



## **How To Use Topical Retinoids**

**Retinoid Brands:** Tretinoin, Retin-A, Atralin, Tazorac, Differin, Adapalene, Renova, Epiduo, Ziana, Refissa, Renova

- Your medication may cause irritation. Over time, most people become more tolerant and have less irritation.
- Start using every 3rd or 4th night for the first 2 weeks. Increase slowly to an additional night per week over the next several weeks to months until you can tolerate nightly application.
- Use only a one pea-size amount to cover the entire face—no more is needed. If instructed, a pea-size amount can also be used on the chest or back.
- You must use moisturizer with this product. Apply moisturizer after the medication. If you are dry or irritated, apply the moisturizer first.
- Be patient, results slowly increase with time, and it is 2-3 months before a more noticeable change will occur.
- Use sunscreen every morning, as the medication will initially make you more prone to sunburn.
- If you plan to wax any hair in the area treated, you will need to stop the medication 1 week prior to waxing as tolerated.
- Stop using if you become pregnant.

If you have any questions or concerns, or experience an unexpected reaction, please call us immediately. We are happy to speak with you any time **(941) 867-DERM**