

# MAINRITSEG

**MAINT**enance of remission with **RIT**uximab versus azathioprine for patients with newly-diagnosed or relapsing **Eosinophilic Granulomatosis** with polyangiitis.

**A prospective, randomized, controlled, double-blind study.**

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PHRC 2015

# MAINRITSEG: Background 1/2

## CHUSPAN trials long-term follow-up of EGPA (BP and MP):

- These therapeutic strategy in EGPA has led to good remission and survival rates.
- The probability of uncontrolled disease, **without maintenance therapy**, was **similar in patients whatever the FFS score at inclusion** and remains to be improved.
- **In EGPA BP FFS=0** (only GC without maintenance):
  - M28: vasculitis flares: 28.4%
  - M28: asthma/rhinosinus leading to ↑GC or other IS: 30.2%**giving a total of 58% patients with uncontrolled disease at M28.**
- **In EGPA MP FFS ≥ 1** (GC and 6 or 12 IV CYC without maintenance),
  - M28: vasculitis flares: 29.7%
  - M28: asthma/rhinosinus leading to ↑GC or other IS: 30.5%**giving a total of 60% patients with uncontrolled disease at M28.**

# MAINRITSEG: Background 2/2

## CHUSPAN trials long-term follow-up of EGPA (BP and MP):

=> Without maintenance therapy, relapses remain a matter of concern and **uncontrolled disease at M28 is observed in 60% of patients, leading to high cumulative morbidity and damage.**

- (h): As with other AAV, EGPA patients would also benefit from maintenance to avoid relapses and allow GC tapering.
- Only one trial has yet evaluated medication (MEPO) for EGPA maintenance therapy.

=> Thus, it remains unmet needs to improve the long-term outcome and to evaluate maintenance regimen in controlled studies of EGPA patients.

# MAINRITSEG: Objective

## Main Objective

To compare RTX versus AZA maintenance therapy :

- **on duration of remission**, defined as accrued duration in weeks where BVAS=0 and prednisone dose  $\leq 7.5$  mg/day,
- in patients with relapsing or newly-diagnosed EPGA
- receiving standard of care therapy including GC therapy reduction/withdrawal.

# MAINRITSEG: Objective

## Secondary Objectives

To investigate RTX versus AZA maintenance therapy on:

