

SURVEY NAME

SENIORS' FINANCIAL TRADE-OFFS

DATE

Wednesday, February 18, 2026

POWERED BY

 **Pollfish**

Q1

TYPE: MULTIPLE SELECTION

In the past 12 months, which expenses have increased the most for you due to rising costs?

#	ANSWERS	RESPONDENTS(%)	ANSWERS(%)	COUNT	STRATIFIED RESPONDENTS(%)	STRATIFIED ANSWERS(%)	STRATIFIED COUNT
A1	Groceries	86.30%	22.75%	863	85.44%	23.06%	854.42
A2	Housing (including insurance)	32.30%	8.51%	323	30.93%	8.35%	309.32
A3	Utilities	66.40%	17.50%	664	65.45%	17.67%	654.5
A4	Prescription medications	24.10%	6.35%	241	23.34%	6.30%	233.35
A5	Doctor visits or medical care	17.70%	4.67%	177	16.92%	4.57%	169.16
A6	Dental or vision care	17.00%	4.48%	170	16.03%	4.33%	160.31
A7	Basic necessities (e.g., toilet paper, toothpaste)	55.60%	14.65%	556	54.01%	14.58%	540.13
A8	Transportation (gas, car maintenance, insurance)	38.50%	10.15%	385	36.34%	9.81%	363.37
A9	Travel	19.30%	5.09%	193	18.74%	5.06%	187.41
A10	Social activities or hobbies	17.90%	4.72%	179	18.84%	5.08%	188.38

#	ANSWERS	RESPONDENTS(%)	ANSWERS(%)	COUNT	STRATIFIED RESPONDENTS(%)	STRATIFIED ANSWERS(%)	STRATIFIED COUNT
A11	Other	2.60%	0.69%	26	2.54%	0.69%	25.41
A12	I have not experienced increased costs	1.70%	0.45%	17	1.90%	0.51%	18.97
							COMPLETES 1000

Q2

TYPE: MULTIPLE SELECTION

In the past 12 months, have you had to cut back on any of the following because of rising costs?

#	ANSWERS	RESPONDENTS(%)	ANSWERS(%)	COUNT	STRATIFIED RESPONDENTS(%)	STRATIFIED ANSWERS(%)	STRATIFIED COUNT
A1	Prescription medications	5.20%	2.38%	52	5.44%	2.60%	54.39
A2	Doctor visits or medical care	8.40%	3.85%	84	7.54%	3.60%	75.4
A3	Dental or vision care	10.60%	4.86%	106	9.36%	4.46%	93.56
A4	Groceries or quality of food	43.20%	19.79%	432	40.29%	19.22%	402.86
A5	Basic necessities (e.g., toilet paper, toothpaste)	17.90%	8.20%	179	15.95%	7.61%	159.48
A6	Transportation	14.60%	6.69%	146	14.13%	6.74%	141.3
A7	Home heating/cooling	21.60%	9.89%	216	20.99%	10.02%	209.91
A8	Housing	2.60%	1.19%	26	2.24%	1.07%	22.43
A9	Travel	26.20%	12.00%	262	25.46%	12.15%	254.55
A10	Social activities or hobbies	30.90%	14.15%	309	27.61%	13.17%	276.05
A11	Other	3.40%	1.56%	34	3.42%	1.63%	34.2

#	ANSWERS	RESPONDENTS(%)	ANSWERS(%)	COUNT	STRATIFIED RESPONDENTS(%)	STRATIFIED ANSWERS(%)	STRATIFIED COUNT
A12	None of the above	33.70%	15.44%	337	37.17%	17.74%	371.72
							COMPLETES 1000

Q3

TYPE: OPEN-ENDED

Which of these cutbacks has been the hardest for you personally—and why?

ANSWERS

A1	Going out an stuff I used to do quite a bit but know it's so expensive you can't afford to
A2	Personal activities and hobbies I stay home and do things that are low cost.
A3	None of these.
A4	Reducing travel as I'm old and want to travel while I can still am able to do that.
A5	Traveling because I have a hrs time sitting still for a long period of time
A6	Personal items
A7	Travek to see my friends have been a problem
A8	I love beef, but choice cuts of beef are out of reach unless they go on sale.
A9	I have less disposable income.
A10	Groceries and utilities
A11	Nome
A12	Groceries and utilities
A13	Haven't cut back
A14	Not being able to travel and stay at a hotel to visit my friends who live at the coast. I miss their company.
A15	The utilities have been much higher than I have ever experienced. I support 4 grandchildren and the astronomical increase in utilities is killing me.

#	ANSWERS
A16	all of them together make for a tighter living
A17	have not made any big cutbacks aside from dining out less
A18	Social activities , I don't go out anymore I feel like I am trapped in my house .
A19	Eating out reductions are necessary but I wouldn't say it was the hardest
A20	So far, nothing has and I'm all good,
A21	The hardest thing they cut back on was groceries as they are the basics for living.
A22	Food
A23	Groceries, they are a necessity but have gone up.
A24	eating out
A25	I love to travel and so cutting back or not traveling at all has probably been the hardest.
A26	Not being able to take time away for leisure
A27	I AM HAVING GASTRO PROBLEMS AND NEED CERTAIN FOODS BUT I CAN'T REALLY AFFORD THEM
A28	Healthcare. I can't afford to get all the medical help and procedures needed
A29	Groceries
A30	High price of groceries
A31	Fast restaurant
A32	I selected no cutbacks
A33	Not buying sweet treats as much as I used to
A34	I had no cutbacks
A35	I don't know what to say here.
A36	None
A37	Dpoing fun stuff liie going to the movies, buy clothes, going to sore brand food

#	ANSWERS
A38	Did not cut back on anything
A39	Food, The prices of food is very high
A40	Cut back on food I love food
A41	Grocery shopping. Everyone has to eat.
A42	I answered that I did not have to cutback on anything, so cannot answer this question,
A43	Each thing has presented the most difficult! I pay more for less food, utilities, medical etc.
A44	Eating out restaurants
A45	Getting enough food or gas.
A46	Groceries
A47	Groceries because we were used to having certain foods and now we rarely have them
A48	They all are for me. Everything is too expensive
A49	Groceries, I resorted to food pantry.
A50	Gas
A51	food
A52	Groceries. I do not like eating foods with more preservatives but since they are lower in price I have started to.
A53	Not running the heat as high as we used to. We wear alot more clothes than we did before..
A54	I am fortunate to be able to pay the rising costs, but sympathize with the people living paycheck to paycheck.
A55	Prescriptions have to take them less often to stretch them
A56	transpotation i get bored real easy
A57	Utilities due increased fluxing of weather patterns make it hard on budget.
A58	Groceries. Some prices have almost doubled and the quality of fresh food seems to have decreased despite higher prices.
A59	Food cause we like to eat good food

#	ANSWERS
A60	Nothing specific
A61	Cost of food not getting near as much as i use to
A62	Basic costs have gone through the roof
A63	The rent, although I still barely make the payment due to necessity, is hardest to make every time.
A64	Rarely go out to eat any more. Have been preping, cooking, cleaning up for about 60 years and need a break now and then. Rarely order favorite pizza but make do with home made. Order groceries online for curbside pickup and try to do all errands in one trip about every 10 days. No longer take drives just because it is a nice day. Think twice when need to spend money to see if can put off or need right away.
A65	I haven't cut back on my spending
A66	Utilities because I am self-employed. Also, I was ill and eventually had surgery over the past eighteen months and did not work regularly.
A67	Food
A68	I dont like it but have no problems yet
A69	Food has gotten so expensive si I've learned to make more one pot meals to stretch the budget and not buy any extra sweets, bread etc. I choose to do more cooking.
A70	ALL THE CUTBACKS HARD TO PAY FOR EVERYTHING
A71	They have not been hard on me because I can afford to pay the increases.
A72	I really like to travel, its out of the question right now
A73	I haven't had to cut back but I have put off some large home renovations due to inflation. It's been disappointing more than difficult.
A74	Less travel
A75	I haven't had an issue, but prices are certainly higher for groceries.
A76	Groceries because I have to pick meats that are not as lean and lots of hot dogs and less side items also skip a meal or two a day
A77	I like to be able to gather with my family but gas, turnpike fees, gifts and dining out can limit how often I can do that
A78	Groceries, Buying lesser brands
A79	Travel

#	ANSWERS
A80	groceries because its difficult to get quality food
A81	Groceries as they are not always affirdable
A82	No cut backs yet
A83	utilities/ the cost of keeping warm or cool depending on the weather, the higher cost of cooking dinner during high peak hours
A84	Buying food is the most expensive part of living.
A85	Cutting back on groceries because I couldn't get everything I wanted
A86	Transportation, I like getting out of the house.
A87	Travel because it's something my wife and I really enjoy
A88	Food because we food bank food
A89	I had to start shopping at thrift stores for clothes. I do consider these clothes recycled rather than new off the rack.
A90	PG&E my bill was more then I make almost it was 900.00 and I am scared of having my lights shut off this has never happened before and I have solar so it's been extremely stressful for me
A91	I think groceries I miss some of the products I have stopped buying
A92	Transportation because of gas prices and insurance rates !
A93	food . the prices keep going up but our income doesnt.
A94	I said I have had no cutbacks.
A95	being socially involved with my friends
A96	All cutbacks have been hard.
A97	Inability to buy supplies for my hobbies. As a retired person, I tend to spend a lot of time on my hobbies.
A98	I have only cut back on some groceries - getting a cheaper brand in some cases. I don't like it when I can't buy the brand that I want.
A99	Certain foods have been a problem, but I have found generic versions that are OK
A100	Dining out. Pricing going way too high when one wants to go out & socialize.

#	ANSWERS
A10 1	I cut back on clothes for myself due to how expensive things are.
A10 2	Cutting back on medical expenses because I am putting off a procedure I need.
A10 3	Groceries have taken the biggest bite of income so we aren't getting all the goodies we're used to.
A10 4	groceries because I can not afford to buy a lot of the things I need
A10 5	None
A10 6	ALL OF THEM
A10 7	None really, you just deal with it.
A10 8	I have not made cuts
A10 9	Staying home more , less socializing.
A11 0	Cutting back on food. Being hungry is no fun
A11 1	It's not really affected me that badly. I just go with the flow.
A11 2	Travel
A11 3	I have not had to cut back
A11 4	i had to change RX do due to cost
A11	Grocery cost have increase

#	ANSWERS
5	
A11 6	I am fortunate in that I haven't really had to cut back. Perhaps I'm buying a little less food and using what I have on hand,
A11 7	Have to watch what I purchase at the grocery store store.
A11 8	Socially. I miss it
A11 9	groceries hit me the hardest you have to decide what you need the worse or need it
A12 0	Travel
A12 1	Groceries because we run out of food.
A12 2	Cutting down on food budget because it's a necessity to live
A12 3	Insurance and medical costs
A12 4	utilities because they are out of control
A12 5	The rising grocery prices have caused me to pass on some items, especially coffee.
A12 6	I think I noticed grocery prices personally. The basic things like bread, milk, and eggs we use all the time. Also other items if I want to stay on budget I don't buy them.
A12 7	have not made cutbacks
A12 8	Electric, has tripled its cost.
A12 9	Cutting back on food for the family hurt me the most because I just couldn't afford the expenses anymore

#	ANSWERS
A13 0	Budgeting for groceries. I'm used to buying what I want.
A13 1	Having to watch my grocery budget and buying cheaper food that's not as good of quality
A13 2	Nothing in particular
A13 3	None no cut backs
A13 4	I like to go out to eat and we've had to cut back because of the rising prices in restaurants.
A13 5	Prescription
A13 6	Snacks and extras have been stopped
A13 7	Cutting back on travel such as choosing to drive instead of fly has been the hardest impact.
A13 8	Keeping the home at a good temperature
A13 9	I did no cutting back.
A14 0	Therapy expenses for a chronic illness,
A14 1	groceries because of the procr
A14 2	I have not needed to curtail my spending, but I am saving less.
A14 3	Restaurants...going out to eat, occasionally.
A14	The one about traveling because the tickets are very expensive

#	ANSWERS
4	
A14 5	Dental care
A14 6	Going out to dinner we used to have a flex card with advantage medicare that gave us money every month for groceries, so now we pay for our own groceries instead of going out
A14 7	The rise in grocery prices. I need food and it would be very hard to cut back on something I need.
A14 8	I did not cut back I spent more.
A14 9	Home heating because its cold
A15 0	I have been fortunate and not had to reduce consumption
A15 1	transportation because most of our family lives in other states and our vehicles are over 20 years old and we cannot afford to replace them
A15 2	I haven't made any cut backs
A15 3	NEITHER BECAUSE I DON'T TRAVEL MUCH, JUST DAY TRIPS
A15 4	The biggest hardship has been the cutbacks in groceries -- taking more and more time to shop at several stores in order to get the best prices.
A15 5	Toilet paper napkins paper towels
A15 6	insurances because they are so necessary and it is impossible to cut back
A15 7	Groceries because we are now eating just basic food like ramen soup, etc.
A15 8	Groceries

#	ANSWERS
A15 9	Utilities because the increases continue with almost no hope that reductions will come in future months
A16 0	Not sure everything I ever get I need
A16 1	Heating because I am a senior citizen on a low income.
A16 2	Food is the biggest hardship because all the others are more or less not constant but one must eat to live so the impact of the cost increase is felt every day.
A16 3	Because we love to travel but can't as much anymore while the Democrats run Massachusetts.
A16 4	the hardest is the grocery because they are necessity!
A16 5	Groceries it's so awful to spend more money and have less groceries
A16 6	Transportation because I don't have a way to get around unless I ride the bus but I don't know how to ride it
A16 7	Hobby supplies as it is a great past time.
A16 8	Vacations
A16 9	Vacations they are too expensive
A17 0	We are cutting back on eating out. This is hard since I have to cook every meal
A17 1	utills
A17 2	None are terrible, but cutting back on travel hurts more.
A17	Groceries Raising costs I had to cut back

#	ANSWERS
3	
A17 4	There are some grocery items I love but are now so expensive that they make no sense to buy.
A17 5	We are buying less brand name items and less meat.
A17 6	Going to restaurants
A17 7	groceries
A17 8	Cost of food because I love to eat good and healthy
A17 9	Gas
A18 0	The winter has been colder and I've had to cut back on heating because it costs too much. I've been wearing more clothes at home.
A18 1	social activities going out to lunch, dinner buying special foods. that was a big treat for me
A18 2	Being on a fixed income, I have to keep an eye on my budget so I've had to limit non-essentials.
A18 3	FOOD. NOT BEING ABOUT TO GET A TREAT EVERY ONCE AND A WHILE
A18 4	Both husband and I no longer purchase pop as the price has doubled or more.
A18 5	Food is much more, we go without more than ever
A18 6	FOOD HAD TO CUT BACK ON EXTRAS
A18 7	I had to cut back on buying certain groceries because I don't work for a Time

#	ANSWERS
A18 8	Groceries Need them so I can't eliminate
A18 9	Traveling
A19 0	Getting eyeglasses has been hard
A19 1	Being able to have enough money for food and staples
A19 2	Grocery costs are the hardest to control. Shrinkflation makes it harder to identify price changes but I know I am getting less per package than before.
A19 3	Groceries
A19 4	Utilities
A19 5	Hearing coat keeps going up, so we lower our thermostat
A19 6	GROCERIES BECAUSE WE MUST EAT. HOUSING BECAUSE PRICES ARE FAR MORE THAN HOUSES ARE WORTH. UTILITIES BECAUSE PROFITS ARE FAR TOO HIGH.
A19 7	I am tired of being cold .
A19 8	travels
A19 9	Haven't been able to pay for vision or dental
A20 0	Making sure I check all sales and coupons to be able to stock my pantry.
A20 1	I am most concerned about rising grocery prices because people must eat and it is becoming harder to find lower cost choices.
A20	The cost of everything has gone up making it more difficult to manage my budget

#	ANSWERS
2	
A20 3	Hardest may not as appropriate a word as ADJUSTING to the situation has been . Just like most people , I find changing routine isn't always easy to do .
A20 4	All of them, because Biden screwed up billions (as the Abrams grant) which are inflationary, the way inflation works our best hope is to slow it down, bidens work will be with us as long as Jimmy Carters which is forever.
A20 5	no idea as never think about that
A20 6	Just had to quit eating
A20 7	Paying bills
A20 8	None
A20 9	The hardest is trying to manage the utility costs
A21 0	Social a activities. I'm not able to participate in some of the group functions
A21 1	Have not had to cut back on anything and do not plan on it just spend more thank G-d I can!
A21 2	Getting less groceries or generic brands.
A21 3	Utilities because I can't use my heat so it's been a cold winter too expensive to use
A21 4	Energy is costing a fortune and the house is cool so I have to bundle up. Then still paid over \$200 for heat!
A21 5	The cost of groceries do to smaller size packages and need to spend more for the same amount of the product
A21 6	Groceries because the essentials have risen in cost, I can barely afford to purchase any meat products at all. Low grade ground beef is now over 7. 00\$ per pound

#	ANSWERS
A21 7	We enjoy having dining it but that has gotten more expensive
A21 8	Electricity. Living in the dark.
A21 9	I am fortunate not to have had to cut back on anything this past year.
A22 0	Nothing
A22 1	It's annoying to have utilities rise in cost so much
A22 2	property Tax and insurance, it affects my budget on daly living
A22 3	Not being able to afford extras while shopping.
A22 4	Groceries
A22 5	Groceries
A22 6	Going to the doctor and groceries because of the rising prices
A22 7	I guest it would be buying food. Seems like every time that I go in the store to buy groceries they have gone up again. Like a can of salmon used to be 3.99 now it is 10.00 a can it is crazy. Trump keeps saying prices are down. I would like to know where
A22 8	I have not made any cutbacks but we have felt the increased prices
A22 9	I have not had to cut back on anything I care about
A23 0	Utilities as you have to use water, electricity and gas
A23	I would like to be able to travel as frequently as we have in the past.

#	ANSWERS
1	
A23 2	I have not had to cut back because of higher costs. I have cutback on fast food because of poor value for my money.
A23 3	Groceries because I can't share as much with my family and Neighbors when they are in need
A23 4	I would love to travel more but it's too expensive and harder to save for travel
A23 5	Eating at restaurants. It has become too expensive to even splurge a little
A23 6	Cutting back on travel has been most difficult for me because I like to go to my happy place - Hawaii - at least 3 times a year, but cannot afford to do that with the rise in airfare, accommodations and food there.
A23 7	Subscriptions less tv and entertainment
A23 8	Groceries. Difficult to cut down on the basics
A23 9	I enjoy traveling but need to cut back.
A24 0	Groceries. Hard to afford enough food.
A24 1	Groceries have been the hardest. Meat is very high, and protein is necessary in my diet.
A24 2	The cost of groceries have risen substantially, causing me to cut back on travel and nonessential items. I am retired and on a fixed income, so I have to be very judicious with my spending.
A24 3	None have been hard.
A24 4	steaks and beef in general, we at one time could splurge on steak, not anymore switching from preferred items to store brand even when they are not as good
A24 5	I cut back on grocery purchases not that I had too but because I will not pay the crazy prices being asked

#	ANSWERS
A24 6	I haven't had any cutbacks since my income is sufficient to cover my expenses.
A24 7	Paying the high water and light bills also gas in my car to run errands
A24 8	Groceries had been the main one since I live on a fixed income.
A24 9	keep house cooler and wear sweater,
A25 0	all so i cut back a little on each in order to achieve an across the board type of savings.
A25 1	Grocery they are high and experience
A25 2	Heating and cooling. I don't like the cold and I hate to wear layers of clothing
A25 3	They all have been vary hard.
A25 4	i eat well but i am buying cheaper brands a lot of store brands
A25 5	Cutting back on social events has been the hardest because it's essential for seniors to stay connected.
A25 6	I have not cut back on any expenses.
A25 7	hobbies
A25 8	I have had to cut back.
A25 9	I haven't had to make any cutbacks. I have just been spending more.
A26	The hardest thing that I have had to deal with or accept is the rising cost of groceries. I have good enough memory to see how each sale ad paper show an

#	ANSWERS
0	item going up in price. A few cents would be acceptable but when something increases in price within a few weeks - there is something wrong.
A26 1	food, and non food groceries have gotten ridiculous. I am having a hard time with the cost of laundry soap and dishwasher soap and pet food
A26 2	ALL the ones I selected have been "the hardest" because they are intertwined!
A26 3	Penny pinching when grocery shopping
A26 4	The price of gas to heat my home
A26 5	Travel. I love to travel and it is more expensive
A26 6	Travel cut back has been the hardest because I so look forward to a road trip to relax and just enjoy.
A26 7	We no longer have a car and can't afford one. It is hard not to be able to go places easily.
A26 8	I haven't cut back on anything
A26 9	Travel, because that's my way to relax and reset.
A27 0	Have cut back on some travel because of medical bills
A27 1	The hardest for me has been having to cut back on groceries. I can not afford some things I used to buy all my life. I have no transportation to get to food pantries, and I do not drive anymore. I did receive Meals on Wheels because I qualify, but even they send a bill each month, and the cost is outrageous for the amount and quality of food received, so I had to stop.
A27 2	Juggling the money an falling behind being on time payments
A27 3	Transportation
A27	Travel to see my kids

#	ANSWERS
4	
A27 5	I have not cut back on necessities. I would go out less if I needed to save money.
A27 6	Housing costs
A27 7	Cutting back on heating but I've cut back in small ways on about everything hoping for a cumulative effect.
A27 8	I haven't had any cutbacks.
A27 9	Transportation-I feel isolated
A28 0	This winter the heating has been difficult and wearing coat and hat indoors plus several layers as well.
A28 1	HEATING WAS THE HARDEST TO CUTBACK BECAUSE OF THE COLD BITTER WEATHER AND SNOWFALL,
A28 2	Food. becuse it rides do fast.
A28 3	The heating because I hate to be cold , very uncomfortable to me.
A28 4	Not going to the casino
A28 5	The electric bill because it got higher.
A28 6	We keep cutting back on the heat and the power bill goes up a lot anyway. I've been receiving Chemo infusions for breast cancer which has produced a poor appetite. As a result I've lost a lot of weight and been very chilly most of the time. Then January temps dropped to single digits and things got even worse.
A28 7	food costs
A28 8	Groceries because prices are so high

#	ANSWERS
A28 9	It all pisses me off because the vast majority of it was SO unnecessary! The current regime seems hellbent on breaking things that were not broken so they can further enrich their already obscenely wealthy asses!
A29 0	I had to cut back on groceries.
A29 1	dining out with my family and close friends has been hard to cut back on
A29 2	I haven't cut back on anything
A29 3	The hardest is not being able to afford meat and seafood like I used to because it's all to expensive
A29 4	None
A29 5	I was freezing this winter
A29 6	Having to cut back on travel is the hardest for me because my grandchildren live in another state and all of my siblings live in other states
A29 7	Not being able to pay for gas to do things for my car
A29 8	Utilities
A29 9	Nothing
A30 0	LESS SPORTING EVENTS, WAS A MIAN SOURCE OF ENTERTAINMENT
A30 1	Less disposable income
A30 2	Nothing that we can't handle now. It is concerning to watch the costs got up.
A30	Haven't heard enough something to say

#	ANSWERS
3	
A30 4	Nothing has been really difficult so far
A30 5	I have not had to cutback.
A30 6	none of them because i did not travel that much
A30 7	Soa treatments and beauty products
A30 8	Utility
A30 9	Gee it's tough to choose. I will pick medical appointments etc. I'm on a fixed income and have to pick and choose what's important at the time.
A31 0	It was a bit difficult to cut down on social activities but not that bad. I a content at home.
A31 1	None
A31 2	medications and utilities
A31 3	Groceries
A31 4	I really have not cut back on anything
A31 5	Haven't cutback
A31 6	Because I heat with electric and, the cost of electricity in MA has gone through the roof, I have had to cut back on heating my apartment. This has been very hard for me because I have a chronic spinal disease and the cold increases my pain.
A31 7	Activities

#	ANSWERS
A31 8	None
A31 9	I have to be careful buying food and it takes more time to plan.
A32 0	None so far. I can withstand the increases to date.
A32 1	Neither was hard to cut back on--but for now. I'm sure groceries will take a toll in the next year.
A32 2	groceries because it is hard to afford healthy food
A32 3	Not able to buy what I want looking for sales and what coupons I can use
A32 4	travle I only take 1 week vacation but I have not been able to do that even thought I just go to th ebeach I cannot do that yet
A32 5	Groceries because I have to eat and rising food prices are making it harder
A32 6	Stopped eating out a bit
A32 7	The cost of utilities makes it impossible to keep the house warm
A32 8	Not sure
A32 9	Travel. I really enjoy getting away on a vacation
A33 0	There have been times when product is no longer available or so unreasonably priced that it isn't worth buying.
A33 1	can't buy what you want at the grocery store
A33	lowering heat to help pay for utilities since I do not like the cold

#	ANSWERS
2	
A33 3	Groceries, because my grandkids don't understand why they can't have all their snacks.
A33 4	No cutbacks for me
A33 5	Not hard, just eliminated wants and prioritized necessities
A33 6	the utilities. they have gone up and I have no control over them.
A33 7	my meds have gone up 3 times higher I may have to change meds now
A33 8	Is it hardest for me to cut back on my utilities. Because I like to keep my house comfortable.
A33 9	I have not cut back on any items or activities.
A34 0	travel we love to do it but it costs to much
A34 1	Groceries because the inflation is getting out of hand.
A34 2	House insurance, because the increase was huge.
A34 3	Trying to eat healthy and spend less
A34 4	Its all been hard. There are no easy ways to cut back in a meaningful way.
A34 5	Travel because I like to go somewhere on vacation.
A34 6	Travel. Although gas is cheaper I would rather cut back on that thenanything else.

#	ANSWERS
A34 7	Groceries
A34 8	Nothing has been hard.
A34 9	At this point I haven't cut back on the items listed but I suppose we have reduced dining out as much.
A35 0	Utilities. Trying to keep the heat down in the winter. It gets pretty cold here
A35 1	The hardest part has been that I cannot stretch my food budget anymore. I rely on SS alone and find that I have had to find ways to save on groceries, in order to have enough food to last the month.
A35 2	I think the hardest is utilities being those bills costing more
A35 3	Groceries has been the hardest for me.
A35 4	The main thing I've done is the name brands is has been reduced. I use store brands later most of the time is very similar, but sometimes it isn't.
A35 5	groceries are high
A35 6	We have lowered our thermostat to 60 degrees for this last winter to control the utility bill.
A35 7	Have to be cut down cause everything is going up costs
A35 8	utility costs, can't afford to keep warm throughout the winter months
A35 9	Groceries because I cannot make all the dishes I used to prepare
A36 0	Groceries love to eat
A36	The cost of food I have been diagnosed diverticulitis and my whole menu has got to change and the price of these foods are not

1	
A36 2	Sometimes I do not run the heat excessive, so I wear jackets instead, or use the heated blanket.
A36 3	Utilities, increase in overall areas of electricity, water, and gas have risen substantially, no reason given by county offices
A36 4	It has been groceries. They have skyrocketed under Trump.
A36 5	I haven't had to make any cutbacks yet
A36 6	Traveling gas cost
A36 7	Groceries, because I've had to come up with more creative ways to stretch my food budget.
A36 8	Social activities and travel.
A36 9	I have cut back on my daily vitamin intake, so my energy levels are down.
A37 0	I have not had to cutback on anything.
A37 1	I make cutbacks in all things because prices are extremely high
A37 2	hobbies and social things.
A37 3	No cutbacks necessary
A37 4	food bc I like organic but I've lost weight bc I've literally eaten less bc I've bought less food.
A37 5	Utilities, because they are my biggest monthly expenses.

#	ANSWERS
A37 6	Energy for heating home
A37 7	Not eating out much cus I enjoy ot
A37 8	The hardest has been the needed cutback on groceries because it is necessary to eat a certain amount.
A37 9	Groceries because they are a necessity
A38 0	Driving less this week.
A38 1	traveling, i have family that as often as i used to
A38 2	I have not cut back, so do not believe I am qualified to answer this question.
A38 3	I have not cut back on anything
A38 4	I had a good diet but now I buy what I can afford
A38 5	Groceries - hard to afford the things we usually buy.
A38 6	Food - in particular, eggs & beef.
A38 7	I always take a
A38 8	Activities
A38 9	the price of food is over the top now Everytime I shop stuff keeps rising
A39	Electric Bill, I don't know why I use about the same foe a long time

#	ANSWERS
0	
A39 1	Groceries. It costs more to buy
A39 2	Vision , because its specialist each visits cost
A39 3	Living arrangements, because it's really stressful
A39 4	We used to go out for a nice steak dinner every few months, but lately they are just too expensive.
A39 5	THERE HAS NOT BEEN ANY RISING IN PRICES AT ALL DUH
A39 6	Groceries because I'm not able to cook as much items my family likes
A39 7	My utilities they have gotten out of hand
A39 8	Our social outings have been radically been cut back and we certainly miss it.
A39 9	travel as I was planning a trip for this summer and canceled it as things are too expensive and I need the money for other things
A40 0	groceries are the hardest increases and we now buy only on sale items and stock up or due without until they are on sale.
A40 1	N/a
A40 2	I have not cut back anything
A40 3	I have not had to cut back on my normal spending nor activities.
A40 4	Gas. We need to work

#	ANSWERS
A40 5	Travel. It is more expensive because is rising cost of lodgings and eating out. Travel is one of my favorite activities and, v because of inflation, I am cutting back spending on this activity
A40 6	setting limits on groceries and staying on that goal
A40 7	I have eliminated travel out of my budget. Do not have the extra to spend unfortunately.
A40 8	Heating and cooling because it's so, expensive but necessary.
A40 9	Groceries
A41 0	Groceries I'm on a strict budget
A41 1	I don't go to restaurants as much.
A41 2	None, they are basically all the same.
A41 3	I dont have no idea
A41 4	Groceries and basic necessities the prices just keep going up and when you're on a limited income it's hard
A41 5	Had to adjust budget.
A41 6	more grocery control
A41 7	physican visits
A41 8	None, it is infuriating that groceries cost so much more especially beef.
A41	none of them

#	ANSWERS
9	
A42 0	I keep my temperature cooler in the house in the winter just to save on electricity and it's a little uncomfortable
A42 1	have not made really an%3By cutbacks just did a little more budgeting
A42 2	I haven't cut anything yet.
A42 3	Gas prices I don't drive as much
A42 4	Cutting medical costs
A42 5	Not being able to afford extra entertainment
A42 6	Things like eating out.
A42 7	Travel because I like to travel.
A42 8	Travel - I need to leave the desert & get back to the ocean. I feel confined & just work, eat & sleep
A42 9	not being able to go see my family
A43 0	Groceries and personal items. Have already cut back on allnon essentials.
A43 1	i have not made any cutbacks.
A43 2	I don't have any cutbacks, I just pay more
A43 3	None

#	ANSWERS
A43 4	no cutbacks
A43 5	cutting down on heating the house when it is so cold outside
A43 6	groceries especially meat are extremely high like triple price
A43 7	I didn't have to cut back on anything.
A43 8	Buying food. Cut back on food because of the price increases, buy less meats , buy more store brand products.
A43 9	I haven't had to cutback on anything.
A44 0	Groceries
A44 1	The cost of groceries has doubled.
A44 2	Food is costing more than last year so we eat less food
A44 3	I guess that I eat out less. I don't mind this too much.
A44 4	None
A44 5	Always being hungry
A44 6	Travel. Have to lessen experiences
A44 7	Cutting back on Social activities has been hard. I need the social interaction.
A44	All, because I'm on a fixed income.

#	ANSWERS
8	
A44 9	My retirement doesn't even cover my basic needs. I was at food bank this morning. I had zero food at home. I haven't paid credit cards is 4 months.
A45 0	Dining out is the hardest for me personally because that is something I like to do to get together with friends and family to keep me connected
A45 1	proper food for health and living
A45 2	Restaurants because we enjoy going out together for lunch weekly
A45 3	We have not cut back
A45 4	Groceries
A45 5	Groceries because I am on a restricted diet and gluten free food is less available and more expensive
A45 6	everything in life is a cutback it is all expensive we cant live normal
A45 7	I look for BOGO items most frequently now to stretch my budget and don't go out to eat as often as I did in the past.
A45 8	None have been difficult I've adapted
A45 9	Not being able to buy items we like from the grocery store, but we switched to cheaper brands I don't really like.
A46 0	Groceries just too high
A46 1	The only thing that we've really cut back on is maybe going out to eat and drink as much and that's not really much of a hardship
A46 2	I no longer have enough money to join my friends for activities, like going out to dinner or to a movie.

