



Centre de Référence  
des Syndromes hyperéosinophiliques

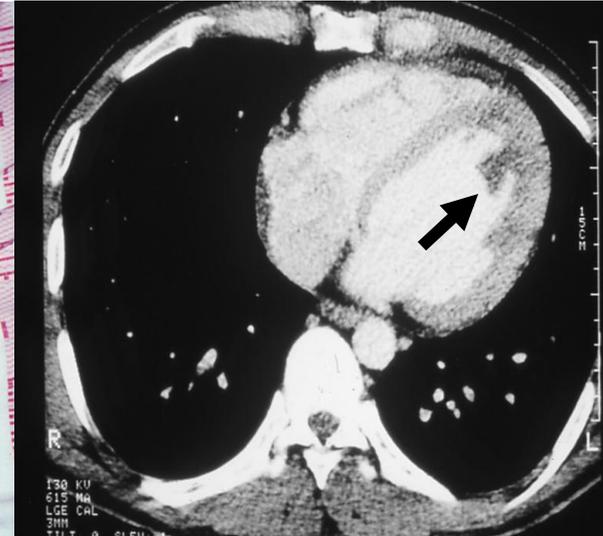


# Les différents variants de SHE

**Matthieu GROH**

*Médecine Interne, Hôpital Foch*

*CEREO-Centre de Référence des Syndromes Hyperéosinophiliques*





# Plan

- 1. Généralités***
- 2. SHE clonaux***
- 3. SHE lymphoïdes***
- 4. SHE réactionnels***
- 5. Maladies à éosinophiles localisées à un organe***
- 6. Hyperéosinophilies de signification indéterminée***



# Plan

## **1. Généralités**

## *2. SHE clonaux*

## *3. SHE lymphoïdes*

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## *6. Hyperéosinophilies de signification indéterminée*



# Classification des SHE (1)

Entité	Définition
<b>Éosinophilie sanguine</b>	PNE > 0,5 G/L
<b>Hyperéosinophilie (HE)</b>	PNE > 1,5 G/L à deux reprises à un mois d'intervalle OU Eosinophilie tissulaire définie par: <ul style="list-style-type: none"><li>- Infiltrat médullaire &gt;20%</li><li>- Infiltrat médullaire jugé extensif par le pathologiste</li><li>- Dépôts de granules des éosinophiles</li></ul>
<b>Atteinte d'organe attribuable aux éosinophiles</b>	<b>Dysfonction d'organe imputable à toxicité des éosinophiles</b> <ul style="list-style-type: none"><li>- Fibrose</li><li>- Thrombose</li><li>- Atteinte cutanée associée</li><li>- Atteinte neurologique associée</li><li>- Autre</li></ul> <b>Documentation histologique</b>
<b>Syndrome hyperéosinophilique (SHE)</b>	<b>Hyperéosinophilie ET</b> <b>Atteinte ou dysfonction d'organe attribuable aux éosinophiles ET</b> <b>Exclusion des autres causes pouvant mener à l'atteinte d'organe</b>



## *Classification des SHE (2)*

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<b>Proposed terminology</b>	<b>Proposed abbreviation</b>
Hereditary (familial) HE	HE <sub>FA</sub>
HE of undetermined significance	HE <sub>US</sub>
Primary (clonal/neoplastic) HE†	HE <sub>N</sub>
Secondary (reactive) HE†	HE <sub>R</sub>

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Hereditary (familial) HE	HE <sub>FA</sub>
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Primary (clonal/neoplastic) HE†	HE <sub>N</sub>
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## Hyperéosinophilies clonales

### Néoplasies myéloïdes avec HE constante:

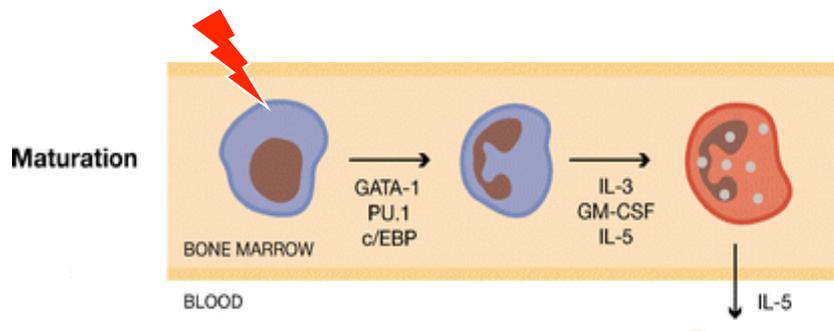
- ✓ Délétion FIP1L1-PDGFR $\alpha$
- ✓ Translocation PDGFR $\alpha$
- ✓ Translocation PDGFR $\beta$
- ✓ Translocation PCM1-JAK2
- ✓ Translocation FLT3

### Néoplasies myéloïdes avec HE inconstante

- ✓ LMC BCR-ABL
- ✓ Mutation JAK2 V617F (PV et TE)
- ✓ Mastocytoses systémiques cKIT
- ✓ LAM4-Eo
- ✓ SMD-Eo

### Néoplasies myéloïdes avec HE inconstante et anomalie génétique non récurrente

- ✓ Critères d'exclusion: LAM, SMP,
- ✓ Présence d'autre(s) anomalie(s): T8, isochromosome 17, anomalie NGS



1. Valent, *J Allergy Clin Immunol* 2012

2. Reiter, *Blood* 2016



# Classification des SHE (2)

Proposed terminology	Proposed abbreviation
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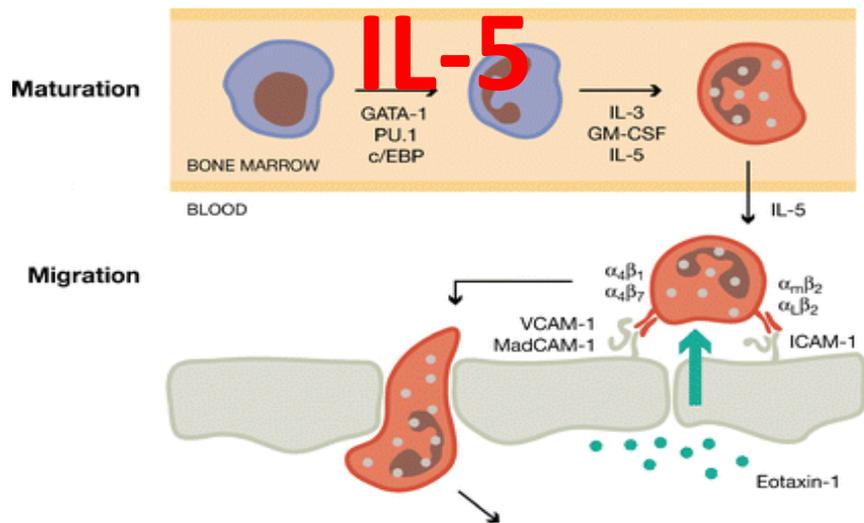
## Hyperéosinophilies réactionnelles

### Causes fréquentes :

- ✓ Réactions médicamenteuses
- ✓ Helminthiases
- ✓ Atopie (PNE < 1,5G/L)

### Causes rares :

- ✓ ABPA
- ✓ Virales (VIH1, HTLV1)
- ✓ Maladies auto-immunes (PB, PR, GEPA, MICI)
- ✓ Cancers solides
- ✓ SHE lymphoïde (3-4+; 3+4+7-; 3+4-8-TCRab)
- ✓ Lymphomes (Hodgkin, lymphomes T)
- ✓ Mastocytose



