

## SPORT LEADERS

# **ROLES & RESPONSIBILITIES**

# **CONTRACT**

As a member of the Sports Leaders Programme at Hampden Gurney I will honour and carry out the following contract to the best of my abilities.

As a sports leader I will:

- display and maintain high standards of language, manner, punctuality, preparation and presentation.
- ensure that players in my care know to respect the rules of the game, insist on fair play and ensure players are aware that cheating or bullying behaviour will not be tolerated.
- encourage the development of respect for opponents, officials, selectors and other leaders and avoid criticism of fellow sport leaders.
- set realistic goals and appropriate challenges for the participants and undertake but not push young players.
- create a safe and enjoyable environment.
- plan and deliverer a fun and engaging session around four areas of skills including: agility and speed, ball skills, endurance, co-ordination and balance for Key Stage 1 children to learn and participate in.
- keep a record of attendance at training and competitions.
- encourage young people and other sports leaders to develop and maintain integrity in their relationship with others.
- remember to bring my Sports Leaders Manual to all sessions and complete the necessary tasks as required.

NAME:	
SIGNED:	DATE:
AUTHORISED BY MR TRIBE	DATE:



# Inter-school Sport Competition Programme

Each term will consist of two sports; split between the two half-terms. The half-terms will then be broken up into 5-8 sessions over the weeks depending on its length. The first 2-3 sessions will concentrate on skill-based elements, teaching the appropriate skillset required. Furthermore, children will begin to develop an understanding of correct sportsmanship and fair play, and also instructing the pupils of the rules and regulations of each sport.

The final 4-5 sessions will commence in a group league competition between each year group, with every house playing each other once in the chosen sport of that half-term. Each game or match will have a points scoring system: three points for a win, one for a draw and zero for loss.

Once each house has played each other during the sessions, the points earnt from their matches will be added up and put into final standing for the half-term. A final year group league table will show the overall standing positions of  $1^{st}$ ,  $2^{nd}$ ,  $3^{rd}$  and  $4^{th}$  place for the half-term. Points will then will be given to houses to go towards the overall league table between each house in Key Stage 2 with  $1^{st}$  place receiving 20 points ,  $2^{nd}$  receiving 15 points,  $3^{rd}$  receiving 10 points and  $4^{th}$  receiving 5 points.

Once each year group has completed all sports competitions for the year, and all points have been added to each house tally, a final league table between the houses for Key Stage 2 will be produced, with an overall winning house declared, receiving the inter-school competition trophy.

Sessions will run between 12.20pm - 1.15pm on Tuesdays with Years 5 and 6 and Wednesday with Years 3 and 4. A structured timetable will be put in place so each house will rotate each week allowing for equal time during sessions.

#### Sports for the terms

Term 1 Football/Basketball Term 2 Tag Rugby/Hockey Term 3 Fencing /Athletics (long jump, javelin, relays)

Mr D Tribe Senior Coach Premier Sport



#### SPORT LEADERS PLAN

#### FIRST-HALF TERM

Ten to twelve sports leaders will be selected by Mr Tribe to take part in the Sports Leaders Programme over the year. The children will be selected based upon their good behaviour, time management skills and ability to engage other children in the sessions to be delivered.

Sports Leaders will be required to sign a contract which clearly states the school's expectations regarding their responsibilities as leaders, what it means to be a Sports Leader; being supportive, engaging and encouraging through sporting competitions and activities.

Furthermore, Sports Leaders will spend the rest of the first half-term being mentored and trained by Mr Tribe; how to be an effective sports leader, including session-planning skills, warm-up games and activity ideas, how to promote a healthy lifestyle through sport and behaviour management skills. In the last few weeks of the term, each of the Sports Leaders will be asked to plan and deliver a session based on the four key areas of skills, which will be focused on with Key Stage 1 throughout the year: agility and speed, ball skills, endurance and co-ordination and balancing skills. The Sports Leaders will have an opportunity to put these skills into practice by training with each other to build confidence to effectively deliver sessions to Key Stage 1 and move forward over the year.

#### PROGRESS THROUGH THE YEAR

Finally, over the length of the year, Sports Leaders will deliver sessions to Key Stage 1 on Thursdays, whereby each house will rotate each week to give them the experience of working with children of mixed abilities. Sports Leaders will be given a booklet, which must be kept and brought to all sessions, to record session planning and evaluations. All sessions will be supervised and monitored by Mr Tribe.

# Mr D Tribe Senior Coach Premier Sport