#	ANSWERS
A46 3	Haven't really had to cut back on anything we just kind of re-distribute and maybe don't get the things that we didn't even in the first place we thought we needed them, but they were more wants than needs
A46 4	I have not had to cut back on anything.
A46 5	socializing because i live alone
A46 6	Having to buy more store brand items.
A46 7	None. I have been able to weather the storm.
A46 8	Cutting back on groceries
A46 9	None of my cutbacks have been hard on me personally because I have a strict budget
A47 0	Heating and cooling my house. It's been the hardest because I like to be comfortable when I am home
A47 1	Cutting back on non essentials like craft supplies and hobbies like painting
A47 2	I cut back on more expensive foods and buy more basic foods
A47 3	I have not cut back on anything. With just 2 of us in the household, our utilities are low. We have no mortgage or car payment
A47 4	Food and electric is the hardest of the cutbacks
A47 5	Home heating and cooling because we had a very cold winter.
A47 6	Cut back on golfing
A47	gas is tough because my son needs to get to work

#	ANSWERS
7	
A47 8	The hardest for me personally to deal with is travel. My husband and I love camping and traveling in our RV. Everything has gone up so much we've had to eliminate some of our travel plans.
A47 9	there were no cutbacks
A48 0	We haven't experienced any cutbacks in expiences.
A48 1	Traveling is hardest but we can save some money means more.
A48 2	Going out to eat at a full service restaurant
A48 3	none
A48 4	Groceries
A48 5	Groceries. I try not to buy much but it doesn't seem how hard u try not to spend a lot it costs more than u thought.
A48 6	Gro
A48 7	None have been hard. I still spend like I want to.
A48 8	All grocery and related products have increased in price. There is only me in the household, however, it is not usual nowadays for my monthly bill to be almost \$200 for said groceries and that is just purchasing the bare minimum of items. Nothing special or extra. Wherein I used to be able to spend only about \$100 to \$150 per month.
A48 9	all they are needed
A49 0	we can't go out to eat as often and we used to look forward to eating out
A49	Going out to restaurants has become more expensive and I go out less because of the increased cost.

#	ANSWERS
1	
A49 2	Going out to eat
A49 3	Quality of food - just have to outmuscle price now / not the highest not the lowest price
A49 4	Just have to watch my spending.
A49 5	I thought I'd be able to travel in retirement, but unfortunately, that is not the case.
A49 6	I haven't had to cutback yet.
A49 7	groceries to store brands
A49 8	They all have. The president is a idiot. None of this had to happen.
A49 9	I have not had to cut back on anything
A50 0	None at this time
A50 1	The cost of groceries or eating out. Things are just so much more expensive that we have cut some things out completely or opted for cheaper options.
A50 2	activities outside of house cannot afford anything extra
A50 3	None really, I live a very simple life and get almost everything I need from thrift stores and garage sales. I also stock up on items on sale and rarely pay full price for anything.
A50 4	Groceries I have to pay cash for my groceries
A50 5	Groceries because we all need to eat

#	ANSWERS
A50 6	I don't travel as the cost of fuel is too much after I pay my every day expenses. I miss visiting my grandchildren.
A50 7	eating out it is just not worth the money
A50 8	Paying bills and trying to put on my table and keeping a roof over my head.
A50 9	None really have been hard at all
A51 0	We have not cut back. If we want it we buy it and don't compromise
A51 1	It has not been that hard to cut back on my social activities but I do miss spending time with my friends
A51 2	i have not had to cut back on anything
A51 3	Cutbacks on groceries
A51 4	Not getting to go with Family or Friends for Leisure travel experience.
A51 5	Rent and Electricity because we only make so much money and those prices keep rising. Sometimes I feel we can't make it on what we earn.
A51 6	The rising costs of going out. The restaurants and movies and sports venues all cost more. I hate cutting back.
A51 7	Eating out. Less social time
A51 8	I had no cutbacks.
A51 9	I enjoy going to movies but prices don't allow me to go as often
A52	The cost of propane for heating. I don't like having to cut back on heat

#	ANSWERS
0	
A52 1	The hardest has been substituting cheaper foods that do not align with my kidney diet plan.
A52 2	Dentist appointment
A52 3	Utilites for the cold weather
A52 4	insurance rates are the most annoying
A52 5	Nothing has been hard, you just have to understand the difference between need and want.
A52 6	I haven't cut back I just watch what I spend.
A52 7	Groceries, because we want to always have enough good things for meals.
A52 8	I have cut back a little on some groceries
A52 9	Travel because it is my favorite thing to do and the best time I have to spend with my family.
A53 0	The price of groceries has been the hardest cutback due to the cost of everything.
A53 1	Transportation costs keep me from just traveling any time. Most of my friends require a vehicle trip.
A53 2	I'VE HAD TO START MEAL PLANNING AND BUDGETING TO BUY MY FOOD
A53 3	it is basic groceries for the family higher purchase prices
A53 4	Groceries have been the most difficult, due to the fact that I have to eat alot of "filler" foods in order to not be hungry.

#	ANSWERS
A53 5	Social is one of the hardest for me because I get so tired of being home but it costs so much to go out anywhere except a free park or something like that. I love being able to social at restaurants and out with my children and grandchildren.
A53 6	Food and especially going to restaurants is very hard
A53 7	Cutting back on groceries hurts the most.
A53 8	cutting back on buying books because i like books
A53 9	It's very hard to save any money for the future
A54 0	Utilities, I keep the house very cold in the winter
A54 1	Probably food. We have 5 in our family. Rising food prices began with tariffs
A54 2	I haven't made any cutbacks due to rising prices. I only buy things I need. This is what saves me money.
A54 3	Groceries - I can't buy all of the items that I want
A54 4	Travel
A54 5	Groceries because I have already cut back and now I have to cut back more
A54 6	Car maintenance has become increased higher than expected, especially when the bill is an unexpected one.
A54 7	NONE REALLY JUST DO NOT BUY WHAT I REALLY DON'T KEED
A54 8	I haven't had any cutbacks effect myself or family.
A54	Cutting back on going to visit family members is hard I don't get to see them very often

9

A55
0 Having to limit extracurricular activities for my children.A55
1 It has not been so hard to cut back on social activities that cost money%3B I just look for free events or donation only eventsA55
2 Socializing with my friends because it's expensive to go out and eat I need that money for other thingsA55
3 To keep up the price of food. Every week the prices just .50 to 1.00 on certain items and essentials.A55
4 Affording and paying my utilities has been the hardest! Why because, as a senior on a fixed income, I make sure to pay my rent, and groceries first. Although not enough to cover the entire month, my SNAP benefit helps a great deal with food. My electric bill is very high, and I find myself skipping paying the bill a month or two, until I receive a "Shutoff Notice."A55
5 Food quality suffers the most. Diet harder to follow.A55
6 The hardest cutbacks are not being able to move to a home with mire space.A55
7 We've almost cut out completely on our dining out and socializing activities. Times just aren't as much fun anymore but we need to pay our utilities more than eating out.A55
8 geting the food that i likeA55
9 None it really hasn't been a problem for me.A56
0 Heating is probably the hardest. I can not afford fuel oil, so the temp has been set at 55 all winter. The house is always very cold.A56
1 Having to bargain shop for cheaper groceries and make them last longer.A56
2 NoneA56
Being able to go out and treat myself for my wellbeing

#	ANSWERS
3	
A56 4	homeowners insurance that went up almost 100%
A56 5	My rent has gone up.
A56 6	Cutting back and not buying the extras
A56 7	the impact on families in the community
A56 8	Our utility bill keeps rising. Thankfully grocery and gas prices have come down.
A56 9	Entertainment social
A57 0	Social - not going out to eat with friends as much.
A57 1	I have none
A57 2	Travel...because I miss my family and friends.
A57 3	Groceries
A57 4	Have cut back on nothing
A57 5	i am 78 years of age and have a few million in the bank so why cut back
A57 6	I have always picked out any I really like to eat in groceries now I keep see if there is any cheaper.
A57 7	groceries

#	ANSWERS
A57 8	Traveling, I travel to visit my family in other states and we usually vacation together
A57 9	Gas. I travel a lot
A58 0	Travel because of cost
A58 1	Groceries are the hardest, especially meat prices. It takes away money that could be spent somewhere else.
A58 2	My social activities for I have a small circle of friends that I love spending time with
A58 3	Not being able to travel the country on vacations due to high rates has been the hardest
A58 4	How much I spend on just my entertainment and how much I spend on gifts.
A58 5	SOCIAL ACTIVITIES THAT WE LIKE TO DO ALL THE TIME
A58 6	Groceries
A58 7	Nothing has been hard for us because we have the means to absorb the cost. That said, it has been very frustrating to see food prices continue to increase in California.
A58 8	Cutting back on our grocery items has been the hardest. It is hard to put a meal on the table at the prices that are now in grocery stores.
A58 9	groceries are by far the hardest to minimize or change because of price
A59 0	I haven't cut back at all
A59 1	Housing
A59	Groceries because we have teenagers living with us and they eat quite a lot.

#	ANSWERS
2	
A59 3	No hardship, just watching our spending more carefully
A59 4	Cutting back on heating has been very hard. During the most recent bitter cold, I lower my thermostat to 61°. I'm cold all the time.
A59 5	actividades s0siciales ya que me limito por los costos
A59 6	Travel. Relaxing less.
A59 7	Cutting back on heating and air conditioning has been the hardest. I'm often too hot or too cold but I can save a little money.
A59 8	Not applicable
A59 9	I did not cut back.
A60 0	groceries because they are so costly
A60 1	Cutting back on the food is really tough because I already cut back an enormous amount and basically it's going to be affecting my health the amount of food that I eliminated
A60 2	Not being able to afford groceries is definitely a huge problem
A60 3	Watching money before deciding what is really necessary
A60 4	Medicine and bills and food
A60 5	All are difficult
A60 6	Utilities because I live in an area with excessive heat

#	ANSWERS
A60 7	groceries but I look for sales and coupons
A60 8	Groceries
A60 9	Turned thermostat down to 67. It's uncomfortable
A61 0	To cut back on meat has been the hardest.
A61 1	I buy what is needed
A61 2	Although some people believe groceries have come down in price, I have not found that to be true. Gas prices haven't come down either
A61 3	Had to cut down on groceries due to high costs
A61 4	heating and cooling because it has been below freezing too much this winter, thus more heat needed.
A61 5	i have not cut back,maybe bought less expensive items
A61 6	Probably groceries because it's real necessity so groceries come before medicine and dental care and vision is just out of the question can't afford it
A61 7	Travel due to high cost of gas.
A61 8	Cost of fuel because it costs more to travel.
A61 9	personally,I know what I have and I try to get the most bang for the buck
A62 0	Cost of utilities have risen and they are essential (Water, electricity, gas) are the hardest to pay due to limited income
A62	None, we needed to cut back on food.

#	ANSWERS
1	
A62 2	I have watched my spending on groceries, but it hasn't affected me that much.
A62 3	Especially all the food prices have gone up so I had to do away with some of them
A62 4	The rising costs of food are the hardest to deal with because it is so expensive for goods.
A62 5	food and going out to eat - too costly
A62 6	Housing as the rent just keeps going up for no other reason but greed
A62 7	Have not cut back
A62 8	Haven't had to cut back yet.
A62 9	I haven't really cut back all that much.
A63 0	Travel, because I can't visit my out of state sons
A63 1	Going to the beach.
A63 2	utility costs. Much needed and hard to cut back on.
A63 3	Well praise Jesus I haven't really had to cut back too much. I'm watching what I spend on my hobbies and all my Amazon orders though
A63 4	Groceries
A63 5	No cut backs

#	ANSWERS
A63 6	Groceries
A63 7	Mostly on things that I don't really need.
A63 8	None have been hard for me to cut back on
A63 9	Not being able to fully enjoy the things I like to do
A64 0	There haven't been any.
A64 1	Only have cut back on eating out and that's ok with me
A64 2	Utilities...they continue to increase.
A64 3	Inflation because every time you go into the store something is higher cost or no longer a good purchase
A64 4	I didn't have any cut backs
A64 5	traveling
A64 6	My savings have suffered but have not cut back
A64 7	I have not made any cutbacks.I purchased an acquire whatever I desire
A64 8	Food because I have had to buy the store brands and some of them just do not taste very good.
A64 9	No cut backs as of yet
A65	entertainment=I like reading and have had to check out more books from the library where they are free instead of buying them

#	ANSWERS
0	
A65 1	Groceries a bit not getting more expensive cuts of meat
A65 2	Having to buy generic foods
A65 3	Hobbies and travel
A65 4	grocery prices keep going up but the quality of food is not what it use to be,vegetables is not good quality and meat is not good quality
A65 5	groceries, especially meat, because I have to be more careful when shopping
A65 6	I stocked up ahead of increases.
A65 7	I haven't had any issues with any cutbacks
A65 8	Not enjoying the food I like
A65 9	I have had to give up nearly all non-essentials. I miss having some fun spends and small splurges.
A66 0	No cut backs at this time
A66 1	Groceries has been the hardest cutbacks. I've had to buy more store brands because some of the things I ate were pretty expensive
A66 2	Prescription
A66 3	We would be traveling more but that is a optional activity. Also dining out at better restaurants has declined .
A66 4	None because we are fine

#	ANSWERS
A66 5	subscriptions
A66 6	Groceries, I can't buy as many extras as I used to buy for my grand kids, assorted fresh fruit, yogurt, sherbet, cheese and muffins.
A66 7	Groceries in order to meet my budget
A66 8	Groceries because I use a otc card and don't know what items are covered until I am at checkout
A66 9	Groceries, because you really need to meal plan to get by
A67 0	none
A67 1	Groceries and hobbies
A67 2	I haven't had the cut back on anything as of yet
A67 3	I'm cooking at home more. Takes more time
A67 4	Utities
A67 5	I have not cut back yet but if prices continue to rise, hobbies would be first to cut back on.
A67 6	Groceries....I have to make meals that last 3 days
A67 7	Cutting back on heating my home has been hard, getting used to lower temperatures at my age is not a simple thing.
A67 8	Groceries - have not purchased items I used to, foods that I've always wanted.
A67	None

#	ANSWERS
9	
A68 0	I really haven't cut back on anything.
A68 1	Groceries%3B because the costs keep increasing but the volume - package sizes are decreasing making it a 2-fold inflationary wallop
A68 2	Traveling has been the hardest because I am retired and looking forward to getting away.
A68 3	Buying groceries has been the hardest because it has become harder to put nutritious meals on the table
A68 4	I haven't cut back anything.
A68 5	Honestly none of these were hard
A68 6	Haven't cut back
A68 7	Groceries and rent. Both are essential, not discretionary.
A68 8	Grocery price increases are the hardest because we have to eat. As a result, we have had to curtail the number of times we eat out since restaurant prices have increased significantly as well. This is tough on us because eating out is one of our favorite ways to socialize and spend our free time.
A68 9	Buying food increase spending in my budget because SSOonly gave me 2.4%
A69 0	Travel to visit family is the hardest to cut because seeing them only every few years is an emotional kick to the heart.
A69 1	It's costing so much more for everything that I can't save as much money as I used to.
A69 2	Transportation costs for someone to drive me
A69 3	Neither was to hard

#	ANSWERS
A69 4	Cutting back on going out to eat with friends has been the hardest.
A69 5	Has not been hard, just annoying
A69 6	Eating out
A69 7	Cutting back on doctor visits has been hard because we have been trying to do a couple of doctors visits in one day because we live about an hour and a half away from our doctors. We also try to do grocery shopping on the same days as our doctor appointments.
A69 8	not going out as much
A69 9	Food cost have to be smart about choices
A70 0	Personally it has been hardest for me to cut back on my hobbies. They provide a creative outlet that helps keep me happy.
A70 1	Food. You need food to eat and when the food is so expensive if you run out of money, then you have no more food
A70 2	Heat through the winter. Because my bones and lungs don't like the cold
A70 3	Ability to give/make a little fancier meals.
A70 4	going out to lunch every week with my friends. Because I like the socialization
A70 5	When trying to stay warm, we were using our gas fireplace which costs way too much, so we have cut back on the use of gas.
A70 6	The food and medicine. How am I supposed to eat and take care of myself if I dont have the money?
A70 7	Heating during the cold
A70	I have't cut back but just am spending more

#	ANSWERS
8	
A70 9	I am on a fixed income so it is hard when prices go up.
A71 0	Not staying at the top resorts to cut back some on travel
A71 1	Groceries because I don't purchase some items I like
A71 2	Not having money to go away on vacation to regroup
A71 3	Choosing lower cost food has been the hardest
A71 4	I am cutting back on buying organic food and local produce
A71 5	Grocery as we are trying to eat healthier.
A71 6	Living expense coming back on groceries and buying cheaper brands that I don't really like as much
A71 7	I enjoy traveling
A71 8	Groceries, the need to eat
A71 9	I have not cut back yet.
A72 0	It has all been difficult
A72 1	I have not cut back
A72 2	going out to eat because I have to cook at home more

#	ANSWERS
A72 3	I don't know because things were generally costly.Many things were not affordable for consumption .
A72 4	None whatsoever
A72 5	All of them!!
A72 6	Food and fear of whatever Trump will attack next.
A72 7	None in particular.
A72 8	The increase in utilities costs. They all went up, gas water and electricity over 5%. I am on a fixed income and the cola from social security isnt covering any of these increase
A72 9	Utilities, I lowered the temp in my house to the point of being uncomfortable
A73 0	Retirement home rent increase because of higher food cost.
A73 1	The every day of going out with friends wants a week we have cut that out because of the rising cost of everything
A73 2	Groceries has been hadest
A73 3	I have not cutback
A73 4	Travel because I am not visiting my family as frequently
A73 5	Travel because of the cost my wife and I have cut back on our vacations.
A73 6	Groceries costs at the store
A73	Decrease spending in groceries have caused eating less quality food, less amount of purchasing of fresh produce.

#	ANSWERS
7	
A73 8	Entertainment, we are staying house more. No going out to restaurants, movies, concerts and sports.
A73 9	Prices of groceries are the absolute worst
A74 0	Traveling because always enjoy going to different timeshares and just getting way out of our budget
A74 1	Grocery prices
A74 2	Dining out no enjoyment without friends
A74 3	I have not had to cut back
A74 4	Their isn't just one that has been the hardest. I would say all have been hard to cut back on but food is hard to cut back.
A74 5	The price of utilities. They have gone up for the past 4 years with no end in sight. I have had to turn down the heat in the winter and turn up the temperature in the summer.
A74 6	I haven't cut back anything but heat in the house.
A74 7	Rent prices
A74 8	Reducing the quality of the food can affect my health.
A74 9	groceries are expensive on a fixed budget
A75 0	Not buying organic only for food is the most self defeating situation
A75 1	nothing specific for now

#	ANSWERS
A75 2	Insurance can't afford to insure my 2016 Honda have to keep it on my 2024 Maverick because it has a loan. Honda is \$200 more to insure
A75 3	Groceries because lack of food
A75 4	I didn't cut back on anything really. So nothing has been hard.
A75 5	Going out to eat.
A75 6	I dont think anything has been to hard. Its actually been good because cutting back saves me money in the longrun
A75 7	Travel expenses
A75 8	Groceries due to rising costs
A75 9	i ask each and everytime i pay for something...is it necessary? I hesitate paying for items and anticipate other necessities will cost more. so... dont buy the first thing or wait until the real need of buying an item is needed. we are retired and a fixed income and dont want to dig into our savings just for everyday needs and expenses
A76 0	maybe not hardest but travel
A76 1	The cost of groceries. I watch the sales and try to stretch the budget as far as possible. I do enjoy dining out occasionally but that has become expensive also.
A76 2	Groceries, because we can't purchase items, such as meat, that's healthier cuts.
A76 3	Have been cutbacks, but still not able to save money
A76 4	Have been buying less fresh meat items with an increase in lower quality processed meats.
A76 5	Heating because my bones and whole body hurts with the cold. I have Raynauds and my fingers hurt with the cold.

#	ANSWERS
A76 6	The utilities are hardest because I'm on a fixed income.
A76 7	Traveling I used to be able to go to the Oregon coast I live in Oregon and stay for a couple days now bye car is having problems I can't drive to the post cost too much to fix can't buy a new one can't afford the motels or food for everything
A76 8	I love to visit my friends and family and due to increase in prices I haven't been able to do as much.
A76 9	I haven't cut back on anything, yet. The price increases have been minimal for us.
A77 0	Eating out . Cutting back on concerts and sporting events
A77 1	neither want to go or to buy more STUFF for my hobby
A77 2	Cut back on food and eating less
A77 3	I really can't put my hands on just one thing
A77 4	The groceries that I have cut back on are the ones that have sugar and they are my favorite , like carbonated sodas and snacks . I have a grocery card for senior citizens and I can no longer afford to buy cookies and all the things that are sweet . It takes a lot of the pleasure in life and really makes you feel poor .
A77 5	none
A77 6	Groceries as they are needed and tried some store brands and they didn't meet up to par
A77 7	My social interactions and hobbies. I live alone and this helps me lead a fuller life.
A77 8	ultilities, get cold more often
A77 9	cutting back on grocerieea buy lower quality
A78	meeting up with friends because I miss it.

#	ANSWERS
0	
A78 1	Travel. I miss seeing my family
A78 2	I no longer have dental or vision insurance because it's too expensive
A78 3	Utility bills, I can pick several examples. Everything is more expensive. This is a really sad situation.
A78 4	Cutting back on utilities results in being less comfortable & skirting my health issues. Cutting back on groceries is just experimentation & consumes time.
A78 5	I lived in a mortgage free house and had to lie to an apartment.
A78 6	Groceries. I can't buy certain items I usually bought in the past.
A78 7	Utilities because you have to have them
A78 8	I have not significantly cut my expenses.
A78 9	Groceries is the worst. Prices jump the quickest. So far I haven't had to to cut back but the total climbs every time. I am not able to budget easily because the costs jump overnight by as much as a dollar on shelf goods.
A79 0	I do not get to go places I normally do.
A79 1	insurance costs, my husband recently passed and it is all my expense now.
A79 2	None
A79 3	We have to shop around to find the best prices and that means sometimes we don't buy foods that we want until we find the deals. We are not without food, it is just that we had to change our meals to fit whatever is on sale.
A79 4	Social events and going out to eat really is pretty much unaffordable at this time even going to a movie is very expensive

#	ANSWERS
A79 5	Really groceries have been a consideration but heating and ac have been noticeably higher.we have added insulation and now more consistently layer clothing.
A79 6	Groceries has been the hardest because you have to buy them. Have learned to coupon and use the grocery apps.
A79 7	Transportation. Need to go to a variety of appointments
A79 8	Traveling taking a vacation we go somewhere every year to take our family and this would be hard
A79 9	I just buy storebrands of groeries
A80 0	I didn't cut back
A80 1	Eating out since there are only two of us and it's getting too costly.
A80 2	Groceries, because I can't buy as much as I need monthly
A80 3	heating the house, it has been very hard on the wallet
A80 4	My hobbies. I love doing them.
A80 5	Really aren't hard for me. Unfortunately we have the most useless administration under Trump and wasn't expecting anything but a mess done to this great country.
A80 6	Traveling I like to explor
A80 7	Power bills during winter time.
A80 8	None have affected me.
A80	groceries because I have health problems and its very hard to buy the things I need in order to eat healthy and make my money stretch thru till the next

#	ANSWERS
9	payday
A81 0	groceries, because I had to switch to less quality food.
A81 1	The cost of groceries has gone up and we use it weekly.
A81 2	No cutbacks as of yet
A81 3	we are buying less snacks due to the cost.
A81 4	Didnt cut back but may have to if inflation continues.
A81 5	Dining out. Can't afford to eat out prices have gone up significantly
A81 6	I haven't had any cut backs
A81 7	If I did cutback, the hardest would be eating out. I really like doing it. but the cost just keeps slowly going up.
A81 8	I have not had to cut back
A81 9	Nothing
A82 0	Grocies.
A82 1	Food because we not getting proper nutrition
A82 2	reading
A82 3	Cutting back on food. I need to plan meals and buy only what I need. I can no longer stock up . There isn't enough money

#	ANSWERS
A82 4	Groceries, I spend as much now for two people as I used to spend on my family of five.
A82 5	Food budget had to be cut to pay increase in utilities
A82 6	Medical getting to expensive to get special tests
A82 7	None
A82 8	Healthcare
A82 9	Being able to just go for a ride. Too expensive
A83 0	heating and electric my bill keep going up up no matter how i try staying warm or cooler
A83 1	Medicines I have just had to do without because cost it way to high
A83 2	none have been really hard. Just changed priorities.
A83 3	food, prices are too high
A83 4	My food bill there is just 2 of us but most time larger sizes or amounts are sold like cereal I don't buy it any more bacon is threw the roof I can't afford \$ 8 pound of bacon so I don't buy it anymore
A83 5	cost of food has hurt the most. I used to buy quality, organic foods, cage-free eggs, etc. but can't afford anymore unless they are on sale. I try to stay pesticide free for my health but it's getting hard. As a result my health is suffering
A83 6	I think groceries because the cost. You need good quality food to maintain our health. I go to several stores, shop sales and use online coupons. Also loyalty cards
A83 7	I haven't cut back on anything
A83	Utilities are higher especially heat bills. Had to lower heater

#	ANSWERS
8	
A83 9	I think the cost of groceries because we have to eat. My weekly expenditures have grown considerable and we do not eat lavishly - lots of soups and casseroles.
A84 0	I have had to cutback on basic essentials such as shampoo and conditioner and vacations.
A84 1	Groceries. It's hard to have to give up foods that you love
A84 2	Cutting back on social activities when right now is probably when I would need my friends most. For the benefit of all our mental health in these times
A84 3	I have reduced my discretionary travel, which I miss doing
A84 4	Having to wait for cancer treatment so I can pray for healing
A84 5	Cost of groceries have been hardest because you need food and there's not much you can do about it.
A84 6	haven't really cut back
A84 7	Food.. there is 6 of us in this home food is hard to keep in this home
A84 8	I have not cut back on anything so far.
A84 9	I haven't really cut back, just shopped around a little harder. I have had frustrations - the price of beef, increased prices at restaurants, seesaw prices for gasoline (50+ cents a gallon up and down on a weekly basis).
A85 0	because we only get our social security and we have to go to the food banks to get food
A85 1	Groceries because organic is very expensive
A85 2	Travel, I like to travel more but rising prices have made that hard for me to do.

#	ANSWERS
A85 3	No cute
A85 4	Traveling
A85 5	We have cut back on grocery buying.Especially expensive meats and some vegetables.Which are making it hard to eat a balanced meal.
A85 6	Electricity since I'm on a fixed budget
A85 7	utilities thay have risen the most
A85 8	The hardest cutback has been in the cost of heating my home. In spite of insulating and lowering the temperature in the house, my gas and electric bills have skyrocketed.
A85 9	Food prices - coffee, chicken an beef are outrageous in price.
A86 0	what part of no changes were made did you miss
A86 1	It's depressing to cut back on food budget-at my age eating healthy is very important
A86 2	travel as im 4000 miles away from my home
A86 3	The cost of food prices raising has been the hardest for me because my budget can only go so far.
A86 4	having to watch what i spend due to increasing costs, store shelves are not stocked as well, cutting back to be able to afford regular bills
A86 5	Missing out on social gatherings is hard for us. We enjoy getting together with friends and family.
A86 6	Travel I'm retired and now I have to cut back on travel
A86	None

#	ANSWERS
7	
A86 8	My electric bill has gone up so I have to keep my heat lower than I'd like
A86 9	Travel has been the hardest because I have relatives in another country.
A87 0	Travel and food purchases because of the tariffs that were put in place
A87 1	I remember the prices from a year ago
A87 2	Utilities in my house. Electric and gas went up quite a bit and so I keep my heater and Lights on for limited time only. As well the water is being higher so I'm careful how much water I use.
A87 3	Cutbacks have not affected me yet.
A87 4	Trying to get our electric bill down to be managable
A87 5	Not applicable--no cutbacks ...
A87 6	Groceries
A87 7	Food. Because that is a necessity/
A87 8	I think buying groceries, eating out and electric utility cutbacks have been the hardest for me. It makes life less enjoyable to not be able to buy what we want, go out to eat when we want, and to keep the air conditioning on at a temperature that makes it comfortable in our home
A87 9	Groceries because I have food stamps and some one keeps taking them I tried to call my local welfare office to get a recorded message and no human connection so I am pissed off
A88 0	I'm a senior citizen on a fixed income and my rent has increased dramatically over the last year%3B as well as, now having to pay a water bill.
A88 1	Groceries

#	ANSWERS
A88 2	Groceries because you need it the most
A88 3	I dont go out to eat as much as I use to. It is getting more expensive.
A88 4	none. I have enough of a financial cushion
A88 5	Not hard but concerned regarding the trend - restaurants and travel
A88 6	Utilities there costs are astronomical
A88 7	Buying a lot of generic or no name products when I shop has been pretty hard because it feels like I'm experimenting with a lot of unknowns.
A88 8	We have not cut back on any areas.
A88 9	Home because many things went wrong way same time
A89 0	The hardest has been buying groceries. I try to buy things on sale or buy one get one free.
A89 1	Cutting back on travel which I love
A89 2	Heating the house has taken food off the table.
A89 3	I miss fresh seafood. I can only afford canned fish.
A89 4	All my extra money now goes to utilities and groceries.
A89 5	I can't go see my great granddaughter in Alabama.
A89	Groceries

#	ANSWERS
6	
A89 7	Less going out to eat or for entertainment.
A89 8	Grocery prices are stressful but it just means we save less
A89 9	Lowering heat
A90 0	Renting, Food, Utilities, Medicare cost
A90 1	It's been cutting back on groceries. The main thing I've had to cut back on has been meat. The prices have made it where I can no longer afford some of my basics, like a chuck roast. In addition, the rising cost of staples, like breakfast cereal, doubles down on what other foods I have to cut back on.
A90 2	Electricity because we need heat in the winter and living in AZ the summers are brutal if one does not have air conditioning
A90 3	It's hard to feel that anything beyond basic necessities is not affordable, or is a risky expenditure if prices continue to rise.
A90 4	I liked going out to eat several times per week. I now only go once a week have order less for dinner.
A90 5	My grocery bill has gotten so high for just basic store brand items. I am going without personal items
A90 6	Cutting back k on travel. I take fewer driving trips to visit my son.
A90 7	I have not had to make cutbacks
A90 8	Groceries are hard to cut back on, since they are necessary to stay healthy.
A90 9	Not being able to visit calf.
A91 0	I cannot get the physical therapy I need because of cost.

#	ANSWERS
A91 1	Medical. I have no insurance and no job and can't afford my Trulicity. . Due to getting married. With an increase in our gas.\$1,000 for my diabetic medicine is out.
A91 2	Going to the grocery store. I don't buy red meat anymore it's to expensive.
A91 3	We have not had to cutback on anything due to cost.
A91 4	i worry about not seeing the doc as i have a chronic diagnosis
A91 5	Groceries have been the hardest thing because we have to eat but now we have to get cheaper food and more processed food
A91 6	Copays on perscriptions because i take several of them each day
A91 7	The cost of electric service in increasing very fast. Pres, Trump doesn't care, he just laughs as he watches from his billion dollar home.
A91 8	Did not have any cutbacks
A91 9	I love to travel but the cost of meals transportation and lodging make it hard difficult to go as much as I would like.
A92 0	I have enough money I do not need to cut back on anything
A92 1	I have not cutback on anything
A92 2	I do not yet have any problem managing the current cutbacks, but they do mean my monthly savings and donations are less.
A92 3	Has expense because it rises deposit on the area you live in
A92 4	Transportation. We recently sold my wife's car to save money on the payment.
A92	None so far

#	ANSWERS
5	
A92 6	Increased utility costs
A92 7	have not had any cutbacks
A92 8	I didn't cutback on anything so this ? Is not relevant to me.
A92 9	I have not cut back
A93 0	Nothing really. I save extra money to cover the increase of costs
A93 1	Groceries because some days I can only eat once and that maybe be just a bowl of beans or some cracker with peanut butter.
A93 2	Eating less meat
A93 3	groceries they keep rising
A93 4	Groceries because sometimes you go a while without a good hearty filling decent meal
A93 5	i think the hardest have been anything to do with social and travel. i am retired and would enjoy having more money to travel and to socialize with friends. i enjoy going to wine dinners but now at a \$100 a dinner it is hard to keep up with those.
A93 6	Groceries is the hardest you have to do without
A93 7	Groceries are a necessity but can be varied a bit for savings. For me as a diabetic, I require a special diet that can be more expensive. This means cutting out specialty foods and going with simpler foods.
A93 8	Cutting back on food...because it was necessary
A93 9	Health care premiums have been very hard because if the keep going up I'm going to have to drop coverage and that is very concerning.