1. Valent, *J Allergy Clin Immunol* 2012

2. Kahn, *Front Med* 2017



# Classification des SHE (3)

## LEUCÉMIES CHRONIQUE À PNE

### HE/SHE Secondaires Lymphoïdes (10-20%)

LT sanguin de phénotype  
anormal producteur d'IL-5

### HE/SHE clonaux (10-15%)

1- LCE, dont FIP1L1-PDGFR $\alpha$ +++  
2-Autres

### HE/SHE idiopathiques (50 à 70%)

Eosinophilie  
familiale

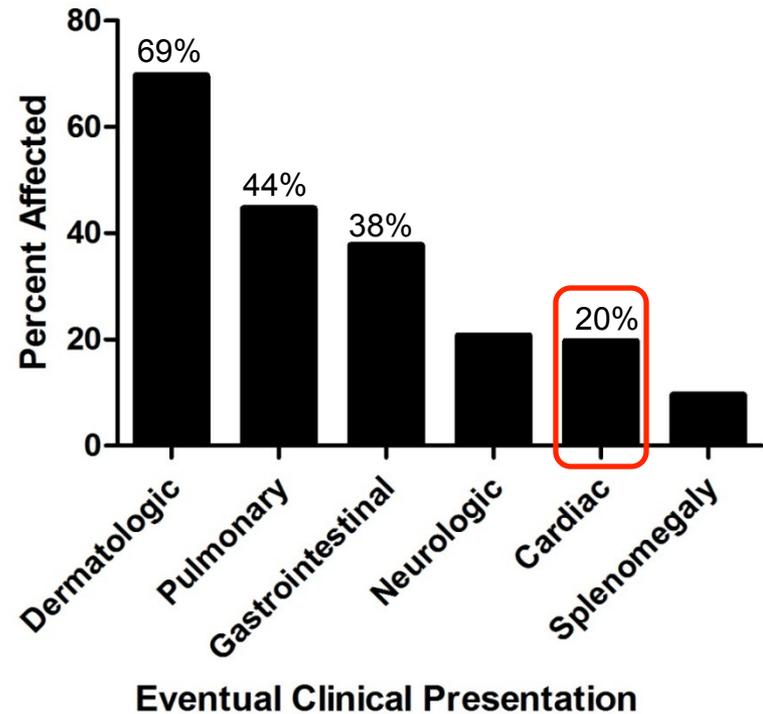
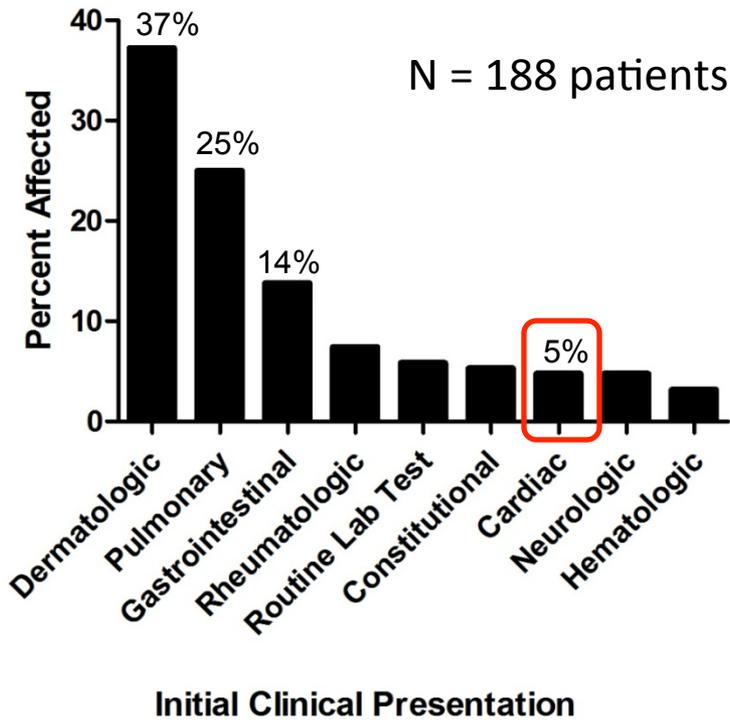
Syndromes de  
chevauchements et  
Maladies à PNE  
restreintes à un organe

MICI  
PCE-PAE-Bronchiolite PNE  
GEPA  
EGID  
Maladies dermatologiques



# Manifestations cliniques des SHE

Sex-Ratio 1♀ / 1♂



« Urticaire »



« Eczema » – SHE-L



Eruption vésiculeuse



Angioedeme (Gleich)  
SHE-L

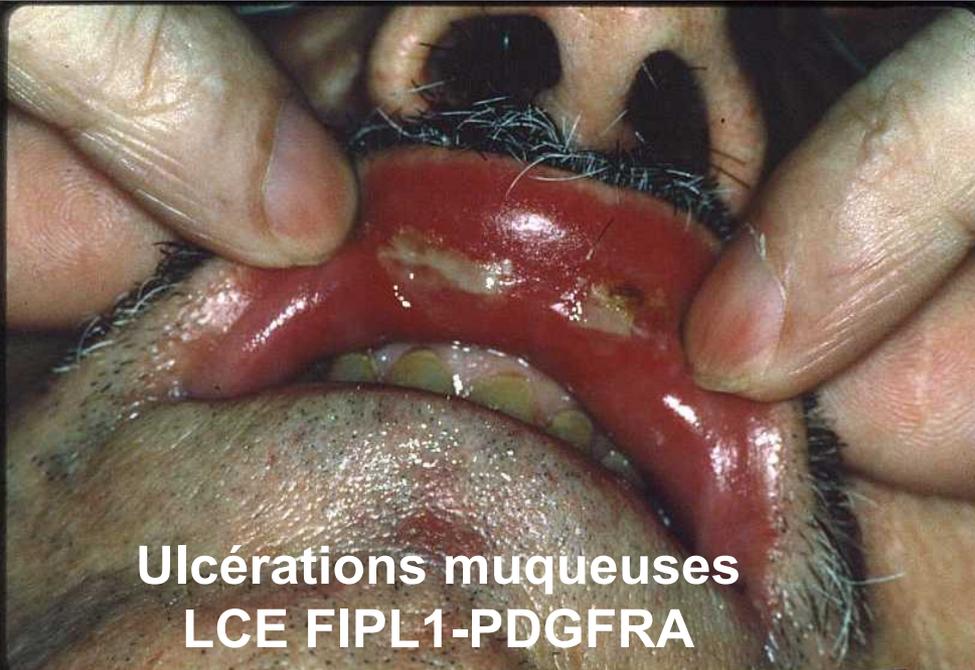
**Hemorragies sous-unguéales**



**Livedo**



**Ulcérations muqueuses  
LCE FIPL1-PDGFRA**





## *Quelques pièges...*

- ♀ 50 ans
- **Eos= 183 000/mm<sup>3</sup>**
- Leucémie à PNE ?
- **Asymptomatique**
- **Eosinophilie induite par le Piroxicam (AINS)**



***Pas de corrélation entre le taux de PNE et le degré de dommages tissulaires !***



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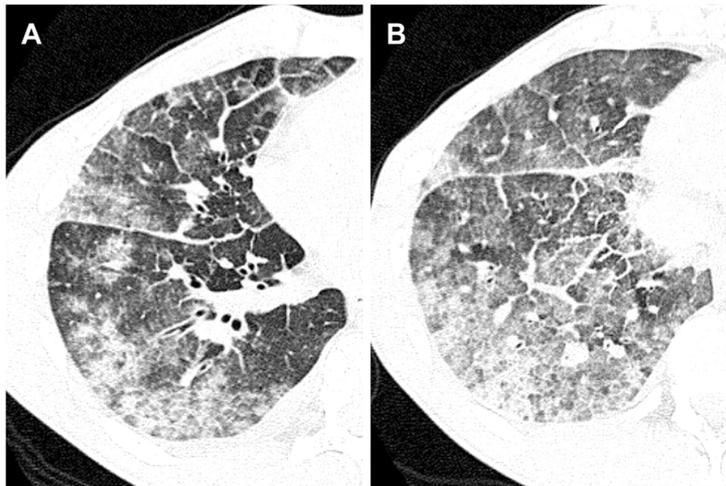
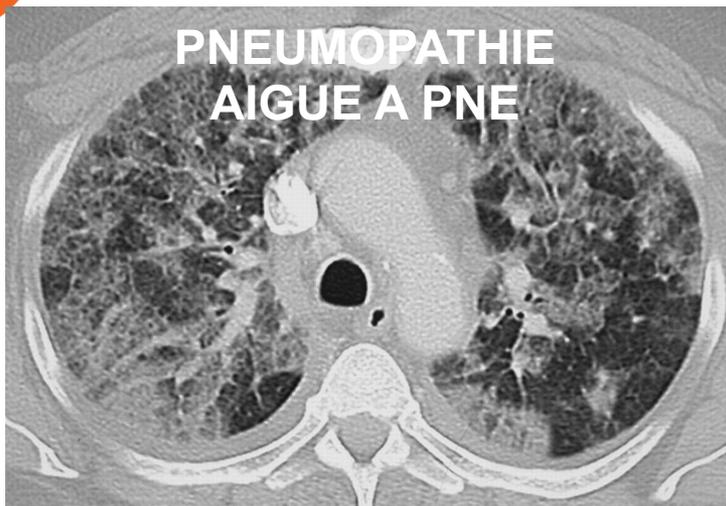
- ♂ 32 ans
- Asthénie
- **Eos = 5 000/mm<sup>3</sup>**
- **Fibrose endomyocardique**
- **FIP1L1-PDGFR<sup>A</sup>+**
- Imatinib en 2008
- **2009: Tx cardiaque**



***Pas de corrélation entre le taux de PNE et le degré de dommages tissulaires !***



## Quelques pièges...



***Eosinophilie tissulaire...  
sans éosinophilie sanguine !***



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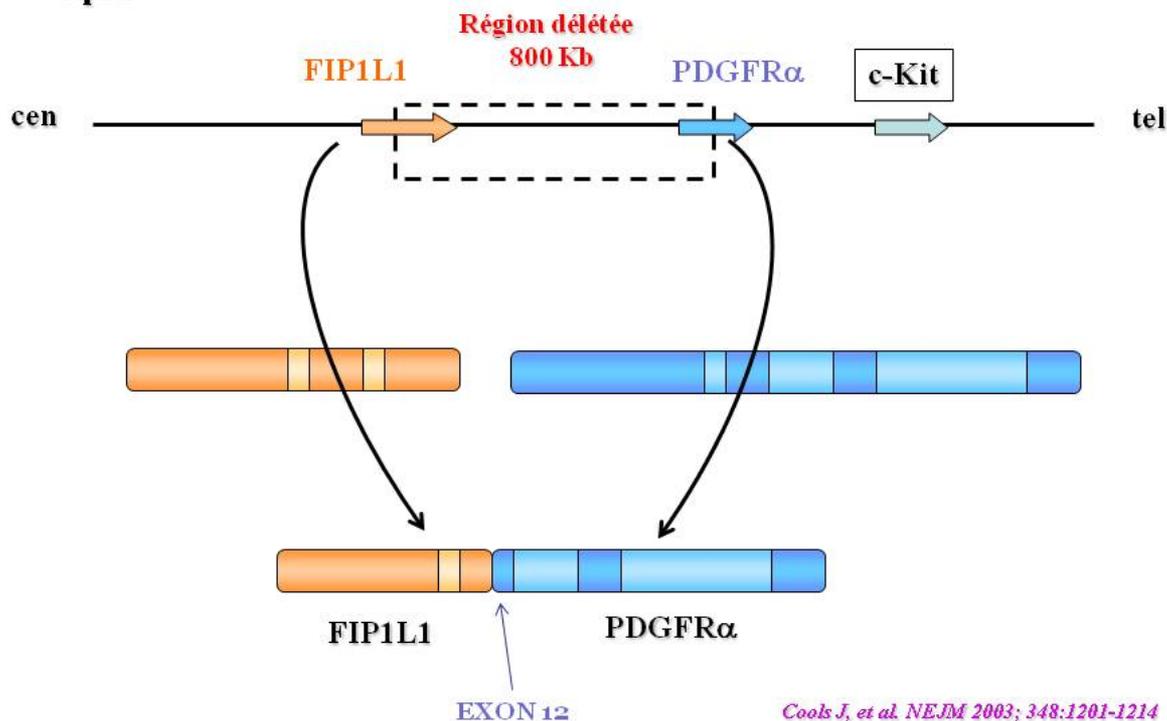


