

# EVERY JOB EVERY TIME

zero/harm



## When working for Programmed, you are expected to apply these safe work essentials EVERY JOB, EVERY TIME:

- ✓ Present fit for work – not impaired by alcohol or other drugs, fatigue or pre-existing injuries
- ✓ Assess and discuss work related risks before starting work
- ✓ Reassess the risks when there is a change to the task
- ✓ Confirm that all team members are competent and hold the correct licence or are supervised by a qualified person
- ✓ Ensure that suitable Personal Protective Equipment (PPE) is worn
- ✓ Verify that all tools and equipment are in good working order and used as intended
- ✓ Identify line of fire hazards and take action to prevent being in harm's way
- ✓ Use lifting aids and adopt practices such as team lifts and task rotation to minimise hazardous manual tasks
- ✓ Stop and report any unsafe work or condition



### Lifting and Loading

#### Lifting and Loading, I will ensure:

- ✓ A lift plan is completed according to procedure
- ✓ Pedestrian and lifting movements are assessed and exclusion zones implemented
- ✓ Pick up and lay down locations are kept clear
- ✓ Tag lines are used to assist in guiding loads.
- ✓ I never climb onto or work under a suspended load
- ✓ Lifting equipment and devices are inspected and deemed suitable before use
- ✓ Network operator rules are followed when lifting around or near overhead power lines

For more information ask your manager about how you can be better prepared EVERY JOB, EVERY TIME.