#	ANSWERS
A94 0	Gambling and other investment
A94 1	Price of groceries and car/home insurance are too expensive to pay on a fixed income as a senior citizen.
A94 2	Social activities. I miss seeing my friends
A94 3	I answered none of the above.
A94 4	Groceries
A94 5	I have not made any cutbacks because everything that has increased is something I need!
A94 6	Cutting back on groceries has been hard because I am on a limited income and grocery prices are getting out of hand
A94 7	Utilities because of them raising the price multiple times.
A94 8	need dental care badly, but it's way overpriced
A94 9	Socializing with friends because now I deal with loneliness.
A95 0	Food quality has been hardest because I have grown accustomed to that.
A95 1	none
A95 2	nothing has been really cutback too much, we just pay it and go on
A95 3	none have been hard
A95	The price of groceries are out of control

#	ANSWERS
4	
A95 5	Eating out less
A95 6	Groceries have been sky high so we have been cutting back or going without.
A95 7	Groceries. You need them, and prices have gone down, but not enough,
A95 8	Buying food. Prices are so so high. We don't eat that well anymore
A95 9	I did not have to do any cutbacks.
A96 0	Giving up vacations and other fun activities, and eating out less often
A96 1	We have not eaten out as much
A96 2	Curbing our dining out experiences has been an undesirable effect of rising prices.
A96 3	Buying groceries. As a senior citizen, I'm on a tight budget so I have not bought any meat or other expensive food items.
A96 4	The utilities because I have this, because it's definitely a necessity.
A96 5	i havent had to cut back thanks to our President
A96 6	getting hard to keep up with the cost of groceries
A96 7	The cost of propane and electricity for my home.
A96 8	The rise in utilities just eats up one's discretionary income.

#	ANSWERS
A96 9	I have not had to cut back on anything
A97 0	Because os having to save for gas and groceries more I drive less so we have less chances for social interaction and fun activities.
A97 1	The hardest has been cutting back on heating. The weather gas been extremely cold.
A97 2	The increase in medical costs have impacted me the most. I'm buying less personal items
A97 3	prescriptions
A97 4	Turning down the heat and being cold in the winter.
A97 5	Travel because I like to go to places
A97 6	Travel. I couldn't go to my son's college graduation and cannot afford to go to my grandson's wedding.
A97 7	none saved for a rainy day and this is a hurricane
A97 8	Transportation
A97 9	I like to go to social events & go to the movies. The rising costs of necessities makes it difficult to attend or purchase tickets. Not able to afford.
A98 0	Housing been trying to find real estate for the past 2 years
A98 1	going anywhere and just trying to live in my home which costs are high
A98 2	Travelling. It would be nice to get away more.
A98	Travel want to travel since I'm retired

#	ANSWERS
3	
A98 4	Not yet
A98 5	Going out to eat
A98 6	I just do what I have to do. Perhaps groceries.
A98 7	Buying food because I never seen to have any extra money.
A98 8	Cut back on travel cause gas is high
A98 9	Groceries and utilities. We are on a fixed income and are finding these expenses hard to budget for as the price keeps climbing
A99 0	food
A99 1	food the prices doubled in the past year
A99 2	Definitely travel, because I love to travel by plane, but the costs are just too high
A99 3	Nothing really the electric went way up.
A99 4	We haven't had to cut back yet.
A99 5	Repairs are the hardest. A tree fell on the electric wires and knocked out my electricity, heat, phone, furnaces, hot water tank, light bulbs, garage door openers etc
A99 6	Housing because if landlords controlling rent.
A99 7	anything that costs more

ANSWERS

A99
8 Basic because sometimes it is something that is not absolutely essential but something you need anyway. How to you deal ice what to skip.

A99
9 I didn't go away as much

A10
00 I have made no cutback other than watching for sales so it is not hard to wait for things

COMPLETES 1000

Q4

TYPE: SINGLE SELECTION

In the past 12 months, have you delayed or skipped medical care or prescriptions because of cost?

#	ANSWERS	ANSWERS(%)	COUNT	STRATIFIED ANSWERS(%)	STRATIFIED COUNT
A1	Yes, regularly	3.60%	36	3.37%	33.71
A2	Yes, occasionally	13.60%	136	12.16%	121.63
A3	Yes, rarely	8.20%	82	8.19%	81.85
A4	No	74.60%	746	76.28%	762.8

COMPLETES 1000

Q5

TYPE: SINGLE SELECTION

Have you reduced how much you spend on food or changed what you eat because of rising prices?

#	ANSWERS	ANSWERS(%)	COUNT	STRATIFIED ANSWERS(%)	STRATIFIED COUNT
A1	Yes	67.10%	671	63.23%	632.26
A2	No	32.90%	329	36.77%	367.74

COMPLETES 1000

Q6

TYPE: OPEN-ENDED

What have you changed about the food you purchase?

ANSWERS

A1	Cheaper stuff
A2	Purchase less junk food and don't stock up buy enough to get by
A3	I buy cheaper stuff can't afford to buy meats anymore.
A4	Buying less
A5	Now I buy when on sale
A6	Prices are too high
A7	I purchase about half of what I used to and we use a lot more coupons and eat out when it is less expensive than cooking at home and shopping salesmore.
A8	cut way down on the quantity of choice beef purchased and consumed. Also, waiting for staples to go on sale before buying.
A9	Not eating as much meat and only buying necessities
A10	I'll do meal prep and I purchased less groceries
A11	Cheaper food
A12	Some products I have purchased non brand to keep cost down.
A13	don't treat ourselves to dining out
A14	I try to buy less and have it last longer.
A15	We've cut back on more expensive items, such as meats and alcohol.

#	ANSWERS
A16	Not eating beef or snack anymore
A17	Less meat, and name brands.
A18	I AM MORE HEALTHY CHOICE FROZEN DINNERS TRYING TO GET BALANCED MEALS
A19	Can't afford to eat beef on a regular basis. Had to cut back on fresh produce.
A20	Buy less. On sale
A21	I only eat basic foods
A22	Buying store brand and buying extra when they are on sale
A23	I buy the store brand, and also buy some items in bulk to save
A24	I have bought more store brand.
A25	Buy a cheaper brand
A26	Buy less
A27	But less beef and our household has a couple dead deer now for deer meat to eat
A28	I split my one purchase of food into two meals. Half can of soup for lunch, the other half for dinner. Never had to live like this before the current administration decided billionaires needed to line their pockets more off the majority of we the people's backs!
A29	I buy smaller items or less.
A30	Buying more generic products
A31	Less meat and more pasta and noodles
A32	I only buy something if it is on sale
A33	I eat less meat and buy more vegetables.
A34	I buy little amounts on sale and do store brand or food pantry.
A35	picer
A36	The types of food I purchase.

A37	We have more meatless meals. We plant a large garden each year so we do have alot of fillers.
A38	Save where ever you can and going to the food pantry
A39	buy cheaper store brands cut way back on red meat
A40	I usually buy lees food and use mord and more coupons or only buy what's on sale!
A41	Buy more store brands
A42	Much less meat especially steak
A43	Buying more store labels, and/or in bulks
A44	Got a small chest freezer last fall and bought a quarter cow. Yes paid more per pound for ground beef but a lot less for roasts, steaks, short ribs, etc. Watch local grocery ads and stock up when chicken and pork products are on sale. Buy more store brands items and have beren very pleasantly surprised to find most are as good as national brands and cost a lot less. Watch for sales and stock up when items usually use are on sale.
A45	Yes
A46	Buy less
A47	Be more creative in choosing less desirable meat cuts. Look for sales and use coupons
A48	Large pigs and break them down at home, store brand more often over name brand
A49	Cheeper meats and less goodies no snacks or favorite foods
A50	But less and generic brands
A51	the meat we eat . cant afford much.
A52	eat hot dogs instead of beef and hamburger..canned veggies instead of fresh
A53	no red meats, less meat overall/ less fresh vegetables
A54	I can't buy good brands of things i have to buy store brand.
A55	Buy less convent foods
A56	Less quality meat, less milk and eggs, butter and bread.
A57	switching to generics and more to fast food

#	ANSWERS
A58	Eating less and go to local food bank usually have beans and rice
A59	I had to rely on SNAP benefits, but I only get \$23 PER MONTH
A60	I have very little to help me buy so I started eating rice cakes , bread, and cup of soup
A61	I am buying less organic and more store brands
A62	I'm down to one ramen a day
A63	eat less food at meals
A64	I buy less expensive brands even though I know that they don't taste as good.
A65	I have tried to find and use more generic brands of foods I use
A66	Buying off brand products
A67	Go to cheaper stores and use more coupons
A68	Smaller list using coupons
A69	Buying more in bulk and buying more at warehouse establishments
A70	Buying generic brands, and cutting back on anything that isn't a basic need.
A71	Less meat especially steak
A72	buy cheaper things or not buy them at all
A73	Brand name to store brand
A74	BUYING DIFFERENT KINDS OF FOOD
A75	TRY TO BUY ON SALE WITH COUPON
A76	Buy only what I need
A77	I make sure to find a use for anything I have on hand rather than shopping for something else
A78	I buy less and try to meal prep more
A79	i go for the store brand instead of the name brand

#	ANSWERS
A80	Buy basics, store brand instead of brand items,
A81	Cheaper brands and less bought
A82	Buy less overall, buy more store brands
A83	dont buy anything that is a \$1.00 or more higher than it used to be
A84	I buy less meat and search for coffee sales.
A85	We eat more hamburger and less beef products. Baking items are so expensive I do not bake anymore but I will still buy chocolate.
A86	I purchase less beef
A87	buy more store brands
A88	I'm buying less brand names and work carbohydrates and fillers to feed my family
A89	I buy more store brand stuff now.
A90	Buying lower quality, more noodle meals
A91	Shopping sales and using coupons
A92	Getting smaller amounts of what I usually buy.
A93	I just buy smaller amounts
A94	Less meat
A95	Use a lot of coupons
A96	Less eating out and looking for sales and cheaper brands.
A97	We eat less healthy food
A98	Eating less meat
A99	In this moment no
A100	do not purchase or wait for a sale.

#	ANSWERS
A10 1	I am purchasing more store brand products, frozen vegetables instead of fresh vegetables, and going to different stores to get the best prices.
A10 2	Meat
A10 3	more store brands replacing national brands.
A10 4	We purchase sale and clearance items and only eat basic meals like ramen soup, sandwiches, etc.
A10 5	I buy less food
A10 6	Less expensive items
A10 7	I don't eat as much meat.
A10 8	Using the food I have in the house and not purchasing any more than what I exactly need.
A10 9	I eat far less and much less frequently. I only buy the bare minimum to survive. I don't buy anything that's not on my list. I seek out sales and do comparison shopping. I buy nothing extra and I often run out of staples before I consider replenishing. I will wait a week or two before replenishing and eat my stored items.
A11 0	Going more for store brands.
A11 1	I'll do more travel for cheaper price products.
A11 2	Lower quality of food not buying food till a sale
A11 3	The brand on what I usely get
A11 4	Getting lower cuts of meat

#	ANSWERS
A11 5	I look for sales and coupons more to save money
A11 6	I buy more sale and store brand items and less produce, meat and fish
A11 7	Less amounts.
A11 8	No longer eat red meat steaks etc because they have increased by 50 percent in cost.
A11 9	We buy more store brand items
A12 0	Buying store brands.buying less food and fruit. Going to two meals a day instead of three
A12 1	cheaper brands
A12 2	Buying more store brands and not buying things that are not necessary
A12 3	I only buy generic food.
A12 4	i follow a weekly list and try not to go away from it, not more fun foods
A12 5	Cook with basic ingredients instead of fully prepare. I've had to limit eating out.
A12 6	I BUY NO EXTRA. EAT THING WITHOUT SAUCE OR SPICES. EAT JUST BASIC FOODS
A12 7	More store brands
A12 8	EAT MORE CHICKEN
A12	Making sure I check all sales before purchasing.

#	ANSWERS
9	
A13 0	I'll stop by an extra junk food like pop cakes and cookies
A13 1	Decreased dining out, traveling expenses, and entertainment.
A13 2	I am careful about what I buy
A13 3	trying to use stores with cheaper prices(per package and price per unit. Take longer to shop and know the you are getting a good price.
A13 4	Buy less, make sure I need it. Don't buy none essential itens.
A13 5	ONLY BUY SALE ITEMS/ BUY STORE BRANDS, BUY CHEAPER ITEMS, ESPECIALLY MEAT
A13 6	Stick to the basics without special treats
A13 7	cut out all extras, mostly buy what is on sale and thats what I eat .
A13 8	Buy mainly items that are on sale
A13 9	buying cheaper food
A14 0	Buying much less meat, especially beef. Less produce unless it is on sale. Relying more on some store brands and dried beans and rice.
A14 1	The cost off beef is so high that I've switched to other types of protein
A14 2	Our Sam's Club membership for buying in bulk has become more valuable , because supermarket prices have become so much less so because of outrageous prices .
A14 3	Using store brands, less meat and a lot less packaged / processed food

#	ANSWERS
A14 4	Buying less and storebrands
A14 5	stocked up when I had the extra and layed back when I didn't.
A14 6	Get the cheapest brands that sometimes doesn't taste good.
A14 7	Just buy the basics no snacks or juices etc
A14 8	I now purchase store brands instead of brand name foods, and I have cut down on off season fresh vegetables
A14 9	I stopped eating out 99%. and just buy normal food when it's on sale.
A15 0	Look for specials and buy off brands.
A15 1	Less meat products, more beans and rice to stretch the month,
A15 2	buy more discount products
A15 3	More pasta less red meat and seafood
A15 4	More store brand
A15 5	I buy was necessary
A15 6	Change the brand to a cheaper brand
A15 7	I don't buy the things that I use to buy. I buy different brands or I don't buy it at all.
A15	we have used more coupons and bought more store brands

#	ANSWERS
8	
A15 9	I am buying less meat and produce.
A16 0	I am eating less fast food
A16 1	Cheaper brands and or smaller Packaging
A16 2	I eat out less & cook home more
A16 3	I look for deals on meat . I used to not have to that. I cant buy a beef roast now, way too expensive
A16 4	I buy less or switch to store brands where quality is ok.
A16 5	More generic brands
A16 6	Go to store brands
A16 7	I started buying less steaks and expensive seafood.
A16 8	I can't afford as much fresh food
A16 9	I am not able to purchase what I actually need
A17 0	I cannot afford beef due to the sharp increase in price. I used to make pot roast with beef, vegetables and broth. It would usually cost me about eight dollars. And now you can't get chuck roast for less than \$15 for less than a pound!
A17 1	switching to generic and store brands, not purchasing some items unless they are on sale
A17 2	I buy store brands more often or do without certain things

#	ANSWERS
A17 3	Buying less%3B buying store brands%3B using more coupons
A17 4	buy more healthy skip the treats
A17 5	i buy more store brands and less name brands
A17 6	Cheaper thing s
A17 7	Buying less meat and doing more meatless dishes and salads
A17 8	Buy less
A17 9	as before i buy store brands which are good i eat a lot of pork and chicken product no beef
A18 0	Less eating out.
A18 1	I seldom get food for takeout anymore.
A18 2	Not as much steak and beef more beans and chicken.
A18 3	I seldom buy any type of meat, never any beef products. I also never buy any type of seafood. Fresh veggies and fruits are not bought as often. I also eat smaller portions, which isn't really a bad thing. I also buy the cheapest products when it comes to bread and pasta and I buy mainly store brands when I can because they are cheaper even though some are not nearly as good. I eat more eggs than I used to. I can get a lot of meals out of one dozen eggs, even though they are still pricey.
A18 4	less fruts
A18 5	More rice, potatoes, pasta. Less meat less snacks, vegetables
A18	I have had to cut down on both produce and meats because of the cost of groceries I now try to buy sale items and plan dishes that while feed us multiple

#	ANSWERS
6	days.
A18 7	looking for more generic and shopping for bargains or outdated markdowns
A18 8	we are buying less and less, but still seem to be spending more.
A18 9	I switch to store brands and buy only when on sale.
A19 0	buy more store brands because the cost less.
A19 1	Purchase less food.
A19 2	We eat more meatless meals and have to be careful of spending, buying cheaper things that aren't as tasty.
A19 3	Look for generic brands to save money
A19 4	I buy more generic products and buy name brands only when on sale.
A19 5	Cheaper food
A19 6	I don't buy meat or seafood
A19 7	I make a lot of soups and use canned beans for the protein.
A19 8	No fast food which is probably more healthy, but eating out is social as well.
A19 9	I always look for discounted food products even if we don't particularly like them.
A20 0	store brands instand of brand name

#	ANSWERS
A20 1	Buying more store brand products
A20 2	I buy only what I absolutely need, sticking to store or generic brands.
A20 3	Smaller grocery orders
A20 4	less red meat in our weekly diets
A20 5	buy lower priced items
A20 6	I only buy most items on sale unless it's a necessity
A20 7	Eating put
A20 8	Buy just necessities
A20 9	I purchase more things in bulk than I ever have before and some things that I once only purchased name brand I now purchase store brand
A21 0	Grocery
A21 1	I can't buy roasts and steak like I used to or even quality food vegetables and things like that cost is too high
A21 2	Cheapest items
A21 3	LESS EATING OUT AND MORE EATING AT HOME
A21 4	Less expensive cuts of meat
A21	Buying less

#	ANSWERS
5	
A21 6	I buy more store brands than before. I mainly buy things on sale. Cut back on meats and treats.
A21 7	More chicken and pork and less beef
A21 8	I have just given up planning certain meals ai used to enjoy.
A21 9	Buying store brands
A22 0	I have made big cuts in snacks and processed foods.
A22 1	I have purchased less and made what I do purchase stretch further.
A22 2	buying more generic food
A22 3	Buying wants on sales going with store products
A22 4	Food that is less expensive
A22 5	I buuy only sale items
A22 6	Buying more store brands smaller packaging
A22 7	do not buy expensive meats or fish
A22 8	I only buy on sale.
A22 9	I buy less red meat and I buy cheaper cuts of meat

#	ANSWERS
A23 0	I eat two small meals now
A23 1	les expensive meats like chicken or pork
A23 2	I buy more generic, shop sales, less meat
A23 3	buy in bulk
A23 4	The meat and eggs are getting ridiculous.
A23 5	I am careful to not waste food. We EST what we buy.
A23 6	I don't buy as many snacks
A23 7	I purchase less junk food.
A23 8	Buying more store brands and least food
A23 9	Haven't changed food, just don't go to the store as often.
A24 0	We haven't dined out at restaurants as often.
A24 1	Not much beef any more. Cheaper cuts of pork, chicken and legumes
A24 2	Eating more macaroni and cheese lately
A24 3	Get more budget-minded meats and sides, which are not a healthier choice.
A24	I get fewer meats, fresh vegetables, and fruit. I rely more on canned items as they are less expensive and last longer.

#	ANSWERS
4	
A24 5	Buying more store brand or cutting out buying some of the things i was previously buying
A24 6	I don't buy as much and have gone to cheaper brands.
A24 7	I reduced my meat, which probably is a good thing so even though it's cost me, it may end up being better for everyone right now
A24 8	I buy generic more often and we eat out less often.
A24 9	Look for cheap anything costs
A25 0	purchase more store branded groceries, purchase marked down meats
A25 1	I buy different brands that are cheap cheaper.
A25 2	Store brands
A25 3	I have cut way back on spicy snacks and cakes, and especially my favorite chocolate
A25 4	I made cereal with corn flour twice this month to save money.
A25 5	I've changed my grocery shopping and cut back on purchases, fewer sweets and unnecessary meals
A25 6	I already wrote this. AI is not reading.
A25 7	Buy only sale items.
A25 8	Buy only stables

#	ANSWERS
A25 9	I am purchasing cheaper products than before.
A26 0	i used a cheaper brand, that does not taste as well as my name brand
A26 1	I buy cheaper brands even though I can't eat it very easily
A26 2	More store brands
A26 3	Don't buy any treats
A26 4	By less and watch waste
A26 5	only fresh fruit and of course the price of beef is unreal
A26 6	Cheaper brands
A26 7	Changes with meat and dairy products
A26 8	Don't have enough money to pay for food
A26 9	Much less dining out.
A27 0	I buy less meat products and cook less
A27 1	I have been off brands and eating out of my pantry and freezer
A27 2	We are buying more store brands.
A27	buying less groceries and more generics than I used to. I am trying to use more beans and rice to eat as it is still cheaper than meat. Snacks and treats are

#	ANSWERS
3	almost non-existent these days. Stopped buying diet soda too
A27 4	We only buy items when we have coupons, sales or discounts.
A27 5	Cost
A27 6	We use more coupons and shop sales
A27 7	I tend to buy cheaper cuts of meats
A27 8	bought generics
A27 9	I am buying less beef, private label groceries and only sales at most stores.
A28 0	Buying cheaper more generic brands.
A28 1	Cut back on shopping weekly just shop every 2 weeks
A28 2	Buying more bulk and off brands
A28 3	I don't have as many treats.
A28 4	All
A28 5	Went to cheaper brands
A28 6	Look for more sales and just cutting back
A28 7	more care in purchases

#	ANSWERS
A28 8	much less when shopping
A28 9	No more steak and not as much ground beef
A29 0	Not being able to buy the types of food we should be eating.
A29 1	not getting treats or some cuts of meat
A29 2	I buy more store brands than I used to
A29 3	Only buy what is in my monthly budget
A29 4	Buy reduced goods
A29 5	Buy less red meat, buy store brand items, buy reduced items
A29 6	Not as much organic foods
A29 7	Buying less and making meals that stretch into two or three days.
A29 8	do not buy name brands
A29 9	Less high quality foods like steak & less take outs
A30 0	not buying impulse foods
A30 1	I buy more veggies instead of meat because of the cost
A30	Less meats, buy more store brand items.

#	ANSWERS
2	
A30 3	the store brand is cheaper and coupons help defray the cost
A30 4	We eat out less and don't splurge as much.
A30 5	Store brands and cut out treats
A30 6	Buy less food
A30 7	We buy the cheaper brands and cheaper cuts of meats.
A30 8	I buy more store brands and use food pantries to get enough food.
A30 9	buy less. eat less
A31 0	Buying more store brand items.
A31 1	I am very careful about what I buy and we have stopped buying some of the premium brands.
A31 2	Watch for specials and sales.
A31 3	I now use a food bank to get through the month. I no longer buy much meat and forced to eat things that are unhealthy for me just to put food in my belly.
A31 4	We buy store brand products
A31 5	I had to give up 1 person fresh meal delivery and start purchasing frozen meals at the grocery store
A31 6	Eating more chicken stretching meals to last two servings . Less dining out

#	ANSWERS
A31 7	I buy less, and a lot more store brands, and I watch for sales and second hand items
A31 8	We're going out together eat much less
A31 9	i cannot purchase beef too expensive
A32 0	I answered that question already. I look for BOGO items and store-brands instead of just buying what I like.
A32 1	Yes cheaper brands
A32 2	We definitely don't eat as much beef as we used to. We mostly eat chicken now.
A32 3	I now eat more fresh fruits and vegetables, however, the cost of those products seem to have increased.
A32 4	Less meat beef is expensive
A32 5	I shop at a less expensive store and buy their brand.
A32 6	Buying cheaper food
A32 7	buy store brand now
A32 8	More selective in what we are using.
A32 9	I have not had a steak in more than a year. Hamburger is expensive but it's beef.
A33 0	Buying reduced portions
A33	Buying less brand name items

#	ANSWERS
1	
A33 2	Nothing extra no treats
A33 3	I buy meat that is discounted because it's at it's sell by date. I buy more generic brands.
A33 4	I am spending about the same, but settling for lower quality items or cooking smaller portions.
A33 5	get less expensive , less healthy, what is on sale or get a coupon for
A33 6	we are more aware of prices and don't buy beef
A33 7	I now only buy food items that are on sale and I consider to be a good deal.
A33 8	Good stuff
A33 9	bought more at Aldi
A34 0	Eating less fresh food.
A34 1	cut down on name brands
A34 2	Buying more store brands and less beef
A34 3	I buy less organic, shopped at discount stores, stopped buying no necessities such as snacks, candy and soda
A34 4	I MEAL PLAN TO TRY TO AVOID WASTE
A34 5	Buy less and cheaper brands And I have to Go to the food pantry

#	ANSWERS
A34 6	I buy cheaper options and eat two meals a day to save money.
A34 7	Buy less groceries and wait for sales to buy a little more at that time.
A34 8	I shop at 3 different stores to get the best prices on the remaining groceries that I do buy
A34 9	I have been purchasing less meats.
A35 0	I buy more store or generic brands instead of brand name
A35 1	I buy less luxury items, snacks, candy, buy cheaper quality and visit food pantry.
A35 2	I buy less expensive alternatives instead of what I need
A35 3	Buying less
A35 4	Some things I buy from a cheaper brand or buy in bulk to get a lower price.
A35 5	purchasing more in bulk to save more
A35 6	Less of everything eaten to manage the cost increases.
A35 7	I purchase less beef for one thing because of the cost. I also shop more sales and eat around those instead of what I really want.
A35 8	I HAVE SWITCHED TO HOUSE BRANDS AND CUT BACK A LOT ON FAST FOOD PURCHASES
A35 9	I don't buy any desserts as much as I used to.
A36	Buy store brands more often and make more meatless meals

0

A36 The amount of things I buy

1

A36 We can't dine out much. We have to buy cheap food

2

A36 I buy more healthy foods and less junk although I do buy some junk foods. I only buy what I will use by the expiration date.

3

A36 I don't buy much meat, I buy more store brands

4

A36 Less steaks and more hamburger

5

A36 I've eliminated some foods, bought store bran.

6

A36 Some items appear to be increasing more every time I go shopping. The most used items are the ones.

7

A36 I buy very little meat.

8

A36 BUY WHAT I REALLY CRAVE LESS UNLESS IT IS ON SALE FOR A GOOD PRICE

9

A37 Looking for generic or store brands when possible

0

A37 I do much more price comparison than I would normally do.

1

A37 Since I qualify, I'm using food pantries more often

2

A37 Buy store brand products or wait till they go on sale to buy.

3

A37 I look for cheaper prices for groceries, try to purchase meals that I can prepare to last two or three meals, and overall have cut back many snack items.

4

#	ANSWERS
A37 5	Lower quality meats
A37 6	We have cut out expensive cuts of beef, mostly steaks, and switched over to cheaper dishes like chicken to save money.
A37 7	i do not buy everthing i lkie
A37 8	I buy many more, almost a majority of store brand food items. Try to watch for sales.
A37 9	Buy in bulk
A38 0	I've cut back on extra foods and treats
A38 1	Generic brands are now in use
A38 2	We eat less red meat.
A38 3	Yes more soups & 1 dish mesld
A38 4	I am not buying to many name brands but more grocery store brands.
A38 5	I buy a little more of my food in bulk and freeze more of my food
A38 6	Try to purchase items for lower cost meals
A38 7	Less meat and more pasta
A38 8	I buy items on sale more in order to stock up the pantry.
A38	I eat less expensive meat, vegetables and fruit.

#	ANSWERS
9	
A39 0	I've pretty much eliminated a lot of meat and other expensive items you have to eat a lot more food that is really not healthy just to keep the same calories in me
A39 1	I am buying more store brands and clipping coupons too
A39 2	changed brands and stores I visit to get better deals or better able to use coupons
A39 3	Get only what I absolutely have to have
A39 4	I don't buy much meat meat is way too expensive I purchase some meat and the cheapest that I can find but not much of it we don't eat near as much meat as we used to can't afford it I look for the cheapest of everything and if it's something that's really necessary or help stretch things out through the month like macaroni macaroni cheese just very choosy shopping I I am careful about what I buy I have to be or we run out of food during the month
A39 5	Only buy what we need and not stock up just because it's on sale.
A39 6	Instead of shopping at one store, I spread my shopping among 4 stores in order to get the best deal
A39 7	I look for more sales and coupons.
A39 8	menos cantidad que antes
A39 9	I'm buying cheaper options
A40 0	I buy more house brands and stock up on sales.
A40 1	I don't buy as much as I have previously
A40 2	I can no longer afford meat. I know that sounds ridiculous. I'm eating a lot more carbs than I really want to. I've been making a lot more pasta rice potatoes things that stretch the budget.
A40	Buy mor sale products and store brands

#	ANSWERS
3	
A40 4	Had to get cheaper brands and less foods and drinks
A40 5	Cut back on meat
A40 6	Less frozen foods bought
A40 7	Cut back on name brand
A40 8	I purchased less meat.
A40 9	No more expensive meats, everything must be on sale or use a coupon to defray costs
A41 0	I now buy cheaper store brands
A41 1	Try to keep in under a budgeted amount each week. If over, delay buying something this week.
A41 2	don't buy beef very often
A41 3	WE eat less.
A41 4	Look at prices of certain things and choose something else.
A41 5	If I really want something bad enough, I just have to close my eyes to the rising prices an continue to eat as well as I can.
A41 6	look for lower cost options or vendors
A41 7	Cut back on beef and pork

#	ANSWERS
A41 8	Buying less and less expensive items
A41 9	We do not order take out anymore.
A42 0	Looked for more sales
A42 1	I Purchase less meats, and less non essentials
A42 2	Watch prices and do not purchased unless a sale .
A42 3	I buy off brand plus when things are on sale
A42 4	Less items monthly
A42 5	Eating less expensive meats
A42 6	not so much steak anymore-lots of chicken and hamburger
A42 7	Meats not as much
A42 8	No going out as much.
A42 9	We have started making our own bread and growing our own food
A43 0	buying less meat
A43 1	Bought less meat
A43	buy more generic

#	ANSWERS
2	
A43 3	Eat out less
A43 4	I have cut out most all beef and many other items I like and am sticking to basic necessities.
A43 5	Alot of items that are on sale
A43 6	I have switched to store brands on a lot of my grocery items.
A43 7	Bought less expensive alternatives
A43 8	We don't buy steaks as much or dine out as much at higher end restaurants.
A43 9	Less eating out
A44 0	much less prepared foods and more basic foods with more cooking invovled.
A44 1	Had to switch to more store brands.
A44 2	I buy more store brand and lower quality items
A44 3	I stretch meals until 3 days instead of 2
A44 4	Meal plan and do just in time inventory
A44 5	Buy off brand look for sales discounted meats
A44 6	I have purchased more store brands and generic products because of higher prices

#	ANSWERS
A44 7	I'm only buying generic products
A44 8	Lessened amount and price
A44 9	Hardly buying meats
A45 0	I buy more store brands, and I consciously look for evidence of shrinkflation, and not only inflation.
A45 1	I cut back on many meats, buy lower value other items.
A45 2	I eat much less volume of foods now especially meats like steak and ground beef
A45 3	Use generic lower cost products and avoid dining out.
A45 4	I have cut back on my favorite fish (Salmon) due to increased costs.
A45 5	I purchase more store brands and stock up on multiples when an item is on sale.
A45 6	Yes buying more store brand names.
A45 7	I buy less by going for smaller quantities because it's the weekly budget that takes the hit.
A45 8	Don't eat red meat
A45 9	I buy more store brands.
A46 0	Have not purchased 'extras'
A46	Cheaper cuts of meat

#	ANSWERS
1	
A46 2	Shop at discount stores, purchase store brands, purchase less meat, check sales papers online
A46 3	buying more generic brands
A46 4	Just buying less and purchasing more bulk items
A46 5	I buy more store labeled foods and eat less red meat.
A46 6	I have breakfast every day. I skip lunch and I have dinner.
A46 7	I buy stuff that is marked down or cheap
A46 8	Fewer name brands, less meat, smaller quantities of fresh produce and fruits.
A46 9	I won't buy the extras that we really do not need, like chips and candy.
A47 0	Meats from cow to goat and many more.
A47 1	I am buying more generic stuff.
A47 2	Try to find more mark downs
A47 3	Don't purchase certain foods or purchase a cheaper brand
A47 4	Waiting for sales and shopping at different stores to get sales
A47 5	We are buying more store brands

#	ANSWERS
A47 6	I am changing to eat more frozen fruits and vegetables instead of the fresh produce
A47 7	Cheaper brands and on sale products
A47 8	Buying off brands more
A47 9	Use more coupons and check on more deals at a number of stores.
A48 0	Namebrands to generics
A48 1	Look for sales, coupons
A48 2	Everything
A48 3	We've started using the food bank.
A48 4	I don't impulse buy as much. I look for more deals and coupons, I stock up if there's a sale
A48 5	Look for sales and buy bulk
A48 6	Usually buy generic brands for lower cost.
A48 7	I come up with recipes of what I have in my household and I use a bag beans or bag rice nothing prepared
A48 8	Buy less seems like everytime
A48 9	The amount, quality
A49	I buy less meat, less produce along with no frills or extra treats. Entertainment has been cut due to rising food costs.

