



Lymphocytes T et cytokines

D.U. MALADIES SYSTEMIQUES ET
MALADIES AUTOIMMUNES

Année universitaire 2016 – 2017

Autoimmunité: bases fondamentales

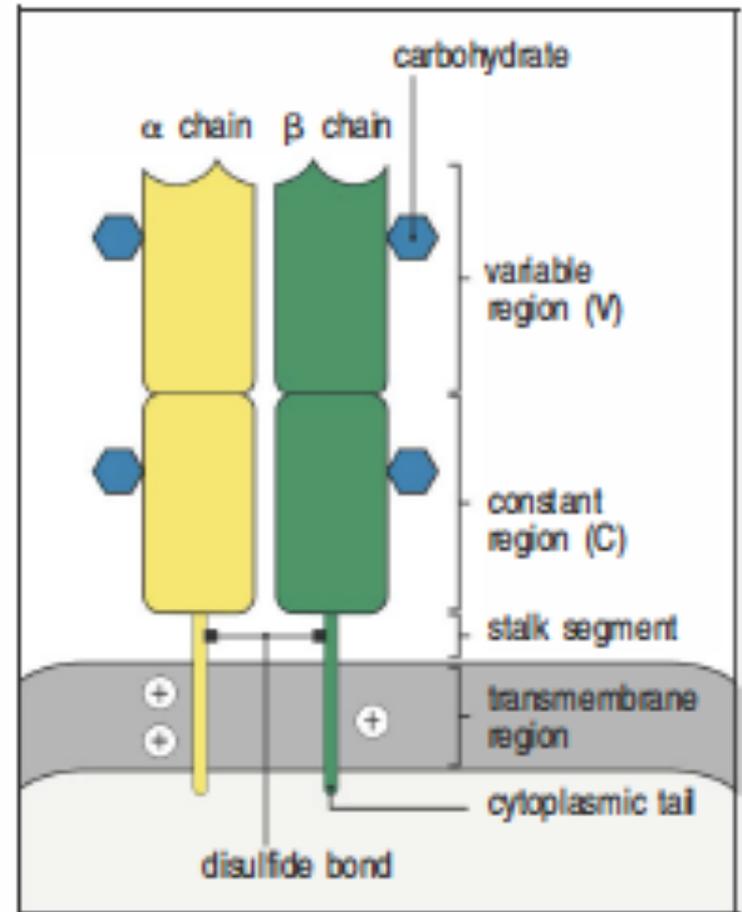
Lymphocytes T

Généralités

- Le Lymphocyte T:
 - Immunité à médiation cellulaire
 - Agents infectieux: bactéries – virus
 - Rejet de greffe
 - Rejet de tumeur
 - Hypersensibilité retardée
 - Différentes populations
 - CD8 cytotoxiques
 - CD4: auxiliaires, régulateurs,
 - Autres populations: T $\gamma\delta$, NKT, MAIT.
 - Production 10^8 /jour

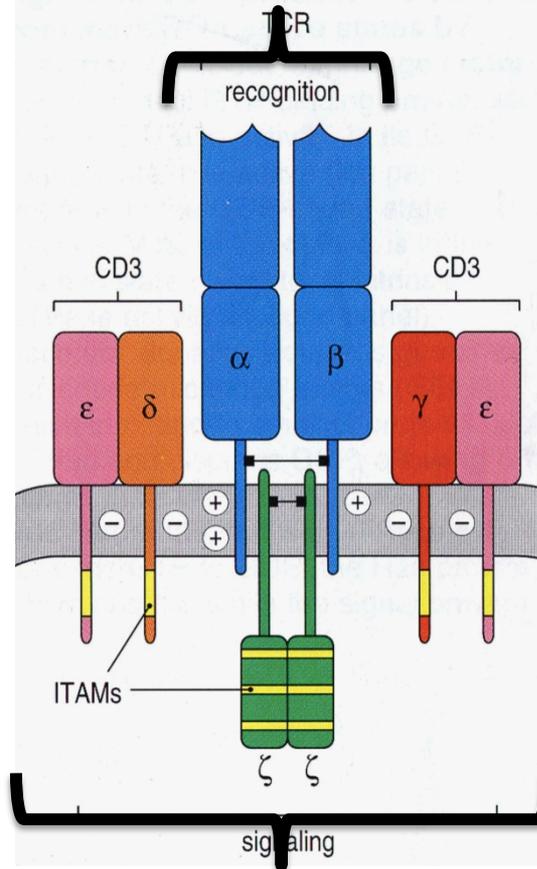
Le récepteur des lymphocytes T (TCR)

- 10^5 par lymphocyte T
- 2 chaînes polypeptidiques unies par un pont disulfure:
 - Chaîne α
 - Chaîne β
- Un seul site de reconnaissance
- Obtenu par réarrangement génique
- Non sécrété
- Associé à des corécepteurs CD3, CD4 ou CD8...
- TCR $\alpha\beta$ et TCR $\gamma\delta$



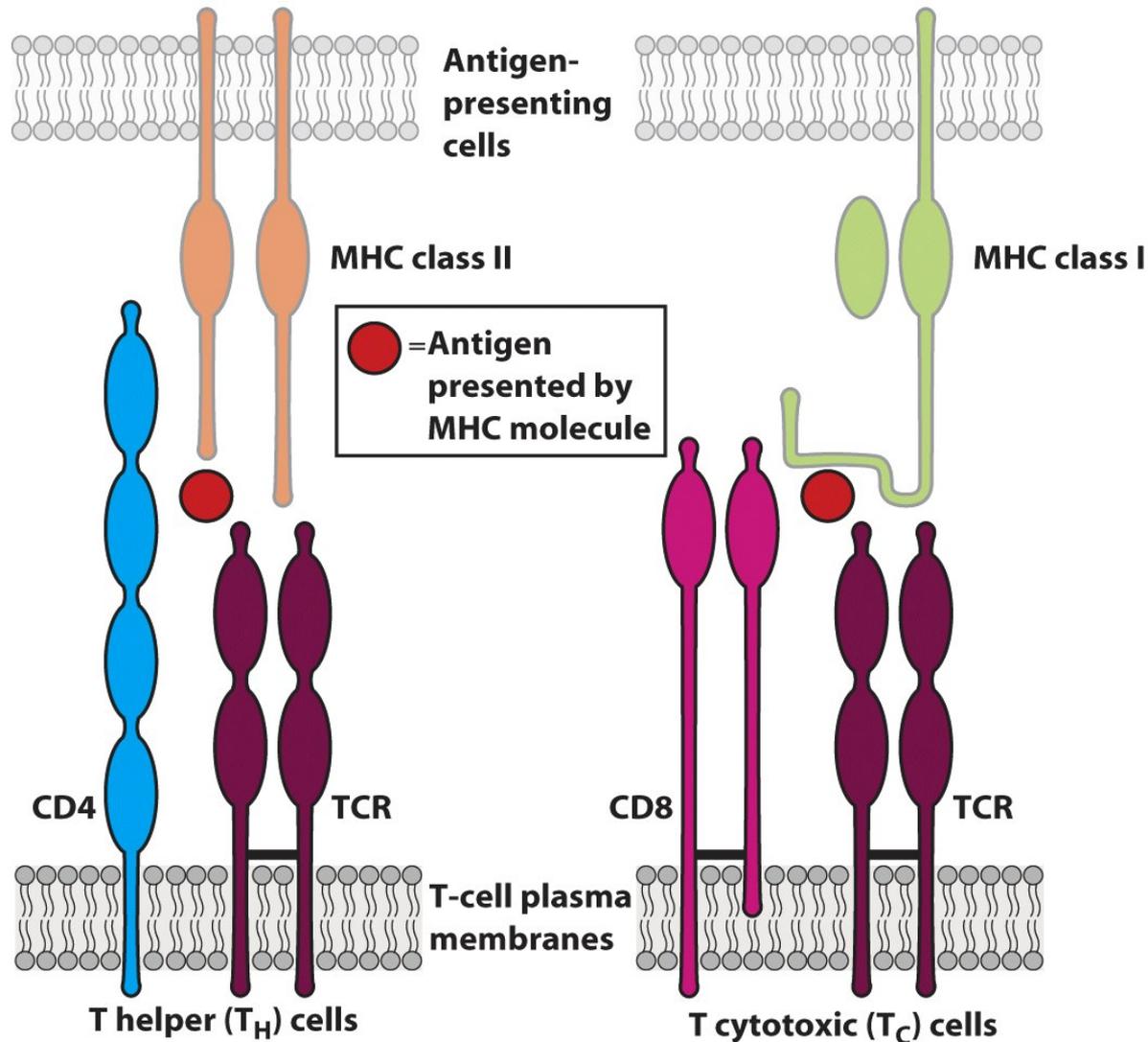
Le récepteur des lymphocytes T (TCR)

Unité de reconnaissance $\alpha\beta$

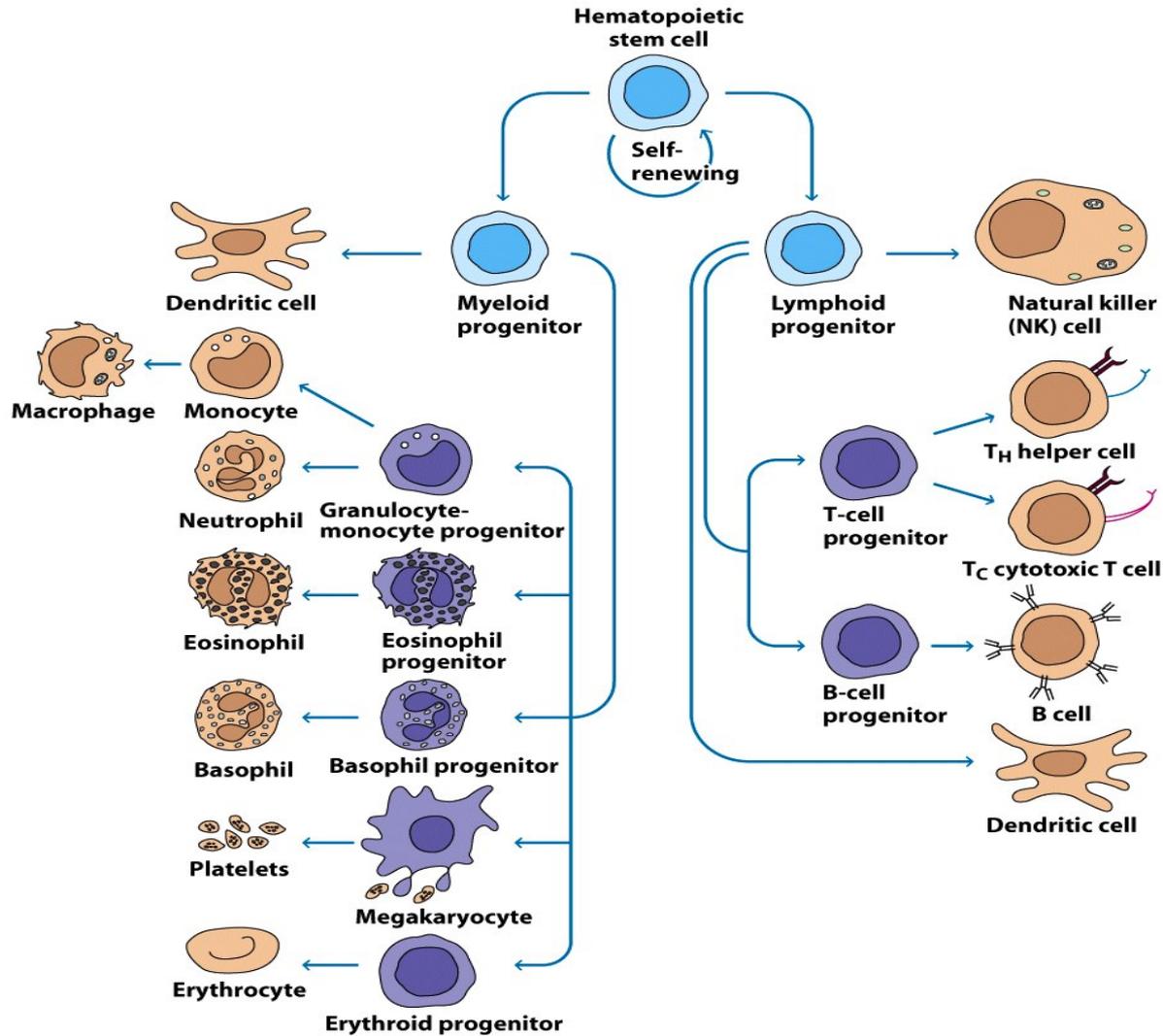


Unité de transduction du signal : CD3

Le récepteur des lymphocytes T (TCR): co-récepteurs CD4 ou CD8



Lymphopoiëse T



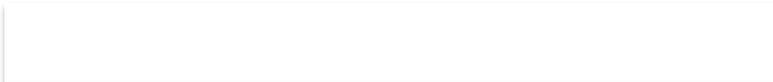
Lymphopoièse T: le thymus

- 1960 Jacques Miller
- Thymus provient de la 3^e poche pharyngée de l'endoderme
- Organe impair médian bilobé thoracique organisé en unités fonctionnelles (lobules) séparés par des invaginations (trabécules)
- Souris thymectomisées à J1 de vie:
 - déficit majeur en lymphocytes circulants + aires ganglionnaires + rate
 - correction par greffe de thymus