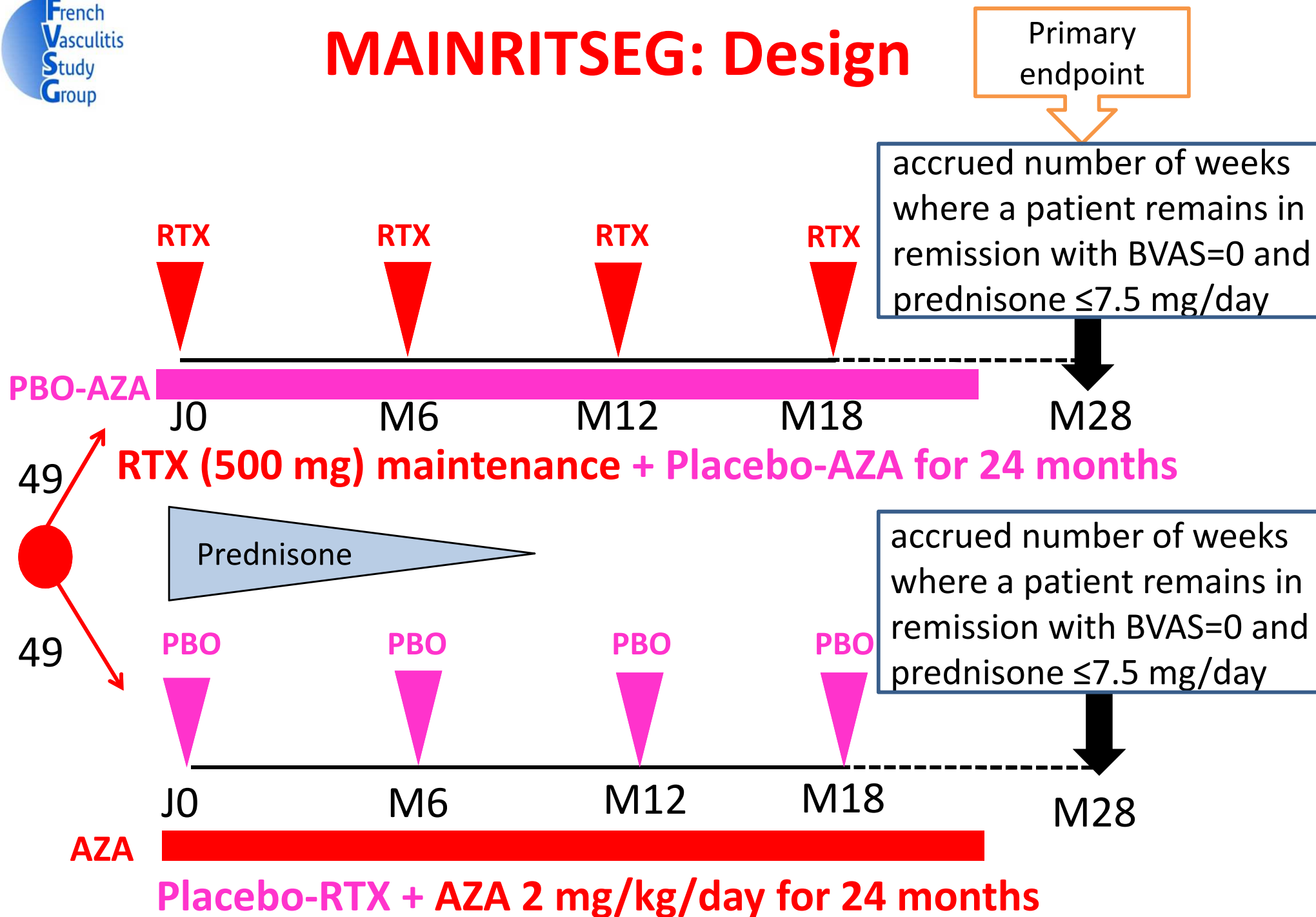
- proportion of patients remaining in remission with a BVAS=0 and prednisone dose  $\leq 7.5$  mg/day at month 28
- number and severity of vasculitis relapses and asthma/rhino-sinusal exacerbations
- time to vasculitis relapses
- time to significant asthma/rhino-sinusal exacerbations
- survival, relapse-free survival
- corticosteroid sparing effect
- safety,
- damage,
- and quality of life.

# MAINRITSEG: Primary endpoint

The primary endpoint is the total duration of remission over the 28 month study period, i.e.

- the accrued number of weeks where a patient remains in remission **with BVAS=0 and prednisone dose  $\leq 7.5$  mg/day.**

# MAINRITSEG: Design



# MAINRITSEG Other procedures

Patients receiving RTX or placebo-RTX infusion will receive premedication including 100 mg of MP, paracetamol and dexchlorphéniramine (Polaramine©).

In accordance with standard of care, in the absence of clinical manifestations, to obtain total GC therapy duration after disease onset/flare of ~ 12 months, **both groups will receive the same predefined GC tapering regimen of 1 mg/day/month, until discontinuation.**



# MAINRITSEG: Inclusion criteria

- Diagnosis of **EGPA** (ACR and/or revised Chapel Hill and/or MIRRA)
- with newly-diagnosed disease or presenting with a vasculitis **flare within the past year,**
- **within 30-360 days following vasculitis remission (BVAS=0)** achieved with an induction regimen similar to the one used in the REOVAS trial : CS seuls ou avec RTX ou CYC IV (5-10g),
- **with stable GC dose for 30 days or no more** ( $\neq < 7.5\text{mg/day}$ ),
- independently of ANCA status,
- after oral IS cessation if started at remission.

# MAINRITSEG: 1<sup>ère</sup> inclusion Mars 2018

- Les patients doivent être informés le plus tôt possible de cette étude évaluant le maintien de la rémission
- Les patients peuvent être inclus en dehors de REOVAS
- Les patients peuvent être inclus et randomisés dans MAINRITSEG à la visite de M12 de REOVAS :
  - A la visite précédente = J270 de REOVAS, information
  - à M12, visite finale de REOVAS, si le patient est en rémission avec corticoïdes stable depuis 1 mois
  - après information et recueil consentement
  - soit randomisation et traitement par IV immédiat
  - soit nouveau RdV dans les 30 jours pour perfusion

**F**rench  
**V**asculitis  
**S**tudy  
**G**roup



[www.vascularites.org](http://www.vascularites.org)

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