



Post-Liquid Nitrogen/Cryotherapy Wound Care

- You may notice immediate redness, swelling and scant, clear drainage over the treatment area. This is normal.
- In some instances, it may form a blister. If this occurs, you may drain the blister but do not remove the overlying skin. Allow it to remain as a protective natural dressing.
- The treated area heals over the course of 1-2 weeks and may form a crust and peel off before resolving.
- You may gently wash the treated area with soap and water daily at any point after treatment.
- You may apply vaseline or aquaphor ointment on the treated area daily for 1-2 weeks in order to prevent a crust or scab from forming. In the event a crust does form, continue application of vaseline or aquaphor daily until the crust softens and falls off.
- You do **not** have to cover the treated area with a band aid unless a blister or significant crust forms. You may leave uncovered at all times.
- If you notice any bleeding, press firmly on the area with clean gauze or tissue for 20 minutes, uninterrupted without removing pressure. If the bleeding doesn't stop, repeat this step for an additional 20 minutes. If the bleeding still hasn't stopped after repeating this step, call the office at (941) 867-DERM.
- Potential longer term side effects include but are not limited to discoloration (red, pink, lighter or darker skin) and hair loss. This can last anywhere from a few weeks to one year or longer. In some cases, it may be permanent.
- Once the treated area has healed, you may apply a broad-spectrum sunscreen with an SPF of at least 30 to the area to protect it from scarring and pigmentation changes.
- Certain lesions may need to be treated more than once. If the area of concern remains present one month after the initial treatment, please call the office to make a return follow up appointment to further evaluate the area.

If you have any questions or concerns, or experience an unexpected reaction, please call us immediately. We are happy to speak with you any time at **(941) 867-DERM**