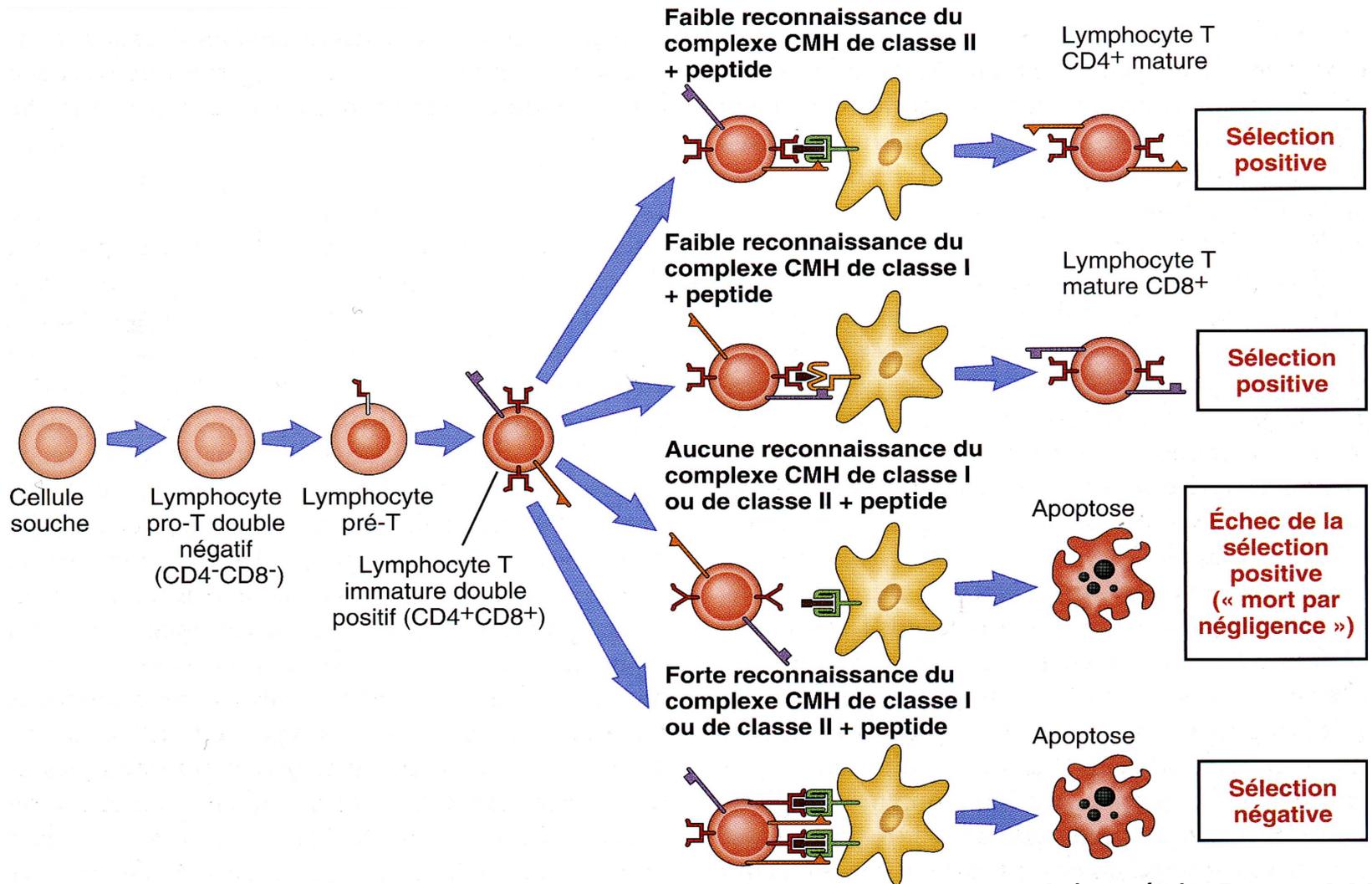
Les étapes de la lymphopoïèse T



ç pluripotente

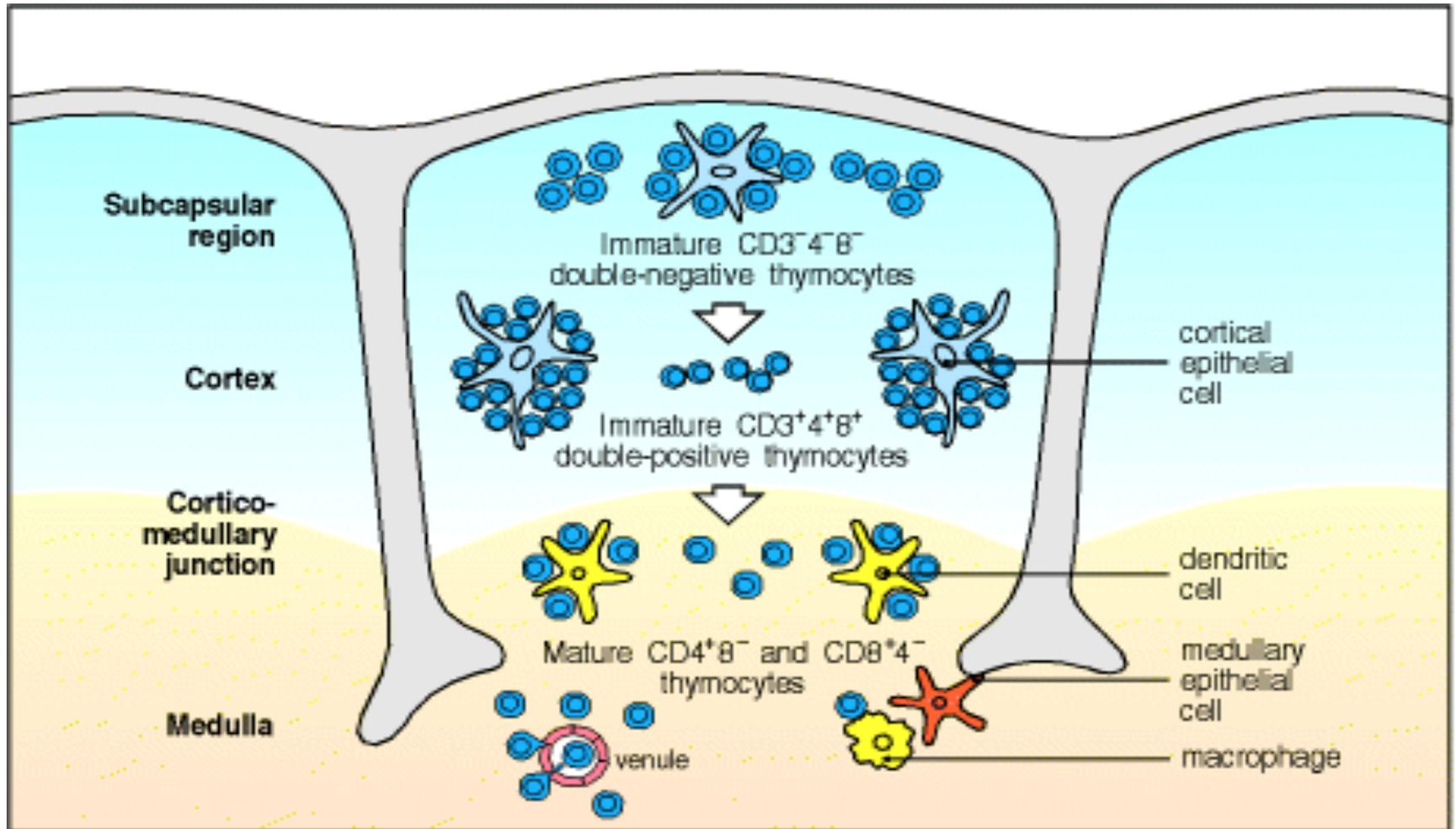


Lymphopoïèse T



Adapté de Durey MA 2012

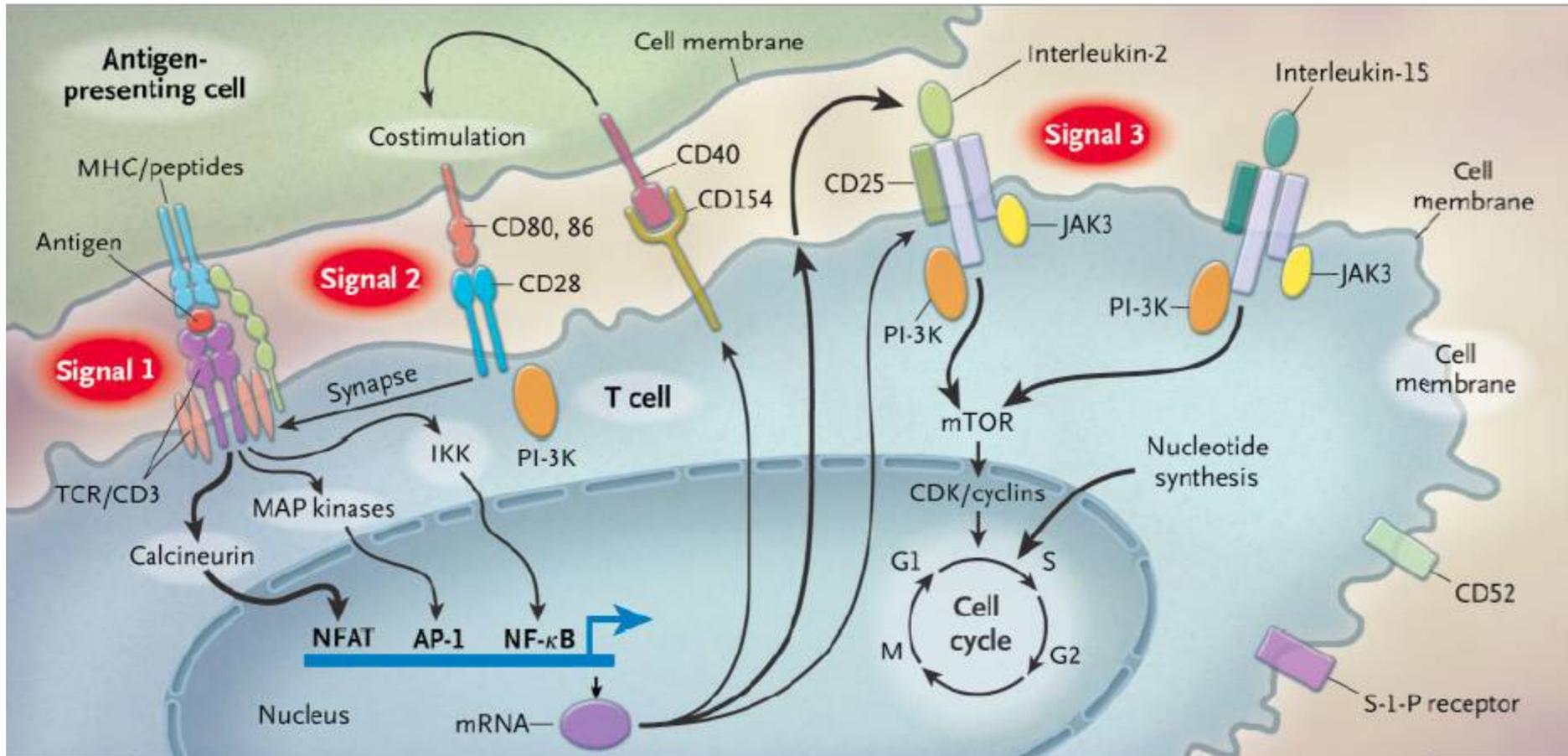
Lymphopoïëse T

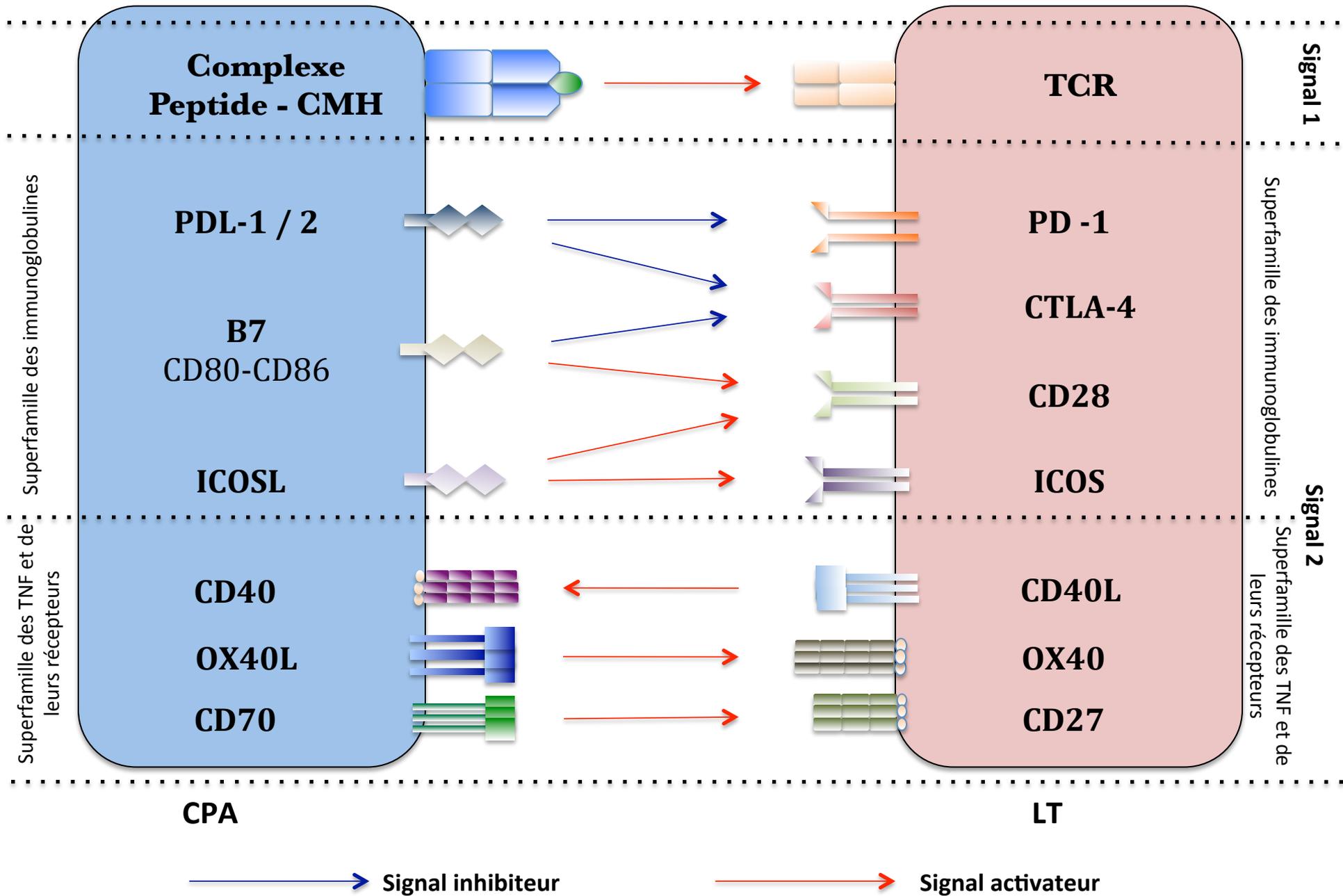


Activation des lymphocytes T

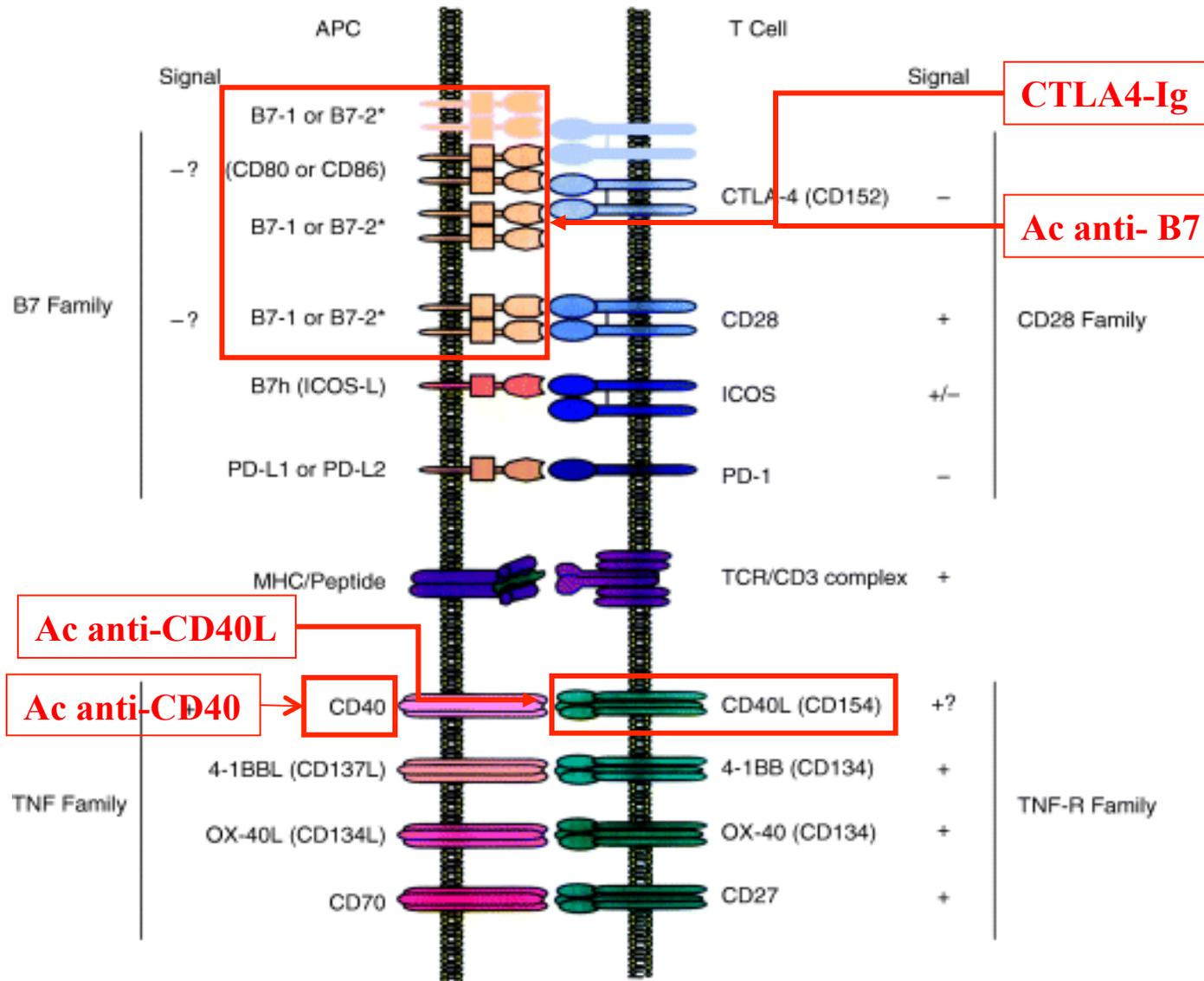
- Se fait par induction de récepteur à la surface des lymphocytes T
- Conséquences:
 - Prolifération ou différenciation
 - Non-réponse ou anergie
 - Maturation ou interruption de maturation
 - Auto-destruction: apoptose (activation induced cell death)

Activation des lymphocytes T: les 3 signaux d'activation





Activation des lymphocytes T: intérêt clinique



