

When working for Programmed, you are expected to apply these safe work essentials EVERY JOB, EVERY TIME:

- Present fit for work not impaired by alcohol or other drugs, fatigue or pre-existing injuries
- Assess and discuss work related risks before starting work
- Reassess the risks when there is a change to the task
- Confirm that all team members are competent and hold the correct licence or are supervised by a qualified person
- Ensure that suitable Personal Protective Equipment (PPE) is worn
- Verify that all tools and equipment are in good working order and used as intended
- Identify line of fire hazards and take action to prevent being in harm's way
- Use lifting aids and adopt practices such as team lifts and task rotation to minimise hazardous manual tasks
- ✓ Stop and report any unsafe work or condition



Isolating Energy Sources

Isolating Energy Sources, I will ensure:

- Energy sources have been identified, isolated and deenergised before starting works
- All isolations have been proven (test for dead), tagged and controlled
- ✓ My personal lock and / or tag has been applied
- ✓ I never remove another person's lock or tag without authorisation of a line manager

For more information ask your manager about how you can be better prepared EVERY JOB, EVERY TIME.



