

Our personal standards, the things we expect and accept, develop over time and are influenced by our upbringing, education and life experience.

We set personal standards for such things as living conditions, customer service and the quality of goods and services we purchase. We also set personal standards for our safety, however due to our perception of certain risks or acknowledgment of our accountability to manage those risks, we often put ourselves and others in harm's way.

To avoid this happening we can use the simple strategy **"The standard I walk past is the standard I accept".** If you notice something that isn't safe and don't do something to make it safe, it could hurt you or someone else immediately or in the future. Imagine having a young child with you and consider the vigilance you apply to keep them safe – now apply that same vigilance for yourself and fellow workers.

# The safety standards we should set include:

## Know and follow site rules and procedures

- Participate in training requirements and site inductions
- Ask for clarification if you don't understand
- Follow the rules and procedures at all times and don't take short cuts
- Enforce rules and procedures by passing on knowledge to others
- Report deliberate breaches of rules and procedures

#### Maintain condition of tools, plant and equipment

- Complete checklists such as inspections, Take 5 etc and don't just "tick and flick"
- Have routine maintenance and servicing performed by suitably qualified persons
- Perform continual visual inspections whilst equipment is being used
- Use equipment as per design purpose and manufacturers specification

### Be aware of your environment

- Regularly inspect work areas for suitability or changes eg. water build up, changes in levels, cracks
- Consider other work or public areas eg. dust, noise, open pits, falls from height

#### Maintain fitness for work

- Present fit for work free from fatigue, drugs and alcohol as well as being mentally focussed
- Observe and assess the fitness of others.
  Support and report substandard or hindered work performance that might indicate health issues
- Wear correct PPE and maintain in good condition

