

# Hampden Gurney School

## PSHCE (Personal, Social, Health & Citizenship Education)

### Minutes of a Meeting on Thursday 14 January 2016, 3.45pm in school

Present: Ben Lough (present PSHCE coordinator), Fr Gerald Beauchamp (PSHCE Governor)

In the new curriculum PSHCE is being given a higher profile and is being integrated into all subjects. Ben showed Fr Gerald the current PSHCE Curriculum Map which is based on the suggested programme of study from the PSHE Association (Health Education Partnership: Tri-Borough PSHE Wellbeing Framework for Primary Schools).

**Oral Health** In the school this generally good but following up the commitment from the last meeting a school assembly in 2015 included a presentation by a dentist. Ben thought that although useful the presentation was not quite appropriate for such young children.

**Sex Education** This continues within the policy agreed by the governors. Ben will research what other local schools are doing.

**Friendship Day** This had a very beneficial impact last year and was combined with an E-Safety Day which also involved the parents.

**Healthy Living Week** This was a success last year and will take place again in the summer term: 27 June- 1 July.

**Healthy Eating** Ben has worked with Evelyn, Matt and Theresa to encourage healthy eating. What has worked well is giving out tokens to children making healthy eating choices at lunchtime. Classes have competed for who gets the most tokens in the same way that classes compete for best attendance/punctuality etc. This has helped generate a healthy eating culture - an interesting example of 'nudge'.

**Mental Health** Monitored using Are You OK? Days.

**Culture** When issues arise children are encouraged to ask appropriate questions and staff are trained to explain taboos.

### **How do we know that the school is healthy?**

- Little bullying
- Low obesity rates
- Strong and committed staff
- Strong school culture of good behaviour

- Religious ethos that celebrates difference and diversity and encourages a spirit of generosity. These are seen as British values

#### **Focus Going Forward**

- Review curriculum implementation at the end of the school year
- Middle leadership training
- Hope to achieve Bronze Medallion for Healthy Schools in 2018

On behalf of the Governors, Fr Gerald would like to thank Ben for his enthusiasm and all of the staff for their commitment to making Hampden Gurney School a healthy place to be. The results speak for themselves.

Meeting finished at 4.10pm

Fr Gerald Beauchamp  
19 January 2016