Basingstoke
#InvestInHappiness

Invest in Happiness

PLACEMAKING SUMMIT

Wednesday 26 February 2025 | The Haymarket Theatre, Basingstoke

southcoastcps

Basingstoke and Deane

Meet...

Natascha McIntyre Hall

The Mindful Regenerist

“Happy Place”

Natascha McIntyre Hall

Happy Place

The Mindful Regenerist

This is a discussion

Even though when I’m standing up here talking to you, sometimes it doesn’t really feel like that, but please still take any of this away and talk to people, talk to me, tell me I’m wrong, look on LinkedIn - I’ve got loads of stuff there, just make contact with someone/anyone, at the least it’s a cracking ice breaker, but more than that, find out what drives you, what you care about and why you are going to care about it in the years to come, we can shape the future, I know that sounds super cheesy but it’s true. Let’s do this!

Also, ask questions now or message me – if we don’t have time to discuss it now I will find time for us to have a chat – I’m tasch btw, nice to meet you

FLOOR 17
129
130
131
132
133
134
135
136
What to do if a fire starts
Communal areas to be kept clear at all times
In the event of fire do not use the lifts
No dogs allowed except assistance dogs
No cats

FIRE EXIT
PRESS TO EXIT
GROUND FLOOR
Exit
Exit

LONGBRIDGE HOUSE 1-22
CU06 SNJ
GP07 LJK

308

SIR ROBERT PEEL HOUSE

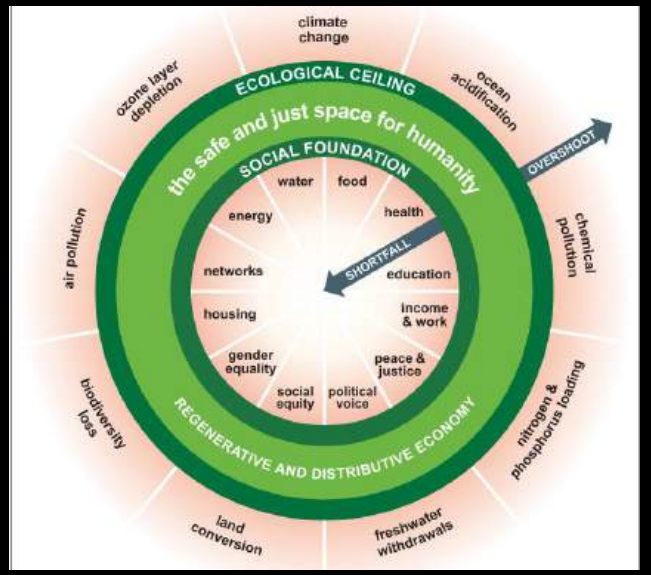
HORATIA HOUSE

LS15 WAJ

Give Pedestrians Priority
(M 275, M27)
Out Of City
Cross Channel Ferries
Seafront
Ferries
local
taxi
Chimes

