



BioScalp Pre & Post Treatment Instructions: Non-Surgical Hair Restoration

Pre-Treatment Instructions

- Please discontinue taking any aspirin and other non-steroidal anti-inflammatory medication (NSAID) one week prior to the procedure unless otherwise directed by your PCP/Cardiologist/Neurologist.
- Drink plenty of water prior to coming in for your visit and follow your normal daily routine the day of your procedure.

BioScalp Treatment Process

- Upon arriving at the office, your blood will be drawn, and you will be prepared for your procedure.
- Your blood will be processed in a special centrifuge and growth factors and cytokines will be isolated. During this processing time, you will have an opportunity to relax and consult with the doctor.
- Once ready, the target area of concern will be treated. We will take all efforts to make sure you are as relaxed and comfortable as possible.
- This entire process may take approximately 1 hour.

Post-Treatment

- It is not unusual for the scalp to be sore for a few days after your treatment. Take Tylenol as needed.
- Shampoo your scalp the following morning and use any products just as you would prior to the treatment.
- Keep your head elevated as much as possible for the first 24 hours to minimize swelling over the forehead.
- Avoid exercise for 24 hours after your treatment.

What Should I Expect?

- It is important to have realistic expectations regarding this therapy. Like any treatment process, it will take time to notice any change in your hair. For example, oral and topical therapies as well as hair transplantation may take 3 months for hair to begin to grow and several more months for aesthetic maturity. A reduction in shedding, however, may occur much sooner, within the first month.
- At times, when a new hair therapy is initiated, hair may pass into the Telogen (resting) phase prior to new and increased growth. While some patients may experience this shedding, it is not necessarily a negative side effect, distressing as it may be. It may be an indicator of future new and better growth.
- We find general improvement by 3 months and the peak effect from 4-6 months. Patients may initiate therapy with treatments once every few months in the beginning and transition to maintenance therapy every 6 -12 months thereafter.
- You may see an improved hair character with more body and fullness as well as less shedding for up to 10 months from a single treatment. New hair growth may be seen beginning a few months after treatment.
- Our goal is to slow down the shedding if that is occurring, improve the quality of your hair, maintain your existing hair, and of course stimulate new hair growth.
- Stress is counter-productive and may cause continued loss. It may be difficult, but please be patient and give your body time to repair.

If you have any questions or concerns, or experience an unexpected reaction, please call us immediately. We are happy to speak with you any time at **(941) 867-DERM**