# La Leucémie à PNE FIP1L1-PDGFRα (LCE F/P+)

The NEW ENGLAND  
JOURNAL of MEDICINE

## DEMONSTRATION DU CARACTERE CLONAL DE CERTAINS SHE

4q12



A Tyrosine Kinase Created by Fusion of the PDGFRα and FIP1L1  
Genes as a Therapeutic Target of Imatinib in Idiopathic  
Hypereosinophilic Syndrome

Jan Cools, Ph.D., Daniel J. DeAngelo, M.D., Ph.D., Jason Gotlib, M.D., Elizabeth H. Stover, M.Phil., Robert D. Legare, M.D., Jorge Cortes, M.D., Jeffrey Kutok, M.D., Ph.D., Jennifer Clark, M.D., Ilene Galinsky, R.N., James D. Griffin, M.D., Nicholas C.P. Cross, Ph.D., Ayalew Tefferi, M.D., James Malone, M.D., Rafeul Alam, M.D., Ph.D., Stanley L. Schrier, M.D., Janet Schmid, M.D., Michal Rose, M.D., Peter Vandenberghe, M.D., Ph.D., Gregor Verhoef, M.D., Ph.D., Marc Boogaerts, M.D., Ph.D., Iwona Wlodarska, Ph.D., Hagop Kantarjian, M.D., Peter Marynen, Ph.D., Steven E. Coutre, M.D., Richard Stone, M.D., and D. Gary Gilliland, M.D., Ph.D.



# Epidémiologie de la LCE F/P+

	Total	Hommes	Femmes
Patients, n	145	137	8
Age, moyenne $\pm$ EC	50 $\pm$ 16	49 $\pm$ 15	53 $\pm$ 24
(Min - Max)	(6 - 88)	(15 - 88)	(6 - 81)
Diagnostic, n	LCE (71) LAM (2)	LCE (67) LAM (2)	LCE (4) LAM (0)

Année	Incidence, n cas par million d'habitants
2003	0,11
2004	0,10
2005	0,29
2006	0,16
2007	0,27
2008	0,11
2009	0,12
2010	0,08
2011	0,11
2012	0,14
2013	0,14
2014	0,17
2015	0,23
2016	0,12

- ✓ Incidence: 0,15 cas / millions/an
- ✓ Moins de 10% des SHE
- ✓ Maladie « exclusivement » masculine

