

THERMAGE & ULTHERAPY:

BEFORE YOUR APPOINTMENT

- Inform the doctor if you have a pacemaker or metal implants, staples, pins, or piercings.
- You will be asked to remove any metal jewelry, therefore, it may be easier if you simply do not wear any that day.
- Ensure you are well hydrated by drinking plenty of water 2-3 days prior to treatment.

THE DAY OF YOUR APPOINTMENT

- If possible, arrive without creams or make-up on the treatment area. Otherwise please arrive 10 minutes prior to your appointment in order to clean the skin. Cleansing products are available for your convenience.
- If you are concerned about discomfort during your treatment please feel free to take 1 or 2 extra-strength Tylenol®, 1 hour before your appointment.
- Allow 2 hours for your appointment.
- If you are having your eyes treated please do not wear contact lenses
- Pre-treatment photos will be taken and payment will be collected before your treatment.

THERMAGE: WHAT TO DO AFTER YOUR TREATMENT

- You may experience mild redness after treatment. This resolves by itself and does not require ice or medication.

WHAT TO EXPECT

- It will take 3-6 months to see the full results of your Thermage® treatment.

MAXIMIZING THE BENEFITS OF YOUR TREATMENT

- Our providers will review and compose a simple, customized skincare program for you to begin before your treatment as well as once your skin

has healed to maintain the desired results. A quality, daily home skincare regime will ensure that you maximize and maintain the benefits of your treatment.