



### **Hampden Gurney CE Primary School**

### **Sex and Relationship Education policy**

#### **Definition:**

Sex and Relationship Education (SRE) is an integral part of Personal, Social, Health and Citizenship Education (PSHCE) and focuses on the teaching and learning about relationships. It includes the life cycle of a human being and covers conception, pregnancy and birth. It also encompasses puberty and changes that occur both physically and emotionally at this time.

#### **Rationale:**

'The objective of sex and relationship education is to help and support young people through their physical, emotional and moral development. A successful programme, firmly embedded in PSHE, will help young people learn to respect themselves and others and move with confidence from childhood through adolescence into adulthood.' (DfEE 2000)

#### **Statement of aims:**

SRE contributes to the foundation of PSHCE by ensuring that all children:

- Develop confidence in talking, listening and thinking about feelings and relationships;
- Are able to name parts of their body and describe how their bodies work;
- Can protect themselves and ask for help and support; and
- Are prepared for puberty

SRE will:

- Provide information which is easy to understand and relevant and appropriate to the age and maturity of the children;
- Include the development of communication and social skills;
- Encourage the exploration and clarification of values and development of positive attitudes

#### **Legal requirements of sex education provision:**

The National Curriculum Science sets out statutory elements that schools are compelled to cover.

#### **In Key Stage 1:**

1. b) that animals including humans, move, feed, grow, use their senses and reproduce
2. a) to recognise and compare the main external parts of the bodies of humans  
f) that humans and animals can produce offspring and these grow into adults
4. a) to recognise similarities and differences between themselves and others and treat others with sensitivity

### In Key Stage 2:

1. a) that the life processes common to humans and other animals include nutrition, growth and reproduction
2. f) about the main stages of the human life cycle

These objectives cover the biological aspects of SRE. The non-statutory framework for PSHCE covers the relationship and emotional aspects of SRE.

### Provision of SRE

Hampden Gurney, in accordance with the Christian ethos of the school, will provide a graduated, age-appropriate programme of SRE which will be presented within a moral, family-orientated Christian framework.

By the end of Key Stage 1, children will have learnt:

- how to make simple choices that improve their health and wellbeing
- how to maintain personal hygiene
- the names of the main parts of the body

By the end of Key Stage 2, children will have learnt:

- to recognise, as they approach puberty, how people's emotions change at that time and how to deal with their feelings towards themselves, their family and others in a positive way
- about how the body changes as they approach puberty
- how a baby is conceived and born

Year 6 children will be provided with education about puberty and the changes their bodies will go through. This will be administered in single sex sessions.

A video resource provided by the NHS will also be used by the Year 6s to provide a stimulus for discussion. This video will look at puberty and how babies are conceived.

All other SRE lessons will be taught by Hampden Gurney teachers.

### Partnership with parents

This policy was developed in consultation with a representative from the governing body; a member of the Parent Teacher Association, parent representatives, senior management and the Westminster PSHCE consultant.

We recognise that parents are the key people in teaching their children about sex and relationships and as a school; we want to work alongside parents to deliver the curriculum.

Prior to the SRE unit being taught in Year 6, parents will be invited to attend an information session in school where they can view the material that will be used in class and discuss the way in which the school will be presenting SRE. There will be an opportunity for parents to raise issues that they feel need to be addressed.

Parents that wish to withdraw their children from the non-statutory aspects of SRE will need to make an appointment to meet with the Headteacher to discuss their concerns.

### **Monitoring and Evaluation:**

The PSHCE co-ordinator will monitor the provision of SRE and ensure that the relevant objectives are covered in class. Ongoing evaluation of the content and outcomes of SRE will be undertaken by the co-ordinator and teachers who are delivering the material.

### **Equal opportunities:**

Hampden Gurney believes that SRE is important for all children. This policy is written with the inclusion of all pupils in mind.

1. Gender: A variety of activities will help to engage both boys and girls and will match their different learning styles. The provision of a single sex session will also make SRE relevant to both boys and girls.
2. Ethnicity: Hampden Gurney has a wide range of ethnic backgrounds. We recognise this and realise that different cultures deal with sex education in different manners. By consulting with parents and governors, we aim to provide an SRE curriculum that is culturally appropriate and inclusive of all children.
3. Special Educational needs and learning difficulties: All children will be able to access SRE. Teachers will differentiate lessons appropriately.

### **Confidentiality and child protection:**

If there is an occasion where a teacher is approached by a pupil who is sexually active or contemplating sexual activity, this should be viewed as a child protection issue. In line with the school's policy of child protection, the following steps should be taken:

1. The teacher needs to discuss the matter with the schools' child protection officer.
2. The child protection officer will make sensitive arrangements, in discussion with the pupil to ensure that parents/carers are informed.
3. The child protection officer will address the issues and ensure that help is provided for the child and family.

### **Assessment of learning**

Assessment of SRE learning will fall under the assessment of PSHCE. It will be ongoing, diagnostic and inform future teaching and learning. Children will be encouraged to reflect and evaluate their own learning.

**This policy has been written as an appendix to the existing PSHCE policy.**

### **Additional policies that support the SRE policy:**

- Confidentiality and child protection policy
- Anti-Bullying policy

**Policy was reviewed in July 2018**

**Policy to be re written in 2019 to include Jigsaw Program**