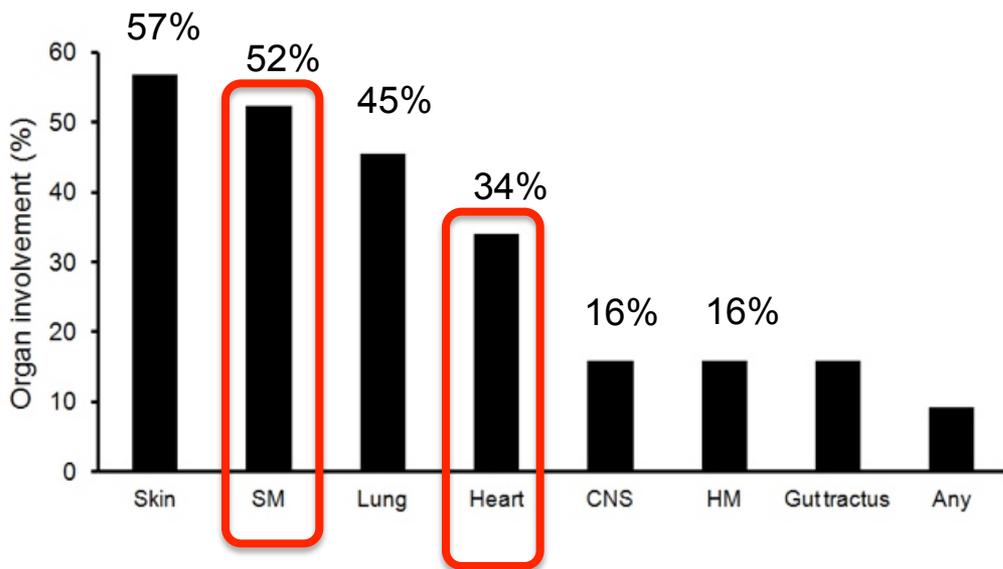


# Manifestations cliniques de la LCE F/P+

## LCE F/P+

N = 44 patients

Sex-Ratio 43♂ / 1♀

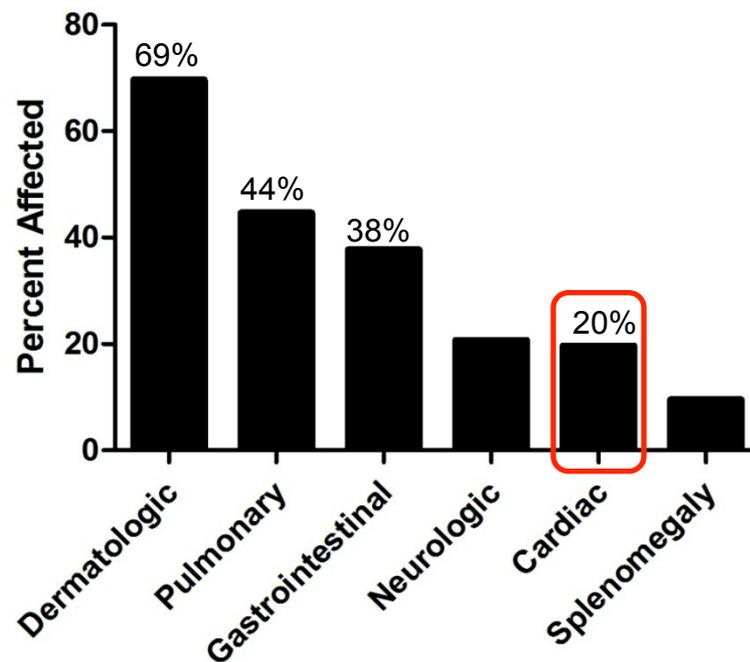


*F Legrand, Medicine 2013*

## SHE tous types

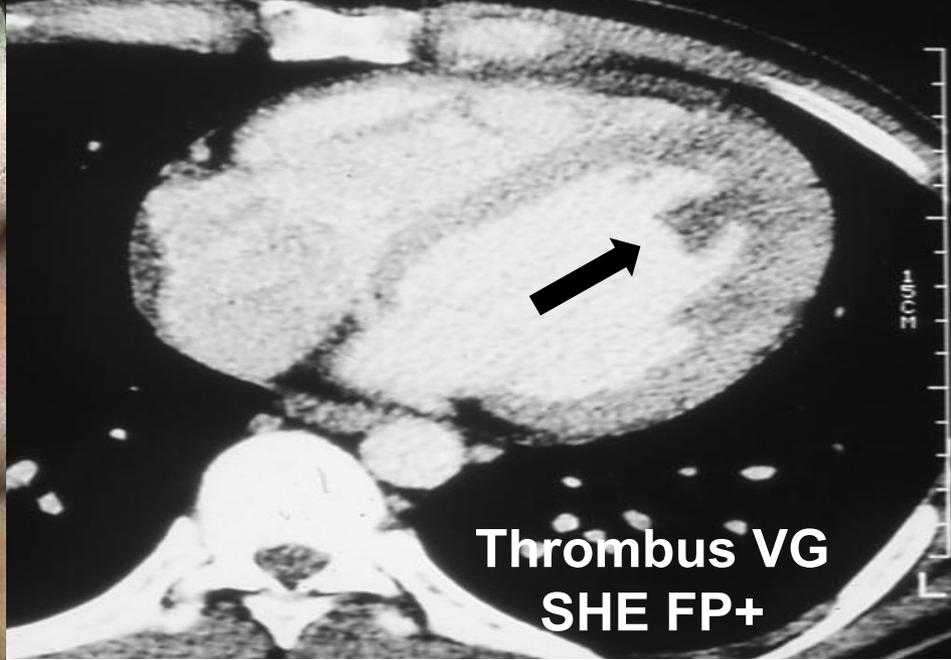
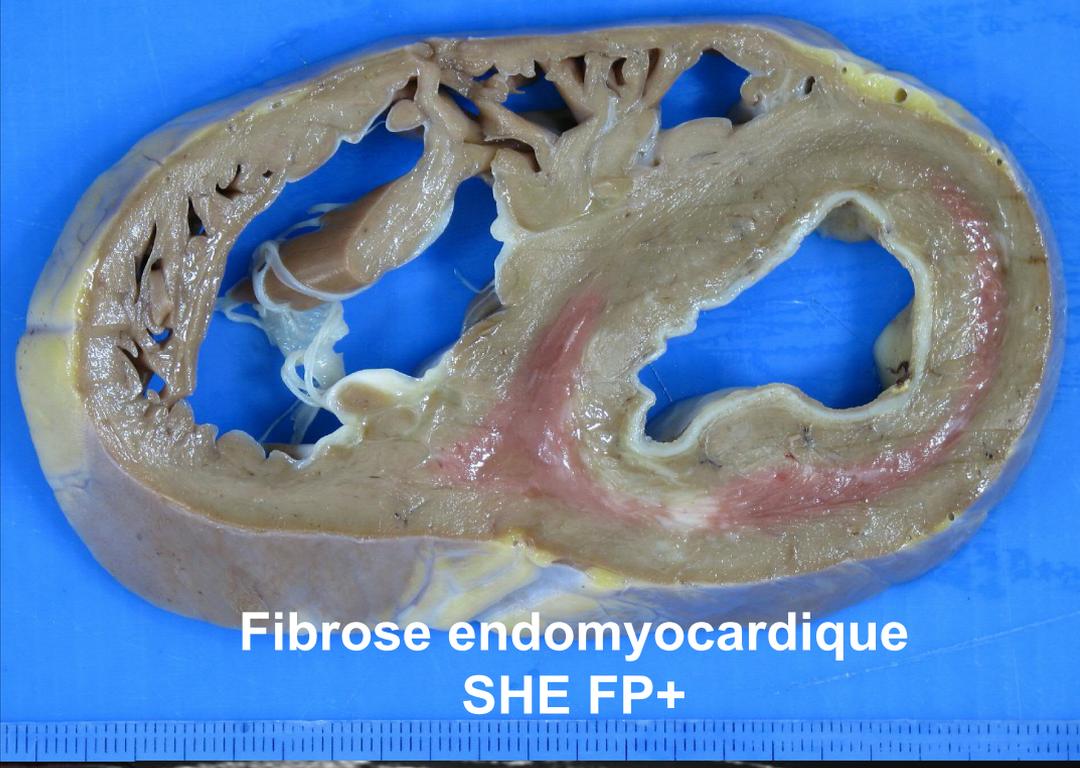
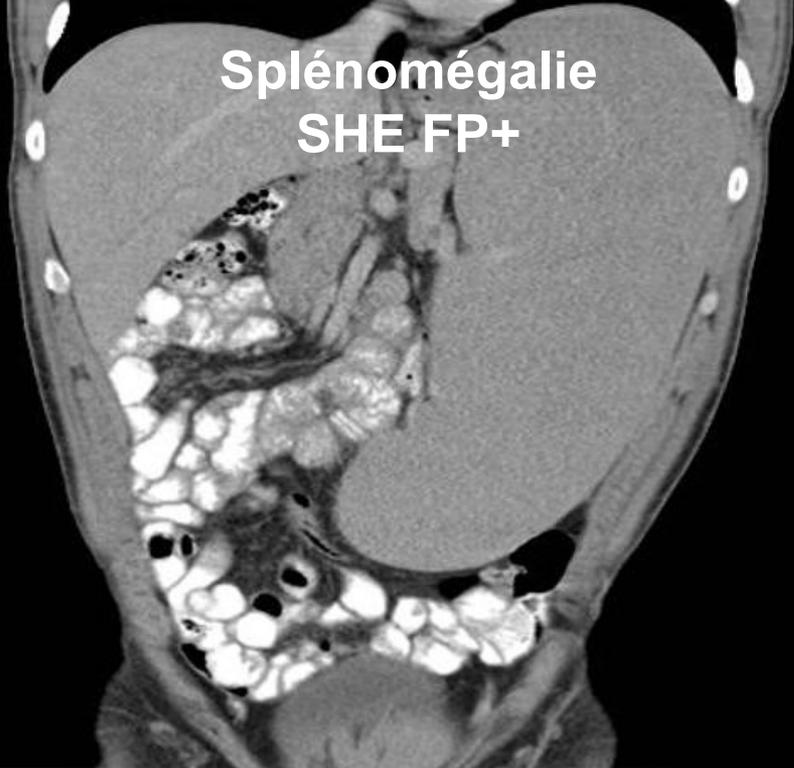
N = 188 patients

Sex-Ratio 1♀ / 1♂



Eventual Clinical Presentation

*Ogbogu, J Allergy Clin Immunol 2009*





# Manifestations biologiques de la LCE F/P+

<i>Laboratory findings (n=44)</i>	<b>Value</b>
<b>Anemia</b>	16 (37%)
<b>Thrombocytopenia</b>	16 (37%)
<b><math>\gamma\delta</math>TCRclonality (n=37)</b>	8 (21%)
<b>T cell abnormal phenotype</b>	2 (5%)
<b>↗ Vitamin B12 (n=34)</b>	28 (82%)
<b>↗ Tryptase (n= 27)</b>	21 (78%)
<b>↗ IgE (n=31)</b>	5 (16%)
<b>Eosinophilia<sub>max</sub> (/mm<sup>3</sup>)</b>	
<b>Median</b>	10,100
<b>Range</b>	1910-36,920
<b><i>Therapeutic</i></b>	
<b>Corticosteroid use</b>	14 (32%)
<b>CHR on corticosteroid</b>	0 (0%)



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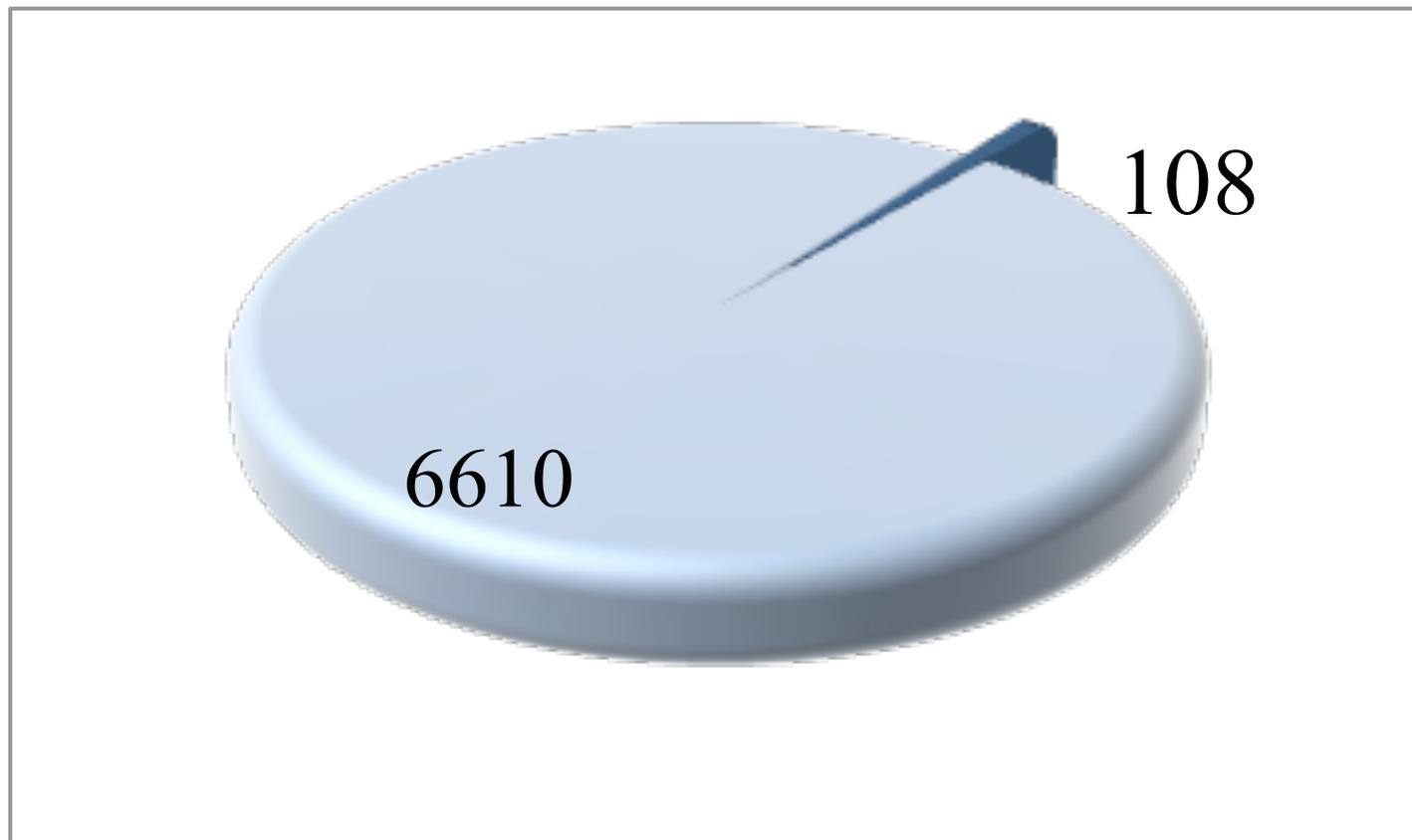


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## *Surprescription de FIP1L1-PGDFRA*



***3 laboratoires de CHU, taux de positivité:  
1,6% !***



# Autres SHE clonaux

Néoplasie myéloïde avec HE constante et anomalie génétique récurrente

- **Délétion FIP1L1-PDGFRRA et translocations impliquant PDGFRA**
- Translocations impliquant PDGFRA
- Translocations impliquant FGFR1 (leucémie-lymphome)
- Translocation PCM1-JAK2 (t 8-9)
- Translocations impliquant FLT3 (leucémie aigue myéloïde)

Néoplasie myéloïde définie (OMS) avec HE inconstante

- Leucémie myéloïde chronique BCR-ABL
- Mutation JAK2 V617F
- Mastocytose systémique KIT avec hyperéosinophilie
- Leucémie aigue à éosinophiles CBF $\beta$ -MYH11 : LAM4-Eo, LAM inv(16)
- Syndromes myélodysplasiques avec HE
- Autres néoplasies myéloïdes définies avec HE

