct gym-based exercise programs for individual clients	50	50	50	50	45	30
SISFFIT047	Use anatomy and physiology knowledge to support safe and effective exercise	100	100	100	100	90	40
BSBOPS304	Deliver and monitor a service to customers	35	35	35	35	50	20
HLTAID011**	Provide First Aid	18	18	18	18	18	20
HLTWHS001	Participate in workplace health and safety	20	20	20	20	30	15
BSBPEF301	Organise personal work priorities	30	30	30	30	30	20
SISXDIS001	Facilitate inclusion for people with disability	20	20	20	20	20	20
SISXFAC002	Maintain sport, fitness and recreation facilities	14	14	14	14	14	15
SISXFAC001	Maintain equipment for activities	5	5	5	5	15	10
SISXIND001	Work effectively in sport, fitness and recreation environments	25	25	25	25	40	15

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CONTACT US TODAY 1300 959 540 schools@aipt.edu.au aipt.edu.au/schools

The information provided is intended only as an introduction and guide to the Australian Institute of Personal Trainers and its range of available products and services. While every endeavour has been made to supply accurate information, changes may apply due to training package requirements. Accordingly, the Australian Institute of Personal Trainers does not accept any liability for consequences which may directly or indirectly result from information contained in this flyer. *\$249 per student per course, and an additional \$999 per annum administration fee are charged for Auspice delivery. Please enquire for online course delivery prices RTO 32363

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