Practical Timetable.

Session	Day & Date	Time	
SIS30321 - Certificate III in Fitness (Including Entry Requirements)			
Virtual Course Overview and Induction.			
Students are required to attend this virtual session to ensure they are ready for campus and are given all the tools for success.			
Students will need access to a computer and the internet to attend this session.			
Please note - students only need to attend ONE Session 0 based on enrolment date.			
0 • •	Saturday, 19 July For students enrolled before the 18th July	9:30am-11am	
	Wednesday, 23 July For students enrolled after the 18th July	6pm-7:30pm	
1 • •	Saturday, 26 July	9am-4:30pm	
2 • •	Saturday, 02 August	9am-4:30pm	
3 • •	Saturday, 09 August	9am-2:30pm	
4 •	Saturday, 16 August	9am-12pm	

Students enrolled in the • **Fast-Track Personal Training Course** will attend Session 0, 1, 2, and 3. Students enrolled in the • **Complete Personal Training Course** will attend all five sessions.

Please note there is a break in the face to face sessions from the 17/08/25 to 10/10/25 for students to complete and finalise all the entry requirements. Students will need to have successfully completed all the entry requirements to be eligible to commence in the below timetable for the SIS40221 Certificate IV in Fitness.

SIS40221 Certificate IV in Fitness		
5 • •	Saturday, 11 October	9am-4pm
6 • •	Saturday, 18 October	9am-4pm
7 • •	Saturday, 25 October	9am-5:30pm
8 •	Saturday, 01 November	9am-1:30pm

Students enrolled in the • Fast-Track Personal Training Course will attend all four sessions. Students enrolled in the • Complete Personal Training Course will attend Session 5, 6 and 7.