Néoplasie myéloïde avec HE et anomalie génétique non récurrente

- Critères d'exclusion : néoplasies myéloïdes définies ci dessus, leucémies aigues, autres syndromes hyperéosinophiliques
- Blastes <2% dans le sang et <20% dans la moelle
- Présence d'autre(s) anomalie(s) cytogénétiques non spécifiques (telles trisomie 8, isochromosome 17), anomalies en séquençage haut débit (NGS)



# *Stratégie devant HE/SHE d'allure clonale*

**1. Transcrit F/P par PCR selon profil clinico-biologique**

**2. Si négatif:**

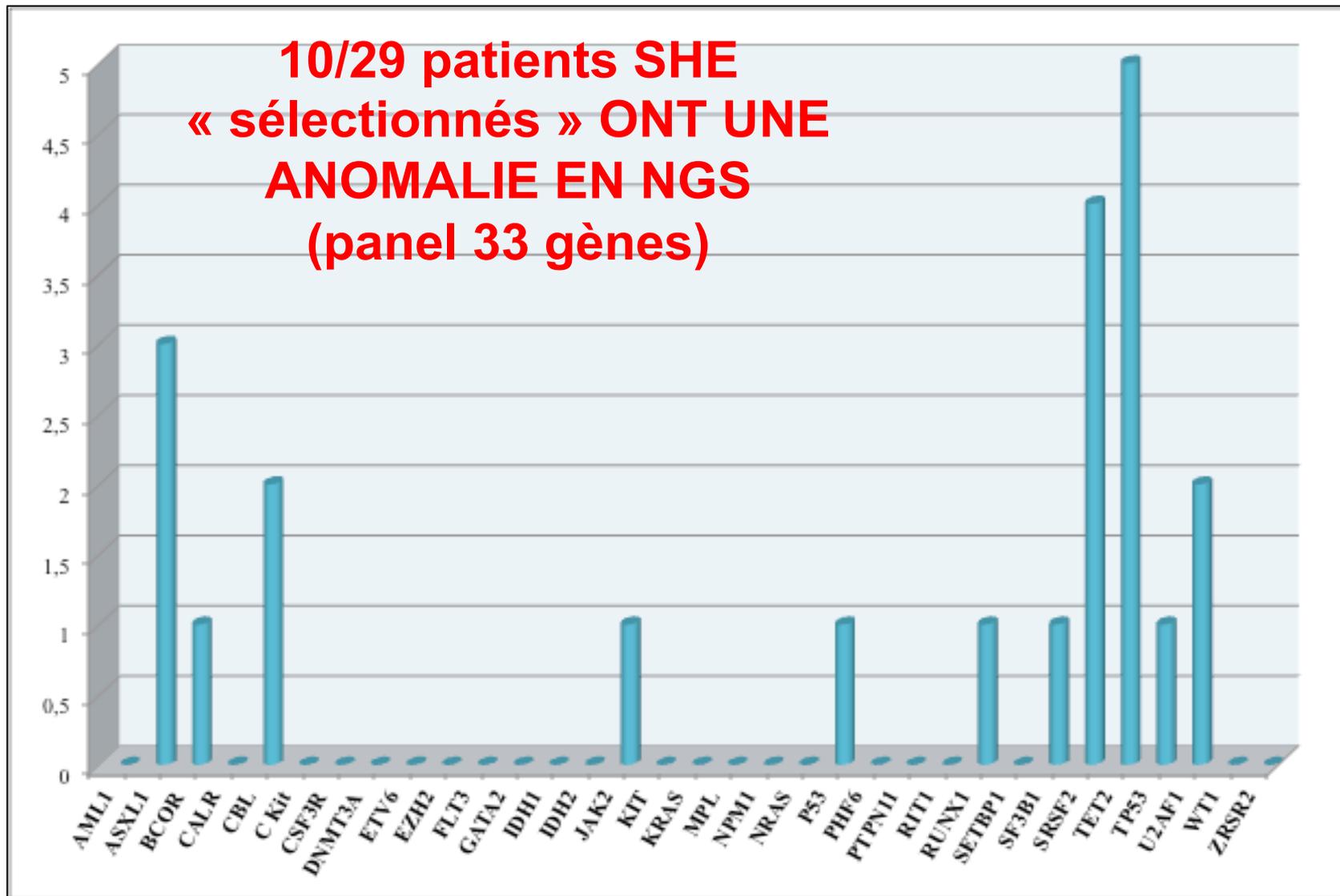
- F/P en FISH,
- caryotype médullaire
- JAK 2, BCR-ABL, C-KIT (selon présentation et tryptase)

**3. Si négatif: Place de la BOM ?**

**Bilan mutationnel NGS exhaustif ?**



# Quelle place pour le NGS myéloïde ?





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# SHE lymphoïde: le cas princeps

## CLONAL PROLIFERATION OF TYPE 2 HELPER T CELLS IN A MAN WITH THE HYPEREOSINOPHILIC SYNDROME

ELIE COGAN, M.D., LILIANE SCHANDENÉ, M.Sc., ALAIN CRUSIAUX, B.S., PASCALE COCHAUX, Ph.D., THIERRY VELU, M.D., AND MICHEL GOLDMAN, M.D.

The hyper eosinophilic syndrome is characterized by persistent eosinophilia of unknown origin often associated with the dysfunction of multiple organs as a result of tissue infiltration by eosinophils and the toxic effects of their products.<sup>1</sup> Previous studies have suggested that T lymphocytes may be involved in the induction of the syndrome through the secretion of an eosinophil differentiation factor.<sup>2,3</sup>

Helper T lymphocytes (CD4+ T cells) play a central part in normal and pathologic immune responses through the secretion of cytokines. Interleukin-2, interferon gamma, and tumor necrosis factor are involved in cell-mediated immunity, whereas interleukin-4 stimulates the production of IgE antibodies and interleukin-5 promotes the differentiation and activation of eosinophils.<sup>4,5</sup> Functional analysis of murine and human T-cell clones generated in vitro led to the identification of several subpopulations of CD4+ cells with two strongly polarized subgroups: the type 1 helper T cells, which produce interleukin-2 and interferon gamma but not interleukin-4 or interleukin-5, and type 2 helper T cells, which produce interleukin-4 and interleukin-5 but not interleukin-2 or interferon gamma.<sup>6,7</sup> These two subgroups may have a role in several immunopathologic processes. Indeed, cells resembling type 1 helper T cells have been found in infectious granulomatous diseases, whereas cells resembling type 2 helper T cells have been identified in lepromatous leprosy, visceral leishmaniasis, and atopic disorders.<sup>8-13</sup> However, studies of monoclonal T-cell disorders are required to determine whether clones of human type 2 helper T cells arise in vivo. We investigated this possibility in a man with the hyper eosinophilic syndrome characterized by excessive production of serum IgE and clonal expansion of CD4+CD3- T cells. We found that this T-cell clone produced high levels of interleukin-4 and interleukin-5 but had a markedly reduced ability to secrete interleukin-2 and interferon gamma. This observation indicates that clones of type 2 helper T cells differentiate in vivo and suggests that clonal expansion of type 2 helper T cells can cause the hyper eosinophilic syndrome.

From the Department of Internal Medicine, Hôpital Universitaire Brugmann (E.C.), the Department of Immunology, Hôpital Universitaire Erasme (L.S., A.C., M.G.), and the Department of Medical Genetics, Institute of Interdisciplinary Research, Université Libre de Bruxelles (P.C., T.V.) — all in Brussels, Belgium. Address reprint requests to Dr. Cogan at the Department of Internal Medicine, Hôpital Universitaire Brugmann, 4, place Van Gehuchten, B 1020 Brussels, Belgium.

Supported by grants from the Fonds de la Recherche Scientifique Médicale (Belgium) and the Université Libre de Bruxelles.

## CASE REPORT

A 30-year-old man presented with a four-month history of generalized pruritus, a cough productive of yellowish sputum, intermittent fever, and exertional dyspnea. Physical examination disclosed a few papular skin lesions and some bronchial rales. Major laboratory findings included marked eosinophilia (absolute eosinophil count, 6117 per cubic millimeter) and a polyclonal increase in serum levels of IgM (7200 mg per deciliter; normal, <250) and IgE (2000 IU per milliliter [4800 µg per liter]; normal, <100 IU per milliliter [240 µg per liter]). Immunophenotyping of peripheral-blood mononuclear cells (PBMC) by flow cytometry revealed the following proportions of cells: 42 percent CD3+, 75 percent CD4+, 16 percent CD8+, and 90 percent CD2+ T cells. Double- and triple-staining studies indicated that 66 percent of the CD4+ cells did not express CD3 on their surface. These CD4+CD3- cells did not stain with monoclonal antibodies against α/β or γ/δ T-cell receptors but expressed the CD2 marker. Antibodies were not detected against the human immunodeficiency virus types 1 and 2 or human T-cell lymphotropic virus type 1. The patient's karyotype was normal. Computed tomography of the thorax revealed slight pleural effusions. Abdominal computed tomography and echocardiography revealed no abnormalities. A skin biopsy demonstrated a dermal perivascular infiltration with monocytes and numerous eosinophils. Oral administration of methylprednisolone was begun at a dose of 32 mg per day and resulted in rapid clinical improvement and a drop in the eosinophil count (Fig. 1) and in serum IgM and IgE levels (data not shown). When the dose of methylprednisolone was tapered, the initial symptoms and biologic abnormalities recurred. In addition, pain and blanching of the first two fingers of the right hand developed. Thrombotic vasculitis was confirmed by a biopsy. An iliac-bone biopsy and histologic examination of a left cervical lymph node revealed no abnormalities except for the presence of numerous eosinophils. An increase in the dose of methylprednisolone to 48 mg per day controlled this flare, but the symptoms recurred when the dose was tapered (Fig. 1). Since interferon alpha therapy has been successful in the hyper eosinophilic syndrome,<sup>14-16</sup> a therapeutic trial of subcutaneous interferon alpha-2b (Schering-Plough, Kenilworth, N.J.) was started at a dose of 5 million IU per day. The addition of this drug resulted in a rapid decrease in eosinophilia (Fig. 1). Serum levels of IgE remained unchanged, whereas serum levels of IgM progressively decreased from 7950 mg per deciliter at the beginning of treatment to 2530 mg per deciliter after two months of interferon alpha-2b. During treatment, the percentage of CD4+CD3- cells decreased from 60 to 31 percent while the percentage of CD3+CD4+ cells increased from 17 to 41 percent.