#	ANSWERS
0	
A49 1	Going after store brands.
A49 2	not getting the sweet treats like we use to buy and eggs and milk as often as I did
A49 3	buying what's on sale and BOGO. Cut back on beef products
A49 4	Buy more generic and store branded foods
A49 5	I buy less
A49 6	I don't buy steaks, or expensive sea food such as shrimp. I tend to buy pork more. Ground beef is expensive also. But I stretch it out by making goulash, spaghetti, etc.
A49 7	Stopped uy name brand products and buy store brand as much as I can and also don't buy the product if you don't need it.
A49 8	Have only bought what is on sale and stocked up if possible.
A49 9	Less meats and high end items.
A50 0	Buying lower quality brands.
A50 1	less meat and sweets
A50 2	I buy basic. Nothing gourmet or expensive.
A50 3	not buying more expensive options
A50 4	I am comparatively shopping and using coupons and cutting back on the unnecessary items I really don't need.

#	ANSWERS
A50 5	Look for more sales
A50 6	we have always shopped at expired food distributors, and rely on them even more today. I buy end of date meats and vegies at stores.
A50 7	Buying cheaper products and sale items only.
A50 8	Spending less on food
A50 9	Buying less fresh fruit and produce.
A51 0	Less grocery store runs. Buying larger items to make homemade food
A51 1	I can't buy food with sugar anymore and I can't buy carbonated drinks because they have sugar and as I said before , it's takes a lot of the joy in life to not be able to afford these small treasures .
A51 2	I cut back on the extras especially snacks. Fruit and vegetables are sometimes too expensive
A51 3	More cheap processed foods.
A51 4	I tried to eat fresh vegetables and fresh meats stay away from Pam that have a lot of sodium in it but the meat prices have skyrocketed as well as vegetables or fresh fruit
A51 5	I eat out less.
A51 6	I don't buy a lot of meats. They are doubled the amount of what they used to cost.
A51 7	I look for markdowns and freeze them
A51 8	We have been buying cheaper options -- store brands instead of national brands and substituting cheaper cuts of meat in for more expensive. And more meatless meals as well.
A51	Cutting out on less red meat. Going to more than one store to get the best deals and sales

#	ANSWERS
9	
A52 0	I don't go out to eat as often, I buy less to prevent waste and I always shop for bargains
A52 1	Eating less meat
A52 2	I put store brands
A52 3	Go store to store shopping for best deals
A52 4	I don't purchase much fresh fruit as I did before.
A52 5	buy only necessary foods
A52 6	go to no name brands
A52 7	Just getting the basics
A52 8	I look for discounts ever day.
A52 9	Less fresh items, buying off-brands, buying whatever I have a coupon for, less protein & more carbs
A53 0	The amount I buy
A53 1	A lot of higher prices of meat.
A53 2	I eat more at home than before
A53 3	Try to buy less of everything and still hard to keep prices down.

#	ANSWERS
A53 4	Make enough for 2 days, eat leftovers, don't buy beef
A53 5	We buy brand labels more frequently or wait until something is on sale.
A53 6	I don't buy namebrand items any longer. I find some of the non-namebrand items are just as good and I definitely don't eat out at all hardly once in a blue moon.
A53 7	More deliberate in my choices.
A53 8	Variety of meats
A53 9	I'm am purchasing more healthier food and not eating out not as much
A54 0	just make more food
A54 1	I'm buying cheaper cuts of meat and store brand items
A54 2	Purchase cheaper items.
A54 3	less food and less healthy food
A54 4	switched to a less er quality foods
A54 5	Buying more Store generic brands the name brands.
A54 6	Buy more store brand items
A54 7	we are buying less salty and sweet snacks due to the price.
A54	More aware of sales and comparing prices in different stores

#	ANSWERS
8	
A54 9	I purchase food that will last for awhile because you don't get much for your money anymore
A55 0	Buy.off.brand.food
A55 1	Buying less of it
A55 2	I buy less
A55 3	I buy more things like pasta and rice, because they go further
A55 4	Cheaper cuts. No more beef or steak.
A55 5	Using food pantry to supplement costs
A55 6	Now only purchase what is on sale
A55 7	Comparison shopped more and used more coupons
A55 8	Eating a bit less m r at and more canned or frozen veggies. Drinking more water and less bought drinks. Less snacks
A55 9	a lot i get cheaper food now and i buy in bunders now some brand i never like
A56 0	Less food
A56 1	buy less meat
A56 2	Sometimes I buy non name brand or don't buy at all I know freeze left overs so it can be taken to work for lunch

#	ANSWERS
A56 3	I am checking the clearance bins and marked down items in the produce items. Apparently others aren't buying the higher quality foods either as they are showing up on clearance. Only thing is, they are almost too ripe and has to be used immediately, which is OK. Sometimes that is how I plan my meals for the day.
A56 4	Store brand, shop sales and online coupons at several different stores
A56 5	I usually eat better but not now
A56 6	As previously stated, we do not eat lavishly. I like to cook so I am trying many new soup recipes as well as new casserole recipes because I can stretch meat further this way. It is good that we love soups!!
A56 7	Most of the time relying on frozen versus freshly prepared wholesome meals/food.
A56 8	Less meat and cheaper cuts. Less fresh fruits and vegetables.
A56 9	Started purchasing more generic brands and rounding out grocery purchases with discount stores like Dollar General/Tree
A57 0	Better value meals
A57 1	Buy off brand stuff which is usually not as tasty.
A57 2	Buy less but spend more
A57 3	I buy less brand name items and less treats. Cut way back on Valentine's Day candy and gifts for others
A57 4	we buy less expensive foods and go to the food banks more ofrend
A57 5	Buying less organic and fresh
A57 6	buying less fish, meat, etc.

#	ANSWERS
A57 7	We are buying less quality meat. And of course vegetables are outrageous. So we've cut those out fresh ones. Canned vegetables, I've gone up some but not as bad as fresh.
A57 8	Buy cheaper cuts of meat and more store brands
A57 9	No meat. Chicken when on sale.
A58 0	Leaving out healthy foods that are fun like dark chocolate because it costs so much
A58 1	Eating less meat.
A58 2	watching for sales more often, shopping at lower cost stores
A58 3	I hardly ever buy steaks or chopmeat
A58 4	Certain types of food.
A58 5	We don't go shopping as often, and we spend less on groceries
A58 6	I do not purchase as much as I did before
A58 7	Cheaper cuts of meat can't afford the good stuff.
A58 8	I used to take my wife out to eat once a week, but that didn't cut back till once every two weeks as well I am buying more generic brand foods in order to come back the expense Of my groceries
A58 9	I now buy cheaper cuts of meat and more store brand products.
A59 0	Buying less
A59	I now buy more generic brand foods.

#	ANSWERS
1	
A59 2	Fewer indulgences
A59 3	I buy less expensive groceries.
A59 4	Buying less food
A59 5	I do not purchase a lot of meats or fruits and vegetables.
A59 6	Buying more in bulk
A59 7	I'm on a budget. Now I'm buying cheaper brands and not the best quality of food
A59 8	Cannot afford meat at all.
A59 9	I buy more sale items
A60 0	Buying in bulk
A60 1	Less beef purchases, more chicken or pork.
A60 2	Buy only store brands and scour ads looking for the best deals
A60 3	Using store label groceries
A60 4	I've cut back on beef buying meat in the stores to break in high. Not gonna spend \$35 a steak.
A60 5	I wait for certain items to go on sale, but I still have to go for cheaper items like ground beef instead of a roast. Every week I go over the grocery store ads for what is on sale in all departments.

#	ANSWERS
A60 6	I only buy the brands that are on sale, and choose more store brands than previously.
A60 7	I try to find a cheaper brand when grocery shopping.
A60 8	I am buying more store brand items. I am getting smaller packages because prices are too high.
A60 9	I am eating out less.
A61 0	Cutting back on meat product. Buying cheaper cuts or in bulk.
A61 1	I get the cheapest brand more often than I used to.
A61 2	More Ramen noodles
A61 3	Cut back and cut out.
A61 4	We buy only what we can and cut out the prepackaged stuff and the sweet stuff.
A61 5	I do not buy just buy anything. I buy what I need and sometimes I do not get what I want because I do not have enough money.
A61 6	I no longer purchase snacks and cheaper brands
A61 7	I'm buying food that is on sale ,trying to keep the refrigerator full
A61 8	We don't buy red meat as often as we used to. When the price of hamburger is over 7-8 dollars per pound we really watch what and how often we buy. We stocked up on coffee before the tariffs, etc. but our stash is running out so may need to lower the quality of what we buy.
A61 9	Meats, particularly beef, purchases are less often and almost exclusively occur when these items are on sale.
A62	Even the dollar store went up on prices

#	ANSWERS
0	
A62 1	Eat less beef and buy cheaper brands,
A62 2	try to stick with sales and other bargains
A62 3	buying more store brands, less deli, and stopped buying soda and chips
A62 4	Alot less meats, less coffee,less seasonings, no snack foods or desserts.
A62 5	Buying less meat
A62 6	not getting as many grocies
A62 7	Less meat because it's become extremely ridiculously overpriced
A62 8	purchase less beef and more pork and chicken
A62 9	i buy more necessities and less fun things. i have cut out cheese just to enjoy, wine to have after dinner, i now cut meat servings in half and try to eat more vegetables.
A63 0	I get the cheapest things I can buy an afford
A63 1	I have diabetes so I skip the zero sugar ready made stuff and go for simple foods I can make myself.
A63 2	I purchase non brand names
A63 3	I am buying less than I did before and I am buying more store brand items instead of name brands.
A63 4	I have to buy more store brands than before

#	ANSWERS
A63 5	I buy the cheapest
A63 6	Eating less meat
A63 7	I now consider the off brands
A63 8	Eat at home more rather than eat out
A63 9	Less of everything. We do generic on things we do buy. We look for coupons and digital coupons.
A64 0	Lesser cuts of meat, and less expensive everything!! Buy store brands.
A64 1	Alot less. Hardly buy meat anymore.
A64 2	I have found less costly places to shop for groceries and meat
A64 3	We are not eating out as much
A64 4	Dining out less and looking for deals on grocery items.
A64 5	I buy mainly soups and peanut butter and bread.
A64 6	My produce and some meat I can't afford.
A64 7	We don't buy as much ahead and stretch the food budget close to just enough for the month.
A64 8	I've cut back on buying extra's like ice cream, cookies and other sweets
A64	I try to buy lower cost meats or make meatless dishes

#	ANSWERS
9	
A65 0	I mostly only buy broccoli and mushrooms. its easier
A65 1	We purchase less chips and cookies and such and purchase mostly food to be cooked at home.
A65 2	Buying less meats
A65 3	I pick the store brand
A65 4	I look for a cheaper brand or generic brand. Sometimes it doesn't have all the nutrients your diet needs.
A65 5	I shop low calorie
A65 6	Don't buy as much
A65 7	More chicken
A65 8	More store brands
A65 9	buying more generic brands
A66 0	Buy less meat particularly beef
A66 1	I am getting more store brand items & not getting fast food or going out to eat.
A66 2	I buy store brands rather than national brands to save money.
A66 3	Buy off brands

A66
4 Going with cheaper brands, less red meat.

A66
5 Buy less food at the grocery store

A66
6 cut out some meat and some vegetables

A66
7 I tried to order more store brands now because they are less expensive

A66
8 I rarely buy meat and I shut my freezer off to save on electricity.

A66
9 Buying in bulk more

A67
0 bought less

A67
1 Buying more generic brands. Skipping little treats.

COMPLETES 671

Q7

TYPE: SINGLE SELECTION

Have rising costs affected how often you see friends or participate in social activities?

#	ANSWERS	ANSWERS(%)	COUNT	STRATIFIED ANSWERS(%)	STRATIFIED COUNT
A1	Yes, significantly	14.50%	145	12.93%	129.25
A2	Yes, somewhat	38.90%	389	36.72%	367.22
A3	No	46.60%	466	50.35%	503.53

COMPLETES 1000

Q8

TYPE: OPEN-ENDED

What is one thing you have given up—or seriously considered giving up—because it has become too expensive?

ANSWERS

- | | |
|-----|--|
| A1 | Yes I don't do that very often anymore |
| A2 | Shopping with friends and spending money on social activities |
| A3 | I have given up nothing. |
| A4 | Staying in hotels |
| A5 | Red mile |
| A6 | Driving |
| A7 | I have cut back on vidjeo streaming services |
| A8 | choice cut beef |
| A9 | Nothing |
| A10 | Dining out |
| A11 | Going to dinner |
| A12 | We eat out less |
| A13 | Movies |
| A14 | Going out to the bakery and buying a treat because I don't want to add to my expenses. |
| A15 | I have stopped buying cereal. |

#	ANSWERS
A16	attending social events with extra expenses
A17	dining out
A18	Driving I sold my car .
A19	Eating out
A20	My bestie and I don't go out for lunchmas much as we used to.
A21	We have reduced the number of times we go out to eat with friends and family.
A22	Beef
A23	Going out for dinner and drinks
A24	Eating out
A25	I seriously considered giving up cable tv because the cost is rising and so this week I did cancel our cable tv.
A26	Traveling to visit family and friends
A27	EATING OUT TWICE A MONTH
A28	My friends and I don't go out to eat on a regular basis anymore
A29	Travel
A30	Eating out
A31	Transportation
A32	I haven't had to give up anything... Yet.
A33	Shop for clothing and shoes
A34	Eating out in a restaurant
A35	no comment
A36	Nothing
A37	Cutting bck os streaming services they have risen in price

#	ANSWERS
A38	Nothing! Our income can handle it
A39	Vacation
A40	Eating out too much
A41	Dining out
A42	Nothing
A43	I used to drive up to my daughters home and no longer visit do to tolls and the additional costs. She has battled cancer twice and I have once. Current money problems prevent us helping one another where as prior years presented no hardships, greed of inflation, tariffs, etc.
A44	Coffee out
A45	Going out for dinner or to movies.
A46	Going out to eat less often
A47	Going out to dinner as much as we did
A48	Nothing yet
A49	going to see my children or brother. fly or drive far.
A50	12 year old scotch
A51	gas
A52	I am less likely to meet friends for lunch or dinner at a restaurant.
A53	We don't visit anyone any more - we socialize by phone or on computer
A54	High priced restaurant food.
A55	Going places and anything that costs money
A56	driving my car gas insurance and maintenance costs
A57	Travel
A58	Buying clothes as much as I want to. I really do love clothes

#	ANSWERS
A59	Snack foods like chips
A60	Visiting my children
A61	Almost everybody but having a good stake
A62	We drink less socially
A63	dining out
A64	Use to go out to eat at least once a week. Now it is more like once a month or less.
A65	Eating at restaurants
A66	I have given up my cable TV subscription.
A67	Ground beef
A68	nothing yet.
A69	Going out to dinner. Don't go out for activities like movies, bingo.
A70	EATING IN RESTAURANTS
A71	Nothing
A72	Travel
A73	Going out to eat has become really expensive. I have been inclined to do that less.
A74	Eating out
A75	Don't eat out or get take out as often.
A76	I had to sell my car because I couldn't afford the insurance and the upkeep
A77	Cable tv!!!
A78	Meeting friends at a bar and going out to eat
A79	Going to fancy restaurants
A80	dont go out much with friends

#	ANSWERS
A81	Going out to eat
A82	Streaming service
A83	seafood
A84	I can't go visit my grand son as much as before.
A85	Going out to eat with friends
A86	Because of gas prices and automotive repairs.
A87	going out with friends less
A88	Going out and vacations
A89	Dining out with friends
A90	A whole lot but mostly I have given up my weekly drive , I love to drive and just can't afford it anymore
A91	Alochol
A92	Eating out at restaurants
A93	beef,
A94	Air travel and vacations.
A95	dining in a restaurant
A96	Not sure
A97	I tried to avoid going out to eat because it has gotten so expensive.
A98	I used to buy a lot more flowers for my garden. Now I buy a smaller amount, and may not get the ones I really want.
A99	Drinking alcohol
A10 0	Traveling once a year cross the country.
A10 1	I have gave up eating out until prices change.

#	ANSWERS
A10 2	Buying dinner out for family.
A10 3	New clothes
A10 4	going out to meet friends
A10 5	Casinos, Bars, and malls.
A10 6	GOING OUT TO EAT WITH FAMILY AND FRIENDS
A10 7	Nothing
A10 8	None
A10 9	Traveling very little, too expensive
A11 0	Most meats especially beef
A11 1	Buying new clothes.
A11 2	Travel
A11 3	None
A11 4	CUT BACK ON BEEF AND PORK
A11 5	Cable tv
A11	I canceled a streaming service that I didn't use enough

#	ANSWERS
6	
A11 7	Less shopping at Costco.
A11 8	Happy hours
A11 9	nothing really i just budget and compare prices
A12 0	Eating out
A12 1	Take out eating out tv
A12 2	Some streaming services
A12 3	We only go to sporting events a few times a year
A12 4	desserts
A12 5	Nothing at this time
A12 6	I am not at that point yet but I do purchase store brands of lower cost brands to save money.
A12 7	Probably beef
A12 8	going out to eat
A12 9	Really going out and hanging out with my friends
A13 0	Going out to eat.

#	ANSWERS
A13 1	Vacations because I can't save enough
A13 2	Nothing in particular
A13 3	Some travel
A13 4	I don't know
A13 5	Going out to eat
A13 6	Eating out
A13 7	We have cut back and almost given up on going out like going to movies.
A13 8	Soda
A13 9	nothing
A14 0	Ketamine treatments for my mental health.
A14 1	nothing so far
A14 2	I dine out a little less.
A14 3	Nothing, really
A14 4	Travel
A14	going out to eat.

#	ANSWERS
5	
A14 6	We ate staying home more often and no trips for ice cream
A14 7	Eating out at restaurants and fast food places.
A14 8	nothing, T can still afford to do things, they just cost more.
A14 9	Smoked salmon
A15 0	Fast food
A15 1	one of our vehicles because of the cost of maintenance and we do not drive as much.
A15 2	Nothing
A15 3	NOTHING BECAUSE I WANT QUALITY OF LIFE.
A15 4	I have given up leisure activities that involve purchasing of tickets
A15 5	Going out on the town
A15 6	travel plans
A15 7	Going out to eat or seeing a movie.
A15 8	Traveling
A15 9	Some travel destinations increases are way above what is reasonable

#	ANSWERS
A16 0	I quit buying Name brand stuff
A16 1	eating out
A16 2	I don't meet friends for lunch at the little cafe. I don't take my family out for a burger lunch when I visit them. I don't eat at restaurants or fast food places at all ever.
A16 3	Traveling.
A16 4	the subscription of social media platforms.
A16 5	Meeting friends at restaurants for lunch
A16 6	N.a
A16 7	Soda!
A16 8	Buying clothes
A16 9	Tv streaming
A17 0	Eating out at restaurants
A17 1	traveling for vist
A17 2	I am taking fewer theater trips to NYC
A17 3	Desert treats
A17	Golfing and then hanging out after for lunch.

#	ANSWERS
4	
A17 5	Red meats
A17 6	Golf, fitness membership going to movies
A17 7	going out on weekends
A17 8	Buying clothes
A17 9	Travel due to cost
A18 0	Eating out.
A18 1	traveling, I no longer to that I used to take 1-2 trips a year and no longer do that
A18 2	I can't take as many art classes as I'd like.
A18 3	I NO LONG GO OUT TO EAT OR GO TO ANYTHING THAT COST MONEY. ONLY DO FREE THINGS
A18 4	Entertainment and travel plans.
A18 5	We don't eat out as much as we use to. We stopped going to the movies all together
A18 6	GOING OUT WITH FRI3ENDS TO ATTRACTIONS
A18 7	Smoking cigarettes at eating candy
A18 8	not yet

#	ANSWERS
A18 9	Nothing so far.
A19 0	Nothing
A19 1	I ahve not refiled prescriptions due to costs
A19 2	I have reduced dollars spent on eating out.
A19 3	Takeout
A19 4	Dining out
A19 5	Credit cards
A19 6	TRAVEL
A19 7	Don t buy desserts, chips or snack foods.
A19 8	travel
A19 9	Haven't had to give up anything
A20 0	I have not given up anything because I do little extravagances.
A20 1	We no longer go to fast casual restaurants as they are so expensive.
A20 2	Eating out less often
A20	I can't think of anything given up , but rather do things more in moderation .

#	ANSWERS
3	
A20 4	Hobbies and travel
A20 5	no idea as never think about that
A20 6	Driving
A20 7	Driving. Going to sell the car.
A20 8	Nothing
A20 9	Going out and eating at a restaurant
A21 0	Travel
A21 1	Have not given up anything.
A21 2	Girls night out.
A21 3	Eating out
A21 4	nothing yet.
A21 5	Going out to eat and attending performances
A21 6	+I discontinued my cable TV and went with a cheaper interent service also
A21 7	Dining out has gotten more costly.

#	ANSWERS
A21 8	Eating out
A21 9	I have not given up or considered giving up anything. I am fortunate in this way.
A22 0	Nothing
A22 1	Eating out in a nice restaurant
A22 2	cut unnecessary purchase which is not essential
A22 3	Candy
A22 4	Brand name items.
A22 5	Soda
A22 6	Not going out to eat as much
A22 7	I really don't do anything at all anymore. I'm a widow my husband in 2024 so I'm on my own and have to pay for everything myself. If you go out with family to eat it cost way to much. So I stay home
A22 8	ther is nothing that we have fully given up
A22 9	Cruises
A23 0	I have cut down on driving, so unless these friends come to me, I don't see them. But I can still call and email them...
A23 1	It would have to be travel
A23	I have not really given anything up due solely to cost

#	ANSWERS
2	
A23 3	Driving 20 miles each way to see my sister and nieces weekly
A23 4	High cost meats
A23 5	I used to go to breakfast once a month with my friends. None of us can afford to do that now
A23 6	So far, I have not given anything up. If costs keep rising, I will have to consider that.
A23 7	Going out to socialize was the first thing to go
A23 8	My yearly purchase of new shoes
A23 9	I watch more on what we do.
A24 0	Going out to dinner, movies
A24 1	I don't socially eat out anymore
A24 2	As a retired person, I used to enjoy traveling with friends, and that is no longer feasible in this economy. So now it's the necessities with very little leftover for recreation or treating myself to anything.
A24 3	I haven't given up anything.
A24 4	activities that have an expense
A24 5	Steak
A24 6	I haven't given anything up

#	ANSWERS
A24 7	Sodas juice, meat ,deserts
A24 8	Eating healthy
A24 9	dont go out to eat as much.
A25 0	i no longer go to the local tavern to watch sports and hang out within the community.
A25 1	We are really expensive now have to buy lower
A25 2	I stopped attending the Daytona 500 as I won't spend \$300 for a ticket.
A25 3	Driving a car
A25 4	only food types
A25 5	Dining out with family and friends.
A25 6	Beef.
A25 7	not sure
A25 8	Nothing
A25 9	Eating out as often at fast food restaurants.
A26 0	My friends and I will socialize at someone's home rather than going out to eat or meeting for a drink.
A26	will not get another dog

#	ANSWERS
1	
A26 2	we no longer do ANYTHING that doesn't involve paying the general bills to live: food, utilities, general household maintenance.
A26 3	Eating out at Restaurants.
A26 4	I've given up spontaneous shopping
A26 5	Eating out
A26 6	Travel.
A26 7	We were in a car wreck. My husband did not pay the insurance so when the car was totaled we could not replace it. We would not have been able to keep the insurance up or buy very much gas anyway, but the car was paid for from an inheritance. We needed a larger car because we had adopted two of our grandchildren. They are grown now so it is just the two of us. It would be nice to be able to do date nights again...but we can't afford it.
A26 8	I haven't given up anything but I'm being more cautious
A26 9	Buying new clothes.
A27 0	Going to dinner with friends but because of the medical expenses
A27 1	Meat and seafood. The cheaper meats and seafood are very unhealthy%3B lots of mercury, chemicals, and injections. I seldom even buy a good can of tuna because the good stuff with less mercury is over \$3.00 a can.
A27 2	Eating out can't afford it
A27 3	Eating out with the family atleast.oncea month.
A27 4	Going out to eat with my wife
A27	Going to live theater events

#	ANSWERS
5	
A27 6	Buying clothes
A27 7	Salmon
A27 8	Going to live sports events
A27 9	Socializing
A28 0	Haven't had my hair cut in several months.
A28 1	THE COST OF ELETRICITY WAS THE ONE THAT I WAS CONSIDERED TO DO WITHOUT.
A28 2	Coffee
A28 3	Going out for any entertainment. I stay at home more than ever now.
A28 4	Going to the casino
A28 5	Nothing yet.
A28 6	I still tithe to the church, but have cut back on additional charities - St. Jude, Shriners, and other children's hospitals.
A28 7	not sure
A28 8	Name brand groceries
A28 9	I have significantly cut back on social travel because of the expense.

#	ANSWERS
A29 0	Household repairs.
A29 1	outdoor activities in the summertime and less travel plansc
A29 2	I havent considered giving anything up
A29 3	I don't have many things to give up lately. It would have to be dining out with my husband
A29 4	Entertainment
A29 5	Going out to eat often
A29 6	Flying. Where I once may have flown to certain destinations, I will now drive because it is cheaper
A29 7	Fun trips like amusement parks and just going down to the regular park near the school I can't afford the gas
A29 8	Nothing at this time
A29 9	Nothing
A30 0	MY GYM MEMBERSHIP FOR THE EXTRA MONEY
A30 1	Less golf
A30 2	Nothing yet
A30 3	Haven't heard enough something to say
A30	I haven't given up on purchasing anything

#	ANSWERS
4	
A30 5	Nothing at this point.
A30 6	nothing because you have to have those things
A30 7	Botox, facials and restaurants
A30 8	Yes, utilities is extremely high therefore cutting back on food is necessary.
A30 9	Going out to eat with friends and other people.
A31 0	I've thought about giving up coffee that I make at home or at least reducing how much I drink because coffee is so expensive.
A31 1	None
A31 2	insurance costs
A31 3	Dining out
A31 4	I really have not given up anything
A31 5	Cable TV
A31 6	I have been unable to afford certain cuts of meat that I totally enjoyed.
A31 7	Going to movie theater
A31 8	Eating Out

#	ANSWERS
A31 9	I seldom have food delivery.
A32 0	Nothing yet. Maybe a streaming service if it gets too expensive.
A32 1	I am seriously thinking about changing my method of TV watching.
A32 2	not sure
A32 3	Have not given anything up just watch what I buy
A32 4	we tend to low cost or no cost activities
A32 5	Travel
A32 6	eating at certain resturants
A32 7	Dining out as much as I used to.
A32 8	Cigarettes and alcohol
A32 9	Meal delivery
A33 0	Candy - small bag of fun size was \$9.99 at store.
A33 1	going out to eat
A33 2	comfortable heat temperatures at home
A33	Can't afford to eat out as much

#	ANSWERS
3	
A33 4	I don't get my nails done anymore at the salon
A33 5	Takeout
A33 6	some pills
A33 7	my diabetes meds
A33 8	Cable TV and internet service.
A33 9	There really is not anything I have given up to date.
A34 0	taking a cruise
A34 1	Nothing yet.
A34 2	House insurance
A34 3	Anything expect just making it day to day no extras
A34 4	Nothing specific.
A34 5	I don't go out.
A34 6	Nothing
A34 7	meat

#	ANSWERS
A34 8	Buying luxury vehicles
A34 9	Eating out
A35 0	Movie theater
A35 1	I used to go out to dinner and lunch frequently but now, I find it is less often. Everyone has been affected by the increased prices and its impact on our activities and life.
A35 2	meats
A35 3	Going out to eat has been one thing I have given up.
A35 4	Cable TV and also some of these sites for cable like Netflix and stuff it's getting very expensive because it continued to raise their prices so I'm probably cutting back on that
A35 5	I don't go out to eat as often
A35 6	Traveling is one thing we have considered giving up.
A35 7	Yes give up
A35 8	going out to eat, less purchases of take out food
A35 9	Eating out at restaurants and ordering food to eat at home
A36 0	Eating out
A36 1	Driving my car, I am 83 and I don't go anywhere anymore. I can't afford the gas.
A36	Dont Purchase as much on line as in previous years.

#	ANSWERS
2	
A36 3	eating out at restaurants
A36 4	Not too sure but maybe less vices.
A36 5	Take-out food
A36 6	Heat
A36 7	Streaming services.
A36 8	Traveling to see relatives.
A36 9	Cable TV is supposedly more costly than streaming but we have not made the change yet.
A37 0	I have not considered giving up anything.
A37 1	I giving up to buy ice cream, cookies and more groceries that have big prices
A37 2	going with friends to the casino monthly. I have stopped completely.
A37 3	Nothing yet
A37 4	chocolate
A37 5	visiting friends/family.
A37 6	Driving a car

#	ANSWERS
A37 7	Alcohol
A37 8	I have given up going to movies because it has become much too expensive.
A37 9	Some streaming tv channels have become too expensive
A38 0	Driving less miles per day.
A38 1	A lots of meats and fruits, i don't purchase as often
A38 2	Premium cuts of beef.
A38 3	Nothing
A38 4	Going shopping and eating out
A38 5	We don't heat our apartment, relying on the apartments above, below, and on either side of us%3B luckily this winter has been very mild
A38 6	Beef
A38 7	Eating out
A38 8	Vacation and travel
A38 9	nothing yet
A39 0	Doing my best to lower my utilities
A39	Some chips

#	ANSWERS
1	
A39 2	Travel
A39 3	Eating out
A39 4	Dining out with steak dinners.
A39 5	NOTHING DUH
A39 6	Hosting events at home
A39 7	Going to the movies
A39 8	given up eating at restaurants
A39 9	beer and wine
A40 0	Coffee
A40 1	Eating out
A40 2	I have not given up anything
A40 3	I am blessed. I haven't had to give up anything.
A40 4	Booze
A40 5	Dining out

#	ANSWERS
A40 6	going to movirs
A40 7	I used to eat out for lunch once a week with friends. Now it is only once a month.
A40 8	Turning on the heat in these extremely cold days and nights.
A40 9	I've given up going out to dinner and movies
A41 0	Going out too eat
A41 1	Treats
A41 2	Going to visit friends or having hair cut.
A41 3	Eating out and going stuff
A41 4	Eating out going out with friends because it's not in the budget
A41 5	Having lawn cut
A41 6	nothing yet
A41 7	making major purchases
A41 8	nothing
A41 9	nothing so far
A42	Nothing

#	ANSWERS
0	
A42 1	nothing
A42 2	So far I have covered all my expenses without the need to give-up anything
A42 3	Going for ride because of the cost of gas
A42 4	Going out to eat
A42 5	don't go to the movies as often
A42 6	Going out to eat as much.
A42 7	desserts
A42 8	Grocery shopping less than prior
A42 9	going out for a drive, exploring
A43 0	Thinking of giving up one of our vehicles
A43 1	I gave up frozen food like chicken nuggets over 3 years ago.
A43 2	I have not considered giving anything up, but I pay more
A43 3	Movies
A43 4	nothing

#	ANSWERS
A43 5	not tempting myself with going shopping
A43 6	I'm in a laboratory silver class, and the cost of silver has risen to an unbelievable price.
A43 7	I haven't had to give anything up.
A43 8	Eating in restaurants, clothes shopping, buying stuff for my home, use what I already have.
A43 9	Nothing really.
A44 0	Nothing
A44 1	Nothing yet
A44 2	spending money on take out food
A44 3	We don't eat at expensive restaurants.
A44 4	Nothing
A44 5	Canceled subscriptions
A44 6	Live events
A44 7	Running the Mt Washington Road Race. The price has doubled and what we get back is greatly reduced.
A44 8	I have cut back on driving and ordering take out or pizza delivery.
A44	Paying debt. I pay my car and my small loan. I have no health insurance and can't afford doctor or dentist.