Fonctions des lymphocytes T

- **T CD8: T cytotoxiques**

Peptide antigénique présenté par une CPA via un complexe p-CMH classe I

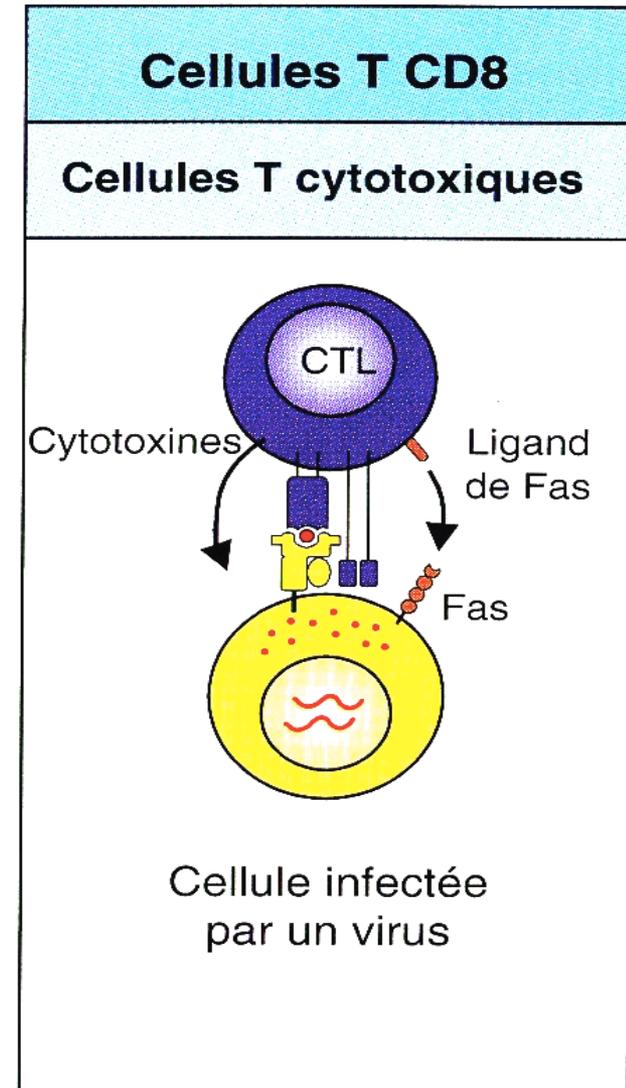
- Immunité anti-infectieuse (virale, pathogène intra-cellulaire)
- Immunité anti-tumorale
- Allogreffe

Fonctions des lymphocytes T

- T CD8: T cytotoxiques

| | |
|------------------------------|---|
| Cytotoxines sécrétées | Cytokines |
| Perforine Granzymes | Ligand de Fas IFN- γ TNF- β TNF- α |

| Protein in lytic granules of cytotoxic T cells | Actions on target cells |
|--|---|
| Perforin | Polymerizes to form a pore in target membrane |
| Granzymes | Serine proteases, which activate apoptosis once in the cytoplasm of the target cell |



