



**OBESITY  
CONTROL  
CENTER**

**TRUSTED SOLUTIONS**  
*FOR A HEALTHIER LIFE*



# ABOUT

With over 20 years of experience and 26,000 successful bariatric surgeries performed, Obesity Control Center is considered a world leader in weight loss surgery.

Using the most modern technology, innovative techniques, comprehensive post-op support, and following the highest US safety standards, OCC helps people from around the globe achieve their weight loss goals and become members of the #OCCfamily for life!

**26,000+**  
Successful Surgeries

**60+**  
Years of combined Experience

**250,000+**  
Pounds Lost Forever

**90%**  
Patients from US & Canada

**BEST PUBLISHED SAFETY TRACK RECORD**  
(less than 0.2% complication rate)

★★★★★  
realfit. yelp  
Google  
facebook



# OUR DOCTORS

With 20+ years of bariatric surgery experience, our team of master surgeons are **fully accredited** and work together to achieve the best possible results.

## OUR DIFFERENCE

All of our surgeons are **board-certified bariatric surgeons** (less than 10% of doctors offering weight loss surgery in Mexico are actually board-certified bariatric surgeons)

Plus our team of ACLS certified anesthesiologists, nutritionists, internists, critical care specialists, nurses, and medical assistants working together to give you the best care!



**Ariel Ortiz, MD<sup>®</sup>, FACS, FASMBS**

Founder / Medical Director of Bariatric Surgery

Board-Certified Bariatric Surgeon



**Arturo Martinez, MD**

Board-Certified Bariatric Surgeon



**Santiago Horgan, MD**

Director CFS



**Hector Acosta, MD**

Board-Certified Anesthesiologist



**Dr. Diana M. Pintado**

Bariatric Surgeon

# JOURNEY



## REACHING OUT

It starts with a phone call, video call, email, or text message with one of our US-based Patient Coordinators who will connect you to our global community support group and make sure you have every question answered.



## PREPPING FOR SURGERY

Our nutritionists and Patient Coordinators will work to prepare you for surgery, and depending on your unique criteria, you may be fast-tracked for surgery in as little as 4-6 weeks.



## TRAVEL

Upon arrival at the San Diego Airport or at the border crossing, you will be met by our private driver and be driven across the border to your five-star accommodations to prepare for surgery.



## SURGERY

Your procedure is performed using the most state-of-the-art and minimally invasive approach. Most patients are up and walking within a few hours of the surgery.



## FOLLOW UP

For your after-care service, you will be treated to one of the most extensive and comprehensive Follow-Up Programs in the world. With our US-based Patient Coordinators, our custom app, and a support network of thousands of patients, you're a member of the **#OCCFamily** for life.







OUR DIFFERENCE

## HIGHEST SAFETY STANDARDS

Obesity Control Center is fully accredited and follows the highest US medical safety standards. We have the lowest complication and infection rate in the published medical literature in Mexico with a 20+ year track record of successful surgeries.

## CUTTING-EDGE INNOVATION & EXPERIENCE

We pioneered multiple techniques such as the Improved Gastric Sleeve®, the Stomach Sparing Gastric Sleeve®, the world's first swallowable Gastric Balloon, and revision surgeries for every type of bariatric surgery. Dr. Ortiz was the first surgeon in the world to perform a gastric bypass revision.



OUR DIFFERENCE

# COMPREHENSIVE POST-OP CARE

OCC stays with patients for life after surgery via constant communication, a custom personalized app, and private online support groups. In addition, US-based patient coordinators are always on-call to answer questions and offer guidance. You're a member of the **#OCCfamily** for life.

## Join The #OCCfamily

- ✓ Private Facebook Support Group
- ✓ Customized App to Stay on Track
- ✓ Public Facebook Support Group
- ✓ Podcasts & Webinars
- ✓ 1:1 Calls with Nutritionists
- ✓ Nutritional Supplements





OUR DIFFERENCE

## **PERSONAL SERVICE**

**WITH NO BROKERS OR MIDDLEMEN**

OCC offers full concierge service from airport pick-up to airport drop-off and guiding patients over the border to a five-star hotel, to five years of post-surgery support. Starting from the very first contact there are no middlemen or brokers, a member of the OCC team is with you every step of the way.

## **FAST TRACK SURGERY**

We work with patients to get them safely prepared from consultation to surgery in as fast as 4-6 weeks.

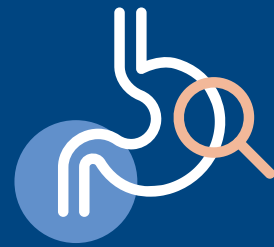
# WEIGHT LOSS OPTIONS



Improved Gastric Sleeve®  
Double Buttress Technique



Plication / Stomach  
Sparing Gastric Sleeve®



Revision Surgery  
Rescue Surgery



Gastric Bypass



Mini Gastric Bypass



Lap Band

## 23,000+

### SUCCESSFUL BARIATRIC SURGERY PROCEDURES

No two patients are alike, which is why the Obesity Control Center offers a wide range of weight-loss surgeries. Our Patient Coordinators and doctors will work with you to find the best and safest procedure for you.

#### DID YOU KNOW?

- ✓ We trained over 100 US surgeons
- ✓ We pioneered several game changing procedures in surgical weight loss
- ✓ Published the first large series of teenagers with successful weight loss surgery
- ✓ We performed the first gastric bypass rescue
- ✓ We designed and trademarked the revolutionary Stomach Sparing Gastric Sleeve® and the The Improved Gastric Sleeve®



# PATIENT SUCCESS STORIES

## A FEW OF OUR FAVORITE WEIGHT-LOSS TRANSFORMATIONS



The care and expertise at OCC far surpasses any care I've received in the states. Take the step, contact OCC and get ready for the life changing ride of your life!!!