## METHODS

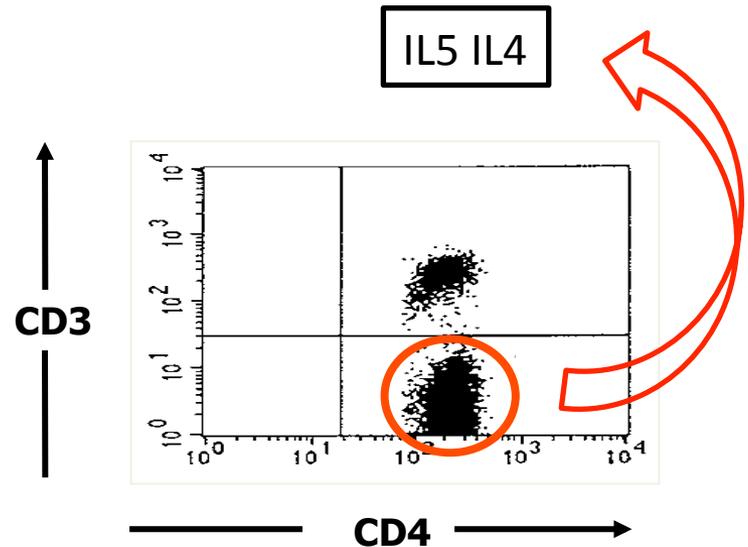
### Isolation of PBMC

PBMC from the patient and five healthy volunteers were isolated from freshly drawn heparin-treated blood by density gradient centrifugation on Lymphoprep (Nycomed, Oslo, Norway). CD4+ cells were selected through the use of immunomagnetic beads coated with an anti-CD4 monoclonal antibody (Dynabeads M450 CD4 and Detachabead, Dynal, Oslo, Norway). Non-T cells were obtained by the successive depletion of CD4+ cells and CD8+ cells with the use of immunomagnetic beads coated with corresponding monoclonal antibodies (Immunotech, Marseilles, France). The patient's CD4+CD3- cells were prepared from CD4+ cells by the selective depletion of CD3+ cells through incubation with an anti-CD3 monoclonal antibody (Ortho Biotech, Raritan, N.J.) and immunomagnetic particles coated with goat antimouse IgG (Immunotech). The purity of the resulting cell preparations was more than 95 percent, as determined by flow cytometry.

### Southern Blot Analysis of Gene Coding for the β Chain of the T-Cell Receptor

Southern blot analysis of the gene coding for the β chain of the T-cell receptor was performed according to standard procedures.<sup>17,18</sup> The probe (JUR-β2) used was a complementary DNA clone of the second constant region of the gene.<sup>19</sup>

- Homme 30 ans
- Rash - Infiltrat PNE dermique
- Toux – dyspnée – Ep pleural
- Ischémie digitale - vascularite
- Adénopathie non lymphomateuse
- PNE = 6,1 G/L
- IgM = 79 g/l (poly) – IgE = 2000 UI/L



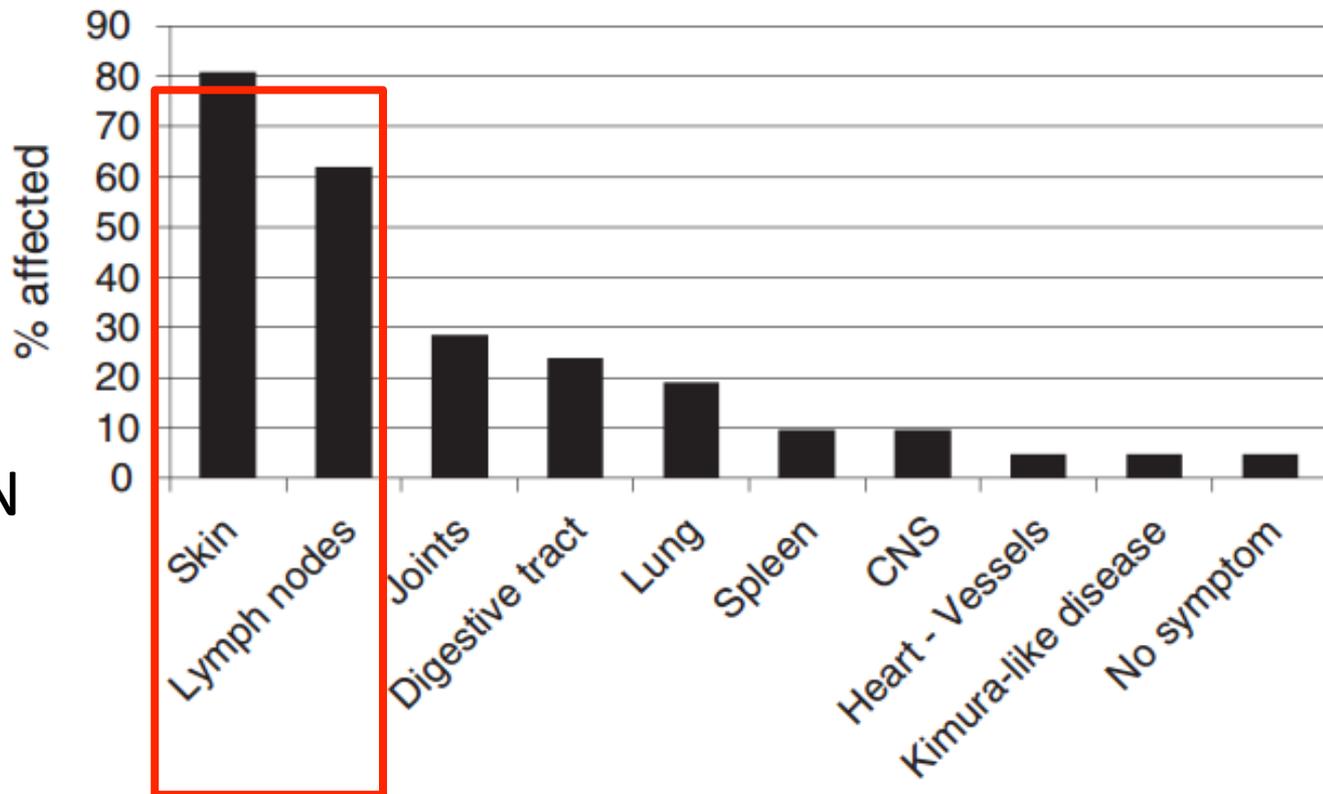


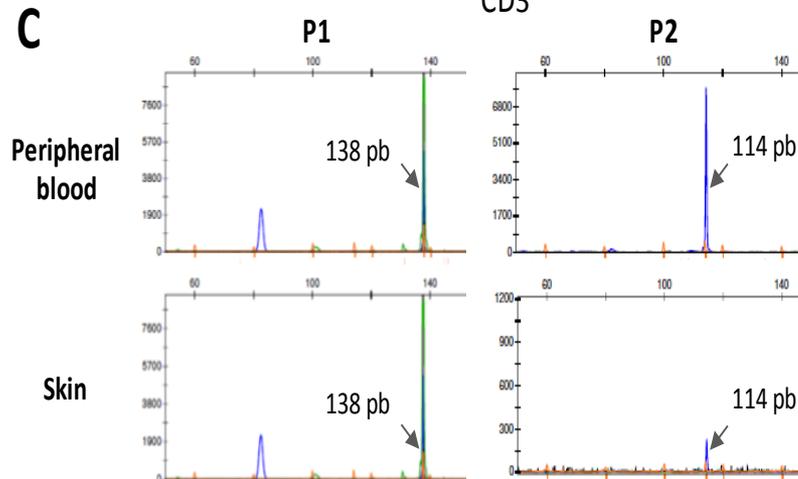
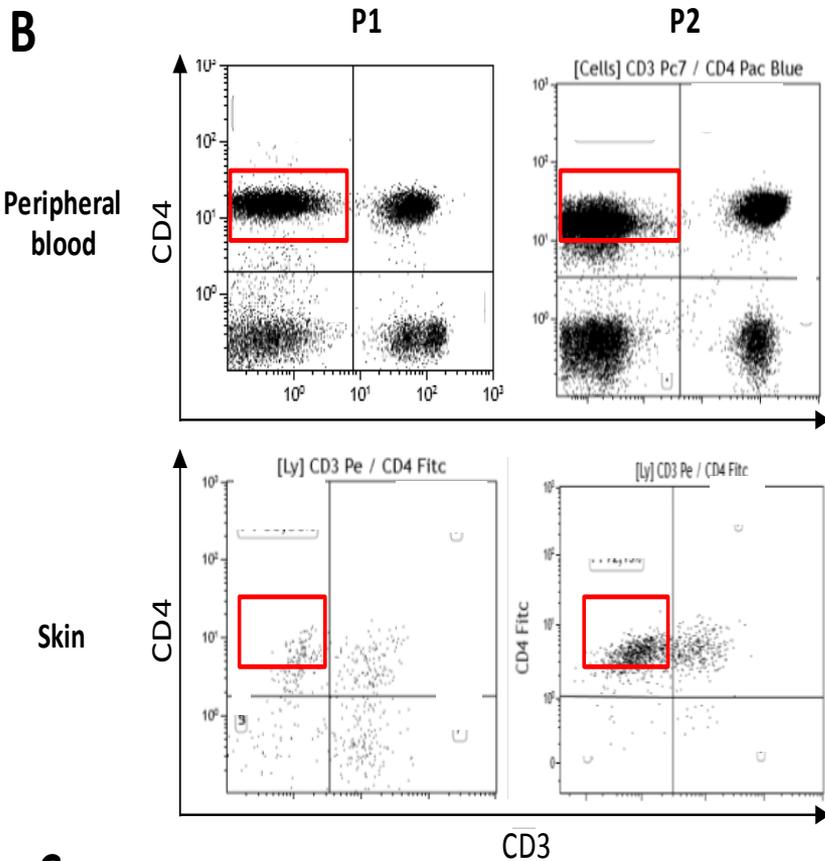
# *SHE lymphoïde... 25 ans plus tard*