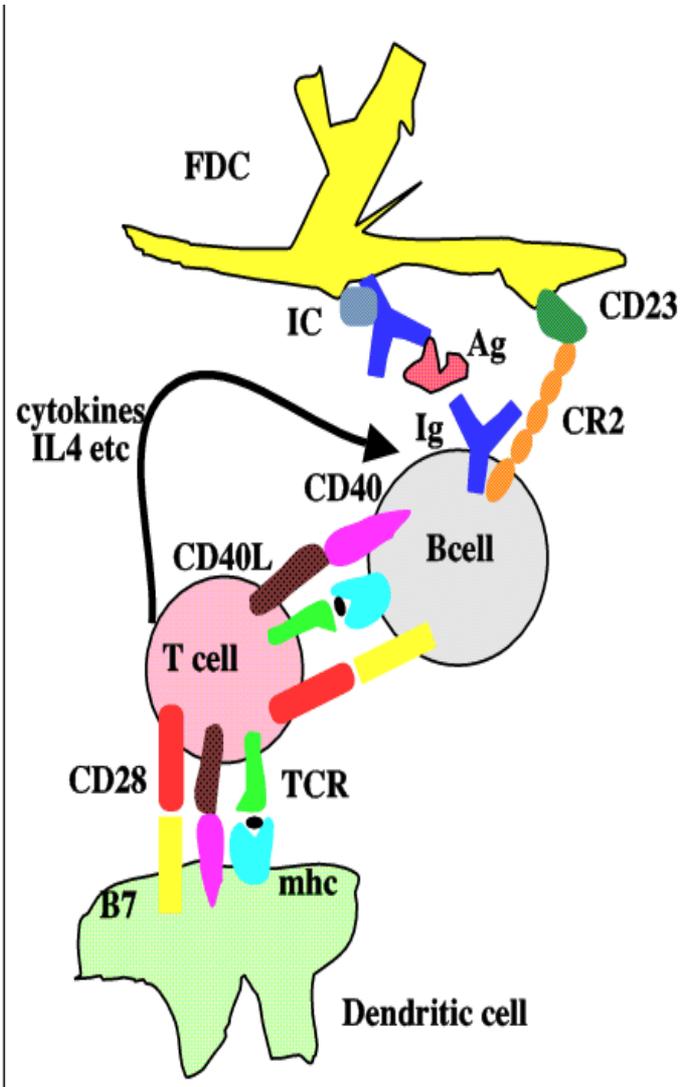
Fonctions des lymphocytes T

- **T CD4: T helper (Th) et T régulateurs (Treg)**

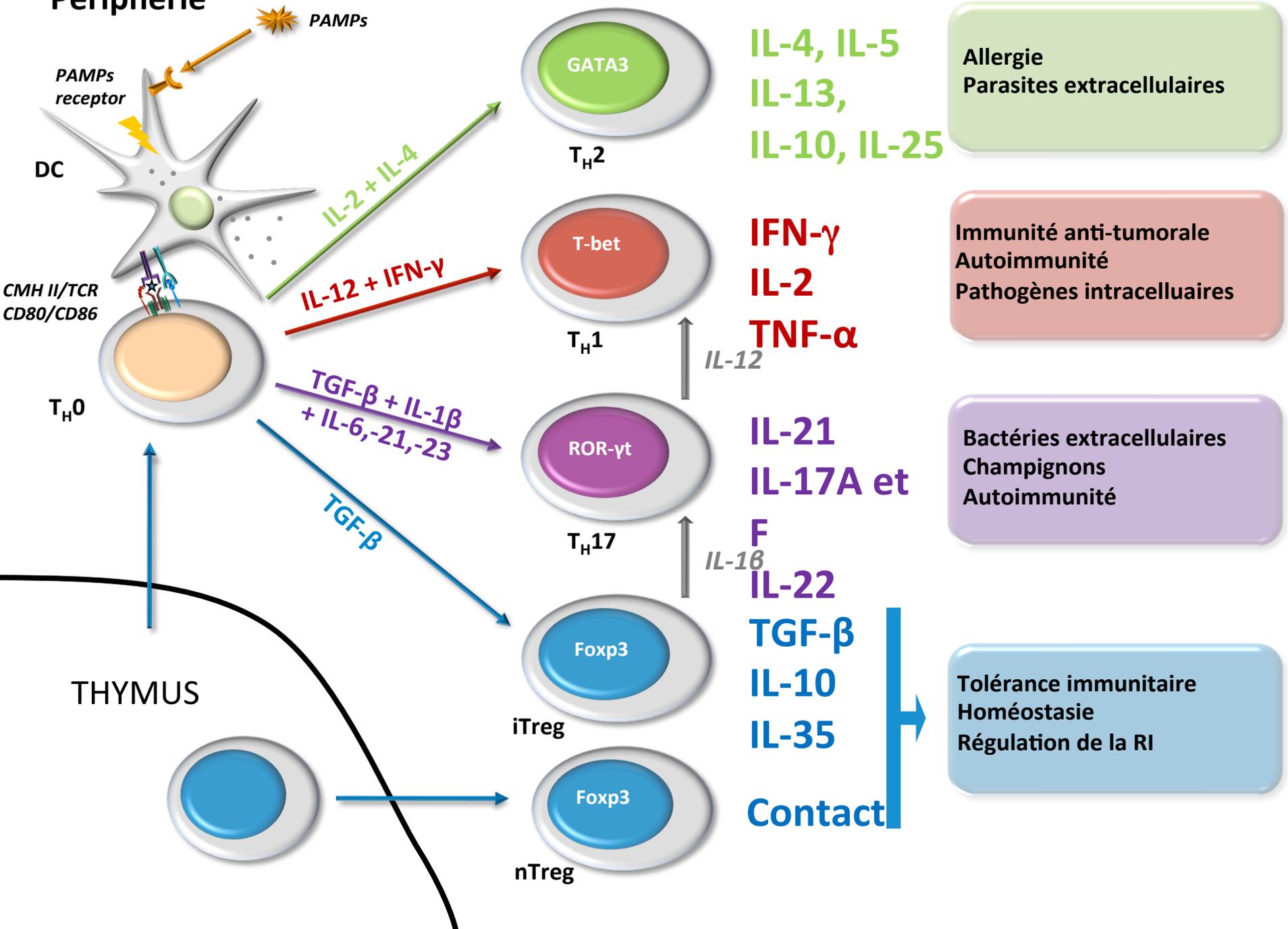
Peptide antigénique présenté par une CPA via un complexe p-CMH classe II

- Coopération cellulaire
- Production de cytokines
- Coopération B/T
- Sous-populations lymphocytaires T CD4

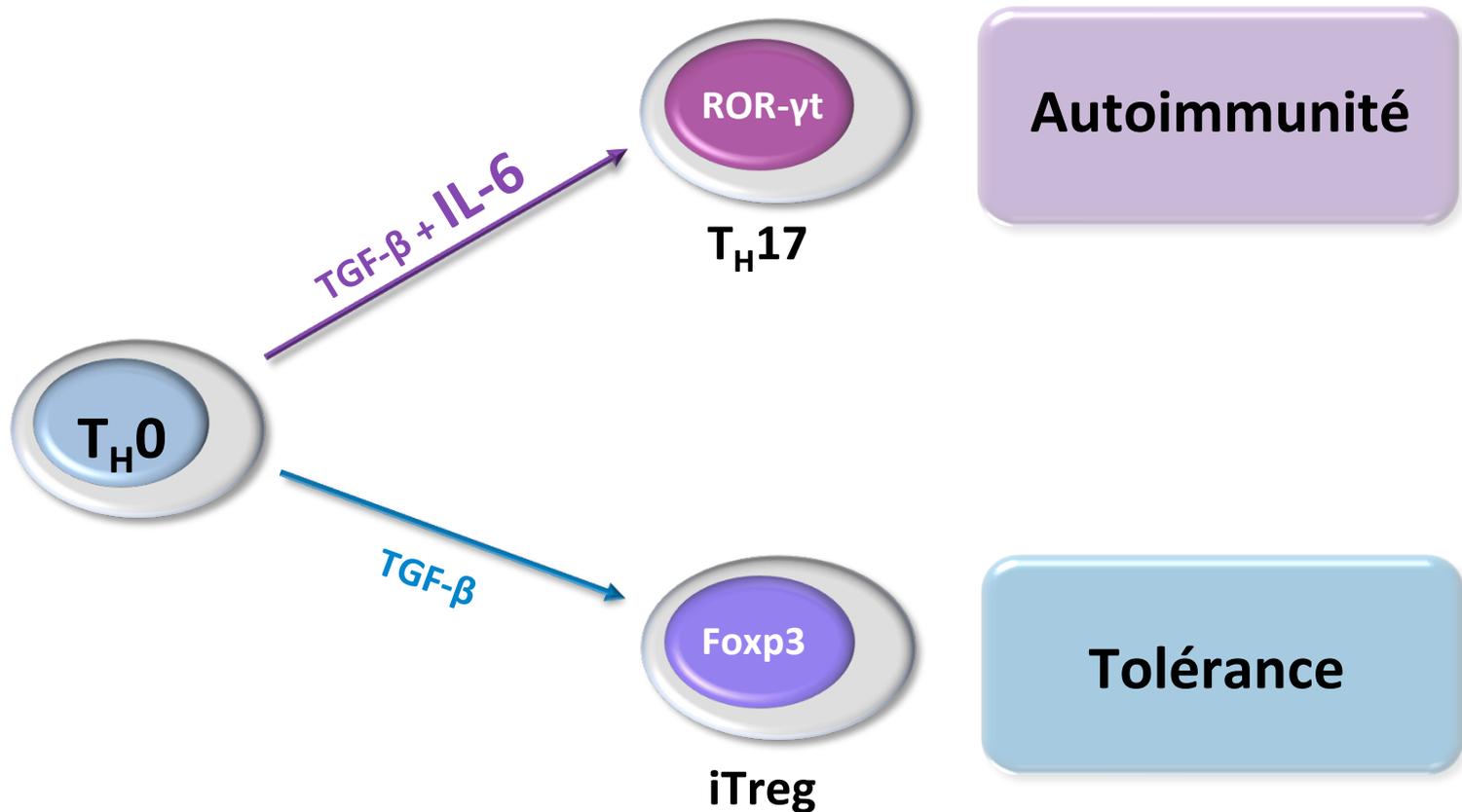
Fonctions des lymphocytes T



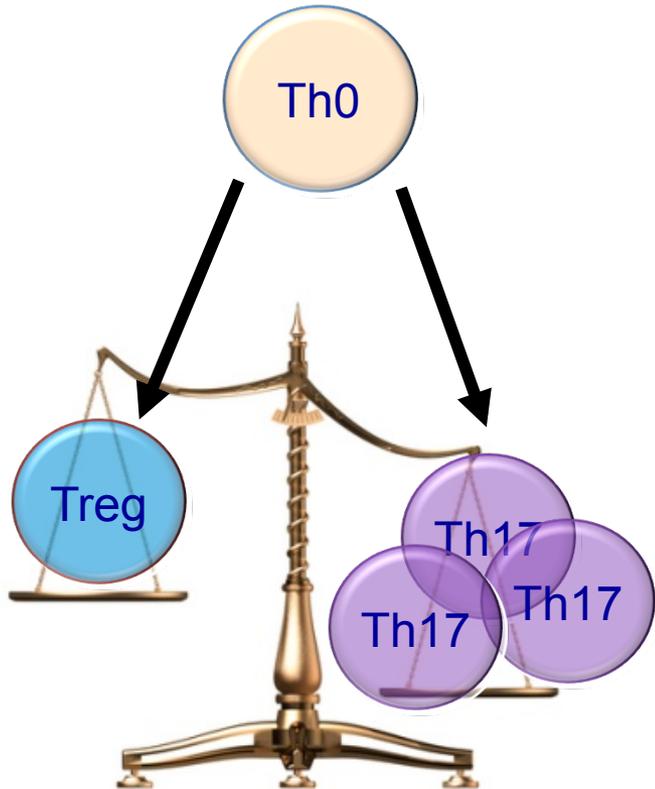
Périphérie



Activation des CD4 : déséquilibre de la balance Th17/Treg



Balance Th17/Treg



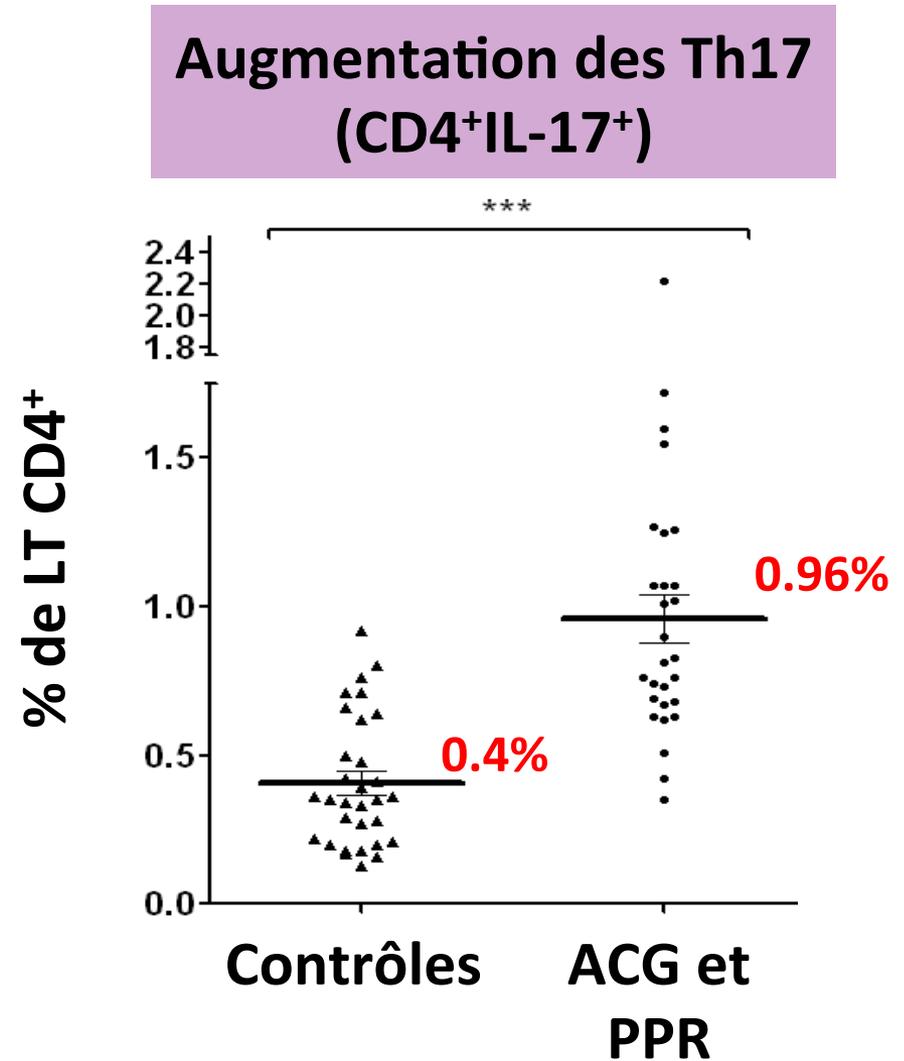
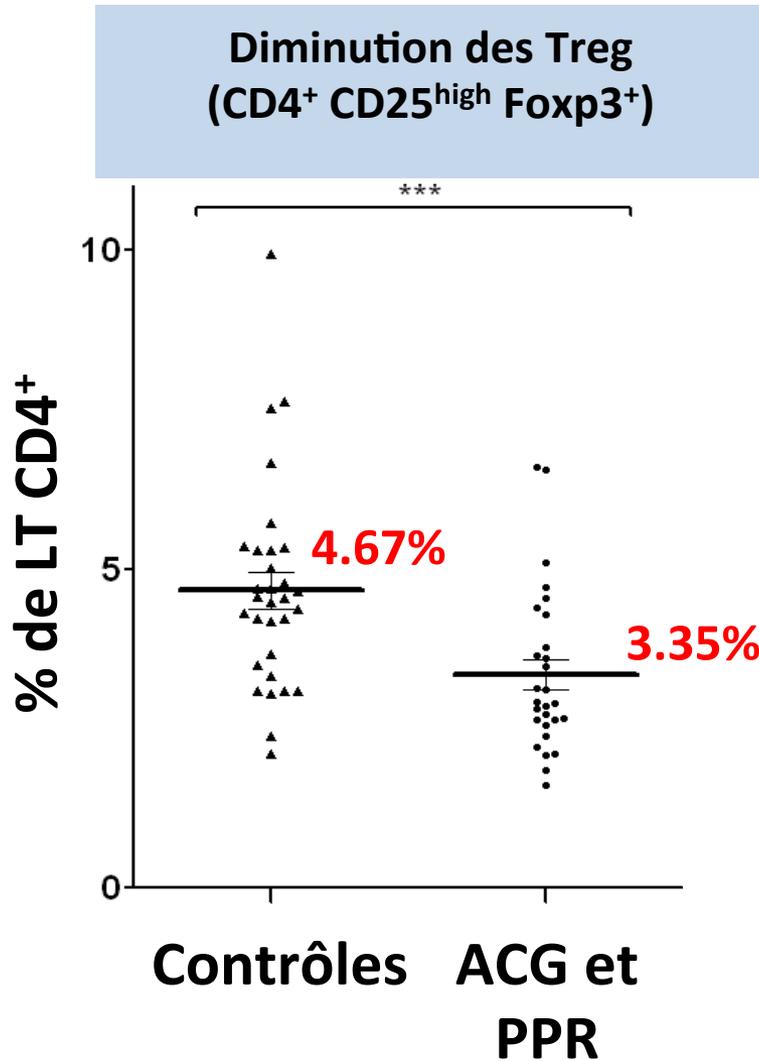
Maladies auto-immunes et auto-inflammatoires



