



BioFacial Treatment Instructions: Bio Enhanced Skin Therapy

Pre-Treatment Instructions

- Please discontinue taking any aspirin and other non-steroidal anti-inflammatory medication (NSAID) one week prior to the procedure unless otherwise directed by your PCP/Cardiologist/Neurologist
- Discontinue any topical retinoids at least 1 week prior to your procedure
- Drink plenty of water prior to coming in for your visit and follow your normal daily routine the day of your procedure

BioFacial Treatment Process

- Upon arriving at the office, your blood will be drawn, and you will be prepared for your procedure
- A topical numbing cream will be applied to the treatment area for at least 30 minutes
- Your blood will be processed in a special centrifuge and growth factors and cytokines will be isolated. During this processing time, you will have an opportunity to relax and consult with the doctor
- Once ready, the target area of concern will be treated. The treatment begins with a series of delicate subcutaneous injections of the growth factors and anti-inflammatory cytokines. We next perform micro needling to the face and neck followed by the immediate topical application of CRP. We will take all efforts to make sure you are as relaxed and comfortable as possible
- Once the treatment process is completed, we will apply a soothing, cool collagen mask to the area and allow you to rest and relax for 15 minutes
- The entire process may take approximately 1 hour

Post-Treatment

- You may be numb in the treatment area for 4-6 hours after the procedure
- You may experience itchiness, tingling or burning after the procedure
- Your skin may be slightly red, swollen, and sore for a few days. Take Tylenol as needed
- Wash your face the following morning after your procedure
- Avoid exercise for 24 hours after your treatment
- Avoid topical retinoids for 7 days
- Avoid Vitamin C serum, creams, active facial products, or acids for 7 days
- Avoid sun exposure for 3 days or until the redness resolves
- You may apply physical sunscreens (Zinc Oxide, Titanium Dioxide) after the procedure

Downtime and side effects with the BioFacial are usually very minimal, as the natural growth factors in the CRP directly promote wound healing via cellular repair and decreased inflammation. Some results may be seen relatively quickly, while others such as newly stimulated collagen production may take weeks to develop.

If you have any questions or concerns, or experience an unexpected reaction, please call us immediately. We are happy to speak with you any time at **(941) 867-DERM**