## The Lymphoid Variant of Hypereosinophilic Syndrome

*Study of 21 Patients With CD3-CD4+ Aberrant T-Cell Phenotype*

- 13 F / 8 H
- 42 ans [5-75]
- Atopiques: 48%
- IgE augmentés
- B12 et tryptase: N





- ✓ Infiltrats tissulaires T clonaux
- ✓ CD3-CD4+ dans tous les organes atteints par les PNE,
- ✓ Depuis parfois 20 ans
- ✓ En IHC: CD3+CD4+
- ✓ Pas d'expression CD10 ni marqueurs T FH (PD1, CXCL13...)



# Quelques marqueurs utiles

TABLE E2. Comparison of baseline characteristics between F/P+ LCE and CD3-CD4+ L-HES cohorts of the French Eosinophil Network

	F/P+ CEL patients (n=44)	CD3-CD4+ L-HES patients (n=21)	p value
Age at eosinophilia onset (years)			
Median	41	42	
Range	6-67	5-69	
Sex ratio M/F (% M)	43/1 (98%)	8/13 (38%)	
Other laboratory findings			
Anemia	16 (37%)	0	0.001
Thrombocytopenia	16 (37%)	0	0.001
gd TCR clonality	8/37 (21%)	16 (76%)	7.7 10 <sup>-5</sup>
Increased vitamin B12	28/34 (82%)	2/17 (12%)	1.6 10 <sup>-6</sup>
Increased tryptase	21/27 (78%)	2/17 (12%)	1.6 10 <sup>-6</sup>
Increased IgE	5/31 (16%)	18 (86%)	2.8 10 <sup>-6</sup>

***B12, Tryptase, IgE totales permettent d'orienter le diagnostic***

***Beaucoup de caryotypes et biologie mol. inutiles +++***



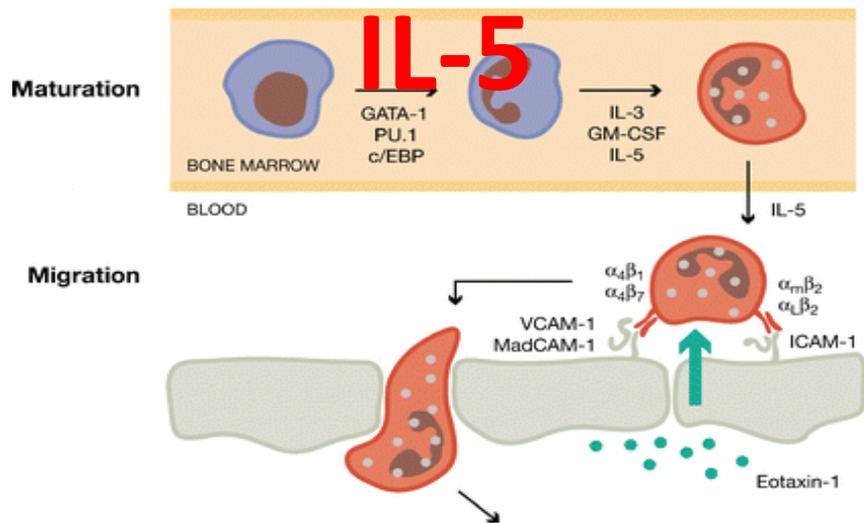
# Plan

- 1. Généralités*
- 2. SHE clonaux*
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# Concept de SHE réactionnel

Proposed terminology	Proposed abbreviation
Hereditary (familial) HE	HE <sub>FA</sub>
HE of undetermined significance	HE <sub>US</sub>
Primary (clonal/neoplastic) HE†	HE <sub>N</sub>
Secondary (reactive) HE†	HE <sub>R</sub>



## Hyperéosinophilies réactionnelles

### Causes fréquentes :

- ✓ Réactions médicamenteuses
- ✓ Helminthiases
- ✓ Atopie ( $PNE < 1,5G/L$ )

### Causes rares :

- ✓ ABPA
- ✓ Virales (VIH1, HTLV1)
- ✓ Maladies auto-immunes (PB, PR, GEPA, MICI)
- ✓ Cancers solides
- ✓ SHE lymphoïde (3-4+; 3+4+7-; 3+4-8-TCRab)
- ✓ Lymphomes (Hodgkin, lymphomes T)
- ✓ Mastocytose

1. Valent, *J Allergy Clin Immunol* 2012

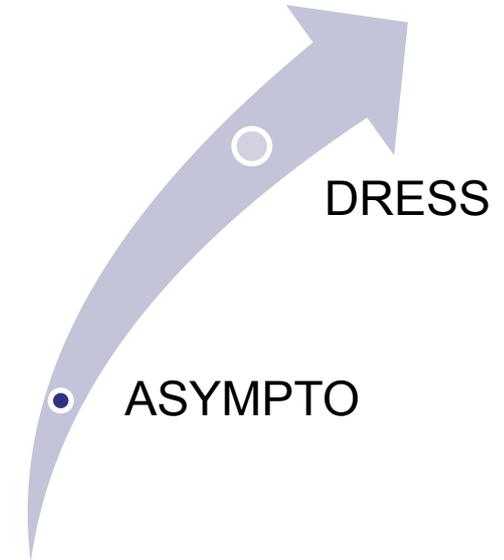
2. Kahn, *Front Med* 2017



# PNE et hypersensibilité médicamenteuse

TABLE I. Drugs associated with DRESS

Drug group	Drug examples
Aromatic anticonvulsants	Carbamazepine Phenobarbital Phenytoin Primidone
Nonaromatic anticonvulsants	Lamotrigine Valproic acid Gabapentin Benzodiazepines
Anticancer drugs	Allopurinol
Antimicrobial agents	Minocycline Terbinafine Nitrofurantoin Isoniazid Abacavir
Sulfa drugs	Sulfonamides Dapsone
Nonsteroidal anti-inflammatory drugs	Sulfasalazine Oxicam Thalidomide
Antihypertensive drugs	Captopril Diltiazem
Antidiabetics	Sorbinil



**MAIS AUSSI, en cours d'hospitalisation**

- Antibiotiques
- HBPM
- AVK
- PDC iodés

**💣 DUREE 10j à 6 MOIS ++++**

**Se donner du temps si arrêt d'un TTT**



## *DRESS : intérêt du score RegiSCAR*

Item	présent	absent
Fièvre	0	-1
Adénopathies	1	0
Eosinophilie	1 ou 2	0
Eruption > 50%	1	0
Eruption suggestive	1	0
Atteinte viscérale	1 ou 2	0
Durée > 15 jours	0	-1
Bilan excluant d'autres causes	1	0