Exemples de vascularites:

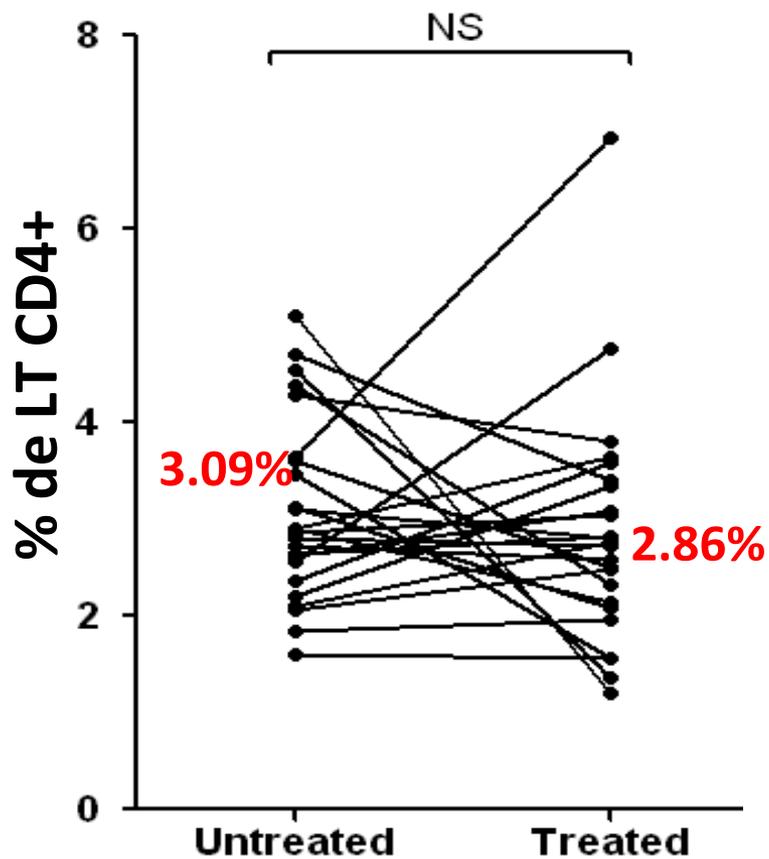
- Balance Th17/Treg dans l'artérite à cellules géantes (ACG) et pseudopolyarthrite rhizomélique (PPR)
- Distributions biaisées des lymphocytes T CD4⁺ dans la granulomatose avec polyangéite (GPA)
- Balance Th1-Th17/Treg dans la maladie de Behçet

Déséquilibre de la balance Th17/Treg

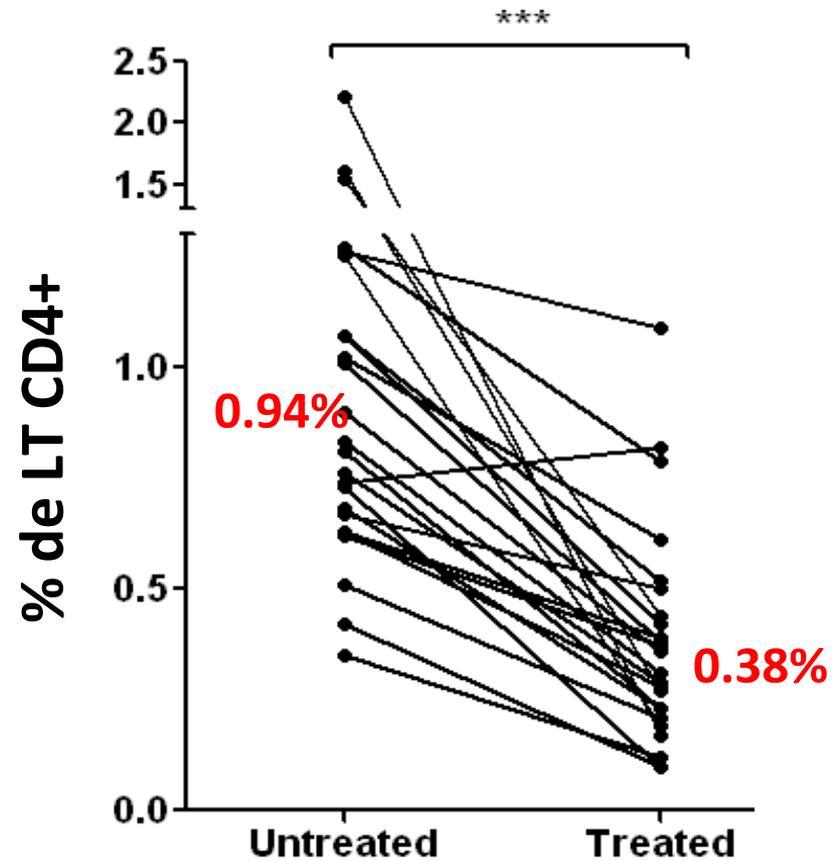


Effets de la corticothérapie

== Treg



Th17



Biphasic course of WG due to TH1 and TH2 responses

Csernok E, Gross W 1998

Granulomatous phase

Vasculitis phase

Clinic

limited

severe

Biopsy

granuloma

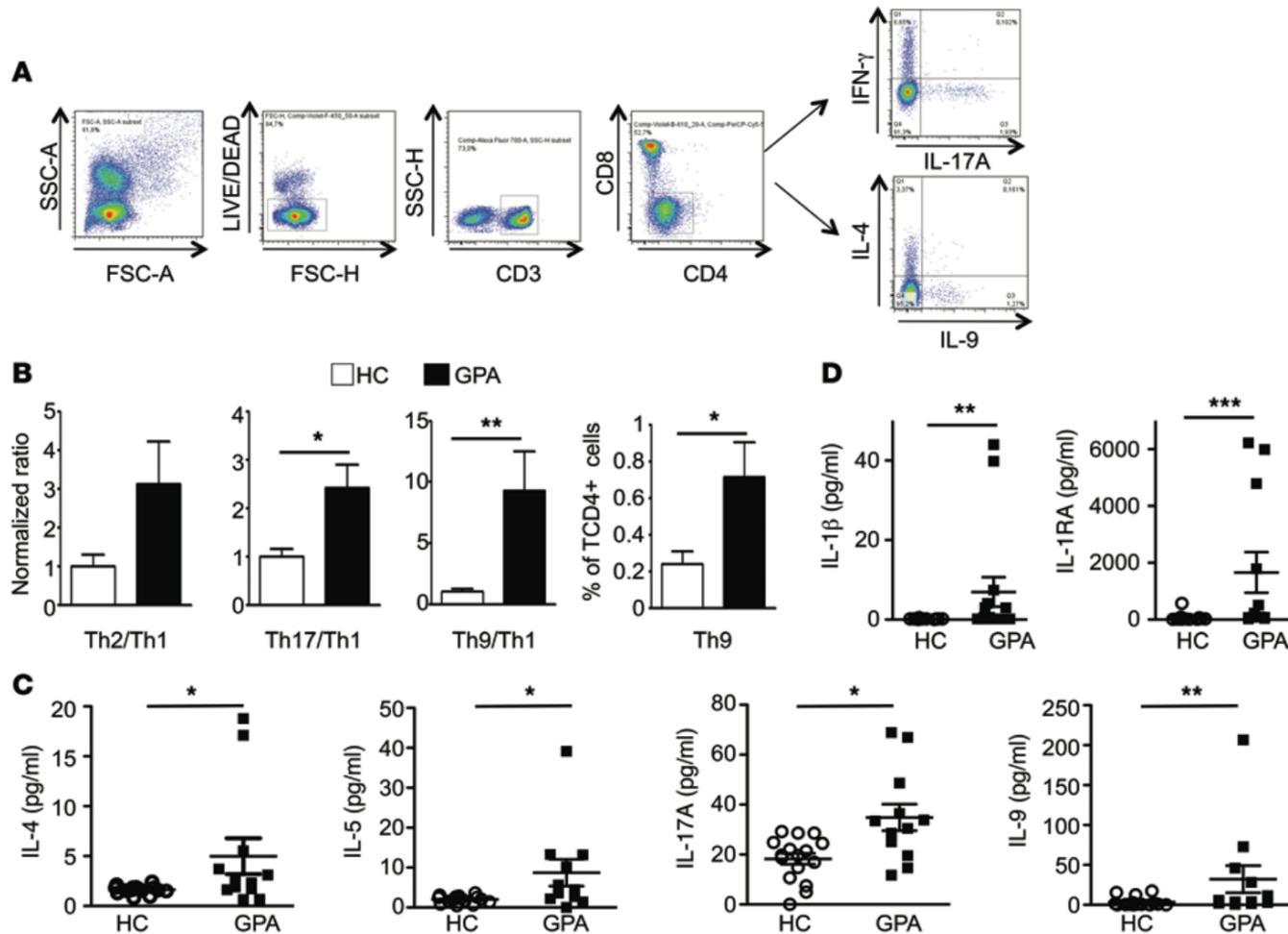
vasculitis

Immun.

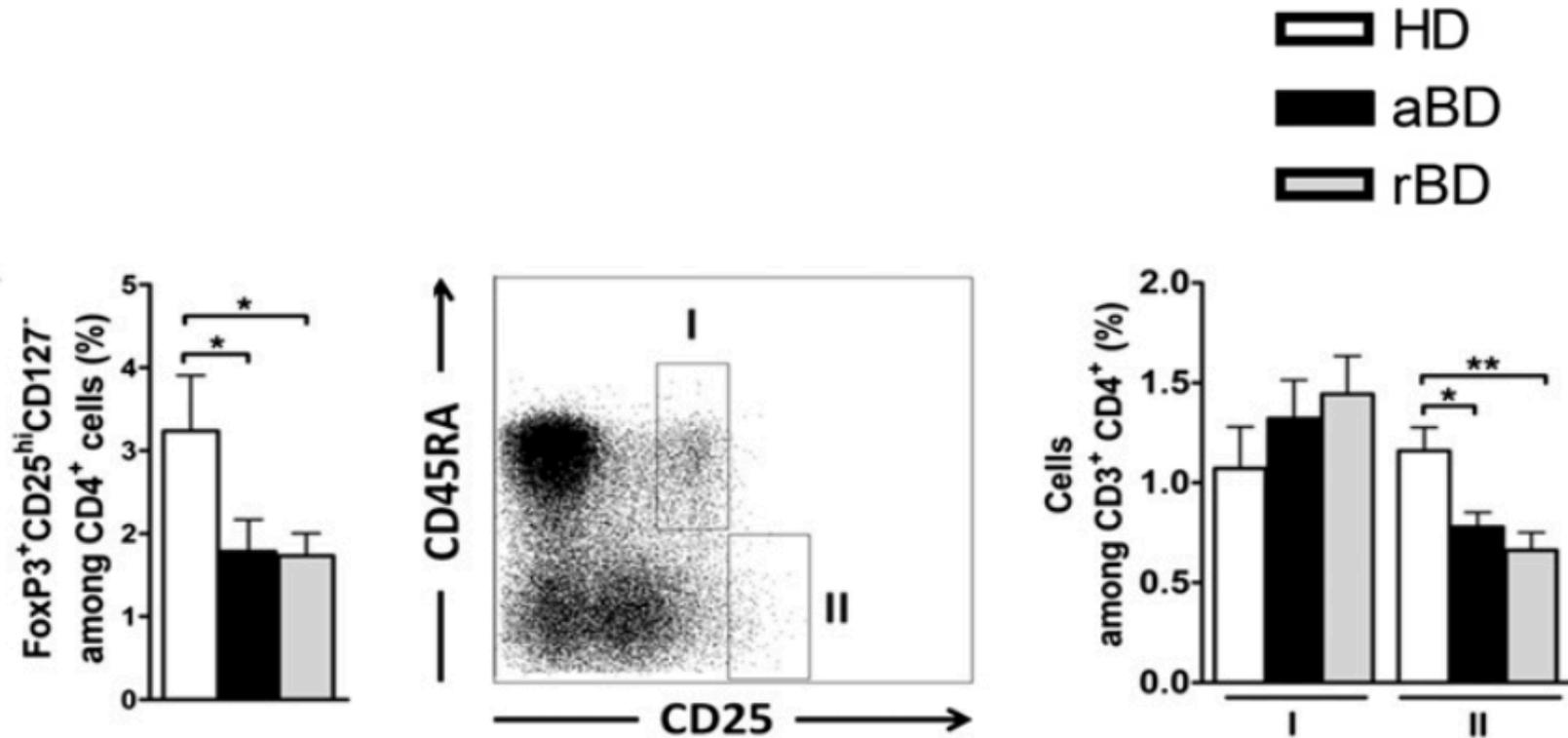
TH1 (IFN γ)

TH2 (IL4)