LONGBRIDGE HOUSE
Ground Floor 1 - 11

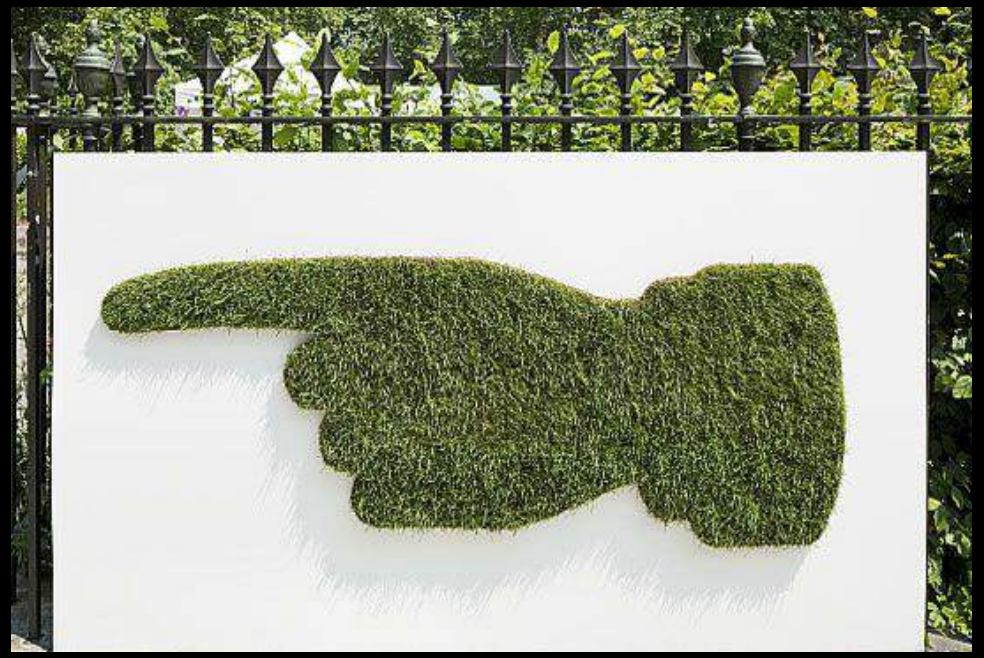
20
MIDDLE STREET
LAUNDRY



how do we measure “good”?

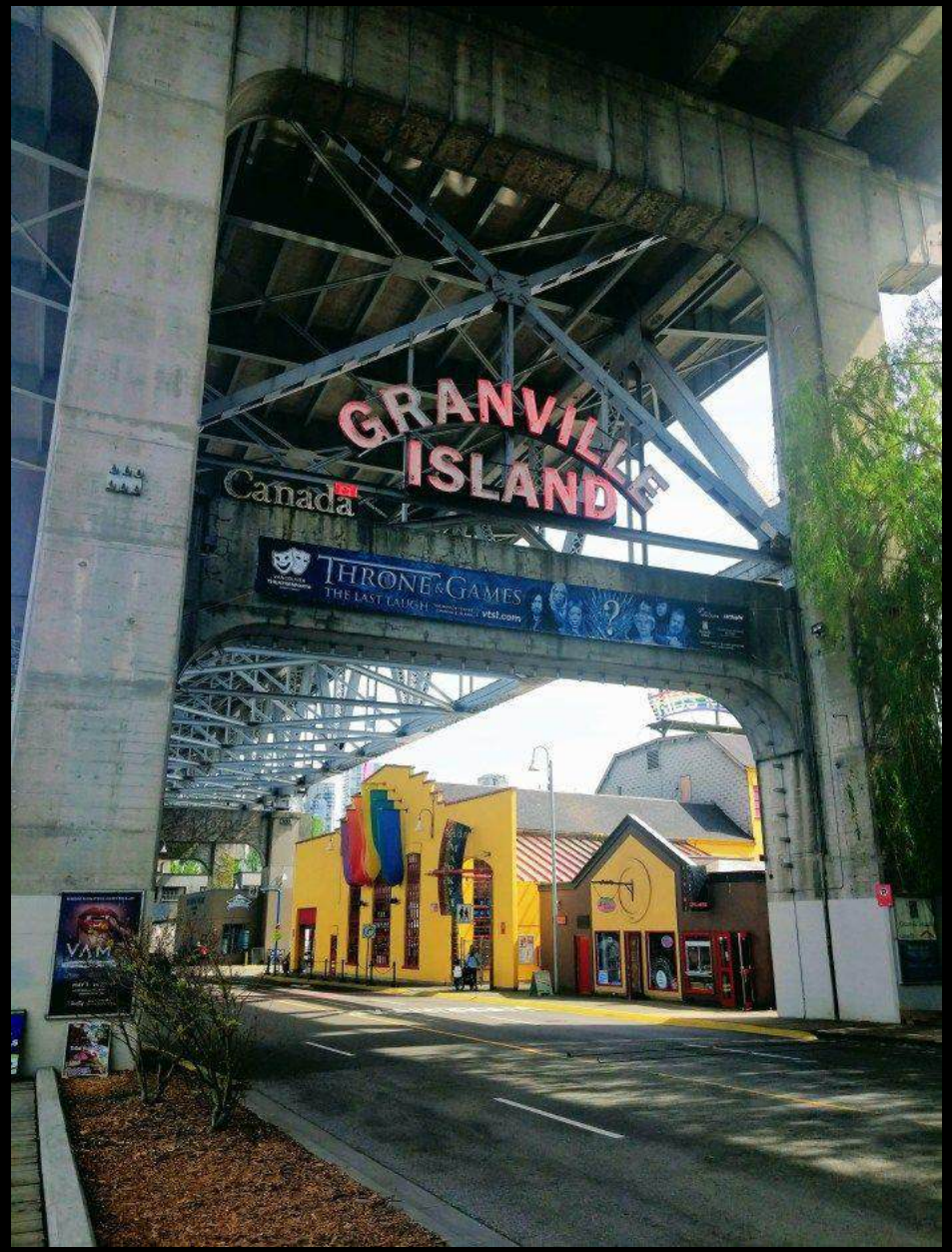
Improved bike ownership or members of bike hire scheme	Increased quality and numbers of ecology species and habitat	Increase of adults undertaking a min of 150 mins of exercise a week	Increased distance of dedicated pathways or cycle paths	Increased number of B-Corps wanting to base in the area
Increased percentage of people volunteering	Decreased household waste : Increased recycling rates	Percentage of homes using renewable energy	Decreased reports of loneliness	Number of net carbon homes
Decreased number of GP visits	Increased allotment membership/space allocation	Increased membership at local clubs	Increased percentage of people involved in maintaining and improving their community and location	Increased members of car hire scheme
Decreased household water usage	Increased tree canopy cover	Increased local fruit and vegetable growing	Increased numbers of buildings certified as sustainable	Increased interactions with green space of communal meeting spaces