#	ANSWERS
9	
A45 0	Dining out and going to synagogue because it's an hour away
A45 1	eating out
A45 2	Playing less golf due to costs
A45 3	Expensive cuts if beef
A45 4	Going out to dinner with friends
A45 5	Nothing
A45 6	none
A45 7	I don't go out to clubs and live theater events as often or at all due to high costs.
A45 8	Nothing
A45 9	Eating out and getting take out we can't afford it very often.
A46 0	I do not go out to eat or even pick up a cheap dollar two dollar sandwich from drive-through much anymore. All I don't even hardly go through and buy Coke anywhere.
A46 1	Going out to eat
A46 2	I can't go out to eat with friends.
A46 3	My husband works a distance from home and it's always been more convenient for him to just stop and grab a snack or stop and grab a drink. We're trying to cut back by buying our own at the store and taking them with us.

#	ANSWERS
A46 4	Nothing
A46 5	eating out
A46 6	Not going out to eat as much.
A46 7	Nothing yet.
A46 8	Going to see movies
A46 9	I have given up going to the movies and eating out regularly.
A47 0	Meeting friends at restaurants for a meal
A47 1	Eating out at restaurants
A47 2	dining out
A47 3	nothing as of now
A47 4	Beef and seafood
A47 5	Buying clothes is too expensive.
A47 6	Eating out
A47 7	I cannot say at this point that I am doing this
A47	Going to shows and concerts and sometimes movies seem to cost too much these days. Especially if you want to bring along the Grand kids.

#	ANSWERS
8	
A47 9	nothing
A48 0	Dinning out at restaurants.
A48 1	Eating out with friends
A48 2	Eating out at a full service restaurant
A48 3	going to the movies
A48 4	Eating out
A48 5	Cable tv
A48 6	Monthly dinner out with friends
A48 7	I haven't considered giving up anything.
A48 8	Nothing that I can think of at the moment.
A48 9	too many to list
A49 0	going to the movies
A49 1	Going out to restaurants.
A49 2	Gas

#	ANSWERS
A49 3	Trips / going out of town on week ends
A49 4	Spending on clothes.
A49 5	I no longer go out to lunch with my friends.
A49 6	Going out to eat on a weekly basis. Date night is now once a month.
A49 7	bottled tea
A49 8	Mostly everything I do.
A49 9	I have not had to give up anything
A50 0	Traveling thru airline
A50 1	Sounds small, but we now drink water with all meals. Other drinks add significantly to the cost of the meal whether we are eating at home or eating out.
A50 2	social events
A50 3	nothing
A50 4	Going outta state
A50 5	Going out to eat dinner
A50 6	I have given up about everything I can at this point.
A50	nothing so far

#	ANSWERS
7	
A50 8	Traveling to see our friends. Going on vacation.
A50 9	nothing at all
A51 0	We seriously have not given up anything. As a matter of fact we have a major remodel going on right now.
A51 1	eating out for dinner
A51 2	amazon prime,
A51 3	I gave up live TV cable
A51 4	Traveling for sight seeing.
A51 5	travling to see family.
A51 6	Houston Texans football tickets.
A51 7	Eating out
A51 8	Nothing
A51 9	I don't go out to lunch with my friends as often as I used to
A52 0	My TV package, I cut back to basic tv
A52 1	When I cannot afford cat food, I'll have to surrender my cat, my best friend.

#	ANSWERS
A52 2	Restaurant visit
A52 3	Nothing
A52 4	nothing at all
A52 5	nothing
A52 6	I haven't considered giving anything up. I need insurance so I have to deal with higher costs.
A52 7	Desserts in the grocery store.
A52 8	Have gone to lesser expensive restaurants
A52 9	I am supposed to start an GLP-1 but have decided to wait
A53 0	There hasn't been anything that I have given up or considered giving up due to the cost.
A53 1	Entertainment
A53 2	WE NO LONGER EAT OUT OR TAKE VACATIONS
A53 3	fresh beef due to higher prices
A53 4	I have stopped buying bread because the only kind that is affordable for me is really low quality and awful.
A53 5	Eating dinner out.
A53	Social activities like sport events and movies and hobbies

#	ANSWERS
6	
A53 7	Travel as I used to travel overseas twice a year.
A53 8	going out to eat
A53 9	My car
A54 0	Cable tv
A54 1	Going to the movies. Used to go more often
A54 2	Concert or show tickets that cost over \$150 each. That is way too much to be spending on a show so I have to miss a lot of what I'd want to see.
A54 3	Buying clothes
A54 4	Nothing
A54 5	Going out to eat with friends and family
A54 6	Going out to eat at different places. Not only have prices increased, but the amount of food also given is smaller.
A54 7	GOING ON LESS TRIPS BECAUSE OF GAS PRICES
A54 8	I haven't given up anything.
A54 9	I don't go anywhere except home and work
A55 0	Alcoholic beverages.

#	ANSWERS
A55 1	I have not totally given up travelling but have reduced the number of trips I am considering for 2026
A55 2	Eating out
A55 3	Eating out at restaurants.
A55 4	I have basically given up purchasing wine and liquor a few times per month, because I no longer have the extra money!
A55 5	T bone steak
A55 6	I have thought if giving up my furniture and items in storage.
A55 7	Going to our neighborhood night spots to meet up with friends has been eliminated.
A55 8	driving around as much as i used to
A55 9	Going out to eat, we have cut back on going out but it isn't really a problem.
A56 0	Meeting friends for drinks or dinner no longer fits into my budget, so I don't see friends very often.
A56 1	We very seldom go out to see movies anymore.
A56 2	Eating out
A56 3	Drinking
A56 4	nothing
A56	Eating out in a restaurant

#	ANSWERS
5	
A56 6	I have given up buying cookies
A56 7	giving to political parties
A56 8	I buy less chocolate and drink less coffee because of those rising costs.
A56 9	Eating it out
A57 0	Steak
A57 1	None
A57 2	Boating
A57 3	Going out for lunch
A57 4	Have not thought about giving up anything
A57 5	at 78 years of age i just do not cut back
A57 6	It is having a meet up at a restaurant for a Friday meal together. The price is hard when you are a fixed income.
A57 7	vacations
A57 8	Traveling
A57 9	Dating movie stars

#	ANSWERS
A58 0	Going out to eat less often because of cost
A58 1	Brand name items. I now buy off brand products.
A58 2	I love my Diet Pepsi.and it has went up so much in cost and they never run it on sale so it has been tough cutting it out
A58 3	We don't see movies in theaters anymore.
A58 4	Friday nights out either friends/family.
A58 5	ATTENDING SPORTING EVENTS OR CONCERTS
A58 6	Travel
A58 7	I stick to basics in food. I don't purchase frills like bakery quiche or fancier cuts of meat of any kind because prices continue to rise for these items.
A58 8	I have given up some of the entertainment options like going to movies, cancelling streaming programs, and dining out
A58 9	going out to dinner at all
A59 0	Playing golf
A59 1	Going out to eat and movies
A59 2	Buying things just because we want them, not because we need them.
A59 3	Nothing in particular, just eating more meals at home.
A59	Going out to eat has taken a big step back. I just can't rationalize the cost.

#	ANSWERS
4	
A59 5	a las reuniones muy seguidas con amiigos ya que esto representa gastos
A59 6	Eating out
A59 7	I am considering lower cost and shorter vacations.
A59 8	Nothing
A59 9	I have not given up anything .
A60 0	nothing
A60 1	But we don't go out for coffee or lunch anymore cuz it's that's a luxury for most of my friends
A60 2	I am a coffee lover. I don't know if I can ever give it up completely but I have had to cut down cost of coffees way too much.
A60 3	Nothing really, but do it less frequently
A60 4	Going places unless I have to go
A60 5	Eating out
A60 6	Traveling has become too expensive
A60 7	eating out
A60 8	Eating out

#	ANSWERS
A60 9	Cut back on eating out
A61 0	Go out with friends less to eat out.
A61 1	Fancy restaurants
A61 2	Eating
A61 3	Traveling
A61 4	Not eating out as much to meet friends.
A61 5	steak
A61 6	Going out to eat or even going through a drive-through and buy prepared food I don't go visit people because the price of gas that takes up more money I can't afford that I used to go to movies I don't do that
A61 7	Travel
A61 8	Going out to dinner with friends and my wife.
A61 9	nothing that I recall
A62 0	I eat out less due to high cost of gas and increased prices
A62 1	Use less power to reduce cost.
A62 2	I might have to drop at least one of my streaming services.
A62	Going to bingo, which I love to play

3	
A62 4	I have almost completely given up buying meat because of such high prices.
A62 5	cable tv
A62 6	My food expense has gotten so high we sometimes go without eating
A62 7	Nothing
A62 8	booze
A62 9	Travel and fine dining
A63 0	Getting a newer used car
A63 1	Traveling
A63 2	Eating out and bar.
A63 3	Weed
A63 4	Eating out
A63 5	Nothing
A63 6	Things I can get by without as far as groceries.
A63 7	Some foods I don't buy often anyway.

#	ANSWERS
A63 8	Nothing
A63 9	Meeting friends out for dinner or events
A64 0	Nothing. Is this an old survey - because the economy is cooking right now, what is it - 2.6 percent? It was over 9 percent just 5 years ago.
A64 1	Considered giving up hair coloring but probably wont
A64 2	Traveling
A64 3	Hamburger
A64 4	Nothing
A64 5	traveling
A64 6	Getting a new iPhone
A64 7	Nothing
A64 8	Haurcuts
A64 9	Nothing as of yet
A65 0	I am mindful of going out to eat at certain places with friends knowing it may be out of their budget,
A65 1	Getting better cuts of meat
A65	Roast dinner

#	ANSWERS
2	
A65 3	Going out to eat in a restaurant
A65 4	buying what I want,now I buy what I need
A65 5	Can't think of anything
A65 6	traveling by plane
A65 7	I haven't given anything up
A65 8	Fine dining
A65 9	Eating out and satellite TV
A66 0	Nothing
A66 1	Ice cream, tubs and novelties
A66 2	Going out to dinner
A66 3	Going to more than one hockey game per year or other events and dining out.
A66 4	Eating out
A66 5	Amazon subscription
A66 6	Pizza night with my 5 granddaughters, we still get pizza we just don't go for ice cream afterwards.

#	ANSWERS
A66 7	coffee from coffee shops
A66 8	Some groceries
A66 9	Dining out less
A67 0	gambling
A67 1	Haven't gone out in over a year.
A67 2	Cutting down on going out to dinner every week
A67 3	Restaurants
A67 4	Driving because the price of gasoline
A67 5	My hobbies. They were already expensive and prices have increased a lot. While I have not cut back, I have spent less mainly due to the products not being available for now with tariffs.
A67 6	Going to bingo on Friday
A67 7	I seriously considered reducing visits to out-of-town family, but have not yet done so.
A67 8	We don't go out to eat with friends as much.
A67 9	Eating in a restaurant
A68 0	Really haven't given up anything.
A68	TV streaming services - Hulu

#	ANSWERS
1	
A68 2	Eating out
A68 3	Going out to eat at higher priced restaurants
A68 4	Travel
A68 5	Nothing
A68 6	Nothing
A68 7	Sporting events and concerts
A68 8	I have given up in person dog training classes. It was something fun I could do with my dog, but I can't justify the cost since she is already trained.
A68 9	Going out to eat
A69 0	Travel to visit family.
A69 1	Travel
A69 2	No specific one thing, but a lot of little things
A69 3	Mushrooms
A69 4	Going out to eat.
A69 5	fine wines

#	ANSWERS
A69 6	Do not use social apps
A69 7	Traveling to see family.
A69 8	going out to eat
A69 9	Seafood
A70 0	I drink fewer alcoholic beverages because their price is more than I wan to pay.
A70 1	I have given up my enjoyment of red wine not that I drank it every day, but I did enjoy a little bit on the weekends. I don't drink it anymore and I gave up cookies or brownies for dessert which I enjoyed in the evening.
A70 2	Nothing
A70 3	Out of town/state trips. Less frequent use of car, even just in town.
A70 4	getting a manicure
A70 5	Going out to eat and traveling to see family.
A70 6	coffee
A70 7	Buying video games
A70 8	Have given up travel
A70 9	There is nothing that I have given up.
A71	Restaurant budget doubled to go to dinner so it's just once a month now

#	ANSWERS
0	
A71 1	Traveling long distances
A71 2	Getting a manicure and pedicure because it's not necessary
A71 3	We are eating out less often
A71 4	I am driving less or thinking of driving to several places if they are on the same route.
A71 5	We moved to the country and gas is too expensive to go visit
A71 6	Air-conditioning until it gets way too hot
A71 7	nothing
A71 8	Going out to dinner
A71 9	Nothing yet
A72 0	Eating out at restaurants
A72 1	Nothing has raised in price . Things have gone down
A72 2	going out for coffee with friends
A72 3	I stopped drinking completely. Going to cinema stopped.
A72 4	Nothing whatsoever

#	ANSWERS
A72 5	Everything
A72 6	We spent a cold winter because we had to turn the heat way down to afford the utilities.
A72 7	Nothing in particular.
A72 8	travel
A72 9	Hobbies and DIY projects
A73 0	Travel by car.
A73 1	Going out to eat with friends and drinks every week we used to do it on Thursdays
A73 2	Alot of things
A73 3	Haircuts
A73 4	We've been going out to dinner with friends a bit less in the last year.
A73 5	Going out to eat at sit down restaurants.
A73 6	Going out to dinner
A73 7	Very little restaurant visits with friends.
A73 8	Going out dancing, we use to go weekly now once or twice a month.
A73	Fine dining, just way too expensive

#	ANSWERS
9	
A74 0	when we do go on trips have not done much tours or doing much entertainment
A74 1	Going out to eat and socializing with friends
A74 2	Traveling
A74 3	Nothing, I can afford anything I need
A74 4	Travel, I stay home more now and just don't have the money to travel.
A74 5	I don't drive as often to see my friends
A74 6	Getting a couple appliances repaired, or replaced
A74 7	Eating out in restaurants.
A74 8	I would say travel.
A74 9	eating out
A75 0	buying fancy clothes
A75 1	nothing specific for now
A75 2	Buying fertilizer and products for lawn and garden care
A75 3	Doctor visit

#	ANSWERS
A75 4	I would give up travel but my husband won't let me.
A75 5	traveling to see friends and family.
A75 6	Buying clothes. We have put it off because getting what we need is getting expensive.
A75 7	None
A75 8	Concerts
A75 9	alcohol. its not needed. I would rather spend it on canabis. I cant even think the last time i bought a bottle of hard liquor. its been over 2 months since i bought beer
A76 0	nothing
A76 1	Steak
A76 2	We can't go out to eat at restaurants because it's too expensive.
A76 3	Don't have the money
A76 4	Eating out at restaurants and buying designer coffee.
A76 5	Fellowship with friends and going out to eat. Any curriculum activities have been ziltch
A76 6	Going to the movies
A76 7	Traveling or visiting family relatives
A76	Fast food and movies

#	ANSWERS
8	
A76 9	Nothing, yet
A77 0	Eating out twice a a week . Cutting down eating in restaurants to every other week
A77 1	computer gaming, going out to eat as often or recreational travel
A77 2	Going out to eat
A77 3	Visiting family and friends
A77 4	I am unable to find transportation to the places that I need to get to , like the doctor's appointments and the grocery stores and I have fallen trying to get to the doctor's office , I feel and broke my shoulder .
A77 5	nothing
A77 6	Social events with my grandchildren
A77 7	Eating out
A77 8	cost of gas and electricity
A77 9	do not travel as much
A78 0	Dinning out as much as I used to
A78 1	I don't meet my friends as much for dinner and drinks.
A78 2	Going to the car wash regularly. I now just drive a dirty car

#	ANSWERS
A78 3	Beef is too expensive!
A78 4	Going across town for meetings, etc. because of gas usage
A78 5	Buying cryptocurrency
A78 6	Going out to eat.
A78 7	Traveling
A78 8	I have considered cutting back on buying beef.
A78 9	Weekend local travel, just taking a Saturday or Sunday going somewhere for the day. Eating out costs have gone up and even normal fees and charges to state or county parks , the most reasonable, is sometimes money that might be needed elsewhere.
A79 0	Going to fun places like movies
A79 1	I cut back my cable
A79 2	beef
A79 3	We haven't had to give up anything, just cut back and rely on price comparisons to stretch our budget.
A79 4	Yes, because I would see friends and meet them at restaurants or go and have a cocktail, but I no longer do that as frequently or if at all.
A79 5	More scrutiny of menus to compare prices.
A79 6	Going out to eat at sit-down restaurants.
A79	Smoking

#	ANSWERS
7	
A79 8	Going to the gym
A79 9	shopping for clothes
A80 0	Nothing
A80 1	Eating out often.
A80 2	Cable tv
A80 3	I don't go out anymore
A80 4	Traveling as much
A80 5	Luckily I already live pretty cheaply, so for me really can't cut back much more. Try to keep the heat as low as possible.
A80 6	Lunch with friends
A80 7	Saving for a vacation.
A80 8	I have given up nothing.
A80 9	just going shopping and buying something I want not something that I need
A81 0	eating restaurant food
A81 1	Smoking cause the prices are unbelievably high

#	ANSWERS
A81 2	Cut down on entertainment
A81 3	we cut back on desserts and salty snacks to eat more healthy food, like fruit and nuts, etc.
A81 4	Some streaming services.
A81 5	Going to the movies
A81 6	Phone
A81 7	I haven't given up or even considered giving up anything at this time.
A81 8	Going out to dinner
A81 9	National Brands
A82 0	Visiting friends and relatives
A82 1	Drinking
A82 2	Buying books
A82 3	Just going out socially in general
A82 4	My hobby of photography
A82 5	Cable
A82	Entertainment and sporting events

#	ANSWERS
6	
A82 7	Smoking
A82 8	Travel to see family in another state
A82 9	Monthly group outings at the diner
A83 0	renting movies buying cd's and streaming less
A83 1	No social events
A83 2	Drinking alcohol.
A83 3	pizza take out
A83 4	Some meats I've cut way back on or refuse to buy
A83 5	I've given up on travel as it's high to fly or gas is too high. I haven't bought a new car for 11 years now as it's too expensive, so don't want to so has staying in a hotel drive long distance. food has gotten to high and so has staying in a hotel
A83 6	Travel as much as I want to travel but a too expensive
A83 7	I haven't given up anything
A83 8	Buying items for gifts especially at christmas
A83 9	A warm house!! Our electric bills are tremendous and we are never truly warm, but use lots of afghans and blankets.
A84 0	Going to the movies

#	ANSWERS
A84 1	Going out to eat at restaurants
A84 2	I've given up every streaming service save for music and YouTube premium
A84 3	Travel has become too expensive in light of rising costs in food and transportation
A84 4	Just driving
A84 5	Put off buying a different car.
A84 6	I did have to give up my life insurance
A84 7	Trips to town. Some foods. House whole products
A84 8	I have not given up anything so far.
A84 9	Dropped my Sirius XM subscription because I didn't feel my usage warranted the cost.
A85 0	ice cream and deserts
A85 1	Eating out
A85 2	Going to concerts has become just too expensive
A85 3	Eating out frequently
A85 4	No comment
A85	We haven't given up but I went and got a part time job. So that we could continue to go out and enjoy meals with our friends. Socially

#	ANSWERS
5	
A85 6	Eating meat
A85 7	buying cd's
A85 8	I have given up sending care packages to out of town relatives and friends. That brings me great joy and I have had to seriously cut back.
A85 9	A good steak.
A86 0	I'm well off enough not to have had to cut anything out.
A86 1	Taking my family out for a special meal at a sit down restaurant
A86 2	travel
A86 3	Eating out with friends.
A86 4	going out to eat
A86 5	Boating has taken a hit for us. Fuel for the engines is significantly higher than regular fuel.
A86 6	Meat
A86 7	Travel
A86 8	I've given up certain meats
A86 9	Dressy clothing.

#	ANSWERS
A87 0	buying a newer car
A87 1	nothing right now
A87 2	We see each other at our neighborhood pool and we have a good time however we stopped going out to eat afterwards as much as we used to
A87 3	nothing yet.
A87 4	some of our tv subscriptions like Disney, Netflix, some of those it cost a lot to watch tv these days
A87 5	There's no such thing.
A87 6	About everything
A87 7	nothing.
A87 8	We don't go out to eat as much as we used to because of how expensive it's gotten.
A87 9	I don't know I don't see any friends or family ever that's a long story
A88 0	I usually go out with friends for lunch at least once a month but now I can't afford the luxury of enjoying my friends.
A88 1	Haircuts
A88 2	Internet because it keeps going up with all the other stuff that you need
A88 3	I don't go out to see movies anymore.
A88	nothing

#	ANSWERS
4	
A88 5	Degree of traveling and restaurants
A88 6	Hamburger
A88 7	I can't afford going to live entertainment or sporting events anymore.
A88 8	We have not given up anything.
A88 9	Social activities in getting out on the weekend
A89 0	I no longer take vacations. The cost of gas and hotel is too expensive.
A89 1	Going to cafe for coffee
A89 2	Living
A89 3	My car broke down and I can't afford to replace it, so I am unable to go anywhere.
A89 4	Traveling
A89 5	Going to sporting events at all
A89 6	Alcohol
A89 7	Purchasing of hard liqueur
A89 8	Certain expensive restaurants

#	ANSWERS
A89 9	Less eating out
A90 0	Vacation
A90 1	We do not go out to eat as often as we used to. Restaurants are also having to raise their prices.
A90 2	At the moment nothing
A90 3	I've given up going to the movies, because it seems like a frivolous expense.
A90 4	Going to or order delivery from restaurants multiple times per week. Now I only once a week or not at all.
A90 5	I no longer need my friends for lunch i don't dine in restaurants anymore. I only get fast food if there is a special with cheaper prices
A90 6	Visiting relatives.
A90 7	nothing yet
A90 8	Well, my rent has gotten really high, but it is high everywhere, so I can't give up this apartment.
A90 9	Living
A91 0	Meeting friends over a meal.
A91 1	I cannot do my writing as the cost of publishing is too high and I just cannot afford it.
A91 2	I do not go out anywhere with friends because I can't afford it.
A91	We gave up our annual overnight weekend trip last year due to the cost of hotels

#	ANSWERS
3	
A91 4	i rarely dine out and have seriously cut down on travel.
A91 5	Traveling
A91 6	I no longer meet friends at restrauents but suggest we meet at each ithers homes and do potluck
A91 7	We have turned down the heat as the winter has gotten colder
A91 8	None
A91 9	I have given up several trips to see family because it just costs too much.
A92 0	I would need to give up nothing.
A92 1	Nothing
A92 2	Beef roasts.
A92 3	Eating out
A92 4	A car
A92 5	Nothing so far
A92 6	Steak night with my spouse. Usually, we would have good steak about once per week. Typically, T-Bone or Porterhouse. Now we get those only when on sale or use less expensive cuts less often.
A92 7	nothing yet

#	ANSWERS
A92 8	Steaks.
A92 9	I have not given up anything
A93 0	Going out to lunch with a friend every month
A93 1	More of my meds
A93 2	Evenings out
A93 3	cutting back on groceries
A93 4	Travelling out of state because of gas and insurance prices for the vehicle
A93 5	my wine dinners that i use to socialize with friends
A93 6	Gas is too high can't afford to travel
A93 7	Smoking
A93 8	Eating at restaurants
A93 9	Still eating out but doing it less often which cuts down on social interaction.
A94 0	Going out to dinner and taking vacations
A94 1	I do not travel.
A94	Red meat

#	ANSWERS
2	
A94 3	I can't think of anything
A94 4	Treats
A94 5	Nothing really because I just adjust my spending in other places!
A94 6	I no longer can go out to eat with friends because of high prices
A94 7	Nothing, I am having no issues so far.
A94 8	only dental care
A94 9	Online shopping
A95 0	High prices sweets
A95 1	Premium coffee
A95 2	nothing
A95 3	none
A95 4	Going out to dinner
A95 5	Eat out much less
A95 6	Going out to eat.

#	ANSWERS
A95 7	Steak. Dining out less often,
A95 8	Meat and organic foods
A95 9	We are always careful with our spending. We usually run errands together and make less trips.
A96 0	we have currently gone without traveling for vacations
A96 1	Steak
A96 2	Nothing
A96 3	I don't have any friends so that is why I said no to that question. My senior dog is 16 years old and I have already made the decision that when she passes, I won't get another dog because I can't afford it (even though I will be very lonely).
A96 4	Eating fast food and going out to eat. Can't visit family members.
A96 5	nothing
A96 6	soda costs are ridiculous
A96 7	Nothing
A96 8	giving up owning our 2nd car
A96 9	Nothing
A97 0	Travel more than 5 miles from home to visit friends.
A97	I don't go out with friends as often as I used to.

#	ANSWERS
1	
A97 2	We don't go to expensive restaurants as often as we used to
A97 3	i have given up buying the necessary clothes I need
A97 4	We go less places and never fly.
A97 5	Traveling to far places
A97 6	Going to the movies and eating out.
A97 7	nothing learning how to cope and where to get the best deals
A97 8	Going out to eat
A97 9	Leisure activities, not able to travel due to rising costs.
A98 0	I gave up caffeine two weeks ago
A98 1	driving my car
A98 2	Going out to dinner and movies
A98 3	Changing how hi I keep my thermostat in the winter
A98 4	Restaurants
A98 5	Buying a new car

#	ANSWERS
A98 6	Not yet, but give me time...
A98 7	Buying propane
A98 8	Going out to eat and cold drinks
A98 9	Red meat
A99 0	eating out
A99 1	going out to eat
A99 2	I have given up the thought of purchasing a new car, I just can't afford it now
A99 3	Internet
A99 4	We have cut way back on going out to eat.
A99 5	home improvement other than emergencies and tractor repairs
A99 6	Going to concerts
A99 7	driving
A99 8	Seriously considering Diet Coke. But I don't know if I can. I don't drink coffee so Diet Coke is the first thing I have in the morning. I really love Diet Coke.
A99 9	Don't go to bingo as much
A10	Travel

ANSWERS

00

COMPLETES 1000

Q9

TYPE: OPEN-ENDED

What sacrifices do you worry you'll need to make if costs continue to rise?

ANSWERS

A1	I am living day to day right now
A2	None right now
A3	Prices are coming down not going up.
A4	I really don't know. Imagine I will drive less, stay at home.
A5	Gasoline and sodas
A6	Moving
A7	Nothing comes to mind
A8	more food reduction and going out less (I already eat at fast food restaurants)
A9	not havin genough money
A10	Cutting heat...no special items grocery shopping
A11	Groceries
A12	More money better pay
A13	Less food
A14	I worry about the maintenance of the house such as painting, replacing boards, etc.
A15	My biggest fear is having to return to the work force from my retirement.

#	ANSWERS
A16	they may all need to be assessed
A17	don't know
A18	Certain things that I have to eat with the costs going up I can't afford them
A19	I'm not worried, I will make adjustments when and if necessary
A20	Driving less, spending less in general.
A21	If cost continued to rise, we're gonna have to cut back some more on travel going out and groceries.
A22	Flying to see my kids
A23	Social activities
A24	Not sure
A25	I think I have done all I can do and am not concerned about it.
A26	I will,give up leisure activities
A27	EATING OUT PERIOD
A28	I just can't fathom how I can cut back anymore
A29	Groceries utilities
A30	Cut down on extra purchases
A31	Eat grass
A32	I will try to take a little bit from everything.
A33	Hopefully none
A34	Cut back on purchasing snacks
A35	no answer
A36	None
A37	Give up my brand name of foods

#	ANSWERS
A38	Nothing in the foreseeable future
A39	Do less on every thing it is costing much more today.
A40	Cut back on groceries
A41	Have to move
A42	Nothing
A43	Getting testing and care including proper nutrition during my journey of healing. Insurance became for profit and medical bills since are a living nightmare.
A44	Not buying my favorite products in the grocery stores
A45	No being able to buy food or medication.
A46	Not enough money to pay bills
A47	Get less oil and turn down thermostat more
A48	Pay bills late
A49	travel
A50	Cut back on drinking
A51	none
A52	Keeping the house cooler in the winter and warmer in the summer.
A53	we may get a woodstove and burn wood - we live in country and have a wood lot.
A54	Cut down on eating out.
A55	We are at rock bottom but will cut back where there is less pain
A56	take bus and use senior discounts for transportation
A57	Savings amount may go down more
A58	Have to give up going out to eat
A59	Not sure at this time

#	ANSWERS
A60	Nothing specific
A61	Living of the land
A62	We will not be able to travel
A63	rent payment
A64	Not sure how much more can cut down on costs. Keep house temperature lower than use to in the winter and higher in the hotter months. Don't go out to the movies or do much that costs money. Luckily health is good and prescriptions are few and covered by insurance. Still able to live independent. Unfortunately son is not in as good health as I am and has no medical insurance.
A65	The brands I buy when I shop for groceries
A66	I will have to cut back further on utilities .
A67	Yes
A68	nothing.
A69	Cut back on heat and air learn to open windows more and layer clothing more to keep warm
A70	DRIVING LESS
A71	None
A72	Not sure
A73	I may not be able to add to my retirement savings if this continues.
A74	None
A75	I don't worry about it, cause for now we have enough to get by without an issue.
A76	Air conditioner in summer having to turn it up so the bill won't be to high so I can still eat
A77	Driving as often as I like
A78	No doing my hobbies as much
A79	Travel
A80	have to skim on my medication

#	ANSWERS
A81	Just reduce, no liss
A82	None
A83	all across the board
A84	I may loose my car because of the payments being to high insurance getting up there I shop around.
A85	Even more less groceries
A86	Who knows, I guess I'll identify as invisible.
A87	more travel and groceries and really cutting back eating out period
A88	Air conditioner and heat.
A89	Less driving. Lower quality of food.
A90	Everything I just hope I don't end up homeless , I kinda understand the homeless and then I don't, but that's my fear god help me
A91	I hope it doesn't come to it but maybe skipping meals
A92	Cutting back on indulgence of foods
A93	eating.
A94	None.
A95	sell my car
A96	Not sure
A97	Driving less because of the cost of gas, going out to eat, purchasing supplies for my hobbies.
A98	I'll have to cut back on more things.
A99	Nothing major
A10 0	Cut back on savings
A10 1	I do not worry about sacrifices. I do what I have to when things cost too much

#	ANSWERS
A10 2	Buying dinner out for family.
A10 3	Less travel. Less eating out.
A10 4	will have to give up on some of the things I need
A10 5	Road trips to anywhere
A10 6	ALL OF THEM
A10 7	None
A10 8	None
A10 9	Yes I worry about keeping up with insurance payments
A11 0	Buy more store brands and market diwns
A11 1	I haven't thought too much about that. We just adjust accordingly.
A11 2	Back to work
A11 3	None
A11 4	MEATLESS MEAL
A11 5	Nothing
A11	I'm not sure

#	ANSWERS
6	
A11 7	Cannot see anything I would have to sacrifice.
A11 8	Cost of heating oil. I'll have to keep the house cooler
A11 9	i don't know
A12 0	There is not much left i could hive up. I already gave up my car, driving, eating out and traveling
A12 1	Skip meals and eat cheap food
A12 2	Lose housing
A12 3	Traveling or camping during weekends
A12 4	not take a vacation
A12 5	Nothing at this time
A12 6	I worry just about any item to live buy because it is all important for the way of life. Of course medication would be a big worry.
A12 7	I'm unsure
A12 8	healthy groceries
A12 9	Driving to work I'll have to take public transportation
A13 0	Distancing myself from friends

#	ANSWERS
A13 1	No vacations, movie nights, going out to eat
A13 2	Nothing in particular
A13 3	None
A13 4	I don't know
A13 5	Going out to dinner
A13 6	Cutting out travel
A13 7	We will probably give up on travel if prices keep increasing
A13 8	Travel will be less
A13 9	travel
A14 0	Unsure
A14 1	vacation
A14 2	drive less
A14 3	Nothing...yet
A14 4	Not to travel again until prices stabilize
A14	will have to see when it comes up.

5

A14 It's something I hope I don't have to think about

6

A14 Cut my cable bill or switch to a cheaper plan.

7

A14 Doing things my friends can't afford to do.

8

A14 Prochoto

9

A15 None

0

A15 it would be the food

1

A15 Nothing

2

A15 BUYING CLOTHES, SHOES.AND LOTTERY TICKETS

3

A15 I think I have cut as much as I can.

4

A15 Yes I do eorry

5

A15 will have to sell home because of rising taxes and insurances.

6

A15 Going on any type of vacation.