CD4 T cells from GPA patients have a skewed distribution of Th2/Th9/Th17



Perturbation de la balance T reg/Teff

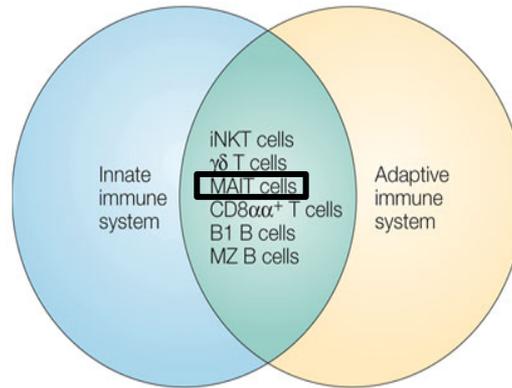


Différenciation lymphocytaire T CD4⁺ au profit des T effecteurs Th1 et Th17 au détriment des T régulateurs

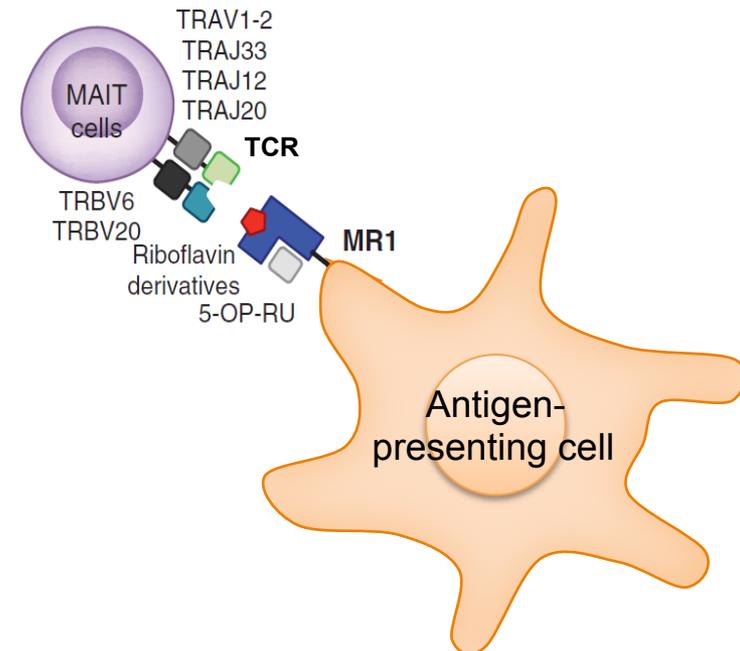
Lymphocytes T $\gamma\delta$, NKT, MAIT

- Lymphocyte T $\gamma\delta$:
 - Majorité DN ou SP CD8+, rares SP CD4+
 - Différence d'ontogénie
 - Répartition tissulaire différente: muqueuses, peau
 - TCR moins diversifiés
 - Reconnait des épitopes conservés au sein des pathogènes
 - Immunité Innée
- NKT
 - TCR + CD3 + CD56 + CD16
 - TCR quasi invariant
 - Chaîne α = V α 14 et J α 18
 - Reconnait des lipides et glycolipides présentés par C1d
 - 0.001 à 3% des lymphocytes circulant
- MAIT

Mucosal Associated Invariant T (MAIT) cells



- Abundant population (1 - 10% of T cells in human blood, also present in human liver and mucosal tissues)
- **Non conventional T cells:** do not recognize classical peptides antigens, invariant TCR α chain consisting of TRAV1-2 (**V α 7.2⁺**) joined to TRAJ33
- Role in **host defense against bacteria**
- Target: **MR1** (non-polymorphic MHC class I like protein) presenting **bacterial-derived vitamin B** (riboflavin, folate) **derivatives**

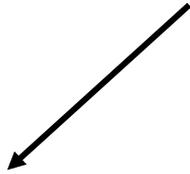


Cytokines

Généralités

- **Définition**: petites protéines cellulaires solubles sécrétées qui ont la capacité de modifier le comportement ou les propriétés de la cellule sécrétrice ou d'une autre cellule.
- **Rôles**: communication intercellulaire et médiation soluble
- **Caractéristiques communes** :
 - Faible masse moléculaire (10-25 kDa), et glycosylation variable
 - Production spontanée relativement réduite
 - Essentiellement mise en jeu lors d'une activation cellulaire
 - Action de courte durée, à très faible concentration (pg/ml)
- **Applications cliniques**: dosages, cibles thérapeutiques

CYTOKINES



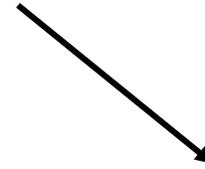
Facteur de croissance

GM-CSF
G-CSF
M-CSF
EPO, TPO, ...



Interleukines

IL-1 → **IL-38....**
TNFs *parenté structurale*
IFNs *activité anti-virale*

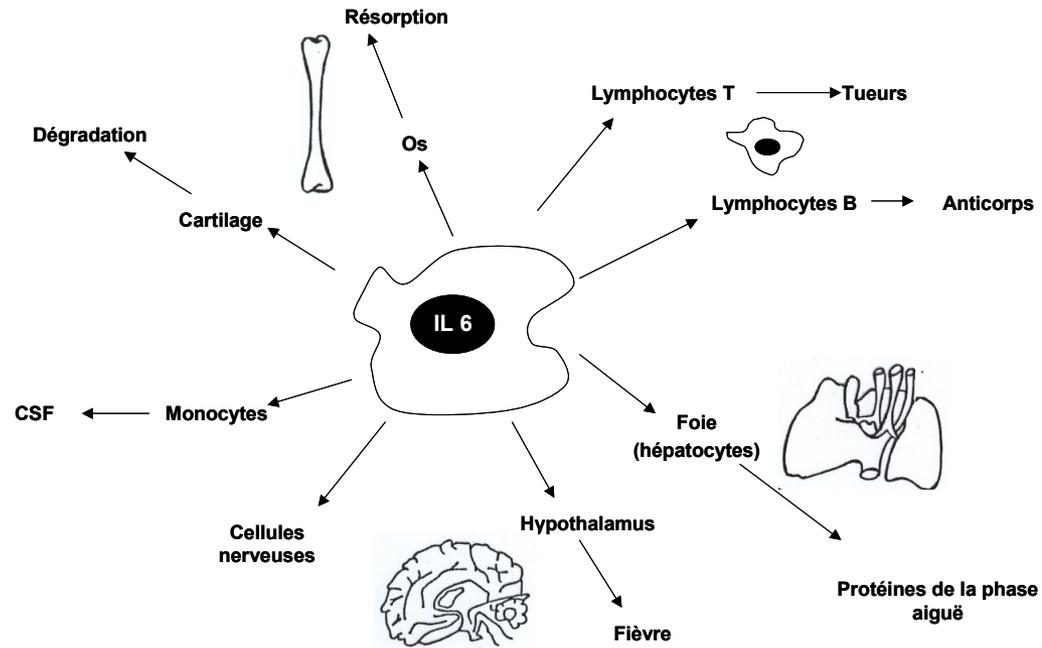


Chimiockines

Famille Cys-Cys
Famille Cys-X-Cys
propriétés
chémoattractantes

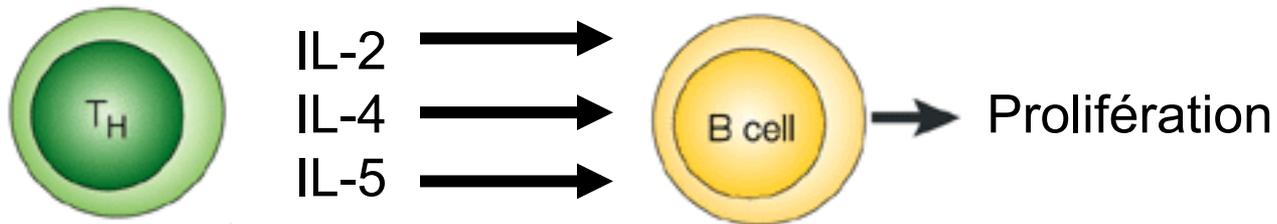
Propriétés des cytokines

- Pléiotropie: capacité à induire des effets différents sur des cibles cellulaires diverses



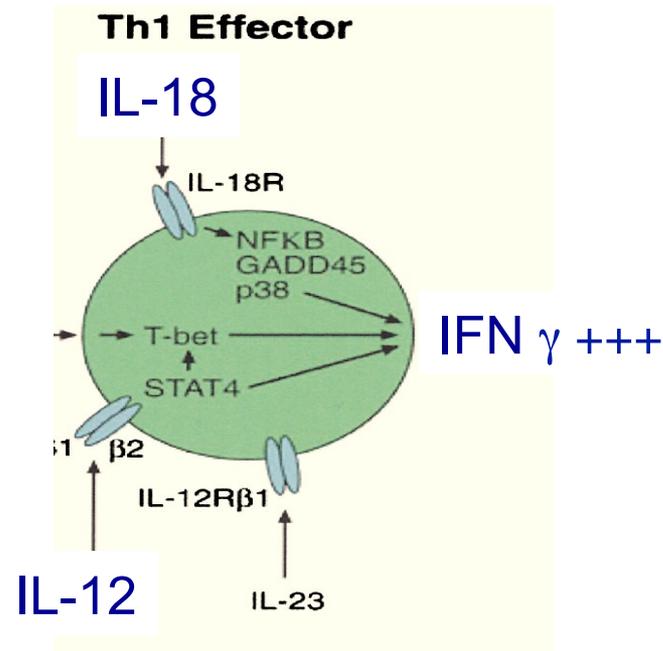
Propriétés des cytokines

- Pléiotropie
- Redondance:



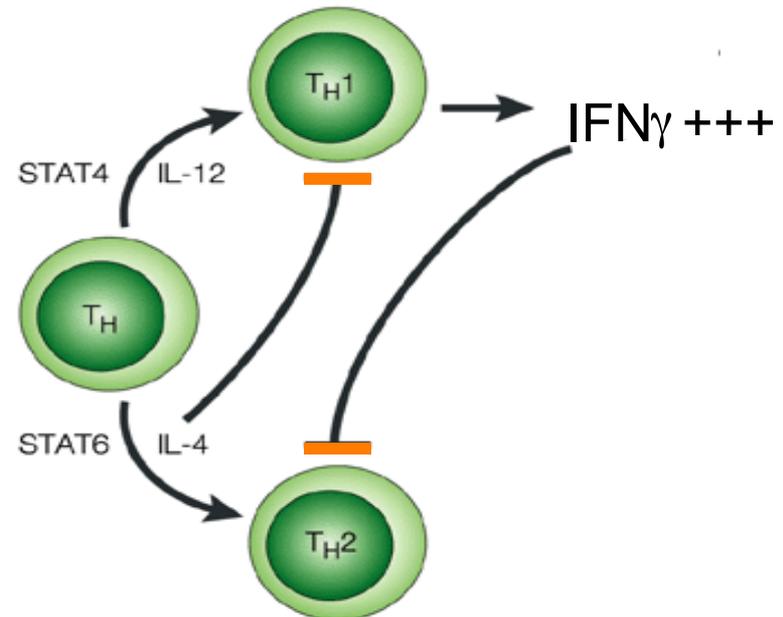
Propriétés des cytokines

- Pléiotropie
- Redondance
- Synergie:



Propriétés des cytokines

- Pléiotropie
- Redondance
- Synergie
- Antagonisme:



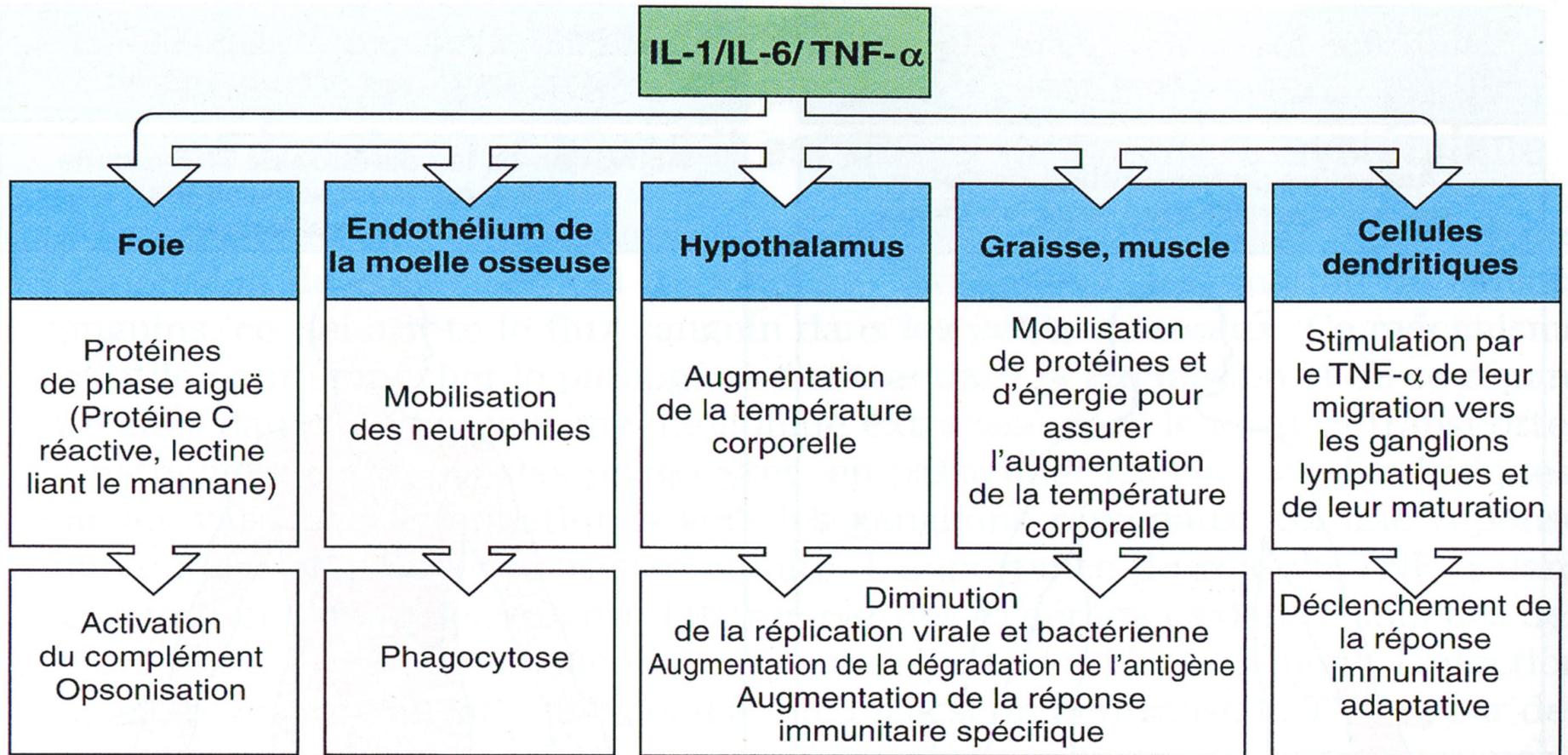
Propriétés des cytokines

- Pléiotropie
- Redondance
- Synergie
- Antagonisme
- Induction de cascades

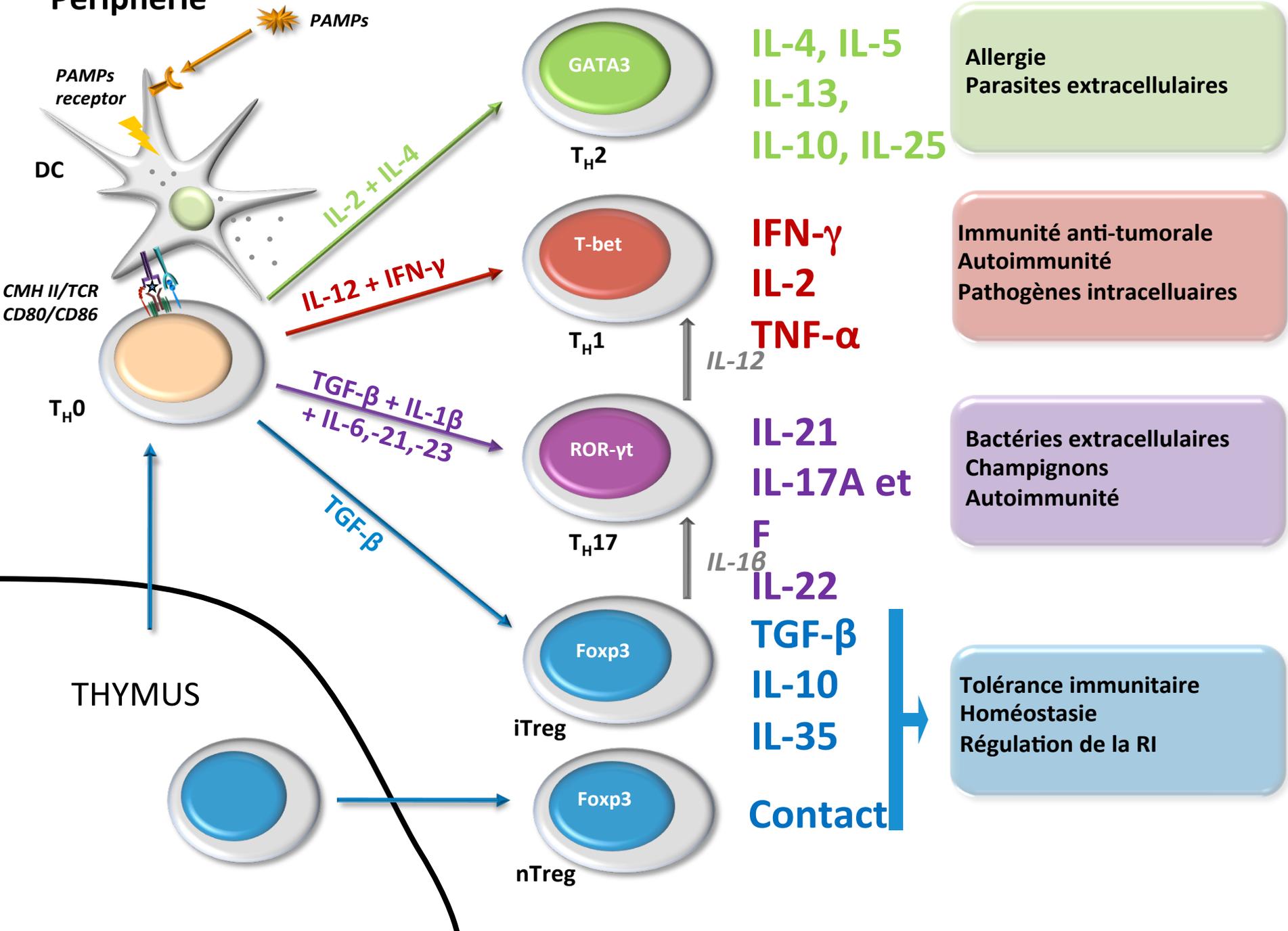
Fonctions

| Cytokine | T-cell source | Effects on | | | | | Effect of gene knockout |
|---|---|--|---------------------------------------|--|--|---|---|
| | | B cells | T cells | Macrophages | Hematopoietic cells | Other tissue cells | |
| Interleukin-2 (IL-2) | Naive, T _H 1, some CD8 | Stimulates growth and J-chain synthesis | Growth | - | Stimulates NK cell growth | - | ↓T-cell responses IBD |
| Interferon-γ (IFN-γ) | T _H 1, CTL | Differentiation IgG2a synthesis (mouse) | Inhibits T _H 2 cell growth | Activation, ↑MHC class I and class II | Activates NK cells | Antiviral ↑MHC class I and class II | Susceptible to mycobacteria, some viruses |
| Lymphotoxin-α (LT-α, TNF-β) | T _H 1, some CTL | Inhibits | Kills | Activates, induces NO production | Activates neutrophils | Kills fibroblasts and tumor cells | Absence of lymph nodes Disorganized spleen |
| Interleukin-4 (IL-4) | T _H 2 | Activation, growth IgG1, IgE ↑MHC class II induction | Growth, survival | Inhibits macrophage activation | ↑Growth of mast cells | - | No T _H 2 |
| Interleukin-5 (IL-5) | T _H 2 | Mouse: Differentiation IgA synthesis | - | - | ↑Eosinophil growth and differentiation | - | Reduced eosinophilia |
| Interleukin-10 (IL-10) | T _H 2 (human: some T _H 1), T _{reg} | ↑MHC class II | Inhibits T _H 1 | Inhibits cytokine release | Co-stimulates mast cell growth | - | IBD |
| Interleukin-3 (IL-3) | T _H 1, T _H 2, some CTL | - | - | - | Growth factor for progenitor hematopoietic cells (multi-CSF) | - | - |
| Tumor necrosis factor-α (TNF-α) | T _H 1, some T _H 2, some CTL | - | - | Activates, induces NO production | - | Activates microvascular endothelium | Susceptibility to Gram -ve sepsis |
| Granulocyte-macrophage colony-stimulating factor (GM-CSF) | T _H 1, some T _H 2, some CTL | Differentiation | Inhibits growth? | Activation Differentiation to dendritic cells | ↑Production of granulocytes and macrophages (myelopoiesis) and dendritic cells | - | - |
| Transforming growth factor-β (TGF-β) | CD4 T cells (T _{reg}) | Inhibits growth IgA switch factor | Inhibits growth, promotes survival | Inhibits activation | Activates neutrophils | Inhibits/ stimulates cell growth | Death at ~10 weeks |
| Interleukin-17 (IL-17) | CD4 T cells (T _H 17), macrophages | - | - | - | Stimulates neutrophil recruitment | Stimulates fibroblasts and epithelial cells to secrete chemokines | - |

Cytokines pro-inflammatoires



Périphérie



Quelques exemples ...

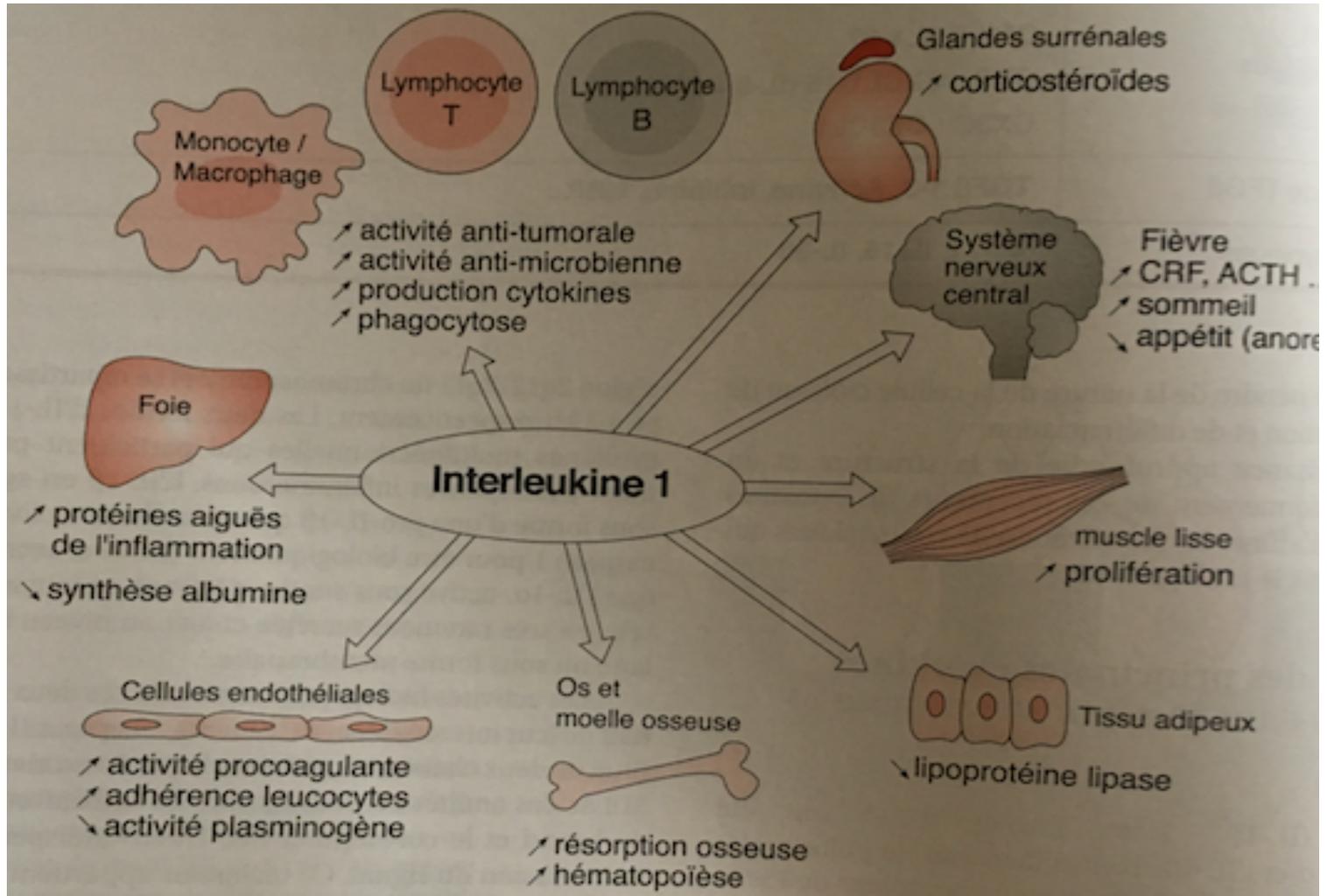
TNF- α

- Gène: chr 6, 4 exons 3 introns
- Cellules porteuses du gène: macrophages, LT, LB, mastocytes, granulocytes, cellules NK, fibroblastes, neurones, kératinocytes, cellules musculaires lisses
- 233 AA (27kDA) d'abord membranaire puis clivée en TNF- α soluble
- Forme active (soluble ou membranaire)= homotrimère
- 2 récepteurs : R1 (p55) et R2(p75)
- Actions:
 - Facteur de transcription de cytokines pro-inflammatoires, GM-CSF ...
 - Synthèse de protéines de l'inflammation
 - Thermorégulateur (fièvre)
 - Recrutement de molécules sur site de l'inflammation
 - Activation des monocytes et des macrophages
 - Libération de molécules de défense immédiate
 - Relargage acide arachidonique et prostaglandine PGE2
 - Induction de l'apoptose de cellules infectées
 - Mitogène des fibroblastes
 - Stimule le système immunitaire adaptatif
- Inhibiteurs commercialisés: infliximab, adalimumab, golimumab, certolizumab pegol, etanercept