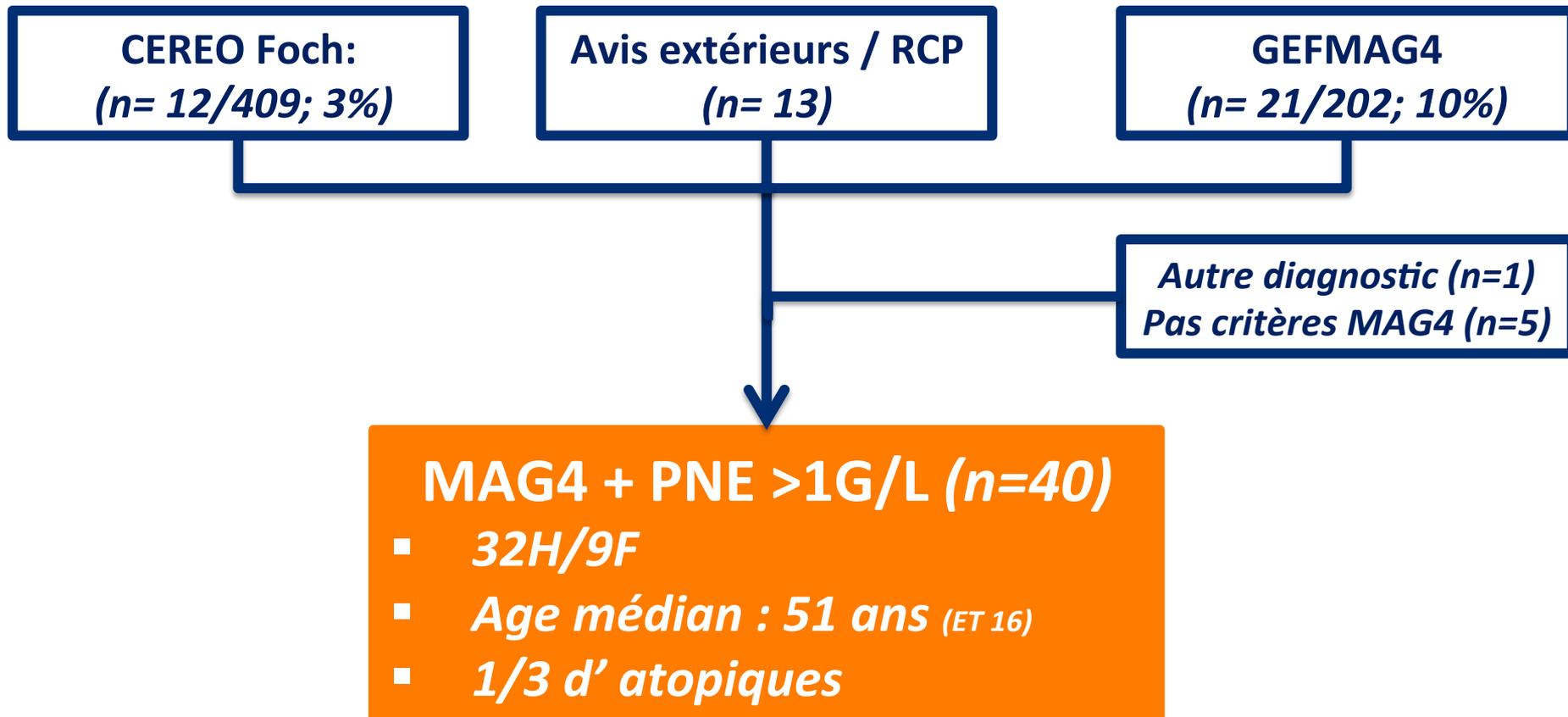
Score total: < 2 Exclu      2-3 Possible      3-4 probable      > 4 certain

***Réactivation virales (EBV, CMV, HHV6, HHV7)  
fréquentes au cours du DRESS***

*Kardaun, Br J Dermatol, 2007*



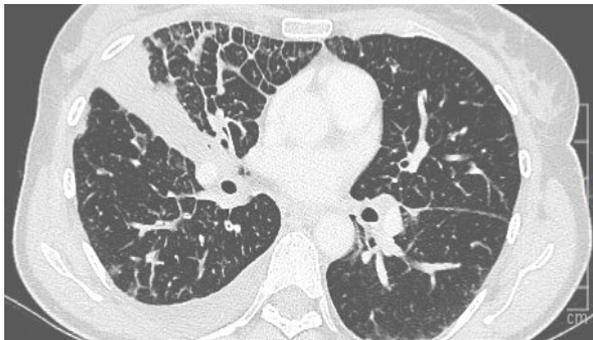
# MAG4 et SHE (1)



## Clinique

27/40 (67%) patients  
symptomatiques

- Poumon: 16/27 (60%)
- Peau: 11/27 (40%)
- ORL: 8/27 (30%)
- Coeur: 6/27 (22%)
- Vascularite: 5/27 (18%)



Atteinte pulmonaire



Atteinte cutanée



Atteinte ORL

## Biologie

- PNE moyens: 6 G/L
  - > 1,5G/L: 70%
  - > 3G/L: 50%
- IgE totales ↑: 25/30 (85%)
- B12 ou tryptase ↑: 1/18 (5%)
- Phénotypage Ly anormal (3/36)
  - ✓ 3-4+ (n=1)
  - ✓ 3+4+7- (n=1)
  - ✓ 3+4-8-TCRab (n=1)



# MAG4 et SHE (3)



Faculté  
de Médecine  
Aix-Marseille Université

## Corticothérapie

- Prescrite chez 34/38 (89%)
- Efficacité MAG4 32/34 (94%)
- Réponses hématologiques
  - ✓ complète (RHC) 26/33 (79%)
  - ✓ partielle (RHP): 7/33 (21%)
- Rechutes:
  - ✓ 26/32 (81%)
  - ✓ après sevrage chez 8/26 (30%)
  - ✓ à +/- 11 mg/j chez 18/26 (70%)
  - ✓ manifestations cliniques
    - MAG4 24/26 (92%)
    - SHE 7/26 (27%)

## Lignes ultérieures

- DMARDs 11/38 (29%)
  - ✓ efficacité MAG4 10/11 (90%)
  - ✓ RHC: 8/11 (72%); RHP: 2/11 (20%)
  - ✓ **Rechutes: 9/11 (80%)**
- RITUXIMAB n=17 (45%)
  - ✓ **efficacité MAG4 17/17 (100%)**
  - ✓ RHC: 4/17 (24%); RHP: 12/17 (71%)
  - ✓ Rechutes: 25% (>> RTX d'entretien)
- MEPOLIZUMAB n=2 (5%)
  - ✓ **efficacité MAG4: (0%)**
  - ✓ RHC: 1/2 (50%); RHP: 1/2 (50%)



# PR et SHE (n=48)

## Characteristics of Eosinophilia

Mean time to Eosinophilia, years	5.4 (-2-29)
Eosinophilia at RA onset (+/- 6 months)	20 (41.67%)
Eosinophilia before RA onset (> 6 months)	2 (4.1%)
Mean peak value, G/L	5.6 (0.6-52)
>1.5G/L	36 (75%)
>3G/L	20 (41.7%)
Mean PGA at peak of HE (range)	3.8 (0-9)
<b>Organ involvement related to HE</b>	28 (58.3%)
Skin involvement	7 (14.6%)
Lung involvement	7 (14.6%)
Angioedema	3 (6.3%)
ENT	2 (4.2%)
Myocarditis	1 (2.1%)
Serositis	4 (8.3%)
Vasculitis	4 (8.3%)
Myositis	2 (4.2%)
Others	4 (8.3%)
<b>HES criteria fulfilled</b>	23 (60.4%)

## Enquête étiologique

- Pauvre
- Tardive

## IgE: n=23/48 (47.9%)

- Augmentées n=20/23 (87.0%)

## Phéno T: n=27 (56.3%)

- SHE L CD3+CD4+CD7-: n=1

## Bilan myéloïde:

- toujours normal... quand fait...

## Intérêt du Rituximab ?



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# Maladies localisées à un organe

Maladie gastrointestinales à Eosinophiles (colite, gastro-entérite, oesophagite)

Cholangite à éosinophiles

Pancréatite à éosinophiles

Ascite à éosinophiles

Asthme éosinophilique

Bronchite et bronchiolite à éosinophiles

Pneumopathie aigue et chroniques à éosinophiles

Néphrite interstitielle à éosinophiles

Cystite à éosinophiles

Mastite à éosinophiles

Myocardite à éosinophiles

Myosite à éosinophiles

Endométrite à éosinophiles

Synovites à éosinophiles

Fasciite à éosinophiles



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# HE-US: on ne traite pas une NFS...

## Marked and persistent eosinophilia in the absence of clinical manifestations

---

Yun-Yun K. Chen, BS,<sup>a</sup> Paneez Khoury, MD,<sup>a</sup> JeanAnne M. Ware, MSN, CRNP,<sup>a</sup> Nicole C. Holland-Thomas, MSN,<sup>b</sup> Jennifer L. Stoddard, BS,<sup>c</sup> Shakuntala Gurprasad, BS,<sup>c</sup> Amy J. Waldner, BA,<sup>a</sup> and Amy D. Klion, MD<sup>a</sup> *Frederick and Bethesda, Md*

- 8 patients **HE-US** (dont 4 HE-L; 3 CD3-CD4+)
- PNE: 1,8 G/L-7,8 G/L
- Suivie médian 11 ans (7-29 ans)
- **AUCUNE MANIFESTATION CLINIQUE SANS TRAITEMENT**

**Clinical implications: A subset of patients who present with unexplained marked eosinophilia (AEC > 1500/ $\mu$ L) and no clinical manifestations attributable to eosinophilia appear to have a benign prognosis and can be followed closely without therapy.**



[avis.cereo@gmail.com](mailto:avis.cereo@gmail.com)



## CEREO

- **Annecy:** Dr Morati-Hafsaoui, Dr Alice Berezne
- **Bordeaux:** Pr Viillard
- **Foch-Surenes:** Pr JE Kahn, Dr M Groh, Dr F Ackermann
- **Lille:** Dr G Lefevre, Dr N Etienne, Pr Staumont Salle, Dr Terriou, Pr Launay, Pr Hatron, Pr Hashulla, Morschhauser,
- **Marseille:** Pr Schleinitz
- **Nantes:** Pr Hamidou
- **Strasbourg:** Pr Martin
- Lyon: Pr Salles, Dr Khouatra, Pr Ninet, Pr Seve, Pr Cordier
- Paris: Pr Baruchel, Pr Rousselot, Pr Michel, Pr Fain, Dr Barete, Pr Sene, Pr Haroche, Pr Costedoat-Chalumeau

Immunologie – Pr M Labalette  
J. Trauet, V. Lekeux,  
V. Bétrancourt, V. Dutriez

Anatomo-pathologie – Pr Copin

Hématologie – Pr Preudhomme

Collaboration: Dr C. Roumier

Clonalité T / PCR: Dr N. Gardel

Séquençage: S. Geffroy, Dr S. Poulain

Cytogénétique

Dr C. Roche-Lestienne

Plate-forme de génomique  
fonctionnelle U837

M Cheok, P Peyrouze