Natascha McIntyre Hall – Mindful Regenerist



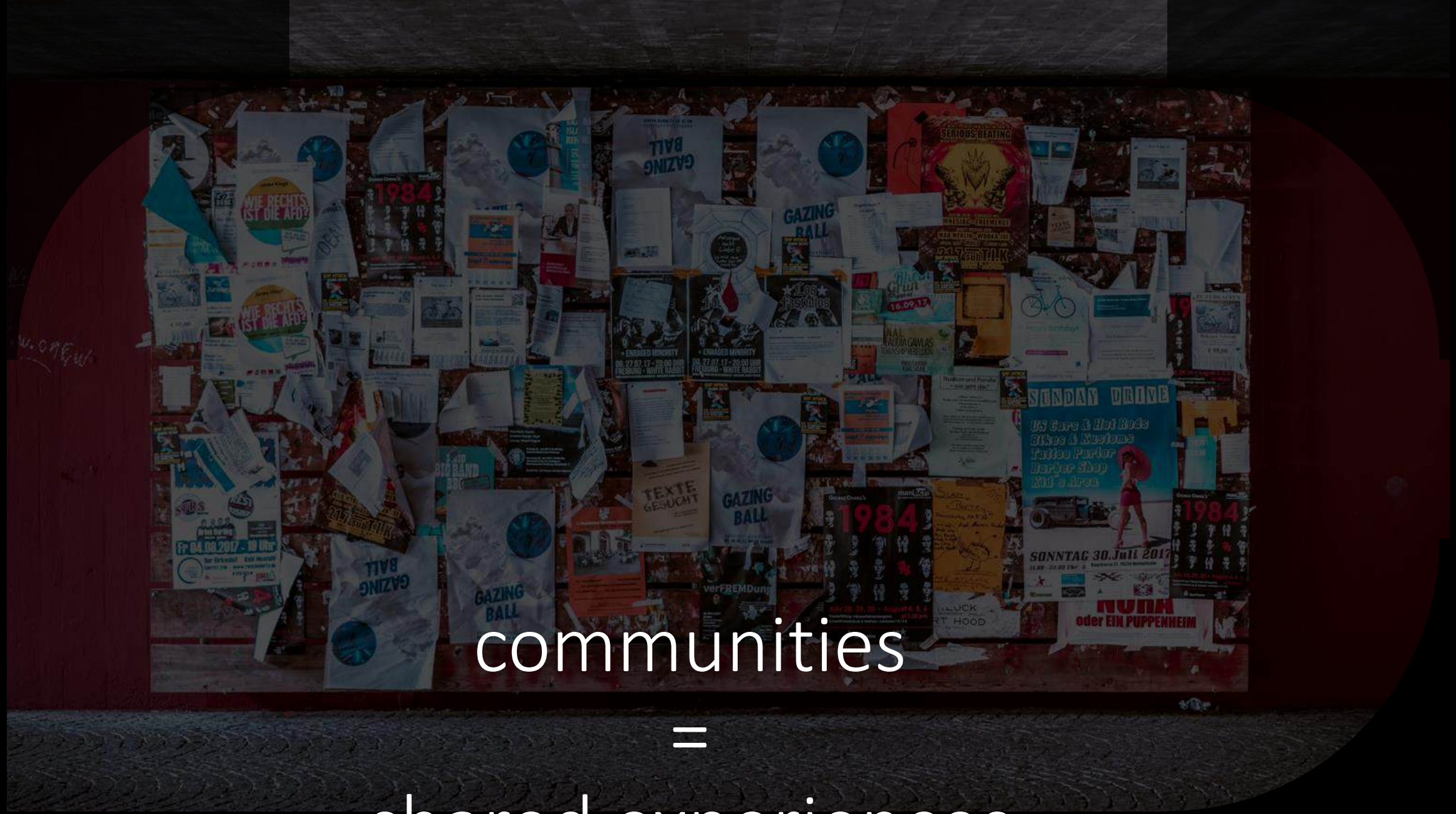
Danske B

adidas


GRANVILLE
ISLAND
Canada
THRONE GAMES
THE LAST LAUGH

4:30 - 7AM
LG
Welcome To Time

ÍLD
OOD
AFE
rice
NEAL'S YARD DELI

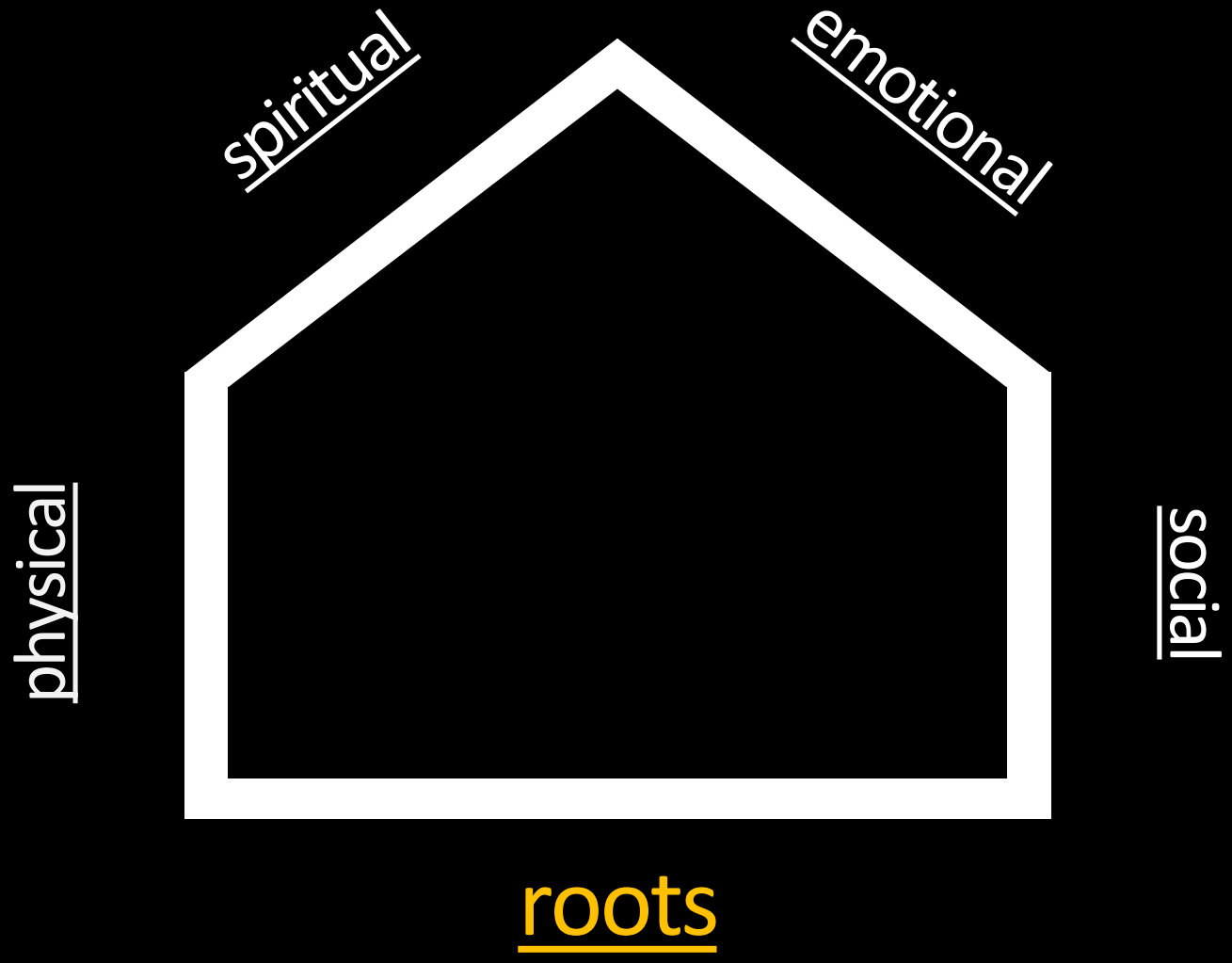


communities

=

shared experiences

Legacy is
ancestry from a
different perspective


spiritual
emotional
physical
social
roots

- Designing for Physical Safety
- Designing for Emotional Safety
- Designing for Diversity & Inclusion
- Designing for Spiritual Safety
- Designing for Virtual Integration
- Designing for… INSERT YOUR IDEAS HERE

So, what’s next?

