

Thomas J. Dowling Jr., M.D.

Dr. Dowling is the founding partner of Long Island Spine Specialists, P.C. He is a Board Certified Orthopaedic Spine Surgeon with extensive fellowship training in spinal disorders with both orthopaedic and neurosurgical Fellowships.

He is known for his perseverance and commitment to achieve the best possible outcome for his patients by using nonoperative methods or surgical treatment when indicated.

Dr. Dowling has served on the Board of Directors of the New York State Society of Orthopaedic Surgeons and the Catholic Health Services of Long Island. He holds appointments in healthcare and community organizations, lectures both nationally and internationally, and has authored numerous articles and book chapters in professional publications.

Dr. Dowling's compassion for his patients and quality of his care is evident by his receiving Top Doctor Awards for numerous years from Castle Connolly since its inception. His commitment to give "Back" to the community is demonstrated through numerous charitable endeavors.



Medical Degree:

Boston University
Boston, Massachusetts

Internship/Residency:

- General Surgery:
North Shore University Hospital
Manhasset, New York
- Orthopaedic:
State University of New York
at Stony Brook
Stony Brook, New York

Fellowships:

- Neurosurgical Spine Fellow:
North Shore University Hospital
Manhasset, New York
- Clinical Spine Fellow:
Toronto General Hospital and
Mount Sinai Hospital
Toronto, Canada

Positions:

- *Co-Chairman of the Spine Surgery
Performance Improvement Committee*
at St. Francis Hospital, Roslyn, New York
- Hofstra North Shore LIJ
School of Medicine
Assistant Clinical Professor
Hempstead, New York

Professional Affiliations:

- Medical Society of the State of New York
- American Academy of Orthopaedic Surgeons
- North American Spine Society
- Suffolk County Medical Society
- American Spinal Injury Association
- New York State Society of Orthopaedic Surgeons

Hospital Affiliations:

- St. Catherine of Siena Medical Center
Smithtown, New York
- Huntington Hospital
Huntington, New York
- Good Samaritan Hospital Medical Center
West Islip, New York
- North Shore University Hospital
Manhasset, New York
- St. Francis Hospital
Roslyn, New York
- Peconic Bay Medical Center
Riverhead, New York