IL-1

- Famille des IL-1/TLR: 11 membres -> 7 pro-inflammatoires, 4 antagonistes
- Activatrice ou freinatrice de l'inflammation
- Sécrétées sous forme d'un précurseur (sauf IL-1Ra)
- Rôles pro-inflammatoires:
 - Induction de l'expression du gène et synthèse CO₂, phospholipase A₂ et synthèse d'oxyde nitrique.
 - Augmentent expression des molécules d'adhésion endothéliale
 - Angiogénèse
 - Ostéoclastogénèse
 - Différentiation Th17
 - Développement des Breg producteurs IL-10
- Inhibiteurs:
 - Anakinra: anti-récepteur des IL-1 α et β
 - Canakinumab: anti IL-1 β
 - Rilonacept: anti-IL-1
 - Gevokinumab: anti-IL-1 β

IL-1



IL-6

- Glycoprotéine homodimérique de 19-26kD
- Famille des IL-6: MIF, oncostatine, cardiotrophine...
- Récepteur: chaîne α gp80 (membranaire ou soluble activatrice via le trans-signalling) et chaîne β gp130 (voie JAK-STAT)
- Roles:
 - Phase aiguë de l'inflammation
 - Migration et activation leucocytaire
 - Différentiation, activation, survie LT
 - Différentiation LB
 - Osteoclastogénèse, résorption osseuse
 - Néoangiogénèse in vivo
 - Prolifération de fibroblastes
 - Dégradation cartilagineuse
 - ...
- Principal inhibiteur: tocilizumab (anti-IL6-R α)

Safety and efficacy of subcutaneous tocilizumab in adults with systemic sclerosis (faSSciate): a phase 2, randomised, controlled trial

Dinesh Khanna, Christopher P Denton, Angelika Jahreis, Jacob M van Laar, Tracy M Frech, Marina E Anderson, Murray Baron, Lorinda Chung, Gerhard Fierlbeck, Santhanam Lakshminarayanan, Yannick Allanore, Janet E Pope, Gabriela Riemekasten, Virginia Steen, Ulf Müller-Ladner, Robert Lafyatis, Giuseppina Stifano, Helen Spotswood, Haiyin Chen-Harris, Sebastian Dziadek, Alyssa Morimoto, Thierry Sornasse, Jeffrey Siegel, Daniel E Furst

Lancet 2016; 387: 2630–40

Tocilizumab for induction and maintenance of remission in giant cell arteritis: a phase 2, randomised, double-blind, placebo-controlled trial

Peter M Villiger, Sabine Adler*, Stefan Kuchen, Felix Wermelinger, Diana Dan, Veronika Fiege, Lukas Bütikofer, Michael Seitz, Stephan Reichenbach*

Lancet 2016; 387: 1921–27

Tocilizumab in Giant Cell Arteritis: A Multicenter Retrospective Study of 34 Patients.

Régent A¹, Redeker S¹, Deroux A¹, Kieffer P¹, Ly KH¹, Dougados M¹, Liozon E¹, Larroche C¹, Guillevin L¹, Bouillet L¹, Espitia O¹, Costedoat-Chalumeau N¹, Soubrier M¹, Brihaye B¹, Lifermann F¹, Lefevre G¹, Puéchal X¹, Mouthon L¹, Toussiroit E¹; French Vasculitis Group, the Groupe Francais pour l'Etude de l'Artérite à Cellules Géantes, and the Club Rhumatismes et Inflammation.

⊕ Author information

Abstract

OBJECTIVE: To report the efficacy and safety of tocilizumab (TCZ) for giant cell arteritis (GCA).

METHODS: A retrospective multicenter study that included 34 patients receiving TCZ for GCA.

RESULTS: TCZ was effective in all but 6 patients, who still had mild symptoms. Mean glucocorticoid dose was tapered. One patient died and 3 patients had to stop TCZ therapy because of severe adverse events. Twenty-three patients stopped treatment; 8 of these experienced relapses after a mean of 3.5 ± 1.3 months.

CONCLUSION: TCZ is effective in GCA. However, side effects occur. Whether this treatment has only a suspensive effect remains to be determined.

IL-5

- Homodimère de 15 kDa
- Récepteur hétérodimérique partagé avec IL-3
- Agit sur éosinophiles, mastocytes, Treg, neutrophiles et monocytes
- Fonctions:
 - différenciation des cellules myéloïdes
 - stimulation de l'activité chimotactique des éosinophiles
 - stimulation de l'adhésion des éosinophiles
 - cicatrisation et remodelage

Principal inhibiteur: mepolizumab (mAb anti-IL-5)

Mepolizumab as a steroid-sparing treatment option in patients with Churg-Strauss syndrome

Sophia Kim, MD,^a Gautham Marigowda, MD,^b Eyal Oren, MD,^c Elliot Israel, MD,^b and Michael E. Wechsler, MD^b
Boston, Mass

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 doi:10.1016/j.jaci.2010.03.028

TABLE II. Summary table of outcome variables in all 7 patients at different times throughout the study

| Mean (range) | Week -4, enrollment | Week 0, treatment phase | Week 12, treatment phase | Week 16, washout phase | Week 20, washout phase | Week 28, safety-monitoring phase | Week 40, safety-monitoring phase |
|--------------------------------|----------------------|-------------------------|--------------------------|------------------------|-----------------------------|----------------------------------|----------------------------------|
| Prednisone dose (mg) | 18.8 | 12.9 | 4.6 | 6.7 | 5.0 | 4.3 | 15.7 |
| Eosinophil (%) | 2.9 (0.2-7) | 3.4 (0.1-10.8) | 0.8 (0.5-1.7) | 0.4 (0.1-1) | 1.0 (0-2.8) | 2.4 (0.4-6) | 3.8 (0-9.9) |
| No. of exacerbations | | | 2 | | 4 | | 14 |
| IL-5 (pg/mL) | 8 (2-14) | 12 (0-65) | 7 (0-24) | 5 (0-10) | Not collected at this visit | Not collected at this visit | 6 (0-18) |
| FEV ₁ (% predicted) | 79 (60-101) | 76 (59-98) | 76 (49-102) | 75 (47-99) | 75 (52-99) | 80 (47-111) | 77 (47-98) |
| PEF | Not measured @ visit | 410 (300-480) | 432 (210-529) | 404 (210-529) | 413 (240-529) | 421 (280-523) | 443 (380-564) |
| ACQ score | 1.74 (0-2.86) | 1.57 (0-2.86) | 1.22 (0.29-2) | 1.02 (0-1.71) | 1.36 (0-1.83) | 1.65 (0-3.86) | 1.14 (0.57-3.86) |
| FeNO | 62.2 (15-153.4) | 47.4 (11-141.7) | 39.1 (9.3-101.1) | 50.5 (9.7-163.7) | 62.1 (20.5-98.6) | Not collected at this visit | 49.9 (31.1-86) |
| BVAS score | 10.5 (3-18) | 6.9 (3-15) | 6.1 (0-11) | 6.4 (0-17) | 7.4 (0-14) | 9.3 (3-12) | 8.0 (0-23) |
| CRP (mg/L) | 6.2 (0.6-15.8) | 3.9 (0.8-10.5) | 6.1 (0.9-17.1) | 4.2 (0.8-19.3) | 7.5 (0.8-27.4) | 3.1 (0.8-12.4) | 6.5 (0.4-19.6) |
| ESR (mm/h) | 8 (2-25) | 7 (2-20) | 10 (3-21) | 9 (2-25) | 11 (1-26) | 4 (1-6) | 7 (2-27) |

There were no significant changes in markers of disease activity noted despite clinical stability and decreased overall prednisone dosing. Mean IL-5 levels did not change in response to mepolizumab therapy.

PEF, Peak expiratory flow.

Extended follow-up after stopping mepolizumab in relapsing/refractory Churg-Strauss syndrome.

Herrmann K¹, Gross WL, Moosig F.

⊕ Author information

Abstract

OBJECTIVES: To report on the extended follow-up of relapsing/refractory CSS patients treated with mepolizumab with respect to relapse rates.

METHODS: The follow-up consisted of regular clinic visits of patients who received nine infusions of mepolizumab (750mg IV) and switched to methotrexate 0.3mg/kg for maintenance of remission. Glucocorticoids were maintained as low as possible. Disease activity was measured using the Birmingham Vasculitis Activity Score (BVAS). Disease states as remission or relapse were defined according to the EULAR/EUVAS recommendations. The serum eosinophil cationic protein (ECP) was measured regularly and concentrations were correlated with BVAS.

RESULTS: The follow-up of the study population under standard methotrexate maintenance therapy was extended to a median of 22 months. Three of nine patients were still in remission at the end of follow-up. During this time five major relapses in three and seven minor relapses in five out of the total nine patients were recognised. ECP levels were found to correlate stronger with the BVAS ($r=0.38$; $p<0.0001$) than other measures such as eosinophil counts.

CONCLUSIONS: After induction of remission with mepolizumab the majority of patients suffered relapses when switched to methotrexate maintenance therapy. These data suggest that patients with CSS may require long term treatment with mepolizumab. Future trials in CSS should use other doses or dosing intervals for patients in remission. ECP is a promising marker of disease activity in CSS.

TGF- β

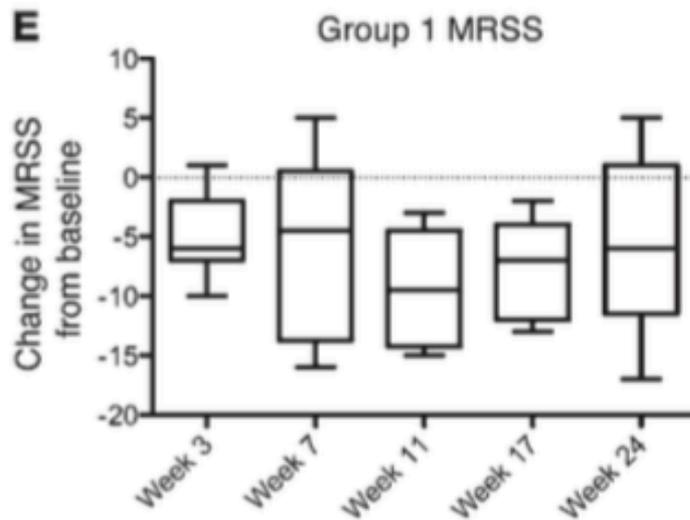
- Superfamille TGF- β : 3 isoformes homologues – homodimère 25kDa
- Formé d'un pro-domaine LAP (peptide associé à la latence) N-terminal inactif et le peptide C-terminal actif
- Fixation au récepteur nécessite: protéolyse, acidification, ROS, ou intégrines αV ..
- Rôles: -balance inflammatoire (Treg)
 - dvt embryonnaire (squelette et système c-v)
 - transition mésenchymateuse des cellules épithéliales et endothéliales
 - dvt matrice extracellulaire
 - induction apoptose
 - inhibition de la prolifération
 - remodelage
- Inhibiteur: fresolimumab (mAb anti-TGF- $\beta 3$)

Fresolimumab treatment decreases biomarkers and improves clinical symptoms in systemic sclerosis patients

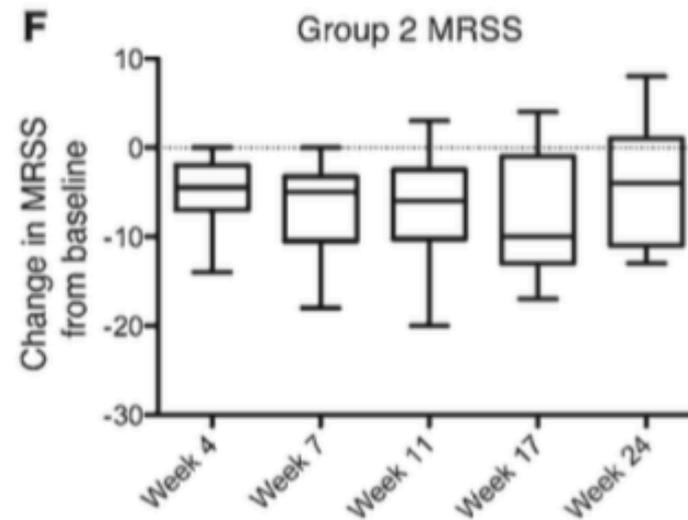
Lisa M. Rice,¹ Cristina M. Padilla,¹ Sarah R. McLaughlin,¹ Allison Mathes,¹ Jessica Ziemek,¹ Salma Goummih,¹ Sashidhar Nakerakanti,¹ Michael York,¹ Giuseppina Farina,¹ Michael L. Whitfield,² Robert F. Spiera,³ Romy B. Christmann,¹ Jessica K. Gordon,³ Janice Weinberg,⁴ Robert W. Simms,¹ and Robert Lafyatis¹

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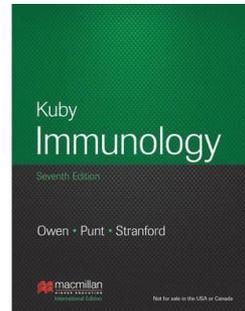
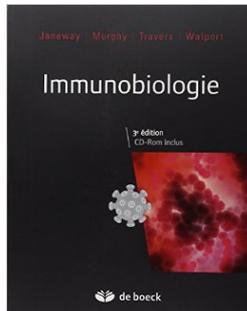
2*1mg/kg fresolimumab n=7



1*5mg/kg fresolimumab n=8

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- Text books:
 - Janeway, Murphy, Travers, Walport. Immunobiologie
 - Kuby. Immunology
 - Chatenoud L, Bach JF. Immunologie 6^{ème} édition



Pour en savoir plus...

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