7

A15 Geft my meds

8

A15 Reduce savings to cover increased costs

9

#	ANSWERS
A16 0	Not being able to afford anything anymore
A16 1	home maintenance upkeep
A16 2	I don't know how much more I can reduce but I'll probably continue to eat less and less.
A16 3	Food, travel and being able to buy things for the grandkids.
A16 4	nothing specific, they are all good.
A16 5	Dipping into savings even more
A16 6	The economy
A16 7	Soda and making more of my own food.
A16 8	Travel
A16 9	Groceries
A17 0	I worry I won't be able to afford the basic groceries that I need
A17 1	none
A17 2	less healthy food
A17 3	Heat Food
A17	Never eat out or see a show again.

#	ANSWERS
4	
A17 5	Only use one car.
A17 6	My life to hunger and freezing because I lowered the heat in my house
A17 7	entertainment
A17 8	Plant my own garden with plenty different vegetables.
A17 9	Cutting down on how much electricity and natural gas I use
A18 0	Paying for my health insurance.
A18 1	traveling
A18 2	I worry that insurance and taxes will continue until I cannot afford housing.
A18 3	iM NOT SURE THERE IS ANYTHING LEFT TO CUT. IM AT THE BASICS NOW
A18 4	Not being able to maintain our emergency fund.
A18 5	Cut back on heating and cooling
A18 6	I'LL HAVE TO GIVE UP GOING OUT SOCIALLY WITH FRIENDS
A18 7	Cooking my steaks and shrimp and seafood
A18 8	unsure

#	ANSWERS
A18 9	Nothing so far.
A19 0	I don't spend much on anything anymore
A19 1	Reduce the groceries that I buy
A19 2	I am not sure because there is no easy logic on how or why the prices go up or down.
A19 3	None
A19 4	Travel
A19 5	How to manage studded, sewer trips like going to parks, walking trails, vacations. Stay closer to home.
A19 6	STAY IN MY HOUSE INSTEAD OF MOVING TO TAKE CARE OF MY FAMILY
A19 7	Have given up most things, dont know what is
A19 8	tv cuts
A19 9	Quality of food
A20 0	Hopefully prices will lowering so we do not have to give anything up.
A20 1	I fear we might need to run the heating and cooling less, perhaps make do with fans or electric heaters.
A20 2	Eating less meat
A20	I/we haven't made it to that point , fortunately .

#	ANSWERS
3	
A20 4	I dont know
A20 5	no idea as never think about that
A20 6	Cut back on heat and ac
A20 7	Not be able to finish paying for my headstone.
A20 8	Minor cutbacks, not really sacrifices
A20 9	I'm worried about my retirement savings
A21 0	Concerned about maintaining the rent
A21 1	maybe travel.
A21 2	Do without food.
A21 3	Subscription to streaming channels only entertainment I have can't afford to go anywhere
A21 4	Less travel.
A21 5	Not sure
A21 6	I am afraid that I will have to further cut my grocery shopping and purchase cheaper foods that are not healthy for my heart condition
A21 7	I love my dog and she is getting older. When she goes I'd want another, but not be able.

#	ANSWERS
A21 8	Over all everything.
A21 9	Maybe the annual 2+ month vacation to FL during the winter months to escape the harsh Midwest winter.
A22 0	Not voting for cheating democrats
A22 1	Not sure
A22 2	affordability on expense products
A22 3	Not sure maybe eating out.
A22 4	Cutting back on brand name foods.
A22 5	Desserts
A22 6	I don't know
A22 7	I don't know of anymore that I can make. I have made a lot. Buying food, going places all of that has changed
A22 8	Il am not sure at this point in time what sacrifices we will have to make
A22 9	I am not worried that I'll need to make sacrifices
A23 0	No eating out at all. I already only pay for 3gig of Data so my cell phone is only 6.00, might have to cut my TV, but have to wait until Oct when contract is up. I don't travel very much to save on gas.
A23 1	We would not eat as often as we do.
A23	I am not worried

#	ANSWERS
2	
A23 3	I'm not sure
A23 4	Eat less and buy more store brands over national brandd
A23 5	Any kind of social engagements
A23 6	At the moment, I'm not worried about sacrifices I'll have to make. That may change by the end of the year if costs continue to rise.
A23 7	I might have to get rid of my truck
A23 8	I will not be able to go out to breakfast any longer
A23 9	We will cut back on entertainment
A24 0	Food. Medicine
A24 1	Food
A24 2	Travel is off the table already, but food prices are high and housing costs are out of reach.
A24 3	I don't believe costs will continue to rise.
A24 4	have not thought about it
A24 5	Eating things I really enjoy
A24 6	I don't anticipate that costs will rise enough so that I have to make sacrifices.

#	ANSWERS
A24 7	Buying less,of everything including cleaning products
A24 8	Have not really thought about it yet
A24 9	i dont worry about it.
A25 0	less food
A25 1	I'm on a bit of everything
A25 2	Spending the summer at our RV up in NH.
A25 3	My home.
A25 4	have no idea i hope my house need no fixing
A25 5	Cutting down on my hobbies.
A25 6	I will have to reduce waste.
A25 7	not sure
A25 8	None
A25 9	I don't believe I will have to make any significant sacrifices. I just don't spend on things that aren't a good value anymore like fast food.
A26 0	I will have to look at my medical bills and prescriptions to decide what I really need. I also am cooking at home using sales items to try to cut down on grocery bills.
A26	utilities and internet

1	
A26 2	we are nearly at bare-bones%3B not sure what we will do without next.
A26 3	Cutting back on groceries.
A26 4	I will have to lower my heat and freeze
A26 5	Social activities and gifts.
A26 6	I am 70 and retired but I may have to find a part time job.
A26 7	If the rent keeps going up we won't be able to live here. Or anywhere else.
A26 8	Food prices are getting too high
A26 9	Less medical care
A27 0	I don't know yet
A27 1	Sell my house. They have raised the property tax for 2026. I have not received the bill yet%3B it is to come next month. They say it is going up a lot. This house has been paid off since the 1980's. I am a senior citizen living on a fixed income, and I don't know how I am going to manage. I am already struggling like many other seniors.
A27 2	Getting behind in bills
A27 3	Not sure yet.
A27 4	Vacations with my family
A27	I will go out to eat less often

#	ANSWERS
5	
A27 6	Less groceries
A27 7	Cut back on electricity
A27 8	I don't anticipate any.
A27 9	Discontinued healthcare permanently
A28 0	Not getting necessary repairs done.
A28 1	THAT I WOULD NEED TO CUTBACK ONE PAYING OFF MY CREDIT CARD OR MY MORTGAGE.
A28 2	Higher credit card costs.
A28 3	I am trying not to worry any more because I have done the best that I can in cutting back.
A28 4	Not being able to pay down my debt
A28 5	Not to eat out as much.
A28 6	We've already cut back everywhere I can think of - trying now to work more hours.
A28 7	none
A28 8	Cut utilities down
A28 9	I fear getting sick and not being able to afford to get treated.

#	ANSWERS
A29 0	The house will deteriorate.
A29 1	dining out and cutting back on travel plans
A29 2	I don't think costs are going up
A29 3	I don't want to give up good quality items to buy junk because the junk never lasts long
A29 4	Ebverything
A29 5	Heating and cooling
A29 6	Cutting back on dining out or ordering fast foods
A29 7	Less quality food less doctor's visits less dental visits more co-pays for my medications
A29 8	Take from savings
A29 9	Everything
A30 0	BUYING CHEAPER ALTNERATIVES AND BRANDS
A30 1	Less golf for me
A30 2	Vacations might go down.
A30 3	Haven't heard enough something to say
A30	I haven't really thought about it actually

#	ANSWERS
4	
A30 5	Hopefully I won't have to make any sacrifices.
A30 6	no sacrifices i am very prepare for the thing i may or may not need
A30 7	Travel, holiday gifts
A30 8	I will like starve to death
A30 9	There's isn't much more I can cut back or eliminate.
A31 0	I'll have to give up fun things like eating out and buying books and video games.
A31 1	None
A31 2	less coverage
A31 3	Work more
A31 4	It costs get higher I might have to reduce everything
A31 5	None
A31 6	I'm really not sure what other sacrifices I will need to make.
A31 7	No more going out to eat as much
A31 8	None

#	ANSWERS
A31 9	I worry about being unable to afford the basics.
A32 0	Not worrying...yet.
A32 1	Probably won't be running the a/c as much in the summer
A32 2	groceries and food
A32 3	I like to crochet will need to give up this hobby because I would not be able to buy the yarn
A32 4	i am not sure
A32 5	Medical care
A32 6	none that I know of
A32 7	Being in a cold house
A32 8	Not sure
A32 9	More cutbacks in things I want to do
A33 0	Selection of meat for meals. Availability of alternatives to salty fat saturated food to satisfy a heart healthy diet.
A33 1	traveling less
A33 2	none
A33	Cut back on rx's and fun things for kids

3	
A33 4	I can't think of anything right now
A33 5	No sacrifices, just priorities
A33 6	none hopefully
A33 7	my meds
A33 8	Cutting back on groceries.
A33 9	Cutting back on social activities such as eating out with friends.
A34 0	no travel at all
A34 1	Less on food and entertainment.
A34 2	House insurance
A34 3	My apt
A34 4	Not sure. We're pretty bare to the bone now
A34 5	Heating house
A34 6	Less food
A34 7	cut back on all costs

#	ANSWERS
A34 8	I will sacrifice nothing.
A34 9	I'm not worried but aware I may need to make changes of some type
A35 0	None right now
A35 1	I am afraid that this is only the tip of the iceberg. With the federal administration taking money from programs for the elderly and from Medicare and Medicaid, I truly fear that the basic supports we have relied on over the years will not longer be available. If that happens, I will not be able to get health care and the supports I need to survive. This threatens many of us - the poor, the elderly, the jobless and the disabled. It is a mockery of a great America.
A35 2	Not sure
A35 3	I'm afraid I'll have to cut back on my prescriptions.
A35 4	If the necessities such as food, reader and transportation gets cut down because of high prices or lack of supply, that will be a problem
A35 5	I will have to spend more on store brands
A35 6	I am not sure how we could cut costs any more.
A35 7	Well worries be loss some things
A35 8	sell my home
A35 9	Reduce my heating in the house
A36 0	Everything
A36 1	My food choices will have to change drastically

#	ANSWERS
A36 2	Stop buying when I want to as in previous years.
A36 3	stop eating out altogether
A36 4	Not too sure of this either but it is not good.
A36 5	Updating possessions
A36 6	Unsure
A36 7	Food and utility budget.
A36 8	Cutting back on heating and air conditioning.
A36 9	Streaming
A37 0	none
A37 1	I am worried to sacrifice the important meals like milk, meat, rice, fish.
A37 2	CUT BACK ON HOME CABLE COSTS.
A37 3	None yet
A37 4	I need healthcare and can't afford it but can't afford not to have it
A37 5	transportation & utilities.
A37	Not having any savings

#	ANSWERS
6	
A37 7	Cut back on eating out
A37 8	I may not be able to drive my car as much as I would like.
A37 9	Nothing at this time
A38 0	Increasing debt instead of paying off debt.
A38 1	one meal a day and a small snack
A38 2	Will have to prepare most of the food I eat from scratch.
A38 3	I will cross that bridge if we get there
A38 4	Buy less just to get by
A38 5	We might have to cancel some TV subscriptions
A38 6	Health care plan
A38 7	Won't buy clothes, won't travel, won't go to movies
A38 8	Repairs on home
A38 9	giving up my social activities
A39 0	None really

#	ANSWERS
A39 1	I'm not sure
A39 2	I'm not sure, it could be less groceries and personal care items
A39 3	How to pay for rent on time
A39 4	May need to cut back on attending plays and concerts.
A39 5	nONE
A39 6	Purchasing clothing and hosting events
A39 7	Guess I'll be eating rice and beans and taters every day
A39 8	We will need to see where we can cut back more.
A39 9	turning the heat further down than I have it now. maybe sell my home which is beginning to be a money pit and hopefully find an apartment. My home insurance is awful too. I might have to trade in my truck for a smaller better gas mileage car.
A40 0	Coffee, tea and utility costs
A40 1	Cut dessert treats
A40 2	No sacrifices necessary
A40 3	I'm not worried at all.
A40 4	Travel costs will force us to stay home
A40	Cutting down in grocery shopping

#	ANSWERS
5	
A40 6	getting rid of cable
A40 7	I have already eliminated travel and will eliminate streaming stations next.
A40 8	My housing situation all together
A40 9	I might have to find a cheaper place to live
A41 0	Cut back on traveling
A41 1	Eating out
A41 2	Buying gasoline
A41 3	Buying stuff myself like clothing
A41 4	Really not sure at this point I take one day at a time it's scary to look too far ahead
A41 5	Having to cut lawn myself.
A41 6	less on utilities
A41 7	making ends meet
A41 8	none
A41 9	I don't know

#	ANSWERS
A42 0	Nothing
A42 1	going out to eat but right now I am sitting at a pretty good comfort zone
A42 2	Traveling by plane to see my children
A42 3	give up going out to eat
A42 4	Less money for food
A42 5	Not be able to go out much
A42 6	I may need to look for work.
A42 7	main meals
A42 8	Travel less - To stores that are 10 miles away vs 5 or so.
A42 9	not being able to go anywhere and just stay home
A43 0	Really concerned at this point because there's not much more I can cut back on
A43 1	I can give up the amount of snack food I keep on hand, but so far, it has remained affordable at the surplus/expired grocery place that I shop
A43 2	I am not sure
A43 3	Beer
A43	no sacrifices

#	ANSWERS
4	
A43 5	not really sure
A43 6	not participate
A43 7	I am not worried about having to sacrifice anything.
A43 8	Buying less gifts for loved ones on their birthdays, Christmas presents, wedding presents, birthday party gifts, promotions, celebration gift.
A43 9	I don't see me making any sacrifices.
A44 0	Travel less
A44 1	None yet
A44 2	already have given up things, purchasing the store brand, not taking trips, not buying items
A44 3	More cutbacks on eating out.
A44 4	None
A44 5	Food and gasoline
A44 6	Might have to cut back on food quality
A44 7	Travel has been eliminated by air and car travel may be reduced.
A44 8	Not sure exactly yet.

#	ANSWERS
A44 9	My car payment and insurance are next.
A45 0	I'll need to cut back to only connecting with family and friends monthly instead of weekly
A45 1	I will have to sacrifice just about everything in some way due to being on a fixed income and not being one of the filthy rich and elite
A45 2	Will make some changes but nothing drastic
A45 3	Only discretionary items
A45 4	Lowering my head and no air conditioner in the summer
A45 5	None
A45 6	i may have to go and find a job at 75
A45 7	I may have to stay home and not travel as often as I used to do.
A45 8	My medication
A45 9	I need some dental work that I have been putting off.
A46 0	I may not be able to even go to the store because of gas prices
A46 1	Cosmetic procedures
A46 2	I may need to give up my senior apartment if the rent goes up again.
A46	Travel enjoyment

#	ANSWERS
3	
A46 4	None
A46 5	i will become homeless
A46 6	Cut back on heating.
A46 7	I am unsure.
A46 8	Cut back on what we spend for groceries
A46 9	I don't know what sacrifices I will need to make
A47 0	Being able to go camping
A47 1	Will need to likely eat more chicken and much less beef
A47 2	staying home and not socializing with friends
A47 3	I do think about rising healthcare costs. I know people who can't afford to go to the doctor because the high deductible plas still have high co pays
A47 4	Stop eating meat
A47 5	Eat less food.
A47 6	Canceling my vacation
A47 7	since costs have stabilized, I am not concerned

#	ANSWERS
A47 8	I'm worried that I will have to not be able to see some of my family because of the cost of travel.
A47 9	none
A48 0	No sacrifice but maintain a physical responsibility to our money.
A48 1	Upkeep to house and repairs needed will be on back burner.
A48 2	None
A48 3	none
A48 4	Don't know
A48 5	Turning the furnace way done
A48 6	Less traveled to friends
A48 7	Right now I don't have to sacrifice anything.
A48 8	Purchasing more items in bulk and reducing those "fun" items and just concentrate on lesser priced goods.
A48 9	same or more
A49 0	more groceries
A49 1	Cut down medical costs, like doctor visits, dental visits, and vision.
A49	No money

#	ANSWERS
2	
A49 3	Medical supplies (medical inhalers etc)
A49 4	Utilities
A49 5	I may have to make my prescriptions last longer by taking them less frequently.
A49 6	Shop for regional insurance companies and increase deductibles on car and house insurance.
A49 7	use more store brands
A49 8	Give up a lot.
A49 9	I have no worries
A50 0	Traveling
A50 1	Eating meat less often is a possibility.
A50 2	n/a
A50 3	none
A50 4	I'm unsure
A50 5	I don't know what I would do
A50 6	I won't be able to pay my mortgage if the cost of utilities and essentials continue to climb.

#	ANSWERS
A50 7	nothing yet
A50 8	Can't see our friends or go on vacation.
A50 9	Nothing I can think of
A51 0	I do not feel we will have to make any. God has blessed us.
A51 1	buying less food and reducing my heat
A51 2	two day delivery is nice
A51 3	More cutbacks on my groceries
A51 4	Staying Home more.
A51 5	Have to find another place to live
A51 6	Family outings are getting very expensive.
A51 7	Less driving
A51 8	None
A51 9	Less fun activities, such as dining out
A52 0	Get rid of tv altogether
A52	I just answered this

#	ANSWERS
1	
A52 2	Spend less
A52 3	Massage
A52 4	none at all
A52 5	I may have to eat less.
A52 6	None
A52 7	Will have to buy more and more generic products.
A52 8	unsure
A52 9	I will be able to sustain living in my current home and will have to sell it and downsize
A53 0	I worry about having to sacrifice dining out if the costs continue to rise.
A53 1	Less trips
A53 2	I THINK WE MAY HAVE TO BUDGET OUR ELECTRICITY
A53 3	less food item not necessary for purchase
A53 4	Driving and owning my car may have to be eliminated.
A53 5	I may have to cut my cable services.

#	ANSWERS
A53 6	Might have to down size sell my house
A53 7	I would say not traveling at all
A53 8	everything
A53 9	Unsure
A54 0	Cutting out more food
A54 1	Getting cold meds
A54 2	I'll come to that bridge when I need to cross it. I don't think about this right now.
A54 3	Having to use less heat, AC and water
A54 4	Nothing e
A54 5	I don't know how much more I can sacrifice or cut back on.
A54 6	Stop going out to eat and probably cook more at home.
A54 7	NO MORE THEN I DO NOW
A54 8	Nothing as of now.
A54 9	I'll not be able to afford some of the necessities
A55	Would have to deny my children their outside activities.

0	
A55 1	I won't be able to afford the continued maintenance for my vehicle
A55 2	Give up my car because of gas and car insurance
A55 3	Turning back the heat or sit with lights off.
A55 4	I have pretty much made all the sacrifices already in order to live a decent life..I.worry that I.will have to.give up.ordering food out for delivery, either from a local restaurant or third-party delivery from DoorDash or Uber Eats. At 73 years old, unless I am treated by one of my adult children, this is a treat that I still continue to enjoy!
A55 5	Not worried
A55 6	I will have to sacrifice moving to a more suitable home.
A55 7	We will need to cut back further on our food expenses and limit our travel to just necessary trips.
A55 8	i stay home more
A55 9	Nothing, I will work around the increase.
A56 0	I don't know what else I could possibly cut.
A56 1	We have already had to sell our car because we couldn't afford the repairs.
A56 2	Medical costs
A56 3	Robbing Peter to pay Paul.
A56	don't know

#	ANSWERS
4	
A56 5	I don't know.
A56 6	I'm afraid to think that I would have to give up food
A56 7	reduce necessities
A56 8	No sacrifices.
A56 9	Food
A57 0	Travel
A57 1	I don't know
A57 2	Less travel...sell the boat
A57 3	Housing
A57 4	I don't see making any
A57 5	nothing to worry about at 78
A57 6	I worried that I will have to give up traveling and enjoying different places in our country.
A57 7	try to spend less
A57 8	All but the basics

#	ANSWERS
A57 9	Maybe models will be next
A58 0	Trying to spend alot less.
A58 1	I would be eating out a lot less.
A58 2	Giving up our cable for I love my Hallmark channels and staying home more I watch a lot of TV
A58 3	We will most likely chose to stay home more due to high costs.
A58 4	Less trips to see my granddaughter.
A58 5	I HAVE TO LOOK AT MY BUDGET TO RESPONFD
A58 6	Continue to buy less groceries
A58 7	I'm not sure because costs haven't gotten to that point for us. Supposedly, relief is on the way from President Trump, but California is a dictatorship and is lagging way behind the country in dropping costs, so it's hard to know what is going to happen.
A58 8	I will definitely eat out much less often and cancel unnecessary social events that we have gone to in the past
A58 9	dont know, cross that bridge when I come to it
A59 0	Cut back on dining
A59 1	I've cut just about everything I can cut
A59 2	We won't be able to travel as much or spend what we want to when we do.
A59	None

#	ANSWERS
3	
A59 4	I worry about potentially not being able to take as good a care of my health as I do now
A59 5	limitarme en los gastos comprar lo necesario
A59 6	Prescription medication
A59 7	I will have to try to conserve more energy and travel and vacation even less.
A59 8	Food that I normally buy
A59 9	Haven't given it thought as yet.
A60 0	nothing
A60 1	Well I need to get to a dentist and I've been eliminating that and I'm at a point now where I have to spend the money at a dentist so I have to cut back I'm pretty much everything else and I keep my apartment 59 to 60 degrees in the middle of winter just to save on gas
A60 2	I'm already sort of become a vegetarian cause I can't afford to buy meat, but I am a coffee lover. I had to cut way back on my coffee consumption.
A60 3	No more vacations
A60 4	Going hungry
A60 5	Change many eating habits
A60 6	My savings will be all spent
A60 7	not sure

#	ANSWERS
A60 8	Utilities
A60 9	Watching all costs
A61 0	Look for a job.
A61 1	Spend less
A61 2	We will need to cut more grocery costs again
A61 3	Don't know
A61 4	Going out as much and consolidated driving around as much on errands.
A61 5	eating out
A61 6	I don't know buy less food buy less medication utility bills have to be paid you can't live without paying your bills so the things that are necessities that we need will be have something that would have to go so we can pay our bills
A61 7	Medical care
A61 8	Continue with cutting back the things I want to do.
A61 9	I don't worry !!!
A62 0	I have already cut back as much as I can, I don't have anything else to eliminate or cut back on
A62 1	Not sure.
A62	I may have to cut back on my entertainment expenses.

#	ANSWERS
2	
A62 3	Putting out more of meats to eat
A62 4	I will have to adjust and may have to deprive my tastebuds of some things they may desire, especially if prices continue to rise.
A62 5	travel
A62 6	Loss of my housing
A62 7	I'm not sure
A62 8	no worries about it
A62 9	I really don't know
A63 0	Not sure
A63 1	I will stay home more
A63 2	not sure
A63 3	Might have to eat beans and rice
A63 4	Less traveling
A63 5	No sacrifices
A63 6	Less groceries.

#	ANSWERS
A63 7	Maybe pet food.
A63 8	None
A63 9	Not be able to travel as much.
A64 0	None.
A64 1	Hair coloring
A64 2	Entertainment
A64 3	Meat is too high
A64 4	Eating at restaurants
A64 5	cutting back eating out restaurants
A64 6	Will have to stop traveling
A64 7	Nothing
A64 8	Medical vusuts
A64 9	Traveling
A65 0	not sure. Take it from day to day.
A65	Having the it conditioner not on so much

#	ANSWERS
1	
A65 2	No health insurance
A65 3	Being able to see grandkids, cause they live in a different state
A65 4	not being able to move
A65 5	None that I know of
A65 6	having lunch with friends
A65 7	Nothing
A65 8	Eat out less often with friends
A65 9	No more paid TV and missing out on tasty food.
A66 0	Cutback on certain items
A66 1	I may have to cut down on my monthly driving mileage and my playing the lottery.
A66 2	Food
A66 3	I may need to cut back even more on outside entertainment events, travel and dining out.
A66 4	None
A66 5	house repairs

#	ANSWERS
A66 6	Not as many outings with the family.
A66 7	start cutting back on medicines
A66 8	Start shopping once a month or every 2 weeks
A66 9	Groceries and travel less
A67 0	entertainment
A67 1	May have to move in with family
A67 2	I don't think I'll be making any sacrifices
A67 3	Unsure
A67 4	More groceries
A67 5	Raising deductibles on insurance, spending less on things I normally buy.
A67 6	Heat
A67 7	I'll have to sacrifice frequent visits with out-of-town family, including great grandkids.
A67 8	Cut back even more on quality of food.
A67 9	Driving
A68	I fortunately have enough for funds to handle increasing costs.

#	ANSWERS
0	
A68 1	I'll have to cut back on driving and eating the foods I love
A68 2	Become more frugal with household items and limit driving to reduce gas costs.
A68 3	I worry that I will have to cut back on some of the foods that I would normally buy
A68 4	Don't know yet
A68 5	Less travel
A68 6	Don't anticipate anything will cut back on
A68 7	I'm worried I'll have to move, to a lessor domicile, and won't be able to retire during my retirement.
A68 8	I can't think of anything else to cut out other than restricting our dining out budget even further.
A68 9	Making my bill payments
A69 0	Reduce grocery budget again. We are already using less heat/ac.
A69 1	Health insurance
A69 2	Not sure but less of everything
A69 3	No beer
A69 4	Readjust my grocery shopping

#	ANSWERS
A69 5	none
A69 6	Eating less out
A69 7	Not visit family and friends in person.
A69 8	hopefully none
A69 9	None
A70 0	I worry that I may need to sharply curtail all vacations if costs continue to rise.
A70 1	Seeing my coworkers for breakfast once a month not gonna be able to do that
A70 2	Food. Gas for auto. Gasoline to heat the house And air conditioning
A70 3	Lower heat thermostat more, put off air conditioning when it gets to that time of year.
A70 4	nothing
A70 5	We will need to stay home more, and only go to where we really need to go.
A70 6	some nessities like toothpaste
A70 7	I haven't really thought about it
A70 8	Not sure what else I can/want to cut.
A70	I may have to cut back on my utilities by setting the heat lower.

#	ANSWERS
9	
A71 0	Turning heat down during the winter and cutting back on air conditioning
A71 1	Food, utilities and gas costs
A71 2	I'm not really worried
A71 3	Just eating out less and fewer vacations
A71 4	I will consistently budget my food bill and try to keep the cost down.
A71 5	Staying home, eating junk food
A71 6	Since I rely on Social Security just about every aspect of spending could be affected
A71 7	none
A71 8	Socialising leaving my house
A71 9	Entertainment
A72 0	Everything will need to be changed
A72 1	Costs are decreasing not rising. No sacrifices need to be made
A72 2	I'm not sure
A72 3	I will have to adapt to any situation that arises.

#	ANSWERS
A72 4	Nothing whatsoever
A72 5	Not buy some things
A72 6	After food utilities will have to give up any hope of having any Insurance for medical, housing and have to sell the car
A72 7	None in particular.
A72 8	reduce the use of water, turn the heat down, take less showers, wash clothes less often
A72 9	Not being able to save money
A73 0	May need to stop taking important supplements.
A73 1	Being cold and hot in your house to save on electricity
A73 2	More on gas less places
A73 3	Prescriptions
A73 4	We may need to go,down to one car and figure out how to,make that work
A73 5	Cut back on more items in are home where we can.
A73 6	Vacations
A73 7	I will go to meatless meals along with cutting back on fresh produce.
A73	No going on vacation.

8	
A73 9	TV, cable, streaming
A74 0	cutting back on the medication I need to take
A74 1	Not sure about what will increase
A74 2	Sell my hiusr
A74 3	None, I will plan accordingly
A74 4	Skipping medicine or buy healthy food. Be careful with my money and not be able to buy birthday presents for my 2 grandchildren.
A74 5	Having to cut back further on utilities.
A74 6	Have to find a way to do without some conveniences
A74 7	Renting a room
A74 8	Doing much more with less.
A74 9	not sure
A75 0	heating and cooling costss
A75 1	I am not sure yet
A75 2	less spending if something goes bad in house.

#	ANSWERS
A75 3	Doctor visit
A75 4	I'll need to get a job. That would be a sacrifice.
A75 5	helping my children.
A75 6	No sacrifices just compromising items
A75 7	Unnecessary luxuries
A75 8	Buy only what needed
A75 9	i worry about cancer and other life disease, both of us are in our 70s. its a fact of life that crap like that happens
A76 0	another car
A76 1	Reduce my meat purchases. Watch how much I'm driving due to rising gas prices. Our gas tax was risen lately to 30 cents more per gallon.
A76 2	We've already cut back as much as we can.
A76 3	The rent is going up
A76 4	Having my children stay with me to help with household bills.
A76 5	Hoping nothing but time will tell
A76 6	Travelling to see family
A76	Being able to visit family I have East Coast relatives I haven't seen for quite a while because of expenses it will just get worse

#	ANSWERS
7	
A76 8	No entertainment
A76 9	Cut back on travel, which I consider essential.
A77 0	Cutting down on groceries or vacations
A77 1	My house
A77 2	Cut back more or get a pt job
A77 3	I don't know and I'm really worried about that
A77 4	I am very worried about my ability to get help for my self and how long can I exist without being able to go to the doctor .
A77 5	unnecessary snacks
A77 6	I'm on ssdi and very limited so I have to live with someone so we share funds and expenses
A77 7	Visiting my family in other cities
A77 8	cost of gas and electricity
A77 9	household expenses
A78 0	Cut back wherever I can.
A78 1	I'll have to go back to work at 68

#	ANSWERS
A78 2	I won't be able to travel
A78 3	I don't know. Depends on what is rising.
A78 4	The ones I'm already making, plus cutting medical benefits, medications, etc.
A78 5	At the moment I am comfortable with any expected price increases
A78 6	Will have to stay home more. Cut out certain foods.
A78 7	Many different things
A78 8	I do not anticipate costs will rise much more. Inflation is basically under control.
A78 9	The quality and amount of food to buy, the majority of other costs are pretty much fixed.
A79 0	Not going out to fun places
A79 1	everything
A79 2	none
A79 3	We would have to reduce our food intake, try to use as little gas, electric and water as possible, and live a less enjoyable lifestyle.
A79 4	My traveling, I may have to cut down on or even downsizing my home
A79 5	Eliminates or downsize travel
A79	Worried about the cost of utilities.

#	ANSWERS
6	
A79 7	Personal items clothing. Etc
A79 8	Shopping less often, going to the beauty shop less often
A79 9	hopefully nothing
A80 0	Travel by airplane
A80 1	Nothing at this point.
A80 2	How much I spend on necessities
A80 3	keeping the minimum heat
A80 4	Travel less
A80 5	I really don't have much else to sacrifice, I live alone, never go out or travel.
A80 6	Utilities
A80 7	Cutting back on foods.
A80 8	Nothing
A80 9	cut back even more on food and eat even less healthy and do without the air conditioner in the heat
A81 0	do less of what I do now.

#	ANSWERS
A81 1	Might have to cut back on non-essential groceries
A81 2	Not sure
A81 3	not sure right now, we will watch as time goes on to what needs to be changed again with the budget.
A81 4	May have to look for cheaper options.
A81 5	Buying personal care items
A81 6	I will be eating much less than I already do and I barely eat as it is
A81 7	I find that our family really do not buy much outside of groceries and once a week dining out.
A81 8	Paying off debt
A81 9	None
A82 0	Cut.more.back.on.food
A82 1	Traveling less
A82 2	not sure
A82 3	Im not sure which is more important at this time
A82 4	Travel, hobbies, helping others
A82	More food cuts. Remover cable

#	ANSWERS
5	
A82 6	Groceries
A82 7	Being able to do things with the grandkidsgrandkids
A82 8	Groceries and utilities
A82 9	Giving up my car.
A83 0	stop using streaming devices and cut cable bill get a prepaid sim card for my phone servic
A83 1	Not being able to get meds
A83 2	nothing
A83 3	lower quality food
A83 4	Giving up meat or using cheaper cuts
A83 5	I don't worry about it but I have gone plant based as meat and dairy have gotten too high. Since going plant based, I've been able to eliminate all but 1 medication, and that one I cut in half. My blood numbers are all really good since going plant based, so this has been a win for me. I'll continue with plant based, but would like to buy more organic
A83 6	Not sure but totally hold off big purchases and house repairs
A83 7	I don't expect prices to continue to rise. In fact, prices are coming down gas prices some groceries oil
A83 8	Money used to fix our roof
A83	I love to travel and will have to find more frugal ways to travel even if it means taking much of our own food.