**-86** lbs

SHARON



After surgery, I worked very hard and was able to get to my current weight by the time I got married. It felt amazing to be in a dress I bought off the rack, and feeling beautiful on my wedding day was 100% worth having surgery.



**-95** lbs

LILY



I would certainly recommend OCC to anyone, and I believe I already have. OCC, you gave me not only my life back, you gave me my smile back...



**-155** lbs

CHARLIE

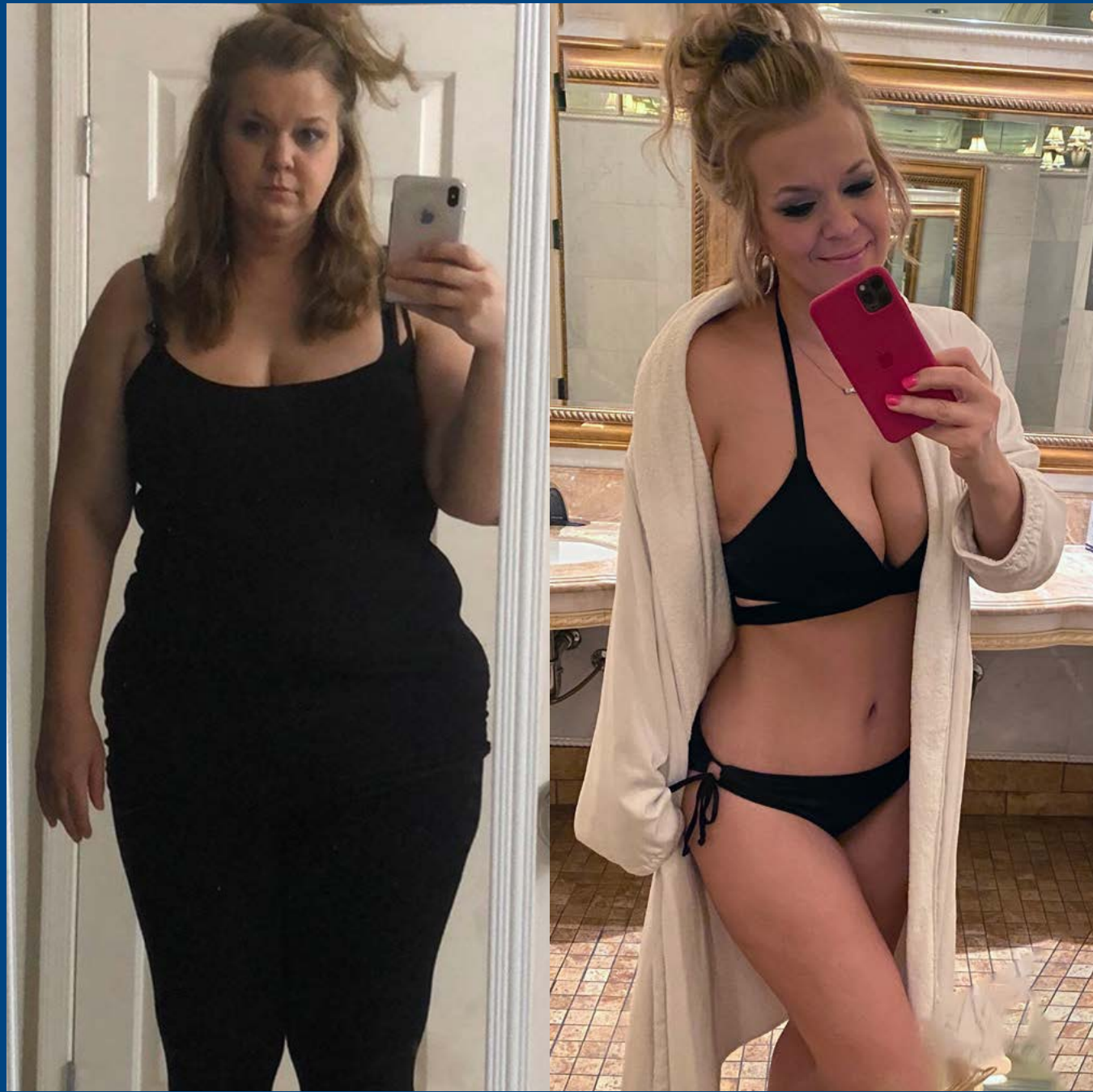


I said yes to gastric sleeve for one reason, I wanted a better quality of life, and I have gotten that and more.



**-90** lbs

STEVEN



# CASE STUDY

After spending 25+ years of fad dieting and losing and gaining the same weight, I came to the realization that I was spending the majority of my time sitting on the sidelines and letting life just pass me by.

Not only is Dr. Ortiz a Double Board-Certified surgeon, but he is the only one that created and performs the DBT (Double Buttress Technique) that reinforces the staple line of the stomach during surgery to prevent any gastric leakage.

OCC has everything set up for you and they are there to help guide you every step of the way before and after surgery. Dr. Ortiz and his surgical team gave me the tool I needed to far exceed any results I was able to do on my own! I had my surgery August 2, 2018 and so far, I have lost a total of 101 pounds and was actually able to fit into a skirt I haven't worn since I was 17!!

I'm so grateful to have found Dr Ariel Ortiz and his amazing staff at the OCC! I'm finally living life to the fullest for the first time ever and I couldn't be happier!



**-101** lbs

KELLY

Join The **#OCCfamily**  
& Start Your Journey Today



**OBESITY  
CONTROL  
CENTER**

Leona Vicario 1510, Zona Urbana Rio, Tijuana, B.C., México 22010  
US & Canada: 866.893.8005 • Mexico Toll Free: 800.376.7849 • [ObesityControlCenter.com](http://ObesityControlCenter.com)



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