



what to expect



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## considerations before you leave home



### what to expect

Before you arrive please click [here](#) to read our **'Plan your visit'** section on our website to prepare you for your visit.



### appropriate swimwear

Swimsuits are required in the bathing area. Due to limited changeroom facilities, **we recommend arriving wearing bathers.** The mineral-rich water may discolour swimwear.



### footwear required

To reduce the risk of slips we recommend appropriate footwear around the pools and in wet areas.



### minimise valuables

We have a limited number of lockers available for hire. We recommend you minimise the valuables that you bring during your visit.



### mobile phone

If you wish to bring your mobile phone, we ask that you only take images of your group.



### bring a drink bottle

Please bring your own reusable bottle with you. We have filtered water onsite for refills. Please do not bring alcohol or glass onsite.

## medical information



### medical advice

Please seek medical advice before bathing if you have any **medical conditions.**



### feeling unwell

If you are feeling at all unwell we kindly request that you reschedule your visit.



### stay hydrated

We ask that you take breaks regularly and stay hydrated during your visit.

## things to know



### reschedule or cancel

Please notify us of any change 24 hours prior to your booking. Call or email us to request your changes. Cancellations or changes made within 24 hours will be charged the full amount of the booking.



### accessibility

If you have any mobility needs, please contact us to plan your journey.



### when to arrive

It is essential you arrive on time for your booking to avoid losing your spot. Please allow an extra 15 mins to find us and park your car.



### on arrival

Bathing suits are available for purchase at reception. Add towel, robe, and locker hire at reception upon arrival. Locker availability is limited.



### shower before bathing

It is vital all guests shower **before** bathing to keep our waters pristine and clean. It also primes the skin to receive the beneficial effects of the minerals.

We recommend not showering after bathing to receive the full health benefits of our water.



### prams

Due to the layout of the Springs, we ask that you leave your pram in your car.



### dining options

Our Bathing Ridge Coffee Hut offers a selection of light meals, barista made coffee and snacks.

Visit our fully licensed restaurant, **The Clubhouse** at Metung Country Club overlooking our lush green golf course, see our **website** for our all day grazing menu and opening hours.



### planned maintenance

To ensure we provide a high quality experience for our guests, some experiences undergo planned maintenance. Please see our website under our **'What to expect'** section.

Contact us at [info@metunghotsprings.com](mailto:info@metunghotsprings.com) or 03 5141 2300



[metunghotsprings.com](http://metunghotsprings.com) | open 7 days | 9am-6pm\*

As we endeavour to deliver more bathing and wellness experiences our site will continually evolve. This may mean low level construction noise is unavoidable at times and our guest information documents are consistently being updated. Thank you for joining us on this journey and your understanding at such times. \*Summer opening hours are 9am - 8pm. For up-to-date information, summer opening hours, **full directions** and **terms and conditions** please visit our website.