I deliver to Patriots
starship-gmu.com
STARSHIP

ENVAC

Housebuilder launches first-of-its-kind show home experience in the metaverse

Spitfire Homes has become the first UK homebuilder to launch a show home and customer suite in the metaverse.

Using the latest virtual reality technology, Spitfire has developed a concept that enables customers to experience a fully immersive tour of Spitfire's new house type range, before it has even been built.

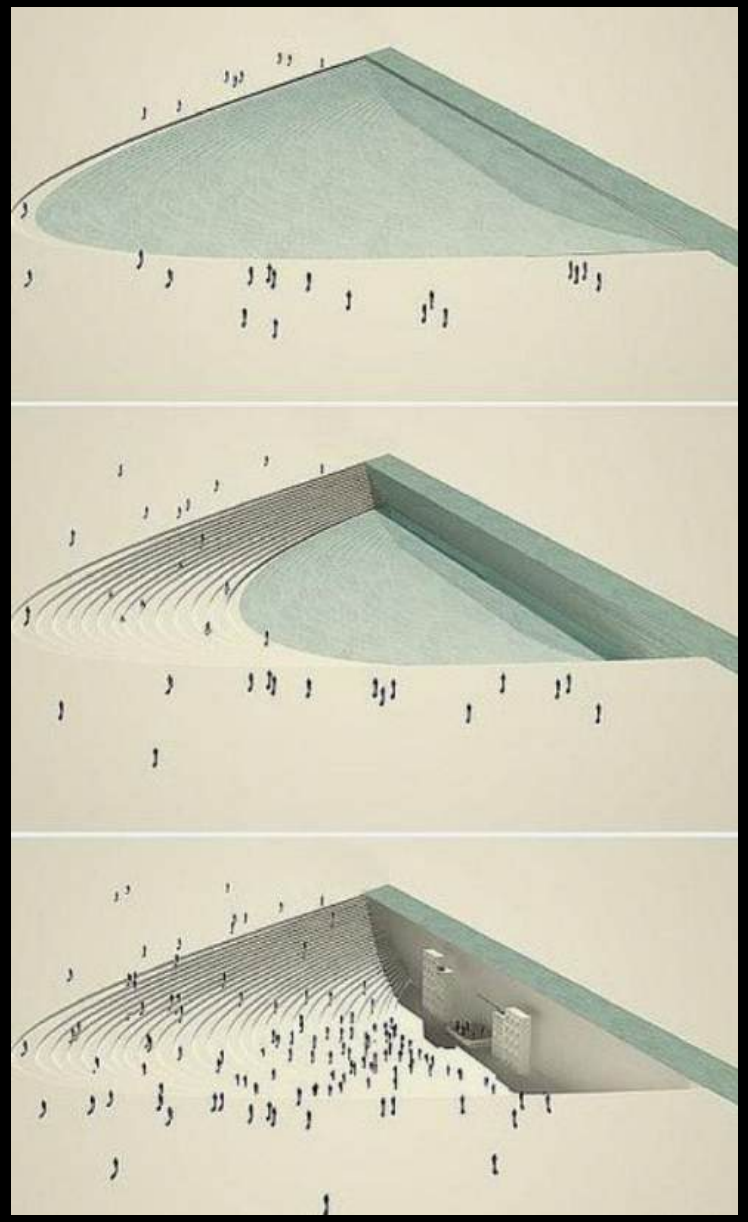
Augmented reality

what will it feel like?

Virtual Reality and Alzheimer's Disease - How VR can Help Alzheimer Patient

The healthcare industry has evolved and transformed over the past few years. As opposed to conventional methods, the healthcare industry has employed virtual reality and its diversified applications throughout its various sectors. Its flexibility, a multitude of applications, and accessibility offer premium quality of care which are both effective and speeds up the recovery process to a great extent.

How can we experience virtual events together?



Should we integrate (useful) spaces for AR?

What do you want to see?