#	ANSWERS
9	
A84 0	Staycations instead of vacations
A84 1	I travel to visit friends and may have to stop that.
A84 2	Quality of basic necessities and personal care. Anti-perspirants are already \$14 from what I've seen while shopping. Insane
A84 3	I will switch vacations to staycations
A84 4	Have to cut back on things we need for life
A84 5	I worry about what I can cut back on anymore then I have.
A84 6	perhaps th greatest worry would be cost of utilities
A84 7	Trips to town House whole products buy less
A84 8	I am not too worried at this point in time.
A84 9	None
A85 0	I don't know
A85 1	Owning a home due to ridiculous rising insurance costs
A85 2	Just that I'll have to cut back even more on things I like, concerts, travel etc.
A85 3	Unsure

#	ANSWERS
A85 4	Budgeting
A85 5	We will probably have to take on additional jobs to make the ends meet.Which health concerns has caused us to cut back on
A85 6	Get a roommate
A85 7	cut back on gift buying
A85 8	I won't be able to send my out of town packages at all.
A85 9	Spend less on food and gas.
A86 0	I cannot foresee any cutbacks coming unless inflation hits 9% again.
A86 1	I worry about affordable healthy foods
A86 2	food
A86 3	Driving less because of gas prices.
A86 4	going out to eat, socializing with friends
A86 5	Travel is the biggest concern. We like to travel but it may not be an option with rising costs.
A86 6	Stop eating meat
A86 7	Travel and lodging
A86	Keeping my heat lower than I'm comfortable with

#	ANSWERS
8	
A86 9	I worry about the cost of heating my house.
A87 0	not much - I manage
A87 1	spending more
A87 2	I definitely will come back on my gas in the car and like I said earlier, cut back on the usage of my electric my gas and my water in the house
A87 3	Going shopping for pleasure.
A87 4	well i don't think a lot of things are going up. Our electric, Tv. Fire Insurance, Car Insurance, and real estate taxes and personal property tax. Which are all state and city regulated. Everyday things are holding pretty well some go up and some go down
A87 5	Buying less items for others
A87 6	Yes very worried
A87 7	nothing
A87 8	Utilities keep going up and up, and we have medical conditions that make it so we need to stay cool. Our mobile home was built in 1979, and not enough electric wiring was updated, so we can't have solar.... and have to pay electric for our air conditioning. I get sick when I'm over heated, so I sleep with those frozen packets people use to keep food cool in a cooler... and use that to cool down my mattress so I can sleep and not get over heated because we can't afford to lower the air
A87 9	I don't know we don't do anything outside of our home now
A88 0	I have to cut back on food mostly and vitamin supplements which I purchase that works just as well as some medicines.
A88 1	Travel

#	ANSWERS
A88 2	Everything will have to start doing without some things
A88 3	I might have to stop going out to eat at restaurants.
A88 4	less money to reinvest
A88 5	Reduced travel and restaurants
A88 6	Medical my pills cost a lot. If the government keeps cutting our Medicare benefits it will be hard to afford all I need.
A88 7	I try not to stress myself by worrying about those types of things.
A88 8	Costs are not rising anymore.
A88 9	I'm not sure I just play it by ear and get what I need the most
A89 0	I would have discontinue vacations and buy cheaper foods.
A89 1	Nothing to put into savings
A89 2	Have no idea
A89 3	It's going to have to be less food.
A89 4	Cutting down more on food purchases
A89 5	I won't be able to travel
A89	Housing

#	ANSWERS
6	
A89 7	Reduce spending on food or heating.
A89 8	I'm not "worrying" but I'm concerned about others
A89 9	No more travel
A90 0	And a border your insurance
A90 1	Having the freedom to take an occasional vacation. Our discretionary income is shrinking.
A90 2	I'm not sure
A90 3	I worry that I'll have to adjust heating or cooling my home, or further cut back on grocery spend.
A90 4	If I need to repair my home, I may not have the funds to do so.
A90 5	I will probably cut back to two meals a day. I won't be traveling or going on vacation if prices continue to rise.
A90 6	I might have to cut back on snacks.
A90 7	nothing
A90 8	Give up some foods I like, and maybe get a roommate.
A90 9	I won't be able to afford an apt.
A91 0	losing my house

#	ANSWERS
A91 1	We have made so many already that a few more would go without much notice.
A91 2	I won't be driving my car because it's too expensive to get anything fixed on it.
A91 3	Cutting back on the quality of beef that we love because beef has continued to go up in price.
A91 4	i might have to give up my car altogether
A91 5	Turning down the heat and try to spend less if possible on groceries
A91 6	Cut off TV cable and Internet
A91 7	Cutting back on electric
A91 8	Travelling by car
A91 9	Our furnace is in dire need of replacement. I could be giving up being warm next winter!!!
A92 0	I will not have to make any sacrifices.
A92 1	None at this point.
A92 2	Beef will be on my grocery list less and less often.
A92 3	My rent and car note
A92 4	Nothing else
A92	Possibly fine dining

5	
A92 6	Probably have to give up eating out for Saturday breakfasts or Sunday brunches. Weekend road trips would fall under the axe as well.
A92 7	i do not see any sacrifices i may have to do
A92 8	Nothing comes to mind right now.
A92 9	I will not make sacrifices
A93 0	It will take more of the money I have saved
A93 1	I fear I might not afford gas to heat my house and water
A93 2	Less food
A93 3	not really sure
A93 4	Going hungry, being without clothes and electricity
A93 5	i will definitely need to find a new apartment with the rent increase that i have had. also i will put off purchasing a new or used car.
A93 6	Cutting down to one meal a day
A93 7	I will look closely at lower home insurance.
A93 8	Sacrifice food
A93 9	have to give up health insurance.

#	ANSWERS
A94 0	Gambling and special meals
A94 1	I can no longer shop all the aisles at grocery store. I just shop sales and items on my grocery list. I must buy fewer snacks like cookies or chips.
A94 2	Eating out
A94 3	I do not have any worries
A94 4	Probably go hungry
A94 5	None really!
A94 6	There is really not much more sacrifice I can make
A94 7	Turning the heat down more.
A94 8	only dental care
A94 9	Buying less food and cutting back on utilities
A95 0	Reduce travel
A95 1	none
A95 2	extra spend money after all bills are paid
A95 3	none
A95	Cutting out from going out more

#	ANSWERS
4	
A95 5	Continue eating at home more rather than eating out
A95 6	Not being able to buy all my prescriptions.
A95 7	Nothing special comes to mind.
A95 8	Less and less food. Let my car go and take public transportation
A95 9	I want to be able to do travel.
A96 0	we may need to transition to one car or increase deductibles on insurance
A96 1	Buy generic instead of name brand
A96 2	None
A96 3	Don't use the AC in the summer as much even though I live in Southern Arizona and it gets very hot in the summer.
A96 4	Just break down and sacrifice the money I get to survive.
A96 5	not applicable
A96 6	have to cut back on travel, a new car is out of the question
A96 7	I don't think I will need to give up anything
A96 8	give up second car

#	ANSWERS
A96 9	I won't need to sacrifice anything
A97 0	Our food budget will be stretched even thinner.
A97 1	Might have to sacrifice my medications at some point
A97 2	I'll have to cut out some of the extras and not treat myself as often
A97 3	I dont want to have to give up my diet pepsi
A97 4	We will have to move to a smaller house with less expenses.
A97 5	Just keep doing what I have been doing
A97 6	Maybe eye doctor or shoes
A97 7	not worried
A97 8	A place to live
A97 9	The main sacrifice would be medical care or pharmaceuticals.
A98 0	We'll have to sell my house
A98 1	won't be able to afford housing and insurance for my car
A98 2	Gift giving to family and friends
A98	Electricity usage

#	ANSWERS
3	
A98 4	Not sure
A98 5	Taking less vacations
A98 6	I am not sure. I am about to retire & need to re-evaluate.
A98 7	Cutting back on travel
A98 8	Gas for vehicles
A98 9	Keeping the heat even lower, filling up the car less frequently, no vacations,
A99 0	I may have to cut back on my prescriptions
A99 1	eat less deserts and vegetables
A99 2	Dental care will be a big sacrifice
A99 3	Having family parties at my house
A99 4	Nothing at the moment.
A99 5	I can't afford a lawyer to help with my encroaching neighbor. The lawyer sent a letter telling him to get his belongings off of my property and he's taking more.
A99 6	Not sure
A99 7	living

ANSWERS

A99
8 I will really have to sacrifice my Diet Coke.

A99
9 Nothing I will work it out

A10
00 I don't know what I will do. Right now I have enough to more than cover my expenses

COMPLETES 1000

Q10

TYPE: MULTIPLE SELECTION

How do rising costs make you feel?

#	ANSWERS	RESPONDENTS(%)	ANSWERS(%)	COUNT	STRATIFIED RESPONDENTS(%)	STRATIFIED ANSWERS(%)	STRATIFIED COUNT
A1	Stressed	44.30%	20.84%	443	39.38%	19.14%	393.78
A2	Anxious	37.10%	17.45%	371	34.02%	16.54%	340.25
A3	Frustrated	61.80%	29.07%	618	61.19%	29.74%	611.88
A4	Angry	41.10%	19.33%	411	40.33%	19.60%	403.33
A5	Embarrassed	5.70%	2.68%	57	5.50%	2.67%	55.0
A6	Resigned	16.90%	7.95%	169	19.73%	9.59%	197.28
A7	Other	5.70%	2.68%	57	5.62%	2.73%	56.19

COMPLETES 1000

Q11

TYPE: OPEN-ENDED

If you could sum up what rising costs have taken from you, what would you say?

ANSWERS

A1	They have taken a lot from me at the moment
A2	Not taken nothing just cut back
A3	I've not noticed any rising cost.
A4	My freedom to live as I want.
A5	It sucks
A6	It makes me depressed
A7	They have limited my choices
A8	freedom of choice
A9	not being able to save as much money
A10	Enjoying the better things in life
A11	Nothing yet
A12	Going on vacation attending different things with the kids
A13	I'll deal with it
A14	It has taken my freedom in retirement.
A15	Rising costs have robbed me of the quality of life.

#	ANSWERS
A16	the enjoyment of our retirement years
A17	my faith in this country and business's
A18	Eating healthier
A19	Freedom to be spontaneous
A20	So far, nothing has so I'm all good.
A21	Rising cost of taking away our freedom to spend the money the way we wanna spend it on the things that we want
A22	I hate it
A23	Much of my freedoms and my ability to save.
A24	Relaxtion
A25	I do not think rising costs have taken much from me, we all have way too much so maybe we just need to cut back and be happy with what we do have.
A26	Enjoyment of life
A27	MY WAY OF LIVING AND TRYING TO BALANCE MY HEALTH WITH RISING COSTS
A28	My sanity and peace of mind
A29	Being able to live as we did before
A30	Enjoying life
A31	Don't know just don't like how they are destroying US
A32	So far it hasn't affected me enough.
A33	The fun of shopping which is therapy for a retired person
A34	It has caused me to cut down on purchasing snacks
A35	nothing
A36	None
A37	It has taken up a bit of my freedom to choose what want and need casue I need food,but cant necessary get the highqualitybrand

#	ANSWERS
A38	About 200.00 month. No biggie
A39	It is taking a lot from me and my family. We are getting by the very best that we can.
A40	The ability to save money
A41	Quality of life
A42	Nothing. I have always watched prices and just continue to do that.
A43	Being able to sleep and worrying from everything to keeping my home plus my well being.
A44	Time because I spent so much time finding the best deals
A45	It has made me stressed and physically ill.
A46	A lot
A47	Most everything like groceries electric bill oil bill prescription medicine
A48	Take way too much money
A49	It has affected my dietary habits of fresher fruits and veggies.
A50	Nada 0
A51	bone
A52	Piece if mind.
A53	My freedom to do whatever I want to - now I weigh the cost against everything,
A54	Confidence in the economy
A55	Freedom and choice
A56	my car and maybe the roof over my head
A57	Less calmness
A58	Having to compromise on how I spend my money.
A59	Ability to have choices not based on price alone.

#	ANSWERS
A60	Some of my security
A61	F__k this
A62	The ability to travel via cruise
A63	The way I think and live has become simpler and more primitive in less desirable ways.
A64	Loss of being able to just live a quiet life without worry that may not be able to afford repairs, food, medical care, etc.
A65	Nothing yet
A66	Rising costs have taken away the peace of mind and satisfaction of being self-employed as more and more lately, I encounter problems getting paid by clients.
A67	What vegetables I can eat
A68	I worry about my family.
A69	Peace of mind that I can continue to take care of myself as I age.
A70	PEACE OF MIND
A71	They have taken nothing from me.
A72	Confidence
A73	Fortunately we are in a good financial position but still, rising costs have certainly taken away my enjoyment of shopping for groceries. I'm constantly experiencing sticker shock.
A74	None
A75	MOney that might be used for a future appliance we need or to help family will be less or gone if prices continue to rise.
A76	Makes my quality of life so hard and won't be able to go see my daughter and son-in-law and granddaughter
A77	Some of my independence has been taken. When rent, utilities, auto repairs, dining out go up, there is little left for discretionary money on a fixed income
A78	Relaxation
A79	Not being able to buy more stock
A80	that I am going crazy trying to figure out what to cut next

#	ANSWERS
A81	Frustrated as I can not buy nor enjoy things
A82	It has taken nothing yet
A83	lack of freedom and trust in the current federal government
A84	Better brands of food phone services no cable.
A85	Peace
A86	My health and joy.
A87	eating in to our little disposable we do have as we age
A88	Everything we just stayed home and watching TV
A89	I have less to spend on variable expenses
A90	I'm so disappointed in our government and president how could they let this happen to us , I just feel they don't care as long as they have what they need
A91	The quality of my life
A92	Seeing my friends as much or lack thereof !
A93	it would be living . now we are existing.
A94	The ability of out of state kids to come for a visit.
A95	being socially active
A96	The pleasure of shopping.
A97	Peace of mind that I will be able to afford anything I really need.
A98	Due to rising costs, I not only have cut back on things I buy for my family, but I am not able to donate to all of the causes that I want to support.
A99	Made me settle for lower cost foods
A10 0	Freedom & financial security
A10 1	Rising costs have made me put non essential things aside so I can get necessities

#	ANSWERS
A10 2	They have taken away comfort and peace of mind.
A10 3	Less excitement
A10 4	just about everything
A10 5	Freedom
A10 6	QUIT BUYING THINGS WE DO NOT NEED
A10 7	Savings for the future
A10 8	Have not needed to make any changes
A10 9	Cooking more at home and less traveling.
A11 0	They have taken away my dignity
A11 1	Nothing appreciable.
A11 2	Depressed
A11 3	N/A
A11 4	BEING ABLE TO LIVE THE WAY I HAVE FOR YEARS
A11 5	Cost of living gone up
A11	Luckily, nothing important

#	ANSWERS
6	
A11 7	Takes longer to shop for groceries.
A11 8	The joy of living
A11 9	i just have to be careful what i spend
A12 0	Driving, my car, my house, restaurant eating, brand items and traveling
A12 1	Peace of mind
A12 2	Have reduced my ability to live a decent life
A12 3	It takes up some of our retirement money and also it's a little harder to save a little each month in case of emergencies
A12 4	not much right now but I will see
A12 5	Savings have shrunk
A12 6	I am more anxious than I used to be. It seems to suck out the pleasant things out of life.
A12 7	I can no longer make my favorite beef recipes
A12 8	my ability to save money in a savings account
A12 9	Lower the prices cuz it's just not fair
A13 0	Freedom to buy and do what I want as often as I used to.

#	ANSWERS
A13 1	My confidence that I can have the retirement I want
A13 2	Nothing in particular
A13 3	Nothing significant
A13 4	I feel for future generations.
A13 5	My sanity
A13 6	Freedom to expand my horizons
A13 7	I think being a senior and working all my life I get a little upset having to cut back on things I enjoy.
A13 8	The joy of seeing family
A13 9	nothing
A14 0	Options to see if I can treat my mental health.
A14 1	Don't know
A14 2	Belief in America
A14 3	buying whatever I want without considering prices.
A14 4	It has taken away my joy of being able to travel
A14	spirit and trust.

#	ANSWERS
5	
A14 6	We get an increase for cost if living and the bills increase more than the increase was for ys
A14 7	The ability to relax and not have to worry about money issues.
A14 8	belief the government controls anything.
A14 9	It has take some of my dig
A15 0	Reduced beef consumption
A15 1	the rising cost has affected our security and how we have doubt about our future cost of keeping our family close
A15 2	Nothing yet
A15 3	ONE DAY AT A TIME
A15 4	It would mean less time with family, longer time periods to take care of household duties including grocery shopping.
A15 5	Get a new president
A15 6	the freedom i expected to have to9 do anything i wanted to do during retirement.
A15 7	It shouldn't be like this. we are living on bare necessities and our government is giving so much away to people who are here illegally.
A15 8	I don't know
A15 9	Freedom to do what I used to do and can no longer rationalize the expense

#	ANSWERS
A16 0	That rising prices have gotten me
A16 1	enjoying a good steak now and then
A16 2	Rising costs have eroded my hope for having a more relaxed retirement. It's stressful now
A16 3	My ability to spoil my grandchildren.
A16 4	I would say I hope all the rising cost could be settle and let people don't purchase luxury goods but live a simple life.
A16 5	Some freedoms canceling dental food I would like
A16 6	I am sick of this
A16 7	Makes me angry as how do people who have very limited incomes live.
A16 8	Credit score
A16 9	Comfort and healthy choices
A17 0	Rising costs have taken the variety ot of my grocery shopping. I have to switch to the best prices only
A17 1	nothing yet .
A17 2	more healthy food
A17 3	My day to day life
A17	They feeling that I am financially secure.

#	ANSWERS
4	
A17 5	Nothing personally. We still have food
A17 6	My dignity
A17 7	enjoyment in doing things
A17 8	Pleasure or pitching lots of clothes
A17 9	Freedom
A18 0	It's reduced my freedom of choice.
A18 1	some fun in life
A18 2	Security and sanity
A18 3	MY JOY OF LIFE
A18 4	We are wary about costs and income as we are retired.
A18 5	The American way of life. Feeling like things were getting or going to get better.
A18 6	THE ABILITY TO GO OUT SOCIALLY
A18 7	I'm getting by okay but I'm just able to buy certain things and after I used to
A18 8	Stopped buying certain things

#	ANSWERS
A18 9	I spend much less time with the friends dining out. I was traveling 2-3 times a year, but now only 1 time or every other year.
A19 0	I don't get out much because I can afford it
A19 1	I am more stressed to everyday rising costs
A19 2	It has reduced some social activities that make me feel more isolated.
A19 3	Money
A19 4	Eliminates my financial cushion
A19 5	Ability to go places and vacations.
A19 6	THE ABILITY TO LIVE LIKE SOMEONE WHO HAS WORKED AND SAVED MY ENTIRE LIFE
A19 7	made it harder to get by, no frills, a lot of stress over worrying if things are going to keep going up . Worked all your life and people are struggling to make ends meet.
A19 8	It taking my way of life
A19 9	Being able to relax.
A20 0	Being able to purchase what I want when I want it.
A20 1	Freedom of choice in how we live and activities we enjoy.
A20 2	It delays my travel plans
A20	any certainty

#	ANSWERS
3	
A20 4	Thanks Biden and Ossoff, where are your contributions to your handiwork?
A20 5	the property tax and the housing cost
A20 6	Taken away feeling of accomplishment
A20 7	Went without when I was raising my kids I can do it again.
A20 8	Nothing
A20 9	It has taken away the peace of mind of being able to retire and not go through all my savings
A21 0	Peace of mind
A21 1	my feeling about the current government!
A21 2	It has taken away my dignity.
A21 3	The little joys in life like going to the movies eating out a new outfit having my favorite ice cream
A21 4	Spontaneity
A21 5	Free to do more of the things I like to do
A21 6	I can no longer put any extra money into my savings
A21 7	It has taken buying power from our fixed income.

#	ANSWERS
A21 8	Freedom of a worry free life.
A21 9	Nothing too much to be honest. Just need to be a little more judicious with purchasing some really unneeded items. In other words, just cut back on "because I want it" items.
A22 0	Don't vote for cheating democrats
A22 1	I'm worried about the future
A22 2	spent more cleverly to reduce costs.
A22 3	The extra treats
A22 4	Cutting back on items.
A22 5	Not right at all
A22 6	Only spend what is needed
A22 7	My way of life. My house needs a lot of work I can't pay anyone to work on it because they have gone up. And as far as taking anything from me I just feel bad because I can't afford to do what I need to
A22 8	the feeling that they were unnecessary and caused by Trump's tantrums
A22 9	I am fortunate to enjoy simple joys and little treats, so I am not stressing over missing anything.
A23 0	MY FREEDOM! MY life! MY faith,
A23 1	Pleasure
A23	I use to enjoy eating out. Now I am doing it much less and it is not as enjoyable

#	ANSWERS
2	
A23 3	My ability to not worry so much
A23 4	Peace of mind
A23 5	It has taken away my time to be able to relax and enjoy myself. I have very little social time any more
A23 6	Rising costs have taken the enjoyment out of shopping for groceries and necessities.
A23 7	I feel less free because I can't enjoy my retirement
A23 8	The ability to live a fulfilling, decent life
A23 9	Enjoyment and happiness
A24 0	Freedom. Life's pleasure.
A24 1	Peace of mind, not ingesting enough protein
A24 2	A sense of joy when anticipating a trip to see my grandkids, or traveling with friends. Replaced with anger and frustration with the limits on self care.
A24 3	I don't see prices rising because they're going down.
A24 4	they only take what I give we planted fruit trees and vegetable garden to help with costs, cutbacks are something we have always had to make our entire life
A24 5	Rising costs, especially utility costs, makes me wonder where the increases are going to end. Nobody can keep up with crazy utility costs.
A24 6	Rising costs haven't taken anything from me other than more money to buy the things I want.

#	ANSWERS
A24 7	Enjoying everyday life,just worried about the bills i cant pay, living paycheck to paycheck
A24 8	Have not thought of this yet
A24 9	nothing cant change it so dont worry about it.
A25 0	i am retired so what should be fun is now a day to day struggle to live
A25 1	Government has enough money to not raise stuff up so high
A25 2	The freedom to do what I want within reason.
A25 3	All of my paycheck
A25 4	being retired my income is steady i thought it would be better
A25 5	Freedom to choose extracurricular activities,
A25 6	It makes it harder to plan for financial future.
A25 7	I feel more stressed.
A25 8	I've watched people I know have to make choices to be able to keep their head above water
A25 9	They have caused me to spend more money but that's about all. Nothing significant has been taken from me.
A26 0	I am angry because the Federal Administration has set this rise of inflation with their tarris and seem to be oblivious that we are paying for them - not other countries.
A26	my sanity, because I know it is trump's fault

#	ANSWERS
1	
A26 2	rising costs have drained me of all hope.
A26 3	My enjoyment of food.
A26 4	They have made me very cold and I sit with a blanket on
A26 5	Freedom of choice
A26 6	It has taken away my way of life and worse. I plan to vote for all Democrats so tRump loses control of the House & Senate. Our basic rights and way of living has been infringed on.
A26 7	There isn't so much fun in my life anymore. My husband and I stay home and watch TV and I play games on my phone for money to pay my friend to take me to pick up my meds. We used to be able to do lunch when we would go out, but even burgers and fries are too high now.
A26 8	A little bit of luxury items
A26 9	The ability to go to the beach as often as I like.
A27 0	The feeling of being able to take the trips we were looking forward to
A27 1	They have taken the quality of my life, which was never extravagant to begin with. Basically, I have no type of social life that involves spending money, like going to lunch with friends or to a show. My little dog (love of my life at 23 years old) passed away recently, and due to the cost of Veterinary care, I will never be able to afford another one. It's taken me over 2 years to save enough money for a new hot water heater but I can not afford to have it installed. No agencies will help.
A27 2	The enjoyment of everyday life more stress
A27 3	A peace of mind about being able to make ends meet
A27 4	Rising cost has taking some recreational time away

#	ANSWERS
A27 5	I think they have taken my sense of security regarding my retirement years.
A27 6	Freedom
A27 7	The freedom to turn on the lights and heat without weighing the cost
A27 8	Peace of mind with the uncertainty of where things are going.
A27 9	Peace of mind
A28 0	Taken my joy in life away.
A28 1	I THINK I WOULD SAY THAT I'M A LITTLE BETTER OFF THAN MOST PEOPLE.
A28 2	All the fun in life
A28 3	The enjoyment of life in my latter years of life.
A28 4	Sense of stability
A28 5	Not sure
A28 6	The Biden economy put us into a lot of debt just to pay bills. I'd envisioned climbing out of that hole and becoming debt free again. That dream is fading.
A28 7	a lot of comtow
A28 8	My life style
A28	It has certainly contributed in a huge way to my loss of peace of mind.

#	ANSWERS
9	
A29 0	Nothing.
A29 1	enjoyment in my daily life
A29 2	I haven't felt any rising costs
A29 3	It has taken my ability to not have to stress every month about paying my bills
A29 4	Joy of lige
A29 5	Peace of mind
A29 6	It has taken away the every day feeling of being comfortable about being able to afford the things that you love to do
A29 7	Taking a lot of freedom from me the fact that I have to pay twice the amount I used to have to pay for a bag of groceries is ridiculous thank you Trump
A29 8	Taken more money
A29 9	Hard time
A30 0	LESS PREDICTABILITY AND LESS FINANCIAL STABILITY
A30 1	Less golf
A30 2	Security if it goes on too long.
A30 3	Haven't heard enough something to say

#	ANSWERS
A30 4	So far, it hasn't been a big impact on me.
A30 5	Peace of mind.
A30 6	nothing prices goes up and down all of the time
A30 7	My life that I worked for
A30 8	Not good
A30 9	My savings have been hit hard. Thenjoyment of being more social.
A31 0	Rising costs have taken away from the fun money I have to spend.
A31 1	Switch from name brand to store brand
A31 2	quality of life
A31 3	Peace of mind
A31 4	I don't have anything to say
A31 5	Money
A31 6	To sum it up, rising costs have deprived me up some of the things that make my life comfortable.
A31 7	Anxiety
A31	Nothing

8

A31 Actually, I've seen rising costs since the 70's. Seems normal.

9

A32 Nothing taken so far.

0

A32 they actually take time. Now I am spending time trying to find ways to save money.

1

A32 peace of mind

2

A32 Irritated it shouldn't be this way

3

A32 the ability to decompress from the world

4

A32 A sense of well being and security

5

A32 Really, not much as I am not a spendthrift

6

A32 A warm house

7

A32 Nothing

8

A32 It has taken the enjoyment out of shopping and every day treats

9

A33 selection in both food products and consumer goods. The joy of shopping and finding a good deal. Disposable income.

0

A33 the freedom to do what I do

1

A33 comfort

2

#	ANSWERS
A33 3	My peace of mind. I worry more
A33 4	My patience
A33 5	fun
A33 6	nothing
A33 7	I have not given anything up yet but I may have to now
A33 8	They have taken a little bit of money and is so so needless
A33 9	There is not anything to date.
A34 0	it has taken my happiness
A34 1	Nothing yet.
A34 2	A sense of stability
A34 3	Enjoyment of my life
A34 4	Peace of mind
A34 5	A normal life routine.
A34 6	My dignity mostly. We live in a country where there is an abundance of food. We should not go without
A34	Feeling I have enough money as a senior to live out my life

#	ANSWERS
7	
A34 8	A little more money.
A34 9	It is just we enjoy going out to dinner and we may have to cut back.
A35 0	Give us the American people what free things you gave to the illegals including food cards and checks
A35 1	It has taken away my joy and replaced it with stress, worry and anger. Meanwhile, our "President" sits in the White House - the house of the people, and only gets richer through all his schemes, doesn't give a fig about the people and is a disgusting impersonation of a real man!
A35 2	Freedom to buy what I want to buy
A35 3	It has taken away my peace of mind.
A35 4	Rising cost take away choice from a person because you always have to go to the least common denominator
A35 5	I have to stock up on sale items
A35 6	My sense of security as my husband and I approach retirement
A35 7	Trying to save money in future if happens
A35 8	concerns for every day lifestyle
A35 9	My freedom to buy Things that I really need but are too expensive to buy
A36 0	Food
A36 1	My ability to go out and have lunches with friends at restaurants we go to each other's house now

#	ANSWERS
A36 2	A little of the freedom to purchase when I want to.
A36 3	Rising costs have taken some of our social enjoyment away
A36 4	They make you feel less good about things.
A36 5	Financial growth
A36 6	Dental and vision
A36 7	Limited my choices.
A36 8	The tRump administration only cares about themselves and the big money, not the normal American taxpayers.
A36 9	Confidence
A37 0	nothing
A37 1	Everything is too high prices
A37 2	I CAN SURVIVE WITHOUT WHAT I HAVE CUT BACK ON, BUT I HOPE THINGS WILL GET BETTER.
A37 3	Nothing. Just looking for sales more often
A37 4	IT IS ALL UNNECESSARY. We have a horrible president and that's the only reason there are high prices. Tariffs are imbecilic!!
A37 5	change my habits in all aspects.
A37	My comfort with what I buy

6	
A37 7	Enjoying life like it used to be
A37 8	They have taken away some of my overall independence.
A37 9	They have taken piece of mind
A38 0	I have to donate less to my favorite charities.
A38 1	my life style
A38 2	Buying premium cuts of beef.
A38 3	They have taken nothing from me
A38 4	Being able to get good food
A38 5	We are always living on the edge - it's stressful
A38 6	The ability to splurge on eating out.
A38 7	All my extras my treats my
A38 8	My activities that I can afford
A38 9	my dignity
A39 0	Lower the prices of the utilities

#	ANSWERS
A39 1	My savings
A39 2	It takes a lot to the point off
A39 3	Getting food and gas for the car
A39 4	Some of the enjoyable things I was looking forward to in retirement.
A39 5	THERE HAS BEEN NOOOOOOOOOOOOOOOOOO RISING COST< IT HAS GONE WAYYYYYYYY DOWN
A39 6	The ability to feel comfortable about my living expenses
A39 7	It has taken away my financial freedom
A39 8	We have had to reinvent our way of life to adjust for the higher cost of almost everything.
A39 9	I am dipping into my savings to be able to pay for higher costs and it sometimes takes my sleep as I worry at night too. I also can't save any more for my emergency savings
A40 0	loss of investment earning, spending more time on shopping for the deals and going to three different supermarkets each week to get the lost leader and sale items.
A40 1	Freedom to buy treats
A40 2	Trump brought inflation down
A40 3	They have reduced what my dollar to buy in general.
A40 4	My liberty has been curtailed
A40	Ability to fully enjoy my retirement

#	ANSWERS
5	
A40 6	freedom of choice
A40 7	Trump has taken away my quality of life. So frustrated as to where the US is now.
A40 8	Rising cost has taken away my joy, happiness, peace of mind, body and soul.
A40 9	It makes life harder knowing that you can't afford things
A41 0	Buying less food
A41 1	I don't enjoy eating with friends.
A41 2	Not being able to visit my family and friends.
A41 3	The meat is high and electric bills
A41 4	Freedom I don't go a lot of places cause of gas prices they went down for a little bit but I noticed they are rising again and everything is so expensive going to dinner going to a movie anything
A41 5	Some of my free time. Have to work more.
A41 6	peace of mind
A41 7	inflation makes purchasing decisions more difficult
A41 8	less money to savings for retirement
A41 9	they take my money

#	ANSWERS
A42 0	Nothing but Money
A42 1	nothing and with President Trump I am able to get buy better and do more things then I did with Biden in office
A42 2	I have to use my savings to keep up with the rasing costs.
A42 3	That everything has gone up in cost over the last couple of years
A42 4	Feeling of calmness
A42 5	I need to watch what I spend on extras
A42 6	Freedom.
A42 7	I have to do less.
A42 8	The ability to have more savings from working & earning good \$\$\$
A42 9	some freedom
A43 0	It has made me become very bitter and pessimistic
A43 1	I am managing rising prices OK, but I wonder how long I can. If my IRAs keep going up, I am find paying more for gasoline and housing.
A43 2	I pay more so I have less savings
A43 3	Haven't affected
A43	Rising costs have taken nothing from me.

#	ANSWERS
4	
A43 5	peace of mind
A43 6	Unfair for rising cost.
A43 7	I have not had a problem with riding prices.
A43 8	That the cost / inflation has sky rocketed the price of products ,service, and goods to the point of making everyday life worse for almost everyone, it has almost come to the point which no one can afford to live independently from their families supporting them in small ways. It is making the American Dream, of having a home, family and a good paying job that you can support yourself and your family impossible to achieve.
A43 9	Nothing
A44 0	Eating out
A44 1	We have survived but some people can't.
A44 2	comfort and security
A44 3	It has been a bit of a hardship.
A44 4	Unsure
A44 5	It's very hard living on social security. I've been told I don't have Medicaid also so I can't get help with food or anything
A44 6	confidence in the future
A44 7	Dignity
A44	ANGRY!

#	ANSWERS
8	
A44 9	My life. 4 years ago I had money in the bank, paid all my bills, ate mostly an organic carnivore diet, got my nails and hair done, had health, dental, and vision insurance, and went on at least one week long trip a year. I can do none of the above. I live on my teachers retirement that will never increase.
A45 0	They have taken away my ability to trust in our government leadership to take the morally responsible actions to save our country
A45 1	my freedom and independents on every day living
A45 2	Simple pleasures
A45 3	They have raised my concerns about the government.
A45 4	Worried about my financial future
A45 5	Nothing I buy what I need and want
A45 6	my life as it was
A45 7	I would say I was aggravated because my income is fixed but costs are not. The wealthy get away with not paying their share and it increases the costs to the rest of us.
A45 8	I won't allow myself to stress
A45 9	We had it easier when we could go out to eat once in awhile and order in. I don't like having serious dental work needed that I will probably have to make payments on.
A46 0	Travel time because of gas are going to see family going out to eat socializing I have not been to a movie theater to see a movie in over two years
A46 1	The most worrisome rising costs are our taxes. The way that our property taxes are charged is ridiculous. We are being taxed on a theoretical value of a property that we're not selling so we haven't even received that value. And because property values are going up, they charge us more taxes every year. So increasing costs (taxes) are taking away the security of our home. Because at some point, we're no longer going to be able to afford the taxes to remain in our home.

#	ANSWERS
A46 2	In order to pay rent, I've had to give up most social activities I used to enjoy.
A46 3	We have had a recreational vehicle for a number of a years and we find that going places and doing things even though we have the equipment the prices make it not necessarily easy for us to use it to justify having it
A46 4	Nothing
A46 5	peace of mind
A46 6	Cutting into savings.
A46 7	Rising costs have taken money from me.
A46 8	It has taken away our being able to get the food that we want
A46 9	rising costs have taken a calm from me
A47 0	Social interaction with my friends
A47 1	Choices in leisure time and being very mindful of increased costs
A47 2	freedom to do the things I like
A47 3	I have not had any bad or stressful experiences with rising costs. We buy what we need and save some money every month
A47 4	Necessaries
A47 5	I am more worried and stressed from month to month.
A47	Being able to do things that I love

#	ANSWERS
6	
A47 7	since the crisis is over, I am grateful for improved conditions
A47 8	I would say that rising costs have taken my ability to visit family that are out of state. My Father is 92 and lives far. I fear I may not get to see him again.
A47 9	peace of mind
A48 0	More aware of what I'm spending money on.
A48 1	Peace and enjoyment of retired life.
A48 2	I'm not sure
A48 3	eating out less and less travel
A48 4	Negatively impacted
A48 5	Not only extra money out of pocket but comfort
A48 6	Has taken away some of my independents.
A48 7	They have only taken a little more of my discretionary income.
A48 8	comfortable eating products and other items that are cost related
A48 9	basic needs and more
A49 0	quality of living

#	ANSWERS
A49 1	It has impacted my social life.
A49 2	Pride
A49 3	Freedom to just purchase what I want instead of having to think about it
A49 4	President Trump is doing a good job considering what he was left with.
A49 5	They have taken away my enjoyment of life.
A49 6	I've not felt it yet but if cost continue to rise I will.
A49 7	tough for people lower on the economic ladder
A49 8	Flexibility
A49 9	have not effected me
A50 0	That since everything has gone up, it has affected all.
A50 1	Shopping is a chore now, I used to enjoy going to the store and discovering new items to try.
A50 2	na
A50 3	they have taken nothing.
A50 4	Stability
A50	Peace of mind about the future

5

A50 The American dream is a nightmare.

6

A50 my sense of middle class living

7

A50 Going on vacation to get away to a warmer climate.

8

A50 They really haven't taken anything from me

9

A51 I have told you, nothing.

0

A51 my peace of mind

1

A51 i have only lost increasing my savings

2

A51 They have taken away my choices in spending

3

A51 I feel that Rising Costs has taken away freedom to travel as I would like to do.

4

A51 One word... Freedom

5

A51 Quality family outings are not as frequent as before.

6

A51 A bit of financial security

7

A51 Upgrading electronics or vehiclea.

8

A51 It has taken comfort from me. I have to make money and groceries stretch further

9

#	ANSWERS
A52 0	Cost of living costs have made me cut back on basic necessities that I took for granted before. I watch my grocery shopping, spend less on quality items, cheaper brands, eat out less, travel around less to save gas. Taken away my sense of comfort and security.
A52 1	Car repair costs may remove my ability to drive.
A52 2	I need rise
A52 3	Security
A52 4	just being annoyed more
A52 5	better quality food
A52 6	Nothing. Gas prices are insane so I will be sure to get gas at a less expensive place
A52 7	Grocery prices need to go down or at least level off.
A52 8	going out to eat less often
A52 9	Peace of mind and a sense of security, the ability to retire soon
A53 0	To sum up what rising costs have taken from me is my trust in the leadership of Colorado.
A53 1	Ability to entertain friends and family at my home.
A53 2	IT'S TAKEN MY PEACE. MY INSIDES CHURN WHEN I THINK ABOUT HOW LOW MY ACCOUNT IS BY THE END OF THE MONTH.
A53 3	about half of my normal groceries purchased monthly
A53	Many choices of the things available for consumption have had to be eliminated.

#	ANSWERS
4	
A53 5	It has taken away much of my treats and social life.
A53 6	CUT BACK ON FOOD PURCHASES ,LOWER THERMOSTAT, LESS TRIPS TO MOVIES THOUGHTS OF DOWNSIZING TO SMALLER HOME ALSO LOT LESS TRIPS TO FAST FOOD RESTAURANTS JUST OVERALL STANDARD OF LIFE
A53 7	I am not happy about it and I blame it directly on the president.
A53 8	feeling of security
A53 9	Seeing my grandson
A54 0	The ease of everyday living
A54 1	My dignity. Cut the tariffs plz
A54 2	The ability to see what I want to, eat at certain restaurants, and taken some pleasure out of life.
A54 3	freedom from full comfort
A54 4	Nothing
A54 5	Any enjoyment of life
A54 6	Stupid question. The high cost of living is every and it hasn't taken anytime away from me.
A54 7	LOWER THE PRICES THERE IS NO REASON WHY I GO TO ONE STORE AND THE PRICE IS HIGH THEN I GO TO ANOTHER STORE 3 MILES DOWN THE ROAD AND THE PRICE ISNALMOST DOUBLE
A54 8	It has taken nothing from me.

#	ANSWERS
A54 9	It's ridiculous what we pay for now. The majority of us can't afford to do anything
A55 0	It has taken away my freedom of choice and has limited my ability to explore new adventures.
A55 1	Rising costs have taken away my ability to save money
A55 2	Some of the joy about being retired
A55 3	\$1000 on things that we enjoy doing.
A55 4	Summing it up,.rising costs have taken away my ability to enjoy daily pleasure Mani/Pedi's%3B ordering several bottles of my favorite wine%3B.or.clothes shopping!
A55 5	Food quality
A55 6	Rising cost have taken my ability to live in a more suitable home with more space. I could then take my belongings out of storage and lessen that cost. I would then be assured that I could live independently and not have to consider assisted living.
A55 7	My social life is gone. The variety of foods we used to enjoy have become too expensive so we don't purchase them anymore.
A55 8	i do not go to the store as much as i used to
A55 9	Nothing, we just watch our spending.
A56 0	Peace of mind.
A56 1	They've taken the simple pleasures of enjoying food, and activities away from us with the continuing price increases, most of which I don't feel are necessary/
A56 2	Not that much thus far
A56	Comfort

#	ANSWERS
3	
A56 4	life's enjoyments
A56 5	You can't trust rich politicians who know nothing about grocery shopping.
A56 6	Give back my snacks
A56 7	financial stability
A56 8	Well I probably eat healthier. We turn off lights and keep only the minimum on.
A56 9	Entertainment
A57 0	It has taken away time that I would spend with family and friends.
A57 1	Nothing I been lucky
A57 2	My savings
A57 3	My heart & soul
A57 4	Has only taken more money from me
A57 5	i just will never vote for a democrat again
A57 6	I would say that it has cost us getting together with friends and families.
A57 7	choice of products

#	ANSWERS
A57 8	Security in everyone's life
A57 9	My divinity
A58 0	My money.
A58 1	It takes away money I could be adding to my emergency fund.
A58 2	It has taken away my joy of loving to spend more time with my friends going to lunch
A58 3	The ability to spoil my kids and grands with more family adventures.
A58 4	My sense of freedom to spend whenever I see something I'd like to purchase.
A58 5	LESS MONY IN MY SALARY TO OFFEST THE RISINF COSTS
A58 6	Freedom of choice
A58 7	To sum, rising costs have cut out some of the finer things in life for us. Treats are fewer and farther between.
A58 8	Freedoms to be able to do within reason what I enjoy doing
A58 9	just the freedom to buy what I want versus what I need
A59 0	Peace of mind
A59 1	It definitely affected my social life And travel
A59	Feeling comfortably off during our retirement years.

#	ANSWERS
2	
A59 3	Enjoying retirement more by dining out, going on short day trips
A59 4	Piece of mind is the first thing that I think of.
A59 5	distracciones y paseos tengo que limitarme
A59 6	My sense of comfort
A59 7	They have kept me working past my planned retirement age.
A59 8	The pleasure of grocery shopping
A59 9	Nothing. I am fortunate in that sense.
A60 0	I don't give them credit for anything
A60 1	They made things go from tough to miserable in my life because it's something you think about every minute of every day everything you do from turning on a light to running the hot water to just dressing normally and feeling cold so you have to put on to pair of socks that makes you miserable
A60 2	Well, sort of taken away the way for me to eat healthy I mean, I'll be eating a lot more vegetables And eggs, but I can't afford any meat at all, which is a major source source of protein
A60 3	The fact that I used to pick up whatever I wanted
A60 4	It's made me feel horrible cause of my family
A60 5	The ability to spontaneously shop
A60 6	Rising costs have affected how much I travel

#	ANSWERS
A60 7	extra money
A60 8	Way of life
A60 9	Self worth
A61 0	It has taken away the ability to travel.
A61 1	Ability to save more
A61 2	The joy of cooking what we really like has been impacted by higher costs
A61 3	Quality of life
A61 4	Greed makes one forget about others. I get the spoils.
A61 5	happiness going shopping
A61 6	I would say I hate you Donald Trump because it's all your fault you've caused all of this you've taken away from people that don't have much and you've taken more away from them and give them to the rich I hate you
A61 7	Joy of travel
A61 8	Freedom to do what I want when I want to.
A61 9	they have taken nothing from me
A62 0	Peace of mind when shopping for everyday essentials
A62	Use less power so am a bit colder this winter.

#	ANSWERS
1	
A62 2	Being able to buy everything that I want to.
A62 3	Quality of living it's not like I used to be
A62 4	Rising costs take a lot of money.
A62 5	peace of mind
A62 6	My dignity because we have so much less than we used to
A62 7	Not much but have to be more careful. They have taken some sense of peace.
A62 8	Helped me to change my mind or what is really important to me
A62 9	Peace of mind
A63 0	My freedom of choice
A63 1	My enjoyment
A63 2	Thank the democrats. Wake up America--they do not care about us--just power!
A63 3	Just have to get creative to find ways to make my grocery budget go further
A63 4	Less savings for hard times
A63 5	Nothing

#	ANSWERS
A63 6	Non necessary groceries.
A63 7	Some money
A63 8	Rising cost has not taken anything away from me
A63 9	Freedom of pulse buying.
A64 0	Nothing. This continued insistence to push a false narrative is frankly irksome.
A64 1	Frustrated with the stupid tariffs which could lower prices if they were lowered
A64 2	My peace
A64 3	Good value in products and smaller sizes
A64 4	My energy
A64 5	cutting back on things we do
A64 6	The ability to save for retirement
A64 7	My savings going down
A64 8	It has taken out some of the joy of living.
A64 9	Nothing as of yet
A65	its trumps fault

#	ANSWERS
0	
A65 1	My ability not to think twice about buying something
A65 2	It's getting worse. These tariffs are a joke.
A65 3	Just the freedom to spend money if I want to without having you to watch the price
A65 4	not feeling middle class
A65 5	Not really that much
A65 6	ability to give myself "fun" extras
A65 7	I haven't had any issues with rising costs
A65 8	Pleasure dining
A65 9	Most of the pleasurable things in life.
A66 0	Piece of mind Because the government is doing on purpose
A66 1	Rising costs have taken away my ability to treat myself once in awhile and being able to afford name brand food.
A66 2	Makes me very anxious
A66 3	Rising cost have taken a better sense of mobility from me in that my travel and other options are more restricted.
A66 4	None. We are fortunate

#	ANSWERS
A66 5	About \$1000 this year in extra costs.
A66 6	The ease of shopping and buying what I like and want instead of what I can afford.
A66 7	Some of the smaller enjoyment in life
A66 8	Dignity
A66 9	Stress over money and trying to save as much as we can
A67 0	not too much fortunately
A67 1	My retirement living, lonely don't see family
A67 2	I just don't think I should be spending all this money on car insurance when I don't drive the car as much as I used to because I'm retired, but they won't reduce my rates
A67 3	Tariffs
A67 4	It is very frustrating
A67 5	The joy of shopping for what I want or even to browse.
A67 6	It has been a very cold winter
A67 7	They have taken some at-home comfort away, and have taken away confidence that I'll be able to continue doing things I love.
A67 8	Rising costs have taken away the pleasures I've enjoyed in buying foods we like or eating out with friends, traveling.
A67	Not much

#	ANSWERS
9	
A68 0	A sense of having everything in control.
A68 1	My sense of financial freedom
A68 2	Peace of mind that I will have enough money for basic items
A68 3	The cost of buying food is a constant stress and takes the joy out of shopping
A68 4	My money
A68 5	Some familial comfort
A68 6	Concerned that prices will keep rising
A68 7	My golden years are tarnished.
A68 8	Rising costs have taken away the peace of finally reaching retirement. We no longer have income increases to make up for the price increases.
A68 9	A good quality of life
A69 0	Peace of mind about the future.
A69 1	I can't travel as much and my thermostat is set much lower
A69 2	Independence and peace of mind
A69 3	Better toppings on pizza

#	ANSWERS
A69 4	Rising costs have taken away from the enjoyment of retirement.
A69 5	Most of our rising costs have been due to incompetent leadership in CA. Our gas and utilities have gone out of control. Extra taxes here, extra taxes there and not all of them are called taxes. Moste are either going to the budget or to money laundering
A69 6	Personal luxuries
A69 7	Changed what we eat, who we see and doubling up on doctor visits and doing grocery shopping while out for appointments making it late when we get home.
A69 8	going out with friends - restaurant prices have risen so much
A69 9	Thinking about better budgeting
A70 0	Rising costs are making it difficult to enjoy the small things in life.
A70 1	Rising costs have taken away my joy of living in a new home that I had built and seeing my family more often who are 40 miles away
A70 2	I don't know except having to buy cheaper stuff or not buying it at all
A70 3	Ability to save for a "rainy day". Offer less to family member who has "issues".
A70 4	it has taken some of the pleasure from my life
A70 5	It has taken away the options to better cover our house and cars.
A70 6	they have taken away my quality of life.
A70 7	I only go shopping once a month now
A70	Some costs have risen but so has pay. Rising costs have taken a bit of my confidence away.

#	ANSWERS
8	
A70 9	I am not buying as many groceries as I was.
A71 0	It's just life - things have to go up but then in other places they go down like gas prices and spending half in that budget
A71 1	Rising costs have limited my entertainment
A71 2	Having extra money to do whatever
A71 3	Traveling for vacations
A71 4	I hope I can stay healthy with what foods I buy
A71 5	Being able to eat fruits and veggies
A71 6	Give me less buying power which means I have less extra
A71 7	My freedom to travel tailors of
A71 8	Being comfortable with spending in general
A71 9	The freedom to do as I please.
A72 0	I am totally frustrated with everything at this time
A72 1	Cost over the last 4 years have taken nothing away from me
A72 2	time out at restaurants

#	ANSWERS
A72 3	I will simply say live is not favorable.
A72 4	Nothing whatsoever
A72 5	Stop it
A72 6	Hope
A72 7	Desire to play their games.
A72 8	after working my entire life and being responsible and saving , I now feel less secure during my retirement years
A72 9	Overall well being, unable to pursue hobbies
A73 0	Preventive diet and health care.
A73 1	The rising cost has took away a lot of joy and fun with family and friends
A73 2	Activities I enjoyed doing
A73 3	They have taken my peace of mind in knowing my medications will not be covered like they were in the past.
A73 4	Some of the things we used to like to do that involved entertainment
A73 5	Get Trump out of office.
A73 6	Too much stress
A73	My desire to live my life in a healthy way has resulted from rising costs.

7

A73 It's time for some change in Washington.

8

A73 Hope that things will improve

9

A74 the news says think are coming down but not seeing it at all

0

A74 Taken away the fun activities in life

1

A74 Makes me budget's

2

A74 Nothing

3

A74 Why? How can one person cause all these problems and be so selfish.

4

A74 The ability to enjoy life that you planned for during retirement

5

A74 my former easier life

6

A74 Peace of mind

7

A74 Let's say that the costs are the price of dealing with Americans and in the United States.

8

A74 concern for poor people

9

A75 peace of mind lost

0

A75 Reducing affordability

1

#	ANSWERS
A75 2	my quality of life
A75 3	Disgusted
A75 4	It's taken away calmness and joy.
A75 5	Politics are really hurting us now.
A75 6	A little confidence. As the prices rise i get alittke nervous wondering if and when prices will rise again.
A75 7	I watched the budget for spending
A75 8	Money
A75 9	it hasnt taken anything from us, it makes us more frugal. just got the sewer bill and country taxes, both have gone up
A76 0	Remove Trump
A76 1	Its caused some stress and anxiety. Worrying how to make end meet now that I'm on a fixed income. Social security doesn't pay much to handle all the bills.
A76 2	It's actually getting better, except for utility costs.
A76 3	I am scared
A76 4	Rising costs have taken away some of my freedom. I am no longer able to go out as often with friends or travel as much as I'd like.
A76 5	Comfort of being warm in winter and cool in summertime.
A76	Peace of mind

#	ANSWERS
6	
A76 7	Freedom be able to travel and move the American way is to be able to be rich or able to forward things a lot of that's when taken away
A76 8	Peace of mind
A76 9	So far, not very much, tbh. Waiting for the other shoe to drop, though.
A77 0	I would say groceries and medications and my health insurance
A77 1	freedom to go where and when I want to travel.
A77 2	Taken away the ability to enjoy life
A77 3	It has took almost everything, but only the strongest survivor
A77 4	The joy of being able to live quietly and the joy of life , I feel quite frightened about the future .
A77 5	nothing
A77 6	Majority of my monthly income each month I only have 50 dollars remaining
A77 7	My ability to enjoy life
A77 8	vote the democrats out of office
A77 9	quality of life
A78 0	Confidence in the future.

#	ANSWERS
A78 1	My ability to do what I want to do
A78 2	It's hard to save money.
A78 3	My quality of life has detrioated
A78 4	SLEEP!!! Peace of mind, my retirement. Just trying to make ends meet until I die---not morbid, just the facts. Would prefer to do it at home, not on the streets.
A78 5	It has not impacted too much
A78 6	It isn't fair that the government people can continue to live their lives as usual and everyone else has to watch their money. Especially when you are on social security.
A78 7	It has changed the quality of my life
A78 8	I have changed the way I heat my home.
A78 9	Our leisure time recreation. Being in retirement used to be time for at least a few extras, not any more.
A79 0	No fun times
A79 1	my confidence
A79 2	Keep the heat down, be cold, don't waste
A79 3	It has taken more of our money and limited our spending on anything but necessities.
A79 4	I am become more anxious, less wanting to be social staying home more.
A79	Freedom and spontaneity

#	ANSWERS
5	
A79 6	Obviously they have taken more money from us but also it has taken our peace of mind.
A79 7	Life is not a good quality
A79 8	It has taken some of the essentials out of my life
A79 9	I don't have the luxury of treating myself
A80 0	Savings
A80 1	Enjoyment of what I like to do.
A80 2	Being comfortable with purchasing what I like and want
A80 3	wish they would cut back on the price
A80 4	My pleasures
A80 5	Just makes it hard to keep your money in retirement and have to worry about running out of money.
A80 6	Had to get less treats for my oer
A80 7	Rising prices needs to stop. Biden's policies started this downfall in our country and it continues today.
A80 8	Nothing
A80 9	made my health worser

#	ANSWERS
A81 0	the way I normally do things
A81 1	It has taken peace of mind away, of course
A81 2	Has taken nothing yet
A81 3	my enjoyment of being retired.
A81 4	Taken my peace of mind and cost me a lot in time planning strategies to put in place.
A81 5	Freedom to do the things I enjoy
A81 6	Over all stress
A81 7	I would say rising costs have not taken anything from me at this time.
A81 8	Freedom to buy what I want
A81 9	My discretionary spending
A82 0	Living.a.better.life
A82 1	Lower taxes
A82 2	my hobby
A82 3	It has stressed me out . As a senior citizen on SS with a retired husband who had to take a part time job just to get through the month
A82	Peace of mind

#	ANSWERS
4	
A82 5	Peace of mind is gone. Always worrying
A82 6	Enjoyment in life during retirement
A82 7	Spending time with family
A82 8	The ability to enjoy retirement
A82 9	Carefree days are gone
A83 0	it took away at less 40 percent of my enjoyment haveing fun
A83 1	The joy of living comfortable
A83 2	additional money due to the higher costs.
A83 3	better food choices
A83 4	Everything in one way or another
A83 5	I have to eliminate one thing for another. Vet costs from my aging pets have sky rocketed and I will do anything for my pets, so I have given up a lot of things for them. I have given up vacations, new flooring for my house, and other things to improve my house and life, but it's been all worth it.
A83 6	Freedom with enjoying life due to Trump in office
A83 7	I felt more effects of raising prices under Joe Biden when gas was five dollars a gallon. I didn't hear anybody crying now because Trump is the president. They're trying to pass the narrative that everything is sky high inflation is up a recession is coming, but none of that is true.
A83 8	Things are hard especially if you are on a fix budget. Believe it due to that stupid tarrif

#	ANSWERS
A83 9	I think it is scary and live with the idea that we may have to enter a home where monthly costs are astronomical. We have to keep active.
A84 0	Taking a great deal of freedom away from enjoying the things I would like to maintain a happy and relaxing life.
A84 1	It has taken away choices.
A84 2	Robbed me of my future savings and retirement. I've already lost much value in my investments and I can't afford to save more to make up for that deficiency
A84 3	Rising costs on essential items have caused me to cut discretionary travel
A84 4	My peace of mind
A84 5	My peace of mind. I cannot enjoy my retirement as much as I would like to.
A84 6	not much, though I did need to move in with my sister
A84 7	Rising cost has taken away my freedom to go. To town. More often. It's taken some foods we enjoy. Life is more tight than before
A84 8	They have made me take more money out of my retirement account.
A84 9	Flexibility - reduced choices
A85 0	i don't know
A85 1	A good quality diet
A85 2	Things that I enjoy doing and some ways I like to relax.
A85	Peace of mind

#	ANSWERS
3	
A85 4	No comment
A85 5	Cost of living has gone up so much that our dream of being able to retire.Enjoy our older years is probably out the window.And we will have to work until the day we die.
A85 6	Taken my income for other needs
A85 7	ability to liv my regular life
A85 8	Peace of mind to enjoy my hard earned retirement
A85 9	Faith in a President that cares about low/middle class Americans.
A86 0	Maybe some retirement peace of mind
A86 1	Confidence that i can take care of my family
A86 2	visiting my home
A86 3	Living life on the edge.
A86 4	being able to live comfortably at my age
A86 5	The peace of knowing our needs will be met.
A86 6	Having good barbecues
A86 7	Such as life.

#	ANSWERS
A86 8	It has taken my comfort away
A86 9	I have lost the company of my relatives who do not live in the US. Entertainment has been reduced.
A87 0	some good thing in life
A87 1	comfort
A87 2	What the hell where I worked all my life to be able to retire and now it's taken the money that I saved to just try to live. Let's straighten this shit out.
A87 3	No problems yet.
A87 4	Freedom to do everything you want like everyone used to. They have taken the fun out of a lot of things
A87 5	Lots of my retirement savings
A87 6	Very much
A87 7	I can't think of anything.
A87 8	I thought we were going to enjoy our later years, and be comfortable. We don't do anything crazy, just liked to go out to eat, etc. The raising costs have taken pleasure out of our plans for our later years, make us wonder if we will be able to afford to live (let alone live comfortably), and makes me mad as all get out when I see what the lawmakers do to get more money and take it from us regular people. They don't care about people in general, only themselves
A87 9	Everything i can't go out anywhere not that I would ever want to not in this neighborhood it's too dangerous for a woman to go
A88 0	Rising cost has taken away my joy to do the very small things that makes me happy%3B ie going to lunch with friends.
A88 1	Personal freedom

#	ANSWERS
A88 2	Take the freedom of buying something that I need to survive on
A88 3	It has taken some extra fun from me.
A88 4	sense o fsecurity
A88 5	The security of believing my assets will be sufficient
A88 6	Everything
A88 7	I sure miss the old days when things were affordable.
A88 8	We try to invest and make more money on investing.
A88 9	Because you don't have to make ends meet and that's worried me
A89 0	It has taken away my ability to prepare healthy meat.
A89 1	My leisure activities
A89 2	Having fun with friends and family. They are struggling too
A89 3	Tariffs have taken away any plans to travel to visit family on the mainland.
A89 4	It has challenged my retirement plans
A89 5	Freedom to travel
A89	My sense of finances.

#	ANSWERS
6	
A89 7	Lesure time away from the home.
A89 8	Nothing
A89 9	Socialization
A90 0	It's unfair
A90 1	Choices. We no longer have the freedom to purchase grocery products that were part of our normal diet and we don't have the financial freedom to enjoy activities, like going to a ball game or eating out with friends.
A90 2	My peace of mind for my future and my independence, if my husband should pass away, I will have to sell my home and move in with family which I do not want to do.
A90 3	It has taken away the peace of mind that I had, that I could afford to buy "the little extras" that are so pleasurable.
A90 4	Peace of mind. I worry more about being able to keep my home.
A90 5	I no longer feel I can live adequately on my income. I have never asked for assistance but may have to My sense of security is gone.
A90 6	Spending more quality time with family.
A90 7	nothing yet
A90 8	I'm don't have the same optimism about the future as I used to.
A90 9	The desire to do better, that's trump for ya!
A91 0	Peace of mind and pursing hobbies are gone.

#	ANSWERS
A91 1	My health and being able to treat it. Not sure how not having my diabetic medicine will affect me or what we will do.
A91 2	It has taken a toll on me. I moved from a house to a small apartment.
A91 3	The quality of life in our retirement years that we worked so hard to plan and save for
A91 4	i am unable to visit family and do things with my grandchildren.
A91 5	The way of living that we were used to
A91 6	Sense of Self worth
A91 7	My kids future, their life will be alot worse
A91 8	I do not like how expensive groceries are and gasoline
A91 9	I do not like to have to think about every little purchase I make. I think spontaneity suffers.
A92 0	Rising costs has taken nothing away from me.
A92 1	15 Per Cent
A92 2	Peace of mind relative to my retirement income.
A92 3	The freedom to shops shop as I want I nw have to budget tremendously
A92 4	A car
A92	Hasn't really affected me financially so far

#	ANSWERS
5	
A92 6	That has ruined our retirement plans by making it too expensive to do leisure activities on a whim.
A92 7	it has not taken anything from me
A92 8	Just extra money, money I would have put towards savings.
A92 9	Insurance and utilities annoy me because you can't do much about it
A93 0	the fact that I had a larger apartment
A93 1	My ability to feel secure in having enough food to eat when my grandkids come to visit for the weekend
A93 2	Piece of mind
A93 3	not sure
A93 4	Trust in America
A93 5	i think that i have lost the ability to enjoy my retirement as i had plan. i don't think anyone could have prepared for the way the economy has gone.
A93 6	Everything
A93 7	The feeling that I have it covered because all these changes catch up to you eventually.
A93 8	It has taken my confidence in shopping like I used to
A93 9	taken away my confidence in being able to handle my finances.

#	ANSWERS
A94 0	A lot of intertainment
A94 1	Inflation has taken my confidence in future as a retired senior citizen.
A94 2	Feeling confident that I can afford everything
A94 3	a little more money than in the past
A94 4	Alot of things i need
A94 5	Why are things going up so much-give me a reasonable explanation!!
A94 6	I can no longer afford fresh fruits and vegetables and have to rely on canned or frozen
A94 7	I really haven't noticed and I've learn to find good bargains.
A94 8	I can get buy, but it's very frustrating.
A94 9	Independence and comfort
A95 0	It is taking away th comfort of retirement
A95 1	Less saved for retirement
A95 2	extra money to do more fun things
A95 3	I put less in savings
A95	Nothing much has changed right now

#	ANSWERS
4	
A95 5	We eat out much less
A95 6	Feeling good about our president and the economy.
A95 7	Taken away the ability to purchase whatever I want. Now sometimes only get what we need.
A95 8	It has taken some quality of life things away.
A95 9	I am not so extravagant at Christmas time.
A96 0	they have taken away a sense of control and security that all our savings may not be enough over time
A96 1	It hasn't made a big difference but it has effected how much we spend
A96 2	Satisfaction with my ability to purchase whatever I want whenever I want.
A96 3	Enjoyment of life
A96 4	I feel so helpless but but praying helps me.
A96 5	prices have gone down especially last couple months. its been great
A96 6	have to change my buying habits and completely forget about a new car
A96 7	Weight! I just took that time to cut back on what I ate.
A96 8	the ability to afford some little extras

#	ANSWERS
A96 9	It's taken more of my money
A97 0	Peace of mind.
A97 1	It has taken away more of my independence. I'm having to rely on other people to help me.
A97 2	I worry about the future for me and my children
A97 3	rising costs have made it impossible to pay my credit cards and loans. I almost lost my car to the high costs of all else
A97 4	Inviting people over as much and visiting friends much.
A97 5	Donald trump
A97 6	Most of my income.
A97 7	nothing
A97 8	To be able to have a car
A97 9	With rising costs on the rise, I am not able to travel due or enjoy working with crafts. I am not able to buy certain foods & deserts I love.
A98 0	Homeless shelter is the next best thing
A98 1	property taxes and car insurance
A98 2	Freedom to go out more.
A98	The relaxation I was hoping for in retirement.

#	ANSWERS
3	
A98 4	My sense of security
A98 5	The ability to buy whatever I want whenever I want it
A98 6	My freedom to live the way I want to live. Way to go Trump!
A98 7	My quality of life
A98 8	Nothing really
A98 9	A feeling if security
A99 0	That Dump ass Trump and the republican party. they don't care about the American People they just care about the RICH
A99 1	visiting my family out of town
A99 2	The ability to enjoy life like I would like to
A99 3	Freedom
A99 4	The fear of prices going higher and higher.
A99 5	I have to pay more taxes to the IRS. They take money out of my social security for Medicare and then they charge me taxes on what they took out
A99 6	No one seems to take action
A99 7	life and carefreedom

ANSWERS

A99
8 Some piece of mind.

A99
9 Don't go away as much

A10
00 Freedom to save more money for the future

COMPLETES 1000

Q12

TYPE: SINGLE SELECTION

What is your current employment status?

#	ANSWERS	ANSWERS(%)	COUNT	STRATIFIED ANSWERS(%)	STRATIFIED COUNT
A1	Employed - full-time	9.70%	97	9.20%	92.04
A2	Employed - part time/freelance/contract	6.70%	67	5.60%	56.03
A3	Self-employed	3.80%	38	4.08%	40.84
A4	Unemployed	2.90%	29	2.82%	28.22
A5	Retired	76.90%	769	78.29%	782.87

COMPLETES 1000

Q13

TYPE: SINGLE SELECTION

Are you considering going back to work or increasing how much you work due to rising costs?

#	ANSWERS	ANSWERS(%)	COUNT	STRATIFIED ANSWERS(%)	STRATIFIED COUNT
A1	Yes	23.40%	234	21.56%	215.6
A2	No	76.60%	766	78.44%	784.